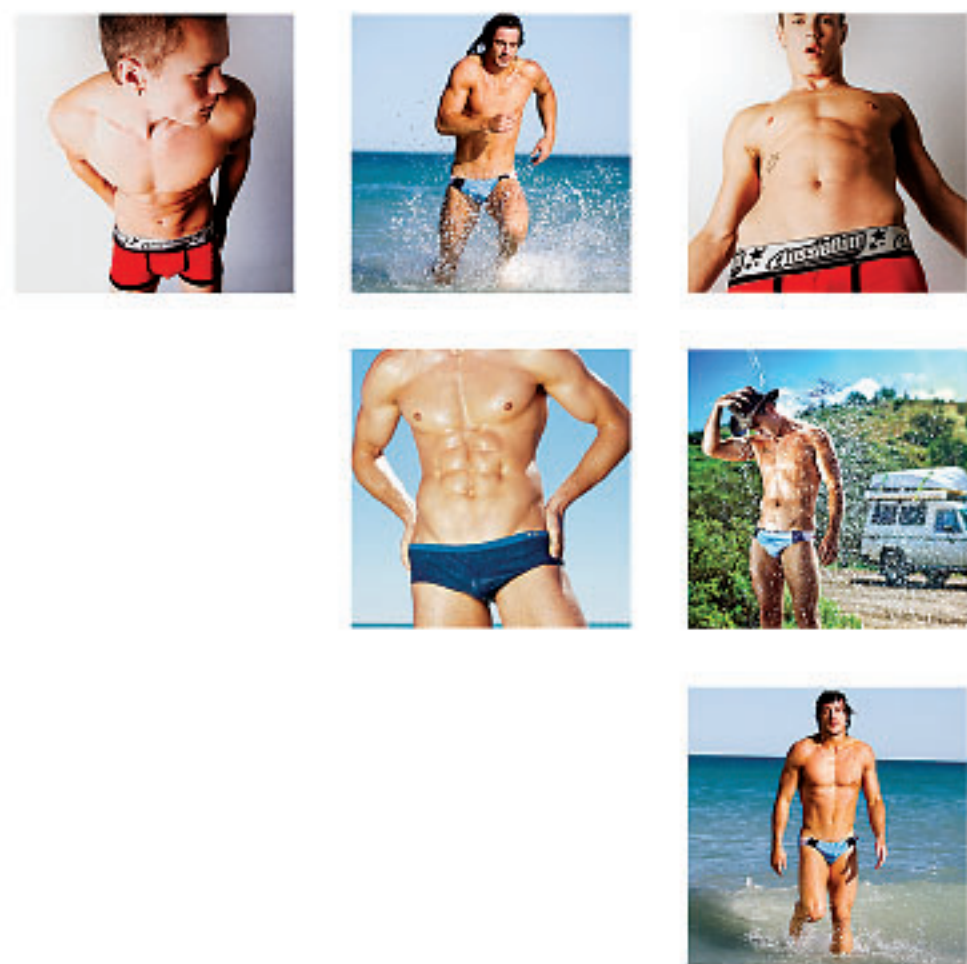


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# InLife

## SEX IN THE SUBURBS

INSIDE THE LIVES OF FILIPINO SEX WORKERS

MANILA HOTEL EXPERIENCE PHILIPPINES LIKE YOU NEVER HAVE BEFORE!

CAFE MARCELLO A MUST-EAT BAR AND RESTO IN IMUS, CAVITE

MEET DAPHNE OSENA-PAEZ

BOOST YOUR BUSINESS HOW TO USE FACEBOOK TO PROMOTE YOUR BUSINESS

ZENAIDA M IN LIFE MAGAZINE'S PEOPLE'S CHOICE WINNER

UNEXPECTED LIFE LESSONS FROM A HEART ATTACK

**PETER**  
SERENO: THE BIG REVEAL!

# Archie K

photography



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Editor's Notes



As this month draws to a close I would like to take this opportunity to thank you all for your continuous support this 2012, this has been a terrific year for us thus far. Starting a new publication is never easy and the rest of 2012 is definitely shaping up to be a challenging year for us. We will be focusing our efforts towards providing our readers with more razor sharp and gutsy articles and we have even planned innovative projects, initiatives and various events to help our publication and our brand continue to grow and develop. As always, we will keep you up to date with progress as we go through the year.

Our publication is only as good as the people who make it happen and lucky for us we have a dedicated and talented team who gives me every confidence that we will end 2012 on a high note. Finally, this coming Saturday night (September 15) we are finally officially launching InLife Magazine at Peter-sham RSL during Flair 2012 so hopefully we can see you all there to celebrate with us. God bless everyone.

Mike Ilagan

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Want to advertise? Call Albert on: 0402 533 587

By Albert Prias

Last issue we found out what actually lead these sex workers to a dark line of business such as prostitution. They talked about the amount of money they make in this dubious career and how, contrary to public opinion, they do mix business with pleasure. In this next and final installment, we will delve into the dangers of this dark line of work and how it taints their personal lives in the worst possible way.

# True confessions: Inside the lives of Filipino sex workers down under part 2

Laura

I will be lying if I said that I've never fallen in love with any of my clients, I have fallen in love a few times but I had to pull back. Sooner or later I will be too old to do this business and like any typical girl, I want to have a relationship with someone and I'd like to be married one day. If given the chance, I would like to be a plain housewife, just a typical Filipina wife who will cook, clean the house and look after her husband and kids. But then the word "commitment" always gives me mixed emotions of excitement and fear. What if I fall in love with someone and he suddenly discovers that I used to be a sex worker? I wonder if anybody out there will actually take me for what I am? What if one of my clients actually recognized me one day on a function when I'm with my husband and kids? I have seen a lot of movies with the same scenario. People laugh at it, I also laugh when I see situations that relates to what I do but at the same time I get a pinch in the heart because it has either happened to me or it is likely to happen to me someday. All these thoughts play in my mind on a constant basis, will I ever find love? Do I deserve to find a true love and happiness?

Viviane

When guys hear or read about "prostate milking" they get really curious and they want to try it. Most of the time I get anonymous calls just inquiring about it, most of my clients now are actually repeat clients. The thing is, their once a month visit can become twice or thrice a month visit or even more. They get addicted to the service. I was once even forced to charge just \$50 to a client because he was spending his weekly pay to get the service and he is a single parent with 3 kids. I thought the kids deserve to benefit from his pay more than I should! It is hard on my part because I am running a business not a charity but my conscience tells me to be understanding as well.

Tracy

I'm actually a transsexual; I require a lot of maintenance so I have to charge more than real girls. Lately I have been fighting with some friends because their clients are switching to my service, perhaps they get more satisfied with me, and I don't really care because I am running a business. I have to sacrifice friendship to get more money. I don't even know who my real friends are now because I feel that everybody is just spying on each other. I'm quite paranoid now; I don't trust anyone in this business.

Samantha

In this line of business you have to work double time to maintain your target cash every week. I don't get to choose my client; I welcome anybody who has cash. Old, fat, ugly guys seem to



have the big cash to pay for my services; good looking guys don't pay much so I seldom go with them. This business is very risky. STD is very easy to catch and a condom is actually not enough to protect yourself most of the time. I have to constantly get a sexual health check to make sure that I am clean and disease-free. I got into trouble one time when one of my clients came back to me and blamed me because he got his wife infected with STD after having sex with me! Most common STD's are easy to get rid of but the treatment for Syphilis hurts a lot. I had it twice last year and believe me; the penicillin injections gave me a harsh horse kick in the back-side! Even if I'm really careful, I can still easily catch a disease from someone.

Chelsea

Western Australia is my territory; I think I've had sex with almost half of the male population in this region! That's why I have to constantly wear different wigs whenever I go shopping so that people won't recognise me at all, especially when I go to the church - I actually still pray you know. I need to also change my name on a constant basis to get new clients because it is a very small community here. It seems that guys want to experience new things all the time that's why I have to keep on re-inventing myself. A client's wife actually knocked on my door one day and as soon as I opened the door she kicked me in the stomach and threatened to kill me! I wanted to go to the police but I might get into trouble more because I don't have license to run my prostitution business. I was forced to move to another suburb because of this and I had to also replace my phone number. I hope nobody would splash acid on my face one day because that would be the end of my livelihood as a sex worker. If I lose this job I don't know how my family back home would survive anymore. I have been in this business for a while so I don't know any other jobs.



## MUST-VISIT: MANILA HOTEL

If I was to describe the Manila Hotel in one word, I would describe it as "fantastic."

The moment we arrived at the Manila Hotel last month it was quite refreshing to hear an orchestra playing in the foyer to welcome us in. This hotel is quite unique. It has a pleasant classical interior design and it's also very well furnished. Their staff is very friendly, attentive and well-mannered and they really know how to make you feel special from the moment you arrived to every time you step out of your room.

We actually stayed in a double suite and let me just say that the rooms were very stylish and elegant. The beds were big and comfortable, the toilet was very roomy and there was even a TV on the toilet wall. We also had a great view of Manila Bay from where we stayed so it was great waking up to such a majestic view.



The pool was lovely and the health club amenities were new and well maintained. The breakfast buffet was absolutely mouth-watering and delectable and the enchanting music played during evenings by their orchestra in the colonial hallway is just simply divine.

Manila Hotel is definitely fine dining, elegant living, and commendable service rolled into one. It is everything a hotel should be - cosy, warm and elegant, I'd highly recommend this hotel to anyone and I would gladly stay there again when I go back to the Philippines.

## MUST-EAT café marcello



123 E. Topacio cor. G. Tirona Sts.  
Imus, Cavite



If you're wondering where the inspiration for the name "Café Marcello" came from, well you should speak to its owner Marcello Tagle and I bet it'll all make sense to you! Café Marcello is actually a pretty well-known bar and resto in Imus, Cavite so if ever you're around the area then you should drop by and have a beer or two.

The ambiance of this place is great, it's very quaint, warm and cosy and its interior decoration feels like it was inspired by the Filipino villas back in the early 1900's.

Café Marcello also has a wide range of scrumptious dishes in its repertoire and this includes pastas, burgers, salads, and various desserts and pulutan. When we went there a few months ago we ordered a bucket of San Mig Lights as well as pancit and pulutan to go along with it - now that's what you call a perfect combination!

Café Marcello is a great place to go to if you're looking for a good time. They have regular acoustic performers during weekends and they also have regular show bands during weeknights. With its cosy atmosphere, delicious food and enjoyable live entertainment - Café Marcello is definitely the place to be in Imus, Cavite.

By: Mike Ilagan

Let's face it, if you're not utilizing social media to promote your business, then your marketing SUCKS - plain and simple.

## The BIG reason why Facebook is crucial to your business

And when you mention the word social media to anyone, I'm pretty sure that the first thing that will pop into their heads would be Facebook - the biggest social network in the planet! With over 600 million registered users - Facebook is definitely a force to be reckoned with when it comes to promoting a new or existing business.

Now let me introduce you to the most powerful opt-in in Facebook, the Facebook "like."

Why is it so powerful?

Because if you post a photo of your business, update your status promoting your business or create a fan page of your business and it is "liked" by a lot of people, then your business has just received social validation.

Facebook "likes" reaches out to your existing and potential customers on a more personal level giving your business social credibility. Facebook can pretty much give people a friendly push to accept any of your special offers or come to any of your events.

So what's the first step in using Facebook to promote your business?

First you have to create a Facebook fan page. Your main objective is to push your existing and potential customers to like your Facebook page so that your page can gain fans. Once they have liked your page, you can now use Facebook to reach out to them on a regular basis. This is a great marketing move because it's fast and efficient, it's not spammy nor annoying and most importantly, it's very cost-effective.

Let me give you a quick scenario: Let's say you end up stumbling upon a fan page for a new product or business, would you pay attention to this new product or business if ten or more of your friends actually "liked" it? Of course you would!

Now imagine seeing the more than 5,000 Facebook users "like" that new product or business, would you say that this provides credibility or validation to that business? Of course! Social proofing has become the latest trend in online marketing in this day and age.

The reality is; people usually tend to validate their decisions by asking their family, friends and people they know and whom they can trust. Facebook "likes" is the best way to gain social credibility that's why it's always advisable to create a new page if you're launching a new business or a new product.

Here's a good tip: You should always send a potential customer to your Facebook page first as oppose to sending them straight to your company website.

# facebook

Why?

Because if they remain in Facebook they would feel more secure and relaxed - they're in a friendly environment that they're accustomed to. Therefore their resistance to any of your offers is much lower and they are more open to your new product or special deals.

Facebook is cleverly designed in such way that it's not intrusive or invasive - there are no annoying pop-up ads that can slow down your computer, even though Facebook has ads, their ads are just on the side and very subtle so they don't even feel like it's ads.

Facebook also gives its users a feeling of security wherein they won't have to worry about any viruses attacking their computer nor should they be worried about any offensive data or information appearing in their news feed because everyone knows for a fact that Facebook would ban anything that is inappropriate.

So if you're looking for a cheap, effective and proven way to advertise your new business - then look no further than Facebook, the undisputed king of social networks!

DAPHNE OSEÑA-PAEZ

Spotlight



She received a couple of awards that remind her she's on the right track. "Most recently there's the Gold Medal from the US Film and Video awards for 'Proudly Filipina.' My interview with the three female Mount Everest mountaineers won the gold. But more than the awards, I am most proud of the kind of work that I've been privileged to do - as host and producer - all my shows have been of good quality."

With her quirky classic, feminine, and quality over quantity style, Daphne graces the covers of countless magazines. She is also featured in newspapers all over the country. Daphne frequently updates her Livejournal blog. She started with a Flickr account before moving to Livejournal. "It started as a way to keep my family photos online for my friends and family to see but it got too public. And my captions became huge entries - with stories and anecdotes. So I decided to open a Livejournal account."

Inspired by her mother, Daphne learned to lead by example. "I learned from my mother that a woman really has to make choices. She can't have everything. My mom always had work, but she didn't have a high powered career. She told me that she wanted and could have been a lawyer. But her life turned out to make her the wife of a military officer. She focused on being my dad's partner and in raising us. She is the happiest, most-fulfilled mother and grandmother and I admire her. I continue to work and strive for excellence in what I do, but my decisions revolve around the schedules of my two daughters- even if it means losing a few jobs."

Daphne considers her two girls as her greatest accomplishments. "When I see my two daughters running around and laughing out loud and my husband (journalist Patrick Paez of 'The Correspondents') constantly tells me, 'thank you for raising them well. I really believe that our success will be manifested through our children.'"

By: Maeyahn Aguilar

Newscaster-turned-lifestyle host Daphne Oseña-Paez is experiencing and living life to the fullest. She is currently the host and the producer of Urban Zone, a lifestyle show which airs in ABS-CBN and she is also a successful jewelry designer. Her own brand and designs are sold at [www.daphneosena.com](http://www.daphneosena.com) and Rockwell's Accessory Lab. Besides that, Daphne also has her own line of luxury bed linens made from 100% cotton with 380 thread count. The Daphne Oseña Paez line is sold in Our Home.

## MAHARLIKA INC. CELEBRATES WITH A BROADWAY THEME



By Charles Chan

A musical galore of Broadway hits was presented by Maharlika Inc's current President Mrs. Cora Yca Perez and its many talents and members on the 18 August 2012 at the Petersham RSL Club.

Outside may have been a cold night, but inside the Petersham RSL Auditorium, it was a different story. With sizzling hot performances, glitz, glamour, feathers flying and sparkling sequins, the Maharlika Inc., wowed its invited audience with its extravagant Broadway Musical presentation.

The venue was totally packed. The supporters came in droves headed by the Alliance of the Philippine Community Organization (APCO) Inc., the Club Filipino Iloilo (CFI) Inc., Kapit-Bahayan Cooperative (KCL), Global Ilocano's (GI), The Mindanao Ethnic Dance Group, as well as various family members, friends and many more.

The show began with Charles Chan (also the host of the evening) and the Showgirls singing and dancing to the song, "Dancing Fool". It was an upbeat production that gave us a glimpse of what was about to take place that night.

The ReGroove Band - the husband and wife combination of Rey and Espie Megina - followed next. Rey performed his version of "New York, New York" accompanied by female dancers in black and white striped costumes. Strutting his way across the dance floor, Rey finished off his song while his wife, Espie then belted out her rendition of "Cabaret".

Next up, Albert Prias and Sidney Perez slowed the tempo down with a duet performance of the song "All I Ask of You" from 'The Phantom of the Opera'. It was a remarkable

interpretation by two top performers within the Filipino Community.

A group of ladies in their raincoats holding redecorated umbrellas led by Victor Valdez raised the tempo up again as they came out on the stage next and danced to the tune of "Singing in the Rain". The performance was made even more special when, in a twist, the Tagalog song, "Pumapatak Na Naman Ang Ulan" was included in the routine."

Charles took to the stage next to sing the song: "This Is The Moment" from the musical 'Jekyll and Hyde'. Known to many as the 'man behind the scenes', tonight was his turn in the limelight and his performance brought the house down.

There were a lot of other notable performances that night such as that of Ricca Sey doing what she does best by dancing Jazz and Ballet. The Mindanao Ethnic Dance Group's dance performance to Michael Buble's "Sway" headed by Emma Braseros, Emylee Tuzon, Mellie Conolly, Victor Valdez, Albert Prias and Charles Chan was another crowd pleaser as well as Leo Harrison's 2 song performances which include "Beat It" by Michael Jackson. And who could forget the little girl who stole our hearts on the night? Her name was Ally and she sang the song "Tomorrow" from the musical, "Annie."

As the Broadway Tribute came to an end, all the performers went back on the dance floor one last time as everyone danced to the tune of "Dancing Fool."

All in all it was a fun and exhilarating night, kudos to Maharlika Inc and its current President Mrs. Cora Yca Perez for giving us a night to remember!

## HOW I FOUND A SECOND HOME IN THE PHILIPPINES

By: Kristine Aquino

Philippines. Amongst all of the places I have travelled to around the world it is one of my favourite countries to visit. It's a time to go shopping, eat lots of Jollibee, go shopping, book into luxurious day spas (at a fraction of the price I fork out in Sydney), go shopping, work on my tan by the five star hotel pool, and did I mention go shopping? It's always a fantastic holiday experience.

And this is what it's like for a lot of young Filipinos living outside of the Philippines who travel back to the 'homeland'. Yes, it is also a time to visit extended family. But in a lot of ways, the Philippines is a 'holiday destination' to many young second generation Filipino migrants who live outside of the Philippines.

Homeland. Holiday destination. Two contradictory terms signifying quite different experiences. The latter denotes travels to the exotic and the foreign where you are for the most part a tourist. The former alludes to a sacred return to your roots and origins where you are essentially a native. I believe that for many second generation Filipino migrants, a visit back to the Philippines treads a fine line between these two notions. For myself, I had always felt that the line wasn't so fine at all. It's difficult to feel an emotional attachment to a place as some kind of 'home' when it exists only in the nostalgic stories told by my parents, barely surviving in my own fragmented memory, and is only half heartedly summoned in the occasional visits that I make. I had always talked about the Philippines as a 'holiday' first and a kind of abstract 'motherland' second.

On my most recent visit to the Philippines this year I returned with my family and expected us to check into the Shangri-La Hotel in Makati like we usually do. However, this time around, my mother advised me that the house her family had built was now complete and that this was where we were to stay. I didn't really like the idea but I went with it.

The house is built on the original land on Aragon Street in Frisco where my mother's family lived. I remember the place because I spent a few years of my childhood there. But upon arriving I realised straight away that it had changed - the neighbours, the streetscape, and the landmarks that I fondly remembered were gone. So far not so good - everything in my memory about this place that could have given me any semblance of belonging had vanished. More tragically, we were a good twenty minutes outside of Makati (an hour when there is traffic and there is always traffic) and seemingly so far away from the splendours of Shangri-La.

I had a lengthy debate with my mother, insisting that this was not the holiday I was expecting. But despite my steely determination she won the battle. And so I unpacked my bags and tried to make myself feel comfortable. It's not that the house isn't nice. My mother and her family built it to cater for the westernised

needs of their 'Australianised' offspring. But it just wasn't Shangri-La - that 'home away from home' experience that tourist hotels cleverly fabricate. I was in a house that looked like a home but it wasn't my home.

But after a few days at Aragon Street I started to feel differently.

The house has three levels. The ground floor is rented out to my father's sister and her family. And so, instead of my cousins making the trek out to the city to visit their balikbayan relatives, we could easily see each other every day. At first I longed for the anonymity that came with staying in a hotel where nobody could disturb you unless invited. But I slowly began to look forward to the daily disturbances of my lita coming in through our door to share the latest family gossip about second and third cousins whom I had never even met yet whose scandalous lives I became thoroughly interested in. My Lola also lived with my lita and so my mornings consisted of walking downstairs to their unit and sitting with my Lola to watch a few Filipino dramas. Aside from the hearing impairments that my Lola has, she can't speak English and I can't really speak Tagalog (and we were both too embarrassed to try), and so watching the images on the screen together was the only way we could really bond. By noon everyone was awake, and along with my cousins, my siblings and I would gather by the bench outside the house and plan our day. We'd smoke too many cigarettes and watch tricycles zoom past, and despite the extreme heat, we would often spend more time on this bench talking and joking around than actually carrying out our plans for the day. Sometimes my brothers would join in on a game of street basketball with some canto boys who would only let them play in tsinelas. Life is slow in the Philippines. Despite how much you might want to get out and about - it has a way of forcing you to abide by its pace. Surprisingly, I began not to mind at all that I wasn't always in the surrounds of a busy mall spending money that I didn't really have.

My stay at Aragon Street altered my usually detached tourist experience of the Philippines. I became implicated in the given social and cultural setting. I was finally able to construct a sense of belonging to the Philippines and formed an understanding of what a 'homeland' might be. The idea of homeland was suddenly transformed from abstract notions of roots and origins to a concrete lived experience of family togetherness and kinship ties, a reconnection with language, and an embodied experience of culture.

There is nothing like the rupture of migration to displace senses of home and belonging. But through the house on Aragon Street, my siblings and I acquired a real sense of place in the Philippines - the experience of a 'visit' was replaced by a deeper experience of 'return'.



# PETER SERENO

Life and times of our very own Fashion Guru

By: Jenny Aluning

In the case of Davao-native Peter Sereno, his path in life went against the grain. While he did "the typical Asian thing" and went to university to achieve his degree, his heart and his passion lay elsewhere. For Peter Sereno, it was always fashion...

"I have always been fascinated by fashion... fashion is fun. Fashion is about experimentation. Sometimes, it's about breaking rules..." And sometimes, it was about breaking his family's expectations. "I've always been creative and this was not always supported by most of my family. In saying that, they'll always love me and be proud of me no matter what. They're just from a different world and generation... At the end of the day I am my own person...grounded by the values and morals instilled in me by my family..."

Peter, his immediate family and his grandparents moved to Australia in 1989. As what was typical in many Filipino families, "my grandparents pretty much raised us in those early years while mom and dad worked...", but this resulted in Peter developing a "very, very close relationship with my grandparents." After university, he entered into public relations which whetted his appetite for the "world of media and celebrity." This was followed by him studying for a Certificate in Fashion Design and thus began his foray into the fashion industry.

It is probably quite honest to say that not even Peter himself could have imagined just how successful he would become in the field he loves. Through sheer hard work and determination, he now heads 'Dear Pageant Girl' - his "baby". His company employs a wide range of resources to help prepare young hopefuls make their beauty pageant dreams come true. Certain young hopefuls such as Jesinta Campbell and Scherr-Lee Biggs, otherwise known as Miss Universe Australia 2010 and 2011 respectively. He was also part of the team that helped Jennifer Hawkins become Miss Universe 2004. He has also helped transform Lauryn Eagle from a tough female boxer to a front page beauty and participant in 'The Celebrity Apprentice' Australia. Peter has also found himself in front of the camera with appearances in TV's 'The Shire' ("those kids are crazy!") and on Channel 7's 'The Morning Show' as part of the Style Squad.

While the 34-year old can regularly find himself in the midst of a celebrity or two, he states that it is the "survivors... those who have had to fight to get what they want..." that inspire him. Like his old schoolmate, jewellery designer, Jenny Mercian (owner of Manik Mercian) who now works with Victoria's Secret, Atelier Swarovski and Dion Lee. He is also intrigued by individuals with interesting backgrounds. "If ever you see me out and about you'll be sure that I am with someone whose personality is larger than life. I feed off their energy...their mania." But for every interesting person he has met, there is the unfortunate reality that the fashion industry "is full of sharks and users...sadly... it's every man for himself..." He has learned to pick his "friends very carefully. Trust no one until they prove themselves to you" and to "...keep yourself surrounded by people who will keep it real with you."

There is no doubt that Peter Sereno has an incredibly bright career ahead of him. After all, how many people can say that they're making money in something they love doing?? With his profile increasing, he is looking at more TV gigs and is in talks with production companies and networks. So, what does Peter hope for in his future? "A day off would be nice..."



By: Mike Ilagan

My family reacted with shock last month when news

# Unexpected life lessons from my father's heart attack

broke that my dad just had a heart attack. We can't believe that there was anything wrong with him because he's the picture of health!

I remember talking to my dad an hour before he was taken into the emergency ward. He seemed fine. He was just complaining that he had a little trouble breathing. An hour later my mom called me sounding really anxious and panicky and she informed me that my dad just suffered a massive heart attack. He was being taken into the emergency ward - I couldn't believe my ears. I felt numb and I froze where I stood!

Thank God that my dad is slowly recovering now, but his ordeal, although quite shocking, reminded me of how short life really is. Ironically, his ordeal has become my teacher. I have learned several lessons from this harrowing experience, lessons that I've always known all along yet failed to acknowledge due to the hustle and bustle of the daily grind. Sadly, it took a big trial like this to bring to mind those lessons and push me to finally take action.

I have come to realise that each and every single one of us is created by God to live, love, learn, be happy, be passionate, reach for the stars and enjoy life to the fullest. Life is a gift from God. Therefore we need to always appreciate this wonderful gift that He has given us.

Life is precious because no one really knows when this wonderful journey of life will come to an end. It can be taken away from us at any second. Perhaps, my dad's ordeal is God's way of reminding me that I should be making the most of every single moment of my life.

That's why since then I have promised myself that no matter how demanding life gets, I will ensure that I still spend quality time with my loved ones. I promised myself that I will also take the time to tell them how important they are in my life because I know deep in my heart, that they are not really going to be around forever.

I promised myself that I will always try and listen to my heart, because life is too short and meaningless without doing this.

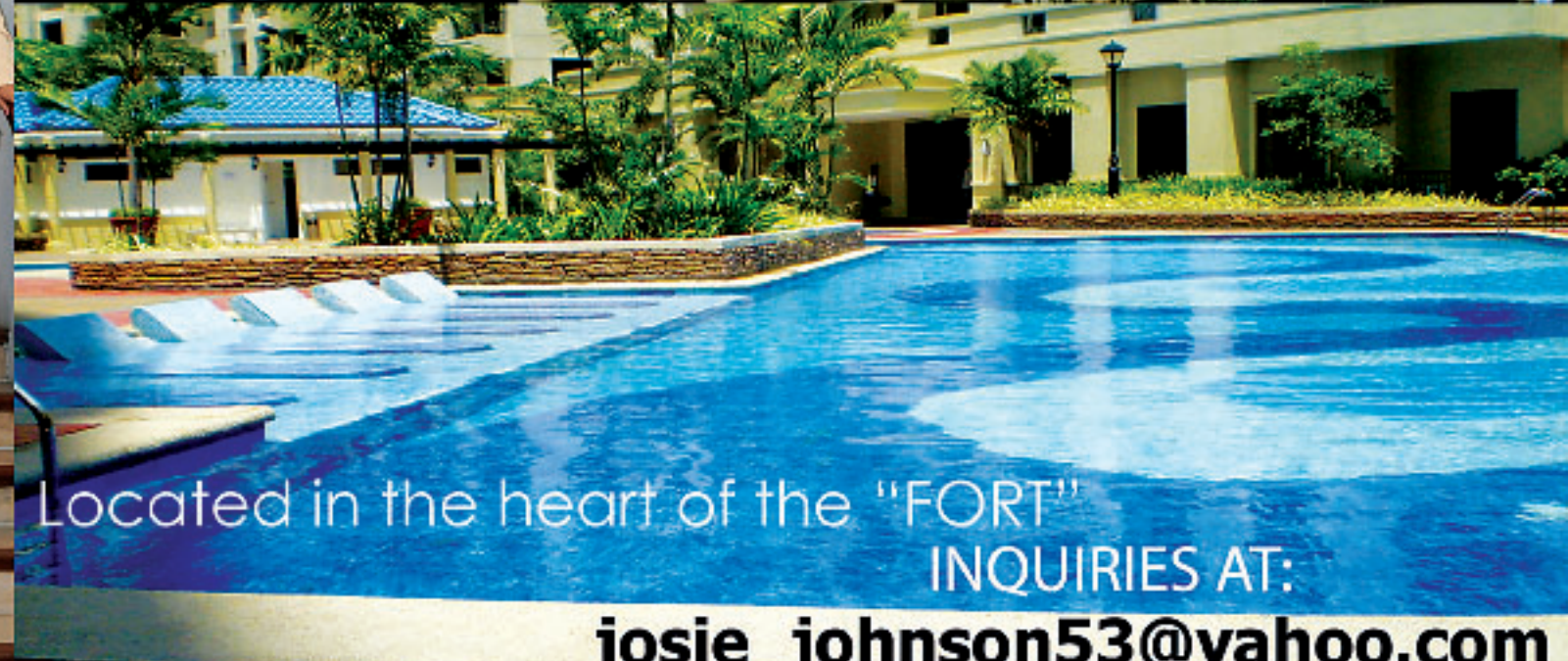
I also promised myself that I will try and find something beautiful to notice every time I leave my house. It doesn't have to be anything aesthetically beautiful; it could be the simplest thing that I don't appreciate because I see it everyday. It could be the sweet sound of birds chirping, it could be the fresh flowers and freshly cut grass I see on a regular basis or it could even be the wonderful smell of bacon and eggs in the morning.

I will remember to appreciate and cherish these simple things. Because even though they might seem nothing



out of the ordinary, these are the stuff that life is made of. They are the little things that God has placed in this world for us to take pleasure in, these things that we often overlook and forget to appreciate. I will remember to make it a point to notice these simple things, for at any moment, they can all be taken away.

As the saying goes, "life is not about how many breaths you take; it's about the moments that take your breath away." Therefore we should always cherish the special moments in our lives before it's too late.



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# People and Faces

1. Conrad Isip and Dorie at a Banag-Banag Event

2. Mirma & Jimmy Lopez at a Maharlika Event

3. Richard, Jhun (APCO President), Gerry and Ruben (Kapitbahayan Coop President) at a Maharlika event

4. Atoy Sayas (PCC President) and Consul General Anne Jalando-on Luis at the PCC Office Inauguration

5. Consul General Anne Jalando-on Luis and Arnul Pan (Pal Regional Manager) at the Grace Hotel food Festival

6. Anne-Marie Bowdler and Daryl O'brien

7. Cen Amores (People's Ambassador of Australia) and Miriam Macauley at a Maharlika event



5

Anne Jalando-on Luis & Arnul Pan



4

Atoy Sayas & Anne Jalando-on Luis



3

Richard, Jhun, Gerry & Ruben



6

Anne-Marie & Daryl O'brien

"Get to know who's who in the social scene Down Under"



7

Cen & Miriam



1

Conrad and Dorie



2

Mirma & Jimmy Lopez



## InLife Magazine's choice Zenaida MacIntosh

the city and introduced her to her cousin who had lodgers applying to work overseas. The jobs available then were hospital cleaners, waiters & waitresses. She opted

waitress in England – and with God's help her job application came to fruition two weeks after she graduated from college. Her first four years of work experience in the hospitality industry in England had actually given her a big stepping stone and most importantly helped her become more understanding and compassionate to other people.

In 1987 she migrated to Australia, she started a family the following year and delivered a healthy little girl who is now 23 years old. She has worked as a Credit Controller until mid 2011, last year she took a break and went travelling to Europe. This year she has decided to enrol as a full-time mature student in Cert IV in Community Services. She is hoping that with the knowledge and experience she'll gain once she has completed the diploma, she can finally become an advocate for young people.

Zenaida is the type of person who loves life and the freedom that comes along with it, she dislikes being idle. She attends yoga classes on a constant basis and she does a lot of walking and meditation. In her spare time she likes attending self development seminars as well as reading non-fiction books. Her favourite quote is by Denis Waitley - "No man or woman is an island. To exist just for yourself is meaningless. You can achieve the most satisfaction when you feel related to some greater purpose in life, something greater than yourself".

Her view of true beauty is a beauty from within which has the qualities of patience, kindness, generosity, genuineness, integrity, love, peacefulness and happiness. She possesses a "can do attitude" in everything she does.

She is currently passionate about getting help from the government to provide free medications and check-ups for less fortunate children. So far her greatest achievement was reaching her first goal of getting offered a job overseas, she is still working on her next goal. One day she wants to teach the illiterate to read and write.

Mrs MacIntosh firmly believes that no matter how challenging the issues you are facing, you should always ask yourself what you can learn from it. Rather than focusing on the negative, you should just focus on what you can learn from the experience. She also believes that we should all laugh everyday including laughing at ourselves! Why? Because people enjoy being around other people who laugh all the time and are very positive. Congratulations again to Mrs. Zenaida Peralta MacIntosh - InLife Magazine's "People's Choice Winner."

By: Charles Chan

Last July, a beauty pageant exclusively for middle-age women called "Queen of Hearts 2012" was held in Newcastle and InLife Magazine was honoured to be a major sponsor of the event. Part of that honour was the task of picking the recipient of the InLife Magazine People's Choice Award which was granted to Mrs Zenaida Peralta MacIntosh. Mrs MacIntosh was actually won a few awards that night including, 'Miss Congeniality', 'Best In Filipiana' and 'Best In Corporate Wear'.

So who is Mrs Zenaida Peralta MacIntosh? Let's find out!

Mrs MacIntosh was born in San Fernando, La Union from an average working family. She was the second child and the first girl from a fairly large household. She was fortunate enough to have attended college at St Louis College, La Union. In 1973, she made the big move to Manila with the help of her eldest brother where she continued her education at the University of Manila and graduated in 1976 with a Commerce major in Banking and Finance.

Six months after she moved to the city, her school friend from her province visited her in to apply to work as a



## BARGAIN BITES

## MOO BURGERS

By: Jade Middleton

**Atmosphere:** 5/5 stars because of the ocean views at Manly

**Service:** 3/5 stars only because we went around mid-afternoon when there was only one staff member on

**Food quality:** 5/5 stars

**Food taste:** 5/5 stars

If you are looking for tasty and inexpensive traditional milk bar burgers then I highly recommend that you visit Moo Gourmet Burgers. Moo Gourmet Burgers is located at four fantastic locations in New South Wales, Australia – Manly, Coogee, Newtown, Bondi and they are soon to open another branch in Crow's Nest.

Only the freshest and highest quality ingredients are used in their selection of 20 delicious gourmet burgers. All beef burgers are made with 100% Australian Angus Pure Natural Beef. There are 3 vegetarian options as well as a selection of premium burgers including the double Wagyu beef "Deluxe Moo", Duck & Bacon, Greek Lamb, and Grilled Salmon. Their signature burgers - the "Black & White" or "Big Moo" are to die for and specialty kids 'little cow' meals are also available for children under the age



of 12 which includes a choice of 3 menu options, a drink, and a dessert. Multi-grain and gluten free buns are on offer and the whole menu is available to take away - an added bonus if you are eating on the run.

I actually had the traditional Wagyu beef burger last time I went to the Manly branch. The burger was delicious, it tasted really fresh and it wasn't dripping with oil and fat at all. The Manly branch sits on the third level of the restaurant and overlooking the beach. It has a beautiful view of the ocean so you can watch the surfers and bike riders as you wolf down a gourmet burger.

AUSTRIAN  
SCHNITZELHAUS

By: Jade Middleton

**Atmosphere:** 5/5 stars (even better if someone at your table is doing the challenge)

**Service:** 5/5 stars

**Food quality:** 5/5 stars

**Portion sizes:** large

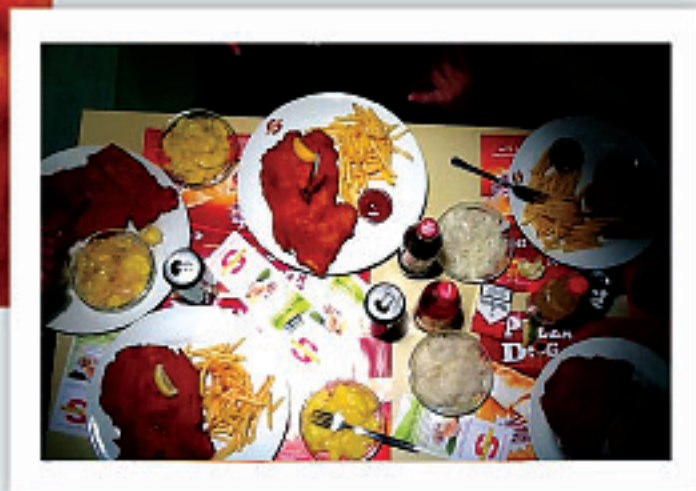
I have discovered the perfect way to prove yourself this weekend if you are looking for a bit of fun and you're a heavy eater. The Austrian Schnitzelhaus located in Erina and in Gladesville is the perfect weekend challenge for all food lovers with big appetites.

The Schnitzel challenge involves 1kg of chicken Schnitzel with chips and sauce of your choice and 1 litre of Erdinger Weissbier beer for \$55. The champion Schnitzel eater holds the record for a mere 15 mins! Finish it all and you could score yourself a free dessert (although I doubt you will have room for it), a t-shirt, a schnapps and your photo in the champions wall of fame... So bring it on!

My partner was very proud that he successfully completed the challenge but it was even a struggle for him even though he is a huge eater. He finished the meal in less than an hour so it's a lot harder than it actually looks.

## RULES

- \* The challenge has to be completed in an hour.



- \* All the food on the plate, except garnish has to be eaten
- \* NO sharing with anyone!
- \* If you throw up you're out of the contest.
- \* You have to finish the beer

If you make a mess in the bathroom you have to clean it up or you will be charged a \$50 cleaning fee.

Spectators are allowed but will be charged \$15 if they just want to sit and watch at the table but they don't want to eat or drink.

Now if you are not in the mood for stuffing yourself silly there are also other normal sized chicken schnitzels to satisfy your needs. But then even these ones are quite large so if you're planning to visit this place then make sure you're hungry.

I actually tried the schnitzel in fresh tomato sauce, with pineapple drizzled in melted cheese and an extremely generous serving of fresh veggies and crinkle cut chips - it was delicious!

So if you've got a big appetite and you want to challenge yourself and your appetite then give the Austrian Schnitzelhaus a go - you won't be disappointed.



Ramon 'Mona' BALLESTEROS  
Hair & Make-up Artist

## LOCATION

1/53-57 Rooty Hill Road North, Rooty Hill NSW 2766  
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# HOOP DREAMZ

# The InLife Guide

Your guide to what's going on around town

### FLAIR 2012

**What:** StarCentral Magazine's ultimate model competition and the official launch of InLife Magazine  
**Where:** Petersham RSL, 7 Regent street Petersham  
**When:** Sept 15, 8 - 10:30 pm  
**Contact:** Albert 0402 533 587 or Eileen Maynigo 0402 581 054

### Father Vlad's Farewell Party

**What:** Father Vlad's Farewell Party organized by Radio Kawayan and Lindfield Parishioners  
**Where:** Lindfield Parish Church  
**When:** September 16 from 1:00-5:00pm  
**Contact:** Josie 0432 372 915

### One Goodnight Season musical Concert

**What:** Musical concert  
**Where:** Burwood RSL Club  
**When:** October 19, 8:00pm  
**Contact:** Sidney on 0424 048 452 or Jay on 0431939180

### Jose Mari Chan concert

**What:** Musical concert  
**When:** 26 October, 7-11pm @ Blacktown Workers club on and 28 October, 6-10pm @ Mounties Club Mt Pritchard  
**Contact:** Carol Manaloto 0414625969

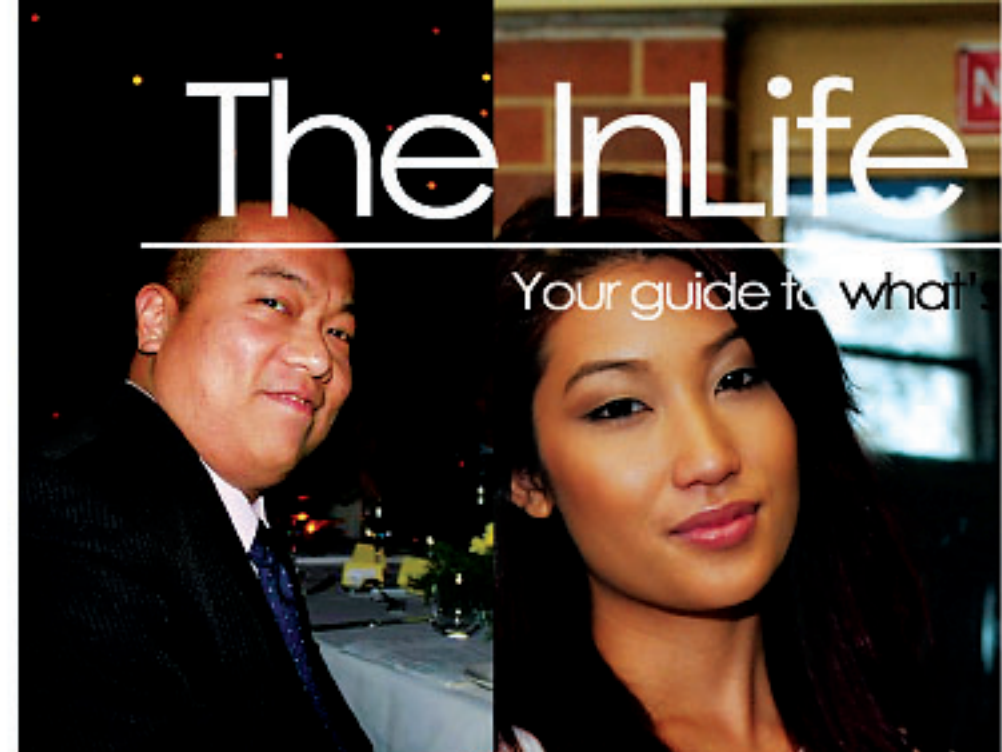
### Turn Up The Music

**What:** Musical concert  
<http://www.facebook.com/TurnUpTheMusicShow>

## Mona Lisa

Style & Beauty

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mob: 0406060714  
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Sat 9:00am - 6:00pm  
Sun 10:00am - 4:00pm  
[www.facebook.com/monalisastyleandbeauty](http://www.facebook.com/monalisastyleandbeauty)



# Your thoughts...

## Lani Misalucha

When is Lani Misalucha coming back to Australia? I'm a huge fan and me and my family would love to see her perform again. She is definitely one of the best performers we've ever seen!

Patricia, Quakers Hill NSW

## Whatever happened to the local bands??

I would love to see more bands in the local entertainment scene, there used to be a lot of bands that used to rotate from venues such as the basement to the now defunct Pinoy Sentral and they were definitely entertaining. The Filipino community needs more of these local bands to be active and I would definitely pay to see them.

Dionisio, Penrith NSW

## Filipino food for life!

I was talking recently to a friend of mine who is a dietician and she brought up a very interesting observation - Majority of Filipino foods are not healthy! Our dishes are a nightmare for people with cholesterol problems or heart conditions because they are full of salt or MSG. Let's look at some prime examples: Adobo, Crispy pata, Lechon, Dinuguan, Sinigang na baboy, Sisig, Palabok etc... Although these dishes are delicious and very hard to resist, but it's poison for people with heart problems. I would love for your magazine to feature Filipino dishes that are healthy or even local restaurants that promote healthy food. It'd be a breath of fresh air.

Kathryn, Sydney NSW

## More pinoy restaurants

I thoroughly enjoy reading your must-eat and must-visit in the Philippines section in the magazine because they are great ideas to follow up on next time I go back to the Philippines. I hope you guys can feature some more hidden and off-beat local restaurants in the Philippines that are not mainstream but are still really good and cheap.

John, Blacktown NSW

## Bring back the Filipino movies in Australian cinema!

There was a time back then when Filipino movie stars would visit Australia to promote their latest movie. I still remember meeting John Lloyd Cruz and Bea Alonzo when they turned up at Mt Druitt Westfield to promote their latest movie back then. I hope this sort of movie events can happen again, I wouldn't mind watching a Filipino movie in the big screen again even if I have to pay a bit extra as long as the movie is good.

Kelly, Dee Why NSW

## Top ten all time super weird yet wonderful dishes in the Philippines!

- 10 Dinuguan (pig's blood soup)
- 9 pal(chickens wings)
- 8 helmet chicken head
- 7Adidas (Chciekn's feet)
- 6 walkman (Pig's ears)
- 5 iud chicken intestines
- 4 kurbata (A chicken's neck & thigh as in "neck tie")
- 3 betamax video-cassette like blocks of animal blood
- 2 Soup number 5 ( Bull's testicle soup)
- 1Kalderetang aso (dog)

Nathan, Blacktown NSW

## It's Halo Halo Time!

How can you not turn down a Halo Halo, Especially during the summer season? Everybody loves to eat it, knows to make it and can't get enough of it. How do you like your Halo-Halo? Here's a quick teaser on how we like ours!

'Fill half a glass with the base ingredients generally available through your local Filipino Store; add enough ice to reach the top of the glass. Pour the milk, some ube ice cream, and vanilla ice creams. Top it off with some Pinipig and Leche Flan to make it extra special!

Vee, Stanhope NSW



## Greetings...

Happy Birthday to Ma Paz Barcenas on October 20, hope you have a great one!

Happy Birthday Ramil Ballngit (October 24) may all your birthday dreams and wishes come true.

Happy Birthday Dorie Membrano on October 20, may this day always be a special one to remember.

Happy Birthday Nenita Weekes (October 28) - here's to another year of new experiences.

Happy Birthday Ramon Ballesteros on October 9, you're not just a year older, but definitely a year better in life.

Happy Birthday to Edna Varos (Sept 21), may you have many more birthdays to come!

Happy Birthday Leni Merjudio on October 12.

Happy Birthday Lynda Rose on October 18, may this year be your best ever!

Happy birthday Annie Marquez on September 22, may your dreams come true on your special day!

Happy birthday Jojo Laquian (Oct 5), may your birthday be filled with sunshine and smiles, laughter and love.

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