

# STAR

## WHAT MODELS EAT

MODELS DIET  
SECRETS FINALLY  
REVEALED!

**TRUE  
CONFESSIONS**  
THE DAY I ALMOST  
GOT RAPED BY ONE  
OF MY TRUSTED  
FRIENDS

### **ATTICISM**

A NEW AGENCY  
THAT'S MAKING WAVES  
DOWN UNDER

### **CHASING HOLLYWOOD**

A 7 STEP GUIDE TO  
REACHING YOUR DREAMS

## CENTRAL andrew vlahos

MEET STARCENTRAL'S  
BREAKOUT STAR  
OF THE MONTH

## creatives uncovered this july

MEGAN WISHEART

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# FASHION

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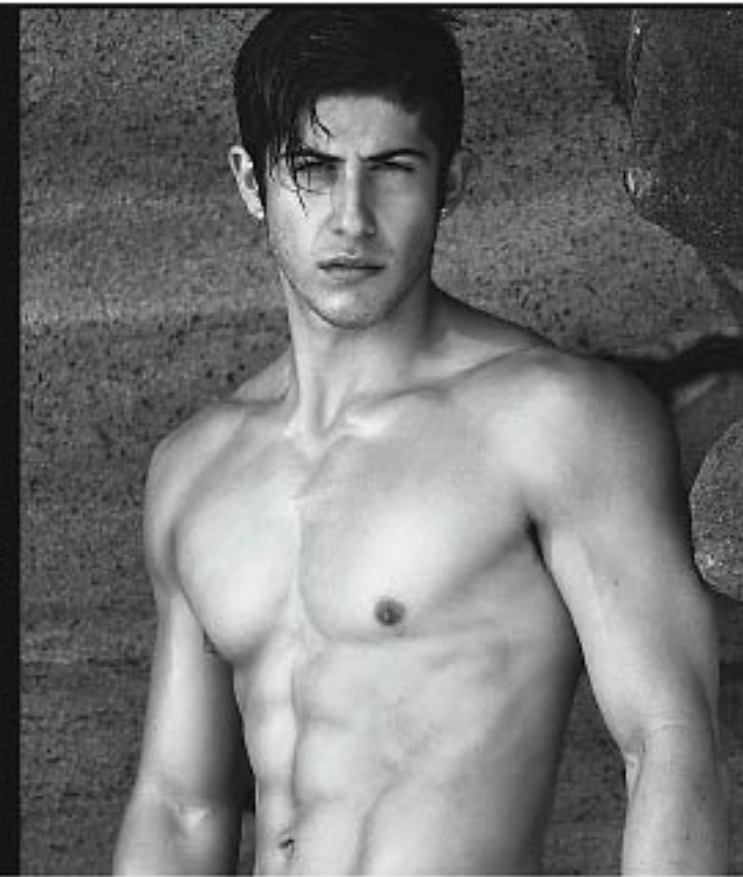
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Cover

Andrew Vlahos

Meet StarCentral magazine's male model of the month



OPENING REMARKS



Welcome to issue 27 of StarCentral Magazine. For this specific issue we've partnered up with Sharon Garrard and the Chic Petite group to bring to light some very talented and inspiring individuals. This issue we've made sure that you get first glimpse of the artists and fashion designers that will be showcasing their creations in the up and coming "Creatives Uncovered" event. We also introduce the eye-catching Andrew Vlahos - a male model who has been making waves down under and don't fret if you weren't able to attend the recent Avant Garde event because we have included plenty of photos in this issue. I would like to encourage our readers to please give us feedback. We would definitely love to hear your thoughts or what you would like to see in our future issues so please send your feedback to [jenny@starcentralmag.com](mailto:jenny@starcentralmag.com). I hope you enjoy the rest of July and God bless everyone.

Mike Ilagan  
Associate Editor

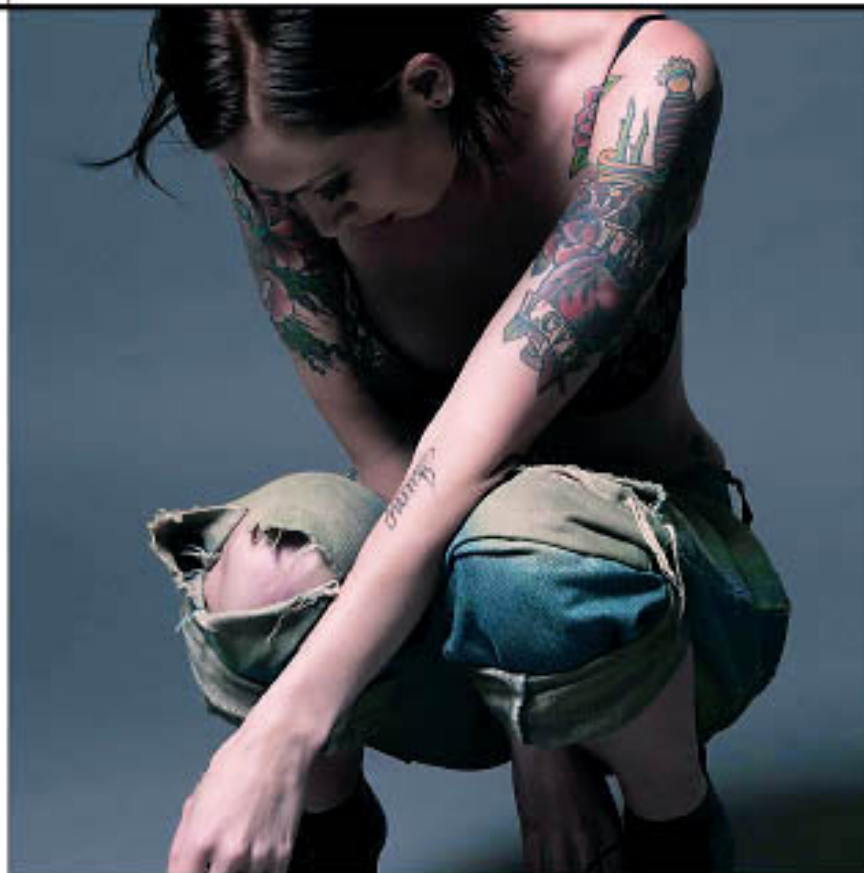
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Creatives Uncovered

A mash up of art, photography, installation, sculptures, design, accessories, music & fashion all in a four day creative hub!







editorial

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editor's notes

I live in Chicago, Illinois (I was originally from Sydney, Australia and through the wonders of technology, have been able to continue in my role as editor-in-chief) and despite of this quirk of geography, I have become completely obsessed with a Filipino soap opera called "Be Careful With My Heart." It truly is apart from the TV fare offered by the Western world. The show is devoid of scandal, revenge, betrayals, violence and whatever plot twists writers put the characters through. Instead, it is heartwarming, funny, earnest and filled with unforgettable characters.

What sold it for me is the engaging, positively charming lead character, Maya Dela Rosa (Jodi Sta Maria). Her circumstances – growing up in a small province with little financial resources – may have dictated to Maya that she would not go very far in her life. Undeterred, and with sheer grit, determination, passion and optimism, she grabbed every opportunity to achieve her dream of becoming a flight attendant. Maya's characteristics is reflected in EVERY SINGLE artist or entrepreneur that I've met through the years. They, like Maya, know the secret to success – dreams don't just fall in your lap, you've got to get up, and grab them.

Jenny Aluning  
editor in chief

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TRUE CONFESSIONS: THE DAY I ALMOST  
**GOT RAPED**  
BY ONE OF MY TRUSTED FRIENDS

I went to this party last year thinking that I was going to have the time of my life, but boy was I wrong! Something terrible happened that night, and until now the chilling events of that night still haunts my dreams . . .

It all started with Sarah, one of my best friends. She really liked this guy so she invited me to come with her to this party for moral support. Since I was friends with the guy who threw the party I didn't hesitate to go. So there we were, drinking . . . Mingling . . . Flirting . . . You know, just the usual things people do at a party.

When it hit 3am, everyone started going home except for me, Sarah and the guy she liked. I saw the dishes piled up in the kitchen sink and I just couldn't help but feel sorry for my friend who owned the house – after all, I did contribute to that mess. So I went in there and graciously offered my assistance and he welcomed my help with open arms. As I was washing the dishes Sarah signalled that she wanted to go home with the guy she liked. My friend who owned the house then offered to take me home since I've been kind enough to offer my assistance. Since he's my friend I felt that it was okay for him to take me home so I told Sarah to go and I stayed back and helped out with the rest of the dishes.

Afterwards we were both so tired that we sat on the couch, talking and catching our breath. We were casually talking when somehow he just kept getting closer. I don't know when it exactly happened, but I eventually realised that his face was suddenly inches away from my face. And then out of nowhere he lunged at me and started kissing me aggressively! I pulled back and shouted "what the f\*\*k are you doing!" But then he just kept pressing on and I felt his strong arms pin me down on the couch. I was SHOCKED! I felt so helpless at the time. I couldn't believe that a friend of mine had the audacity to attack me!

Suddenly he was on top of me and he was unbuttoning my shirt. I kept yelling "NO- NO – Stop it!" But he was determined to undress me and I knew that I wasn't strong enough to over

power him either. I couldn't move for a brief moment because a million thoughts were running through my head. What did I do to deserve this? Did I do something to provoke this?? Did I lead him on in some way? Was I showing any sort of interest at all?? When he started unbuttoning my pants, that's when it finally hit me. So with the little strength I had I slapped his face as hard as I can and I was somehow able to throw him to the side – it must've been the adrenaline rush! I started running outside as fast as I could. When I looked back he wasn't behind me so I must've nailed him pretty bad. I eventually saw him emerge out on his front door and he started calling my name and motioning for me to come back and talk about it. By that time I was running like crazy and I yelled back "In your dreams F\*\*kwt! You f\*\*king pervert!!"

I headed to the nearest gas station to call my friend. She immediately responded to my call and got to the petrol station within a few minutes worried to death about me. For some reason I just couldn't tell my friend what happened because I thought she wouldn't understand. I voluntarily stayed back so it probably looks like I wanted it so I didn't want her to think that I provoked whatever happened. Till this day the memory of that night still haunts me. It was a night that could've ended much worse if I didn't have the presence of mind to retaliate in the last seconds. I hope this serves as a lesson to women out there to never trust anyone that easily even if you know the person.





# THE TREND OF Street Wear

By: Renae Smith

Before we start, let's make one thing clear – street wear is not urban wear. If you're visualising baggy jeans and white basketball sneakers – you're thinking of 'urban wear'.

Not many people agree on what 'street wear' actually is, but most people agree that street wear was born in Los Angeles in the late 1970's to early 1980's with heavy influence from the surf and skate cultures. As with all 'street trends', the style and definition of street wear has continually evolved and today we see a style that is influenced by things such as hip hop, the 80's and 90's and even couture fashion. The fashion conscious generation today are managing to effortlessly blend all three influences together, combining smart cuts and tailoring with classic streetwear pieces.

Due to the combination of designs and styles that would have previously been considered contradictory, street wear brands have begun to include items that are a lot more refined, but still keep the authentic relaxed look of original street wear. This shift in perception and acceptance have meant that high-end companies such as Burberry now include street wear products in their runway lineup.

The people behind Unparalleled Apparel give their interpretation on the changes we see in the street wear trend: "It's like, the owners of the brands start the companies as teens and twenty-somethings and the designs reflect that. But as the owners and consumers grow up more, so do the brands. We see more fitted cuts becoming prominent, less materials, button-up shirts appear more in lookbooks. It's because you can't just be baggy jeans forever. Someday you have to grow up, at least just a little."

In saying all of that, possibly the most attractive element to the trend of street wear is that it is different for every person and encompasses so many ideas and interpretations. "There is so much opinion visually apparent on the street; its restless nature means that it is constantly evolving but in a totally disordered manner that can only be controlled by one's personal style."

One thing is for sure, in a world which seems to grow smaller every day; street wear will be increasingly influenced and interpreted by people, trends and cultures from all over the world. This is the beauty and the heart of street wear.

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# HOW SOME RELATIONSHIPS ARE LIKE SOAP OPERA DRAMAS

All around Sydney's inner suburbs I was finding myself in the crossfire of drama, drama, drama! Whether I was walking alongside a bickering pair, or sitting next to them during my morning muffin, I couldn't help but realise that these fights were not coming from a place of rage, but rather, a place of intimacy. It led me to the question, why so much heartache?

By Holly Phillips

This month's article comes to you after careful examination of relationships which seems to be driven by drama. A friend of mine is in such a relationship, which, to me seems to me seems like altogether too much effort! After taking my research to the streets and spending an afternoon conducting some serious people watching, it seems she isn't the only one.

All around Sydney's inner suburbs I was finding myself in the crossfire of drama, drama, drama! Whether I was walking alongside a bickering pair, or sitting next to them during my morning muffin, I couldn't help but realise that these fights were not coming from a place of rage, but rather, a place of intimacy. It led me to the question, why so much heartache?

In a world where reality television, gossip magazines and sappy rom-coms have replaced the morning newspaper, it's no wonder people are emulating what they see. Nothing is ever easy for the people on TV, so a copy-cat mindset has been consciously or in some cases, subconsciously engaged. This energy which is driving couples to spend the night yelling at each other about something that both parties have long forgotten, has replaced old-fashioned foreplay. It's come to a point where couples are thriving on mistakes and accidents to create a high sexual energy.

After talking to some friends who always seems to be bickering with each other (don't we all have friends like this!), they totally disregarded the fact that they fight. They instead explained that having a heated discussion is more about both of them being deeply passionate people and by letting out all of their frustrations it releases endorphins which are great for the bedroom.

Hmmm, alright - to me they just sounds like an exhausting way to get in the mood!

My friends then explained that although they would never admit it openly, they love the drama they create because it makes their relationship a molten river or ups and downs. Nothing is ever boring because they are either deeply agreeing with each other or trying to rip each others' heads off.... Which turns into ripping each other's clothes off. It makes me wonder, does it get to a point where we're adding fuel to the fire, even after the fire is well and truly out?

Albeit volatile, for some, this system of drama just works. There isn't any easy equation which proves you are or are not a dramatic relationship person and there is no wrong or right way to be. One day you might just find yourself yelling about some ridiculous thing and you'll just know that you, like so many before you, love the drama!





# USA calling

If you're an actor and wanting to move to the USA for acting reasons alone, this is what you need to collate before making contact with a US Immigration Lawyer. **By Holly Phillips**

You've made the monumental decision to follow your dreams and move to Los Angeles to become a famous actor. You've got your plane ticket, effortlessly cool luggage and all your amazing outfits chosen, but you have the sneaking suspicion something's missing.... And then you realise you don't have an O1 Visa!!! Yikes - Back to the drawing board.

If you're an actor and wanting to move to the USA for acting reasons alone, this is what you need to collate before making contact with a US Immigration Lawyer. Once you have all this, the Lawyer will then ask for a payment in the region from \$5000-\$10 000! One of the most highly recommended lawyers is George Giosmas Lawyers, and if you go with them, its going to cost you in the region of \$6000.

1. The first thing you're going to need is ten (or more) reference letters from people within the entertainment industry (acting coaches, teachers, directors, colleagues, producers and so on). These need to be professionals who you have worked with and who are going to make you sound HOT, HOT, HOT!

2. Phew! After that's all done, the second thing is extremely easy! You just need to have a copy of your Passport.

3. Job offer/contract for US work in the field of acting. This can seem very daunting but trust that you have a contact who will come through for you. The contract usually comes from a friend of a friend and doesn't need to be seen through. Its more of a failsafe so

that the Screen Actors Guild (SAG) can see that you are hireable.

4. Ok this one requires work! You're going to need a proposed itinerary of events for the next three years. This is to show the USA that you're passionate about moving to their country and are willing to put the work in. Also note, the O1 Visa can be attained for a maximum of 3 years.

5. Press materials. Any articles or newspaper clippings you have been included in. They need to be paper copies, so if you only have websites then head over to [www.paperworld.com.au](http://www.paperworld.com.au) and get ordering!

6. Another easy one, which you should already have anyway! Copies of your best Headshots, CV and Resume.

7. Previous contracts. So, any contracts you have from the acting/modelling work you've done in the past. You should all have copies of your contracts saved so this final step should be nice and easy!

Once your Lawyers receive all of this, they put together your personal case package. They then send a copy to the SAG to validate you and your Visa petition. SAG will then (hopefully) issue a document stating you are worthy of an O1 Visa. YAY! They will then send this entire package to Immigration to validate. The whole process can take up to three months and its definitely something you can't rush. Now I've told you what to do, the rest is up to you. Good luck!







# andrew vlahos

2013 is already shaping up as a massive year for Andrew with him most notably landing Hugo Boss' 2013 campaign. And to think, it all started when a friend had to back out of a photo shoot and Andrew had to step in to take his place at the last minute!

Andrew Vlahos is no stranger to the StarCentral family. He has already graced the stage as one of the finalists for the Seriously Sexy Models competition last year. Incredibly, that competition marked the very early days of Andrew's foray into the modeling industry and to say that his career has skyrocketed since then is a serious understatement.

We meet Andrew again as our second-place winner for FLAIR 2012. Between the Seriously Sexy competition and FLAIR, the 19-year old has amassed a portfolio that most modeling veterans would be envious of. 2013 is already shaping up as a massive year for him with him most notably landing Hugo Boss' 2013 campaign. And to think, it all started when a friend had to back out of a photo shoot and Andrew had to step in to take his place at the last minute! From that lucky break, he was discovered and then signed by his current agency, CSA Models Australia.

His short time in the industry has already inspired a strong passionate desire in the young man to stand out. He has found that even the hard work and discipline ("I have to maintain a strict diet and only allowing myself to eat junk food once a month, this can be very challenging at times!") is worth it for the end result. "I love the finished product- the shots, the style and how I am transformed into a new person every time I shoot." Also exciting for Andrew is the chance to meet the many creative minds that form the behind-the-scenes of the modeling world. "To me everyone is interesting whether it is the photographer, stylists, make-up artists or other models I shoot with. Everyone has their own stories and fascinating tales which makes the industry so amazing." Well, for this aspiring model/lawyer, it appears that the world is already beckoning.



# WHAT MODELS REALLY EAT!

When it comes to models there's always one question which instantaneously springs to mind.... What do they really eat!?!?

By Holly Phillips

Whether you love to hate, or, love to love models - there's always one question which instantaneously springs to mind.... What do they eat!?!?

It's easy to think of models like some kind of beautiful alien life force, who've been put on this planet with one primary goal; to make all the mere mortals feel bad about themselves. But do not fear! I've braved an interview with one certain alien and asked all the gritty questions about diet and the occasional naughty indulgences. Surprisingly, it's not all that alien at all!

Ebony Wright of Jeep Model Management is a model/dancer extraordinaire. She has recently been seen strutting her fabulous self all over the Sydney Hair Expo runways and you would probably recognise her from a number of swimwear, clothing and advertisement campaigns. Luckily for StarCentral, this seriously sexy model/alien found time to give us the inside scoop, or should I say portion controlled serving. Keep reading to see exactly what this model will eat during a standard day.

Lets start with breakfast - allegedly the most important meal of the day and according to Wright, it really is! She routinely has porridge sprinkled with quinoa flakes

made on almond milk. All organic of course, accompanied by her only piece of fruit all day (never a banana) and a glass of warm water with lemon. After her meal, she religiously takes her Vitamins: Fish oil, Vitamin C, Coenzyme Q10, Probiotic (Kefer). Wright says "I only ever have one piece of fruit all day because its so high in sugar... I love taking my Vitamin C because its great for collagen production."

For lunch she usually makes a delicious organic salad with lots of dark greens. Included in her mainly alkaline salad she adds baby spinach, avocado, sprouts, cucumber, alfalfa and tomato. Topped with a squeeze of lemon, a drizzle of olive oil, and a sprinkle of salt and pepper. Wright assured me that "...avocado is so delicious and full of good fats and its just great for your skin... I love using Himalayan pink salt, it's so full of healthy minerals... I eat tomato everyday because its the best anti-ageing food you can eat!"

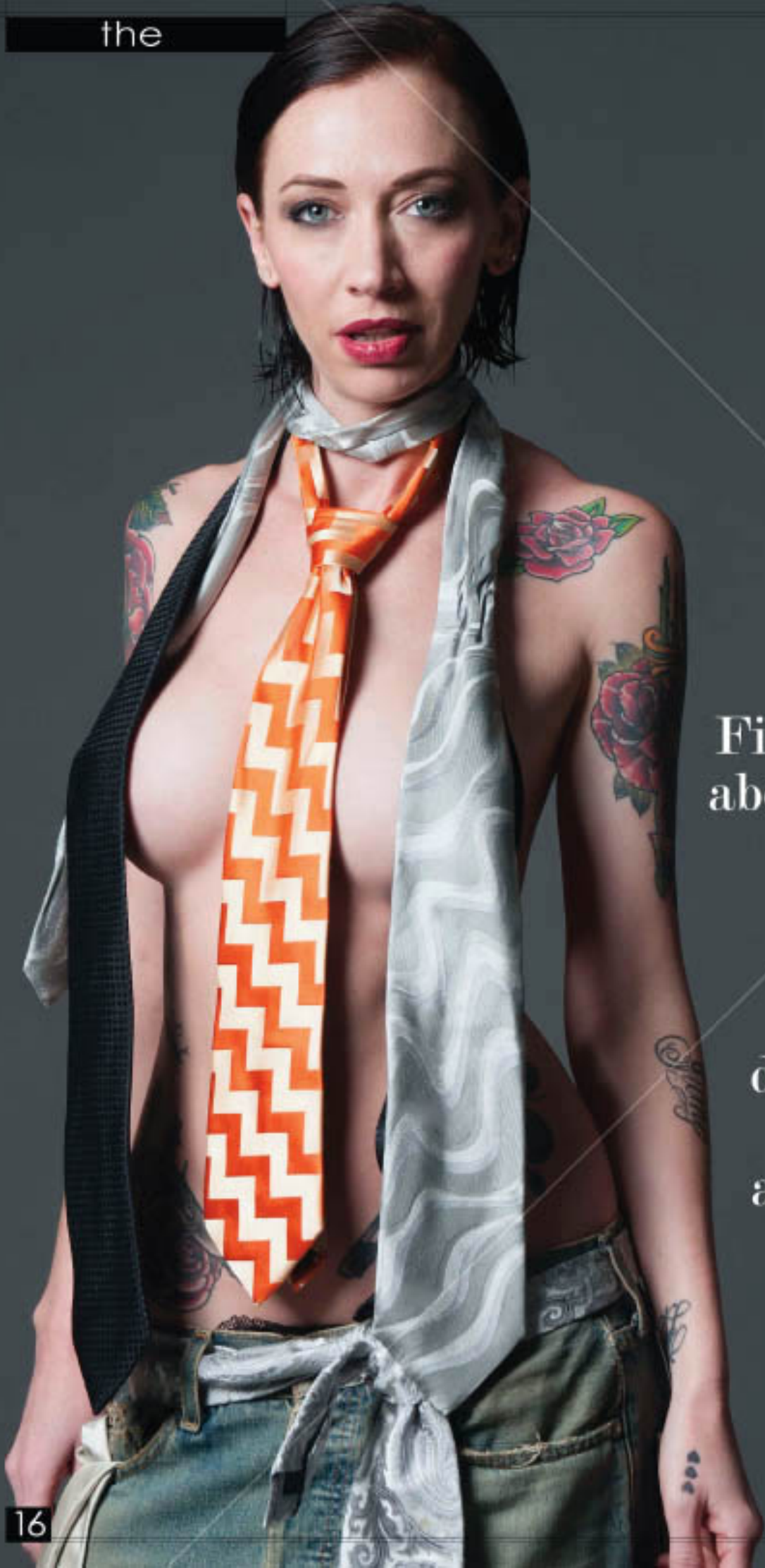
Dinner is usually a variation of the same combination: lean meat and vegetables. Chicken stir-fry with brown rice or simply protein and steamed vegetables. "I try and eat fish as much as possible, if I can't have fish it's chicken or lean beef." Wright also says she loves having "...dark green and red vegetables for dinner - capsicum, spinach, kale, sweet potato and zucchini. Unfortunately I don't eat mushrooms any longer because of their high acidity."

If Wright is ever in the mood for a sweet treat (yes, you can even have dessert!) she will turn to a raw, vegan tart or indulge in some coconut vegan yoghurt. Of her diet, Wright swears she eats every three hours and makes sure she drinks at least two litres of water every day.

Perhaps after all that speculation and trepidation, they might be friendly aliens after all!







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# atticism

"The Atticism" is a brand development agency that specialises in the urban demographic. It operates on the belief that "the 'same' is boring; but 'different' should never compromise on class or quality". It provides its clients the ability to have a 'one stop shop' for all they need when it comes to growing their brand or looking for a unique way to reach their targeted demographic. From organising product parties to producing look books or from social media marketing plans to competitor research and reporting - if the end result you're looking for is to grow your brand then they have you covered!

The main function of "The Atticism" is to create new and unique ways for companies and brands to reach their target audience. Anyone can create a flyer, a catchy jingle or start a Facebook page. "The Atticism" believes that in this day and age, you need to engage your target audience in different ways - the 'normal' way have been used far too often that pretty much everyone is now immune to them.

"The Atticism's" latest event is called "So Local". "So Local" is an event which will showcase local fashion designers in a 'runway show' format; but with a unique difference. On any 'typical' runway show you just usually attend the show and then leave - "So Local" will encourage patrons to attend, watch the runway show and then remain in the venue and interact with the designers, their designs as well as the models. How? By offering an after party as part of the event. The designers are then able to speak to the people about their brand, the models can be approached and the garments can be seen 'in real life.'

This will be more memorable for everyone and the sponsors' brand will then associated with the entire 'fun' evening - not just a short runway performance. This is targeting the demographic at a much deeper level but at the same time not 'force feeding' anything to them. By creating this event they are also creating a culture surrounding that brand - which is far more effective when it comes to engaging your target audience.

"The Atticism" is actually the brain child of Renae Smith who lives in Newtown, Sydney. Renae worked in the legal industry for 15 years; owning her own business for 6 years and also reporting directly to the Chairman of a large national law firm at the same time. In her 'spare time', Renae assists several other companies with their brand direction, events, creative direction, model sourcing and sponsorship sales. After having several organisations commend her for her unique approach and level of professionalism, she then decided to begin her own consultancy. It was obvious to her from these conversations that there was a market for her unique skill base. The experience she had gained from being an alternative industry model, combined with years of high level professional training, gave her the ability to assist these 'urban' companies in reaching their target audience uniquely, yet at a professionally high standard - often not associated with this demographic.

"The Atticism" has many unique ways to develop a brand and they believe that this kind of 'culture' marketing is a lot more effective than the older 'social media' or online methods. You can get more information on the "So Local event" by visiting [www.theatticism.com](http://www.theatticism.com).





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Creatives Uncovered

Manuela Rocker is the co-founder and director of Seriously Twisted Jewellery. Born in Switzerland and having worked in the bank and insurance industry, she decided she needed to see the world. The most economical way to do this was to utilize her skills (fluency in four languages) and became a flight attendant for a Swiss business airline. In 1995 Manuela moved permanently to Australia. In 2003 she met Megan Wisheart who has been her friend and business partner ever since. Manuela lives in Manly Beach with her partner Carl and their six year old son Jett.

Megan Wisheart was born in New Zealand and always had a flair for creativity. She was an award winning creative in advertising for 20 years before discovering her passion to be her own boss. Her love of design and fashion moved her in a new direction after having her first child. An early childhood love of jewellery making steered her into the business she is in today. After meeting Manuela Rocker at the Manly Art and Crafts Market, they formed a relationship that grew into a successful jewellery business. Megan and her partner Jon live with their two children, Lewis and Niki on the northern beaches of Sydney.

Adele Turner is a girl of many talents; one of these is a fashion illustrator. Adele mainly creates pencil illustrations that focus on emotions and movement. Although she has a well-defined style and creates incredible artworks, Adele admits that she has not always been good at art. In fact, she failed art in grade school because she had such a messy style. But, in year 12 when she required a portfolio for fashion design, her skills developed and she began to embrace her artistic side and this helped her grow into the artist she is today.

The "Creatives Uncovered" event will be Adele's first interstate exhibition and as a result, is something quite exciting for the artist. She was

contacted by the event manager via Facebook and asked if she would like to be involved and seeing an opportunity for her pieces to reach a broader audience, Adele accepted.

We recently spoke with Adele about her inspiration, goals for the future and to see if she could offer any advice to people in the art world. Here's what she had to say.

Who or what has been your biggest inspiration?

"My Nanna (who died 10 years ago) is always a big inspiration when it comes to art. She was a beautiful person inside and out, and this reflected in her art. She would do incredible water colour paintings. My Uncle (who also died) was always my biggest fan. When I was 12 I did some painting with my Nanna, he looked at them and was ecstatic that one day I was going to be a famous painter! He even wanted to

get them printed onto t-shirts!"

What are your current goals in the short term and also in the long term?

"As well as the art, I also work full time in marketing, and have a handbag label (verb - doing something), so I have many different goals. With regards to art, I want to develop my skills further, and of course exhibit more. I haven't had too much time to get my art in the public, so I am hoping to find this time before the end of the year. I really want to develop my painting skills."

What advice would you give others who are in art industry or who might be trying to break into this industry?

"Don't compare! You are you for a reason. Be inspired by others, but comparing will bring you down."







Just Galactical is the pseudonym for Sydney based artist, Just Galang. Commonly referred to as the David Bowie Unicorn, Just illustrates, films and photographs the world through the life of a Grimm fairy tale wanderer. While her work may feature innocent characters, there is always a somewhat solemn touch to them.

Currently focusing her work in both the South Western suburbs of Sydney, and the heart of Sydney city, Just has had two art exhibitions in the past year, and is preparing for her third. She has illustrated and made videos for many local and national artists, promoting the cultural diversity found in Australia. Just is known for her immaculate attention to detail in her illustrations and generally her innovative use of whatever resources she has in her hands. She has worked hard to get to the place where she is now, to be able to encourage the public to open their hearts and imaginations.

Creatives Uncovered will see Just present a new series of drawings never shown to the public eye before.

# JUST GALANG



# RUVE STANEKE



Ruve Staneke is an artist whose work attempts to explain how she perceives life, with the morphing of the physical, mental, psychological, and spiritual realms. Through her works, Ruve aims to challenge the viewer, asking them to 'look deeper' into their own life, into their 'calling', questioning them as to whether they are living to their potential, or simply just being.

In her own words, Ruve explains, "My work is the exploration of the inner self, that little voice buried deep inside us that emanates questions that we seek answers to, but cannot seem to find. I work on a large scale, using all paint, canvas, paper, and graphite. I work from photographs that I have taken myself, so that the work is wholly my own. My subjects consist usually of my sister, brother, myself, and the physical places that surround me."



Ruve has always had a passion for art and at the beginning of 2013 she relocated to Sydney to begin university, undergoing a Bachelor of design in fashion and textiles. Although having enjoyment from the course, she withdrew after 6 weeks. She wanted to have time to create art, without having the constant stress of university assignments. "Withdrawing was the hardest thing I have had to do so far this year, because there was so much contradiction and conflict, in myself, and between my family and friends. Leaving university went against all expectations my friends and family had, and even what I believed of myself."

Ruve came across Chic Petite Events and decided that she would like to take part in one of their exhibitions. Since withdrawing from university, she now had the time to focus on her own works for submission to such events. The exhibition is now just a little over a



month away, and she plans to include at least seven works. This process is still quite difficult, as Ruve expresses, "Due to the detail and large scale of the works, they become mundane for me to look at, so I get annoyed at them, which doesn't help the process of finishing them." "I wanted this body of work to revolve around the unknown - my world at the moment is no longer scheduled by school, exams, or university assignments, but it is ever changing and spontaneous. I attempt to explore the uncertainties of what we call 'the future' through this collection."

Ruve's future is filled with possibilities and different goals. From wanting her own fashion label, where her clothes are adorned with prints of her own artworks, and the dream of being in a film one day, her main goal at the moment is to decide on what career path to take and a lot of that will depend on how her works are received at the upcoming exhibition.



# CARA LEUPUSCEK HAIR

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# PEOPLE & FACES

Get to know who's who in the social scene down under

1. Annabel Gottfried pro StarCentral Magazine
2. Avant Garde model modelling for Billy Wood
3. The StarCentral group at the Avant Garde night
4. Avant Garde model modelling for Nine Lives
5. Performers at the Avant Garde night
6. Avant Garde host Maddison posing with one of the models
7. The Sambesque group at the Avant Garde night



The StarCentral group



Annabel Gottfried



Nine Lives design

Check out some photos from the Avant Garde Night last month



Billy Wood design



Event host with model



Sambesque



Avant Garde Night performers



Lauren has not always been interested in photography. It was not until she attended university and studied photography that she fell in love with it. "It was a subject I could be so creative with as everyone sees things differently. They either love what you do or they hate it, there was never any right or wrong - it was all a matter of opinion. I loved the criticism as it disciplined my style and taught me a lot about photography."

After having her first exhibition last year, Lauren was recently given the opportunity to showcase her work and has been working tirelessly to ensure she gets the best shots. Lauren is hoping to share what she 'sees' and how the ocean makes her 'feel.' "When you're passionate about something and given an opportunity like this, to showcase what you love doing to so many people, you want to be able to show who you are as an artist in the fullest extent of your capabilities."

In an industry that everyone wants to be a part of and which always seems to be changing, Lauren draws inspiration from photographers such as Clarke Little and Zak Noyle.

"The difference between an average shot and a great shot is that a great shot has composition and tells a story and draws you in. A great shot stands out from the rest."

Lauren describes herself as the type of person who takes nothing for granted and who grabs every opportunity in life. It is these traits she aims to share with others through her work. Her goal is to one day combine her love of travel and her passion for photography into a full time job.

LAUREN DE SOUSA

By Renae Smith

Lauren de Sousa is a "photo-journalistic" photographer who tries to tell the story of her life experiences through each and every image she captures. Lauren has travelled extensively and takes photographs of things that interest and inspire her the most - one of which is the ocean.

"I have been surfing for quite a few years now, and the ocean is my time to think and relax. It's my way of connecting with my surroundings and has really given me the courage to explore the world and has given me some great captures. It's my time to myself which allows me to clear my head and get creative."





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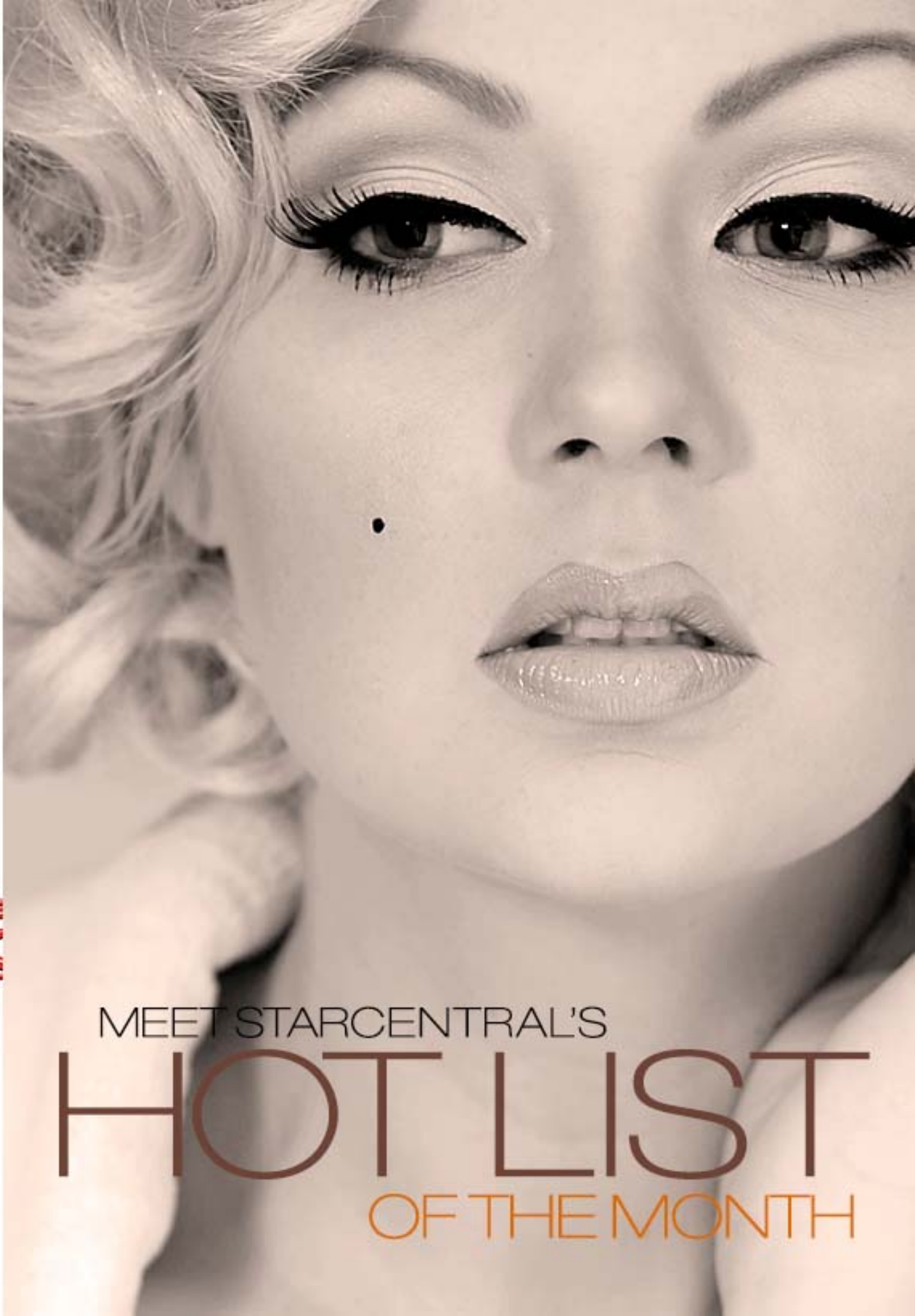
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MEET STARCENTRAL'S

# HOT LIST

OF THE MONTH



# TRISHA-Grant CALITRI

Meet StarCentral Magazine's sexiest woman for the month of July

T

Her mother may call her 'Betty Crocker' but Trisha-Grant Calitri will now also be known as StarCentral Magazine's Sexiest Woman of the Month for July 2013! The 20-year old of Canadian, Italian and Scottish descent can not only rock a bikini but a trumpet as well! She plans to thoroughly enjoy her modelling career for as long as she can – if only she didn't have to pay so much for gas!

1. How were you actually 'discovered'?

I met this guy named Paul, he's a promoter from the United States. He encouraged me to model and he told me that I had what it takes. He always pushes me to continue modelling; which is a great thing. He also helped me with my confidence!

2. What do you like most about modelling?

My favourite part about modelling would have to be the different experiences I encounter, and all the great people I get to meet! I love how every job is a surprise. You never know what you'll be doing next. Modelling is such a fun job; I wish I started sooner!

3. Downside to being a model?

There really is no major downside. The only thing I can recall would be all the money I put into gas for travelling.

4. What has been the most memorable experience of your career so far?

Right now I am currently a finalist in the Miss China Bikini International pageant (the winner will be announced soon). There are so many events involved in this competition.

5. Who have been the most interesting people you've met so far?

Everyone I've met so far interests me. They are all unique in their own ways, due to having different experiences and different ideas of shooting.

6. I'm guessing you've been in the modelling industry for a few years now, what has been the most valuable lesson you've learned. This can be about the industry or about yourself. Or both!

First thing I learned is that you can't be insecure. Being insecure will show in your photos. Being relaxed makes the shoot go so much more smoothly! You always have to be open minded to new ideas and be willing to try something new!

7. How have you stayed grounded?

Modelling is obviously prone to being all about the appearance of someone on the outside. Going into this industry, it's important to realize this. I stay grounded by accepting that fact.

8. Is your family supportive of your career?

My family is very supportive of my career. My mom would be my main supporter. She goes everywhere with me and pushes me past my limits. I've come so far since the day I started. Having support is definitely a must!

9. What are your future plans? Inside your career or out of it.

My future plans are rather simple. All I want in life is to prosper and be happy. Life's too short to want anything else. I'm not relying on a modelling career because I know how tough it is to get fully into the industry. However, if I found my way into the industry it would be my main focus.





FEMALE MODEL OF THE MONTH  
**CASSIDY  
 ANDERSON**

It might be difficult to truly believe Cassidy Anderson's (StarCentral Magazine's Female Model of the Month for July 2013) Caucasian descent when one sees her as her modelling persona, 'Cassidy La Crème.' So successful is her transformation that she is also an impressive Marilyn Monroe impersonator! Inspired by the look of the 1920's to 1950's, the 25-year old Australian specializes in this style of female glamour. Currently studying Music Performance, Cassidy is also quite a talented singer!

How were you actually 'discovered'? Chance encounter on the street? Audition?

I have always been in awe of the women of the 1920's to 1950's and wanted to pay homage to their style and grace through my own vintage glamour photo shoots. For the last couple of years I have been producing my own shoots using both my real name Cassidy Anderson and my vintage glamour modelling name 'Cassidy La Crème', engaging talented photographers, and occasionally make-up artists to join me in creating my visions. I will often produce, conceptualise and style my own shoots taking care of all aspects from hair, makeup, costuming, prop making and styling to concept design, set design, and sometimes editing. Since I began doing this, the response from the public and my peers has been so humbling and it has been so beautiful to see people enjoying the work I am creating. Since I started, my work has been featured on websites and in online and printed pinup/vintage glamour magazines and I was fortunate enough to score the Cover Image for the 2013 Annual Pinup Kittens Magazine that will be released in the coming months.

What has been the most memorable experience of your career so far?

The most memorable experience of my career so far as a model would have to be the first time I was contacted by someone in America for an autographed photo. I

was so excited to know that my work had reached the other side of the globe and had touched someone enough to have them request an autographed copy of my work. I have been blessed to have this happen many times since, from various countries, but definitely that first time will always hold a special place in my heart. My most memorable experience of my entire career so far would have to be being nominated for a music award in Singapore for the Malay industry for my Malay YouTube covers.

Working in an industry whose only emphasis is on the outside characteristics of a person, how have you stayed grounded?

My family and life experience keep me humble. There is always someone out there better than you, prettier than you, skinnier than you or more talented than you. I think staying grounded is about staying true to yourself and learning the lessons that both success and failure present you with if you are willing to pay attention to them. We are in a fickle industry where one minute you are up, the next minute it comes crashing down, so really, for me, it's all about gratitude for the opportunities I do receive and savouring each moment as it comes. Not everyone is going to like the way you look, as human beings we all find different qualities attractive, and so I try to create images that I am happy with and enjoy looking at and then hope others will enjoy them too.

What are your future plans? Inside your career or out of it.

My future plans are to continue doing what I love to do... entertain and create. My singing and modelling career tend to go hand in hand with each other and I hope to continue trying to create works that I am proud of and will hopefully allow me to further broaden both my following and in the process open up new work opportunities which will allow me to take my work to the next level and be widely recognised for it.



# FILIP Farkas

Meet StarCentral's sexiest man for the month of July

Positive and enthusiastic Filip Farkas, StarCentral Magazine's Sexiest Man of the Month for July 2013, can thank his mother for starting his modeling career. It was through her encouragement that Filip took the initiative to create his own modeling portfolio. The 20-year old Slovakian (now based in London), enjoys being able to learn new skills, new languages and traveling as the world and it's multitude of cultures continues to fascinate him. In addition to being a model, he is currently studying Chemistry and Environmental Protection.

1. How were you actually 'discovered'? Chance encounter on the street? Audition?

I haven't been discovered just yet because I am just starting out in my modeling career.

2. What do you like most about modelling?

Mostly I like that I have to take care of myself, be always in good shape, ready for anything. Also it is lot about travelling around the world which I love so much and another thing (of many) is that you meet new people.

3. Downside to being a model?

I haven't found anything bad about modeling yet!

4. What has been the most memorable experience of your career so far?

Photoshooting my portfolio in London.

5. Who have been the most interesting people you've met so far?

It is the people who created my portfolio. It was made in 'Blue Rooms' in London. They are all profession-

als and I hope I will meet many people like them.

6. Working in an industry whose only emphasis is on the outside characteristics of a person, how have you stayed grounded?

Well I really like to take care of my outside characteristics daily so it is not a big problem for me.

7. Is your family supportive of your career?

Yes, my family encouraged me to become a model because they believe I have the potential to become a professional model.

8. What are your future plans? Inside your career or out of it.

I'm still trying to break through the modelling industry hoping that someone will spot me.

'LIGHTNING FAST' Round:

1. What films have you seen more than any other?  
I Am Legend, Seven Pounds

2. Three most important characteristics in a person  
Honesty and respect

3. What do you consider beautiful and why?  
I love it when girls look naturally beautiful. I like it when they don't need to use a lot of make-up.

4. What haven't you done yet that you wish you could?  
Skydiving!

5. Your best way to combat nerves....  
To go to the gym and let it all go out.







# Tamaha Carroll

Meet StarCentral Magazine's male actor for the month of July

For StarCentral Magazine's Actor of the Month for July 2013, Tamaha Carroll, being able to run wild with his imagination is one of his favourite things about being an actor. His enjoyment of his career has meant that he has never ever seen it as 'work' and more of a hobby. Born in New Zealand, the 21-year old (now represented by Gilchrist Management) has discovered that since being in the entertainment industry he has learned that he can be capable of anything as long as he has the commitment and the right attitude.

#### 1. What do you enjoy most about performing?

Not only do I enjoy the people I meet and the places us actors are privileged to go to, I also get a thrill out of stepping into the life of another character for the day while on set.

#### 2. When did you first perform and where?

The first film set I ever worked on was a feature film called 'Fatal Honeymoon' where I played a background extra.

My first paid speaking role was on a web series called 'Project Schoolies' playing the support role of 'Zak'. This was shot on the Gold Coast (Queensland, Australia), a teen drama that follows a group of school leavers as

they celebrate the end of their exams in Surfers Paradise (also in Queensland, Australia).

#### 3. Do you have a specific inspiration to keep performing? (a person, an event etc)

I have always wanted to give acting a try from a very young age. I was born in a small town called Kaiapoi in Christchurch, New Zealand, so the film industry was a lot smaller back home. Now with living on the Gold Coast I feel as if the world is one's oyster, and I've never looked back. My friends and family are very supportive with my choice of 'hobby' and I am really thankful for this! So yes, they would have to be the ones who keeps me driven.

#### 4. What was your most memorable performance?

Each set I have been on there is always something to make it memorable, from small mishaps to major setbacks, working with well-known actors and actresses. But the foremost memories are the friendships I have made, this is something no one can erase.

#### 5. What are your future plans for your career? (Inside the performing industry or out of it).

I plan to carry on acting as it is something I immensely enjoy, I have never seen it as 'work' just more of a hobby of mine, so keep an eye out for me because I do not turn down any opportunities that are in my path! Outside of the industry I would love to travel some more, and see more of this incredible planet we live on.

#### 6. Is your family supportive of your career?

Yes, my family is very supportive, I am the youngest of six so the support means so much to me, knowing my parents, siblings, nieces, nephews, aunts, uncles & cousins all support me in one way or another, whether it's with constructive criticism or heart felt praise, I know that they have my best interest at heart.



# aimee DUROUX

Meet StarCentral Magazine's female actress for the month of July

Passion, talent and ambition. Three things that StarCentral Magazine's Actress of the Month for July 2013, Aimee Duroux, has in abundance. Three things that landed Aimee a \$10,000 scholarship to participate in a summer program run by the prestigious New York Conservatory of Dramatic Arts in the USA! Her talent has also seen her win several medals and awards at last year's World Championships of Performing Arts in Los Angeles! The multi-talented 18-year old Australian (she plays the saxophone and the clarinet, and is an experienced Jazz dancer and singer) is currently in her second year of a degree in Creative Industries (majoring in Drama, Media and Communication) at the Queensland University of Technology. With Hollywood and Broadway in her sights, look out for Aimee's name up on a billboard or two!

1. What do you enjoy most about performing?

Performing just gives me such a buzz! It is the only thing I enjoy, am passionate about and want to pursue as a career. Acting in particular honestly makes me feel like I've found what I was put on this earth to do. I love being able to create a character by applying my own traits and characteristics to a role; but by also using my imagination to give this fictional person a sense of humanity and reality. I want to tell a story and make it as honest, emotive and as human as possible.

2. When did you first perform and where?

The first performance I remember was a play I did in Grade 7 called, "Who Am I?" I played the lead character and remember feeling so happy with myself and my peers when someone came up to me afterwards and told me that they enjoyed the performance.

3. What was your most memorable performance?

My most memorable performance was in Grade 9 when I had a supporting role in the school musical. It was rare for a junior school student to be cast as a main role, so that was a major confidence boost on my behalf. Not only that, I enjoyed rehearsing and performing on stage so much. This musical was a kind of formative experience, what assured me that this is the kind of career path I want to go down. I also just wrapped on my first professional short film called 'Home Invasion' directed by Trevor Smith - which was an experience I will treasure forever.

4. What are your future plans for your career? (Inside the performing industry or out of it).

To keep training and learning as much as I can. This very second I'm actually sitting in my dorm room responding to you from New York City! I'm studying at the New York Conservatory for Dramatic Arts for a month here on their summer program. Not a day has gone past where I haven't learned something new! I am represented by Karoline Ellis of KE Management and she is so caring and determined to make sure I land professional TV and film gigs (and soon!). I want to gain as many resume credits as I can and in the next few years I would love to try my luck in LA for Pilot Season. I'd like to see how I would do on the Off-Broadway and Broadway circuits of New York too. I think in the future I would love to give acting classes-hopefully teach and infect others with the passion I have for this craft!

5. Is your family supportive of your career?

My family is very supportive. I'm so lucky to have so many wonderful friends and family members who rather than make fun of or look down upon my dreams, support it with 110% and tell me to make the most out of life.



Photography by Poison Apple Studios



BLOGGER OF THE MONTH

# EMILY KATE SYMES

For Emily Kate Symes, StarCentral Magazine's Blogger of the Month for July 2013, the creation of her blog, 'EKOLUV' (which is also the name of her online boutique) is a natural extension of her life tenets and perspectives. The 26-year old Australian/Spanish/Filipino has always believed in 'sustainable fashion' and so successful has been the reach of her blog that she was invited as an ambassador for the first Health and Wellness Congress run by the World Health Organisation in Asia last year.

1. Tell us about your blog.

EKOLUV is a blog which aims to empower people to make more conscious decisions with their purchases and also how to live a more sustainable, ethical and environmentally friendly way of living. I wanted to start something that would appeal to not only those who may already be interested in sustainable fashion but especially those who aren't. More often than not I find people do want to be a part of the solution and help, given the chance and if the right information was available for them. Also if the sustainable products being sold are stylish, on trend and fashion forward whilst being of exceptional quality and craftsmanship. This is what people want, they do not buy something merely because it is sustainable, it has to be stylish too and on trend or fashion forward.

2. Why did you decide to start a blog? What started it all?

I started my blog because I saw a need for more ethical fashion blogs. So I created an ethical fashion blog which is everything from an online resource of news, style, thoughts, ideas, stories and wonderful sustainable and ethical fashion and lifestyle content. I wanted to represent sustainability as a way of life and a way of thinking and taking responsibility for the impacts we have as humans with respect to our environment and each other. It was also created for a way to express myself and interact with others whom may share the same passions or want to know more about sustainability and their quest for this knowledge.

3. Do you have a specific inspiration that keeps you going? (A person, an event, etc.)

My inspiration would have to be Mahatma Gandhi and The Dalai Lama. Gandhi inspires me to believe the change starts within, in order to see change we must look inside ourselves. "Be the change you wish to see in the world" is one of my favourite quotes and a mantra for me. Also the Dalai Lama because of his teachings and his compassionate nature, these two people are very inspiring for me.

4. What has been the most valuable lesson you've learned so far? This can be about the industry or about yourself. Or both!

The most valuable lesson I have learned so far would have to be to love yourself, love others, follow your dreams and passions and what truly makes you happy and excited to get out of bed in the morning, this is truly living. It's easy to get caught up in what society wants you to be, just remember we are all individuals whom all have wonderful talents we can provide the world and it's great to be different.

5. What are your future plans? Inside your blog or out of it.

My future plan is to grow further with my blog to reach a broader audience, we would love a following of people who may not be currently sustainable buyers but who might want to be or want to know more about it. I will be studying a bachelor of business in sustainability to further enhance my knowledge and skill set to better help others in understanding the impacts of climate change, what sustainability means for us and what we can achieve by living a more sustainable lifestyle. I am also in the process of creating a book on Ethical and Sustainable fashion with great tips, advice and tutorials. My store EKOLUV is in the process of adding an ethical and sustainable marketplace, providing a platform to enable designers and brands who are ethical or sustainable, promotion and a place where they can sell their sustainable and or handmade treasures with the world.





# abygaille 'aby' mendoza

Meet StarCentral's Fashionista of the month

**M** Being named as StarCentral Magazine's Fashionista of the Month for July 2013 is definitely the beginning of bigger things for Abygaille 'Aby' Mendoza! Though relatively new to the fashion industry, she was nevertheless named as this month's winner. The 24-year old Australian Filipina, is currently working to complete a Bachelor of Education degree and hopes to one day combine that degree with being a fashion model.

1. What first interested you in style/fashion/make up?

I just love the confidence it gives me.

2. What made you decide to make it into a career?

I haven't made it into a career just yet but I was already thinking about it in the future.

3. What do you enjoy most about style/fashion?

What I enjoy about style/fashion is the mix and matching of clothes and doing different styles.

4. Do you have a specific inspiration that keeps you going in your career?

I just personally love fashion and lookbooks while Instagram and Tumblr inspires me a lot more.

5. What has been the most memorable experience of your career so far?

I have not experienced anything memorable yet but I would love to be featured in a magazine one day.

6. What has been the most valuable lesson you've

learned. This can be about the industry or about yourself. Or both!

The most valuable thing I have learn about myself is to love myself first before I love something else.

7. Is your family supportive of your career?

My family is supportive with the Degree I am getting and I am doing fashion as a hobby for now.

8. What are your future plans? Inside your career or out of it.

I want to be a full time teacher and be a clothing model at the same time.

'LIGHTNING FAST' Round:

1. What is the one beauty product you can't live without? Foundation

2. What is the most dramatic thing you've ever done to change your looks? Bold MakeUp Look

3. What is in your makeup bag when you travel?

Blotting paper, pressed powder, lots of lipstick, lipbalms, powder brush, eyeliner, blush, perfume

4. What is the one "flaw" you wouldn't change about yourself?

One flaw that I wouldn't change about myself is being tough.

5. Your best guilty pleasure... One word - "SHOPPING"



*seanpleta '11*



# CHANDLER MOGEL

Meet StarCentral Magazine's Unsigned Male Artist for the month of July

Not being associated with a major label has certainly not stopped Chandler Mogel, StarCentral Magazine's Unsigned Male Artist of the Month for July 2013! Earning critical acclaim and the respect of his fellow artists, the 33-year-old rock singer/songwriter from New York, USA has collaborated with numerous hard rock bands such as The Feckers, KHAOS and Outloud. As a soloist, he has been the featured singer at prestigious events held at iconic New York locations such as the Plaza Hotel and the Waldorf Astoria and he has performed alongside music notables as varied as the Eagles and Frankie Valli to Pitbull and Flo Rida, and so much more. He has also performed the lead role on the cast demo for a new musical, 'Daniel in Babylon', based on the book of Daniel from the Bible. His versatility and incredible talent will no doubt mean that the sky is the limit for Chandler Mogel.

1. What do you enjoy most about performing?

The opportunity to be able to communicate to people. Sometimes the challenge of it.

2. When did you first perform and where?

It was back in 2003 at a big barn in the middle of nowhere! LOL I think there was a goat behind the stage at one point, but we weren't playing death metal so we didn't sacrifice it or anything!

3. Do you have a specific inspiration to keep performing?

Of course – the drive to help others, to give something back and to provide people with a release from all the crap they may go through during their daily lives.

4. What was your most memorable performance?

Probably the Outloud headline show at Kytaro, Athens Greece, back in December '09! It was a great show, great crowd and a great feeling of friendship and support from the fans and everyone involved.

5. What are your future plans for your career?

To become a mainstay in the hard rock arena. On a more immediate basis I'm working on the 3rd Outloud record, and also working with a new band called Khaos, out of Switzerland. Our first full length album is almost complete – I'm very excited as it's some of the best material I've ever written and I can't wait to share it with everyone!

6. Is your family supportive of your career?

Yes definitely. They are both very loving people; my father raised me on a lot of great music and I consider that my roots for what I'm doing now.



# MICHAELA PONTING

Meet StarCentral Magazine's Unsigned Female Artist for the month of July

For Michaela Ponting, StarCentral Magazine's Unsigned Female Artist of the Month for July 2013, it was always the music and its ability to evoke emotion that drew her to the craft. It's no wonder since her early training was in opera! She is an avid lover of musical theatre and has starred in several productions to great reviews. But her love for music spanned all genres and her powerful voice has impressed in such varied styles as rock, country, pop, indie and so much more! Whether it's on stage or on her own in front of a microphone, there is no missing this incredibly talented young Australian!

1. What do you enjoy most about performing?

It is such a rush. Every time is different. So it is exciting and new every time you step out onto that stage, because every time you have a different audience. That's what makes it so exciting. I've been performing since I was five and I still get nervous but that's how it should be. Otherwise you lose that thrill and excitement. This is what I wanted to do when I grew up.

2. When did you first perform and where?

The very first time was in pre-school. It was Christmas time and I had the solo part in Silent Night. My teacher went up to my mother and said I should get taught as I was very good. I have been performing ever since that day.

3. Do you have a specific inspiration to keep performing?

I was once told that there is a seed planted inside of every creative person. You cannot ignore it, no matter

how hard you try. I love what I do. Nothing fulfills me more than entertaining, it's what I've always wanted to do and it is the only thing that makes me whole. I get inspired by other artists. My idol is Bette Midler. I love how she entertains and how she portrays the emotion in a song. I also have a huge passion for musical theatre. It's when you listen to music that you feel it. This is what I want to do.

4. What was your most memorable performance?

Every show is memorable for its own reasons. I had some wonderful experiences and have worked with some amazing people. Doing the huge big arena shows are always fun and exciting. Honestly, I believe the best is yet to come.

5. What are your future plans for your career?

Watch this space people! lol I have some great shows in the pipeline and I'm honestly so excited about them.

6. Is your family supportive of your career?

My family are my biggest fans! My mother has never missed one of my shows ever! My mum has been so amazing right from the start and continues to be my critic (in a good way) and my biggest supporter. My family certainly helps keep me grounded and that's what I cherish most about them. If you do a great job they will let you know however if it was just average they are not afraid to let you know either! That's how it should be. Sorry, I truly don't have the sob story that most singers have! lol







# megan annabella FIELD

Meet StarCentral Magazine's Dancer of the month

Dance has always been described as a beautiful form of communication that doesn't need words. Megan Annabella Field was so successful at this form of expression that she has been named as StarCentral Magazine's Dancer of the Month for July 2013! Music and dance is an integral part of the 22-year old Australian's life from her work as a dance instructor at 4 schools all over Sydney, to the fledgling music production and entertainment company, PROEMIUM, that she has begun with her partner, Michael. There really is no telling where this talented young woman can go!

1. What do you enjoy most about performing?

I enjoy entertaining people. There is nothing more inspiring and motivating than when a person is moved by your performance. When throwing my entire body and emotion into such a state of vulnerability, knowing that at least one person in the audience felt the passion and motive behind my actions, makes me believe that it is a job well done.

2. When did you first perform and where?

I first performed when I was 4 years old in my local town hall. This was when my mother signed me up for Jazz. I have not stopped since that first year until this day building my repertoire of dance styles and techniques.

3. Do you have a specific inspiration to keep performing? (a person, an event etc)

Some people may say the big artists in the entertain-

ment industry are their inspiration such as Beyonce, Michael Jackson or Justin Timberlake. All these artists influence me as a performer and I definitely aspire to be like them and their backup dancers, but making an impression on someone through dance really inspires me for my next performance. I believe that everyone can make a change in the world and that my way is making someone feel emotion through a performance, whether that feeling be happy or sad they are being taken away from their daily problems for that 3 minutes of their life to experience another journey.

4. What was your most memorable performance?

My most memorable performance would be performing with Kelly Rowland at the Mardi Gras after party. I don't think I have ever heard a crowd be louder than the music. What I felt on stage was purely ecstatic.

5. What are your future plans for your career? (Inside the performing industry or out of it).

Future plans for my career at this stage are to step out of my comfort zone and out of the norm of my everyday training and start learning new styles of dance. There are plans in place to head over to L.A in the near future to train and broaden my knowledge of dance. Meanwhile, my partner and I have just opened a new business in Entertainment and Music Production "PROEMIUM." We are based in Sydney and are hoping to work within the industry producing high quality entertainment and music production for corporate, festival related to private clients.



BEAUTY GURU OF THE MONTH

# Tori STERLING

Tori Sterling (StarCentral Magazine's Beauty Guru of the Month for July 2013) was only 12 years old when she first came upon make up tutorials on YouTube. She had always been interested in the beauty industry. First wanting to be a manicurist, then a hairdresser, her interest then evolved to becoming a fashion designer and now a makeup artist. She now has her own makeup studio at her home where she aims to give young girls an affordable makeover for a special occasion. Added to that achievement, her fledgling YouTube channel now has nearly 8,500 subscribers! Not bad for the 15-year old from Pennsylvania, USA!

1. What first interested you in style/fashion/make up?

I was always interested in beauty. I would watch my mom do her makeup in the morning and I would always ask to do it for her. I would also "paint" my cousins nails with the plastic nail polish or actually paint my dad's nails purple. I was on YouTube for whatever reason one day and I found a Katy Perry makeup tutorial, I stayed up all night that night watching makeup tutorial after makeup tutorial, I've been hooked on beauty for as long as I can remember.

2. What made you decide to make it into a career?

When I was younger, I would paint my neighbour's nails and charge them for it as a fun way of earning money, soon after that it became hair that I was fascinated in and it has evolved into makeup. I quickly became known as "the makeup girl" where I live so I thought about doing makeup for prom, weddings, birthday parties, etc. When I started my channel, I realized I could make a few extra dollars off of my channel. As of right now it is my only source of income, being that I am only 15, but I will most definitely pursue this career as I grow older.

3. When did your career start?

As mentioned above, I was 12 or 13 when I had my first client for Prom, her name was Holly and I used my own makeup with new palettes that I bought. Soon after that appointment, I came to grounds with how much I enjoyed doing other people's makeup and it rocketed off from there.

4. What do you enjoy most about style/fashion?

Fashionistas are people I envy tremendously. I love clothes and fashion but what I like most about it is the confidence that comes with fashion and personal style. Fashion does not have a look that one person or brand MUST have to be accepted. Fashion comes with who the designer is, they are accepted for themselves and that is what I love most.

5. Do you have a specific inspiration that keeps you going in your career?

My subscribers on YouTube. Without my subscribers, I would never have been given any of the amazing opportunities I have been given. Because of my subbies, as I like to call them, I have been able to be accepted for the only person I am, and they love me for it. They do not expect me to fit a mold or change, they expect me to stay true to myself and be in the industry I love, which is why they are my biggest inspiration.



# adrian EASTON

Meet StarCentral Magazine's Male YouTube Artist of the month

They called themselves the 'Adriatics' and it's not after the sea in Greece! They are the loyal fan base of Adrian Easton, StarCentral Magazine's YouTube Male Artist of the Month for July 2013! With both parents being impressive musical talents themselves, it is no wonder that their passion for music was passed down to the 16-year old Easton. The Connecticut, USA-based singer of Italian/Polish descent is also a secret computer nerd! But even that talent has been channeled into his music – into creating professional-quality music videos. "Music is my life...I truly believe that it is the one thing in the world that makes everyone happy..."

1. What do you enjoy most about performing?

For me, it's all about making people happy. I love it when people are having fun and just enjoying themselves. When I am the reason that someone else is happy, it's the best feeling in the world.

2. When did you first perform and where?

The first place I ever performed was in my elementary school talent show in kindergarten. I've always wanted music to be a part of my life since the beginning; I remember when I was little seeing people on stage performing and doing what they love and I knew I had to be a part of that.

3. Do you have a specific inspiration to keep performing?

My inspiration is my love of making music. I am incredibly passionate about every song that I write and everything that I do. I'm a huge perfectionist, and continuously try to further expand the quality and sound of my music. If I were to pinpoint one specific thing that continues to inspire me every day, it would be my Adriatics (my fan

base)! I literally have the most supportive, amazing fan base anyone could ask for! They all make me feel like I can do anything because of their unconditional love & support for what I do! They have already made everything I've done worth it.

4. What was your most memorable performance?

My most memorable performance was in Faneuil Hall in Boston. I was having just a small preview of what I usually do, and all my fans showed up. It was the most humbling experience of my life to have such a loyal fan-base come out and not only cheer, but scream and shout and turn a small promo event into the most memorable performance of my life.

5. What are your future plans for your career? (Inside the performing industry or out of it).

I definitely want to take my music career all the way to the top. Failure doesn't exist; it's not an option. I've already succeeded because I am doing this for the right reasons and am doing what I love. Now it's just a matter of making music that I love and that people will love, and getting it out there! I'm releasing my debut album "Mixed Signals" sometime in late June or Early July! Expect to see it on iTunes as soon as possible! Currently, my debut single "Us" is already available on iTunes!

6. Is your family supportive of your career?

My family 100% supports what I am doing. My dad was in several rock bands in high school and is totally supportive of my love of music. My mom was also in bands and is a singer as well. I know that they would be supportive of me no matter what I wanted to do, and I know they're already proud of what I've accomplished so far! My dad also helps produce and edit my songs with me and a few other professionals.







# FRIDA roos

Meet StarCentral Magazine's Female Youtube Artist of the month

For Frida Roos, StarCentral Magazine's Female Youtube Artist of the Month for July 2013, heart is just as important as talent. Her inspiration for this mindset is Canadian singing powerhouse, Celine Dion. The 21-year old Swedish singer/songwriter admires how the megastar helps others when she can. But Frida is more than just a singer, she is also a budding fashionista! Her friends have come to rely on her for outfit advice as well as doing their makeup and hair. For such a multi-talented young lady, the future is certainly full of exciting possibilities!

1. What do you enjoy most about performing?

I love how my audience and listeners really appreciate my singing and perhaps bringing some happiness in their life.

2. When did you first perform and where?

The first time I performed was when I sang with a Swedish singer named Shirley Clamp. It was at a community sing-along event (Allsång i Fornbyn) and I was twelve years old.

3. Do you have a specific inspiration to keep performing?

My inspiration is Celine Dion. The fact that she sings amazingly and also helps people who is in need – that makes her the greatest inspiration of all.

4. What was your most memorable performance?

The time when I sang along with Shirley Clamp on the stage was certainly the most memorable perfor-

mance. The way we hit it off with the audience was incredible and writing autographs sure was fun!

5. What are your future plans for your career?

My future plans is to be recognized more and make my way up to the top. I want to be the inspiration for others, just like my idol Celine Dion!

6. Is your family supportive of your career?

Yes, they really are. My sister has helped me a lot with making and producing my covers. I love my family who's always been there and supported me from the very start.

'LIGHTNING FAST' Round

What haven't you done yet that you wish you could?

Visit places I have never been to before, like Paris and Las Vegas.

Favourite place in the world and why?

Behind my microphone! Because that's where I make my covers and work on my own material.

The 5 things you can't live without?

Music, friends, hairspray, family and .. my mobile-  
phone!

Your best way to combat nerves....

Take a deep breath and think "You can do this!"



experience  
*Elegant*  
BEAUTY

MARGARETT DE GUZMAN

HAIR AND MAKEUP ARTIST

*specialize in:*  
\* hairstyling  
\* traditional makeup  
\* airbrush makeup  
\* spfx/prosthetics

weddings \* debuts \* school formals \* special events  
photoshoots \* fashion show/events  
print Ads/T.V. \* editorials \* films/spfx



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# TOP FOUR GIFTS YOU CAN GIVE YOUR BOYFRIEND



Buying gifts for women, more often than not, is a no-brainer. Most women are emotional Homo sapiens, who will have their hormones jumping for joy with just a bouquet of flowers in sight. A box of chocolates or an adorable stuffed toy does the trick just the same. On the other hand, giving gifts for men is like venturing into uncharted territories. Most girlfriends (and even wives) screw up this "annual charge" for the very simple rationale that a man-gift says a whole lot about how much you know (or don't know) about your guy.

If you want to be on the safe zone, here are a few fail proof gift ideas that will have your man thanking you the whole year – and no, they don't include ties, belts, boxers, or those cufflinks that have cost you a fortune last year.

## Unique and/or High-tech Electronics

Men love things that do things. Whether it's a remote-controlled beer cooler that comes to him on just a key-press, a highly innovative shaver, or that "smokeless" ashtray that he's been raving about on Ebay, electronics are almost always a great buy. The key here is knowing your guy better. If novelty electronics are not his cup of tea, then you can always raise the bar and buy him a new phone or that gaming console that he can't seem to afford with his tight paycheck. These things can be a bit pricey, so be sure to assess your finances before you swipe that plastic just yet.

## Watch

A man's watch shows a lot about his individuality. An old fashion adage says that, "All men need to invest on a pretty decent watch at least once in their lifetime." Men barely accessorize, and when they do, it has to be something that's worth a second look. Great timepieces are always sure winners in the gift-giving scene. However, that rhinestone-studded watch may not exactly spell m-a-n-l-y. For men, less is more, so you may want to steer clear from overly ornamented timepieces. Stylish male watches thrive on ultimate functionality and minimalist architecture. Depending on your budget, quality watches can range from a little over two grand, up to 5 or 6-digit figures. NEVER buy knock-offs, because this can suggest a negative impression or mask your genuine intentions towards your guy.

## "Valued Notes"

No we're not talking about treasury bills or bond notes here. Papers need not have dollar signs to be of value. There are actually papers or sheets that he'll deem valuable. It can be a front row ticket to his favorite band or artist's concert, a VIP ticket to his preferred sports event, a membership certificate in that MMA gym, or maybe an entrance stub to that exhibit that he's been telling

you about. Again, the key is KNOWING him beyond name, address and phone number. Here's a post-note, always buy a ticket for two without including yourself. Tell him that you've bought a ticket for him and his best bud to enjoy the show or the event. If he says he wants to watch it with you instead, then that's an added bonus. But don't automatically "invite" yourself into his world. Wait for him to make the offer, and if he doesn't go to that UFC match with you, consider it as additional ultimate-girlfriend points right up your sleeve. After all, not all partners are "cool" enough to give well-thought out gifts the way you do.

## Growth, Travel, and Adventure

Learning together and growing individually are both requisites of a healthy relationship. As a couple, you have to find ways to help your partner discover his strengths and overcome his weaknesses. If your guy loves cooking, then you may want to enroll him on that 3-day crash course on the basics of Asian cuisine. If he's the surf dude or the usual summer buff, then scuba diving lessons might just make his day extra special. You can also think of getting plane tickets to a place that he plans to visit for the first time. This could be the best time to discover the place together, and have an ultimate getaway. If you are budget conscious, think of "the-next-best-thing" option. For instance, instead of bringing your surf guy to the pristine waves of Siargao, you may want to consider a nearby location that will have lower costs, but equally thrilling surf waves. The thought here is to come up with a "progress gift" that will have intangible results. Whether it's a fun self-enhancement seminar that will improve his self-esteem, or a sky-diving lesson that will let him overcome his fear of heights, your gift should have an impact – either on his physique, his mentality, or his self-image.

Giving your guy a present doesn't always have to include a Google search. If you know your guy well enough, then a birthday or Christmas gift should not be anywhere near nuclear physics, so to speak. Costs shouldn't always matter because there are still tons of no-cost gifts that will prove to be fail-safe for any guy. You can make an effort to cook for a surprise dinner or maybe prepare a simple video tribute showcasing his strengths and his best qualities as person. The magic words are familiarity and effort. Make an effort to know more about him, and the things that make him happy. If you are gonna shell out a big sum for a costly gift like a signature watch or a plane ticket (that's not on seat sale), be sure that he's worth every cent. It's gonna be hard letting go of that hard-earned cash if you're a beaten up girlfriend trying to win him back, or if you simply want to impress your guy to get his attention. If he deserves it, then by all means, pamper your man on his big day. After all, a great guy deserves to indulge once in a while.



# TOP 3 REASONS WHY PEOPLE BREAK-UP

We all have preconceived notions of what construes as an ideal relationship. More often than not, factors like age, life priorities, and character define the route that couples will take after months or years of exclusive dating. While some are lucky enough to walk down the aisle and say their "I do's," some couples were just not made to last, and do not really translate to that match-made-in-heaven category. Here are three most common reasons why couples head to Splitville and decide to finally call it quits.

## **Infidelity. Always a Classic.**

Cheating is a major deal-breaker, whether or not your partner finds out. Infidelity, when caught, can trigger a bomb that you weren't even aware existed. From flaring tempers to a series of angry outbursts and hateful remarks, cheating can generate ill feelings that can end any relationship in an instant. Quite a few manage to move on from a cheating partner, and if they do, the entire healing process becomes a phase that seems to take forever.

When betrayal happens on the sidelines and the aggrieved party doesn't find out, the effect is as damaging anyhow. Men who cheat on the side end up canceling dates or "missing" your phone calls. These, in turn, can affect the intimacy and gradually ruin the relationship. In some cases, undetected cheating slowly eats your guy into becoming guilt-freaks or paranoid-psychos. Either the guilt consumes him or the paranoia strains the relationship.

The misconception that cheating should involve another relationship is definitely a falsehood. That "text buddy" that your girlfriend or boyfriend doesn't know about, or the "platonic friend" whose text messages have been restricted with a password, these are understated ways of betrayal that tell you something's not right somewhere. Either you become blatantly honest about this person, or you totally cut ties to save your relationship. It's always your choice.

## **Abuse – in "all forms and sizes"**

Verbal, physical, or emotional abuse is an encroachment of your partner's wellbeing. You should have zero tolerance against any form of violence in a relationship. In some cases, abuse is restrained or understated. Calling your guy or girl waggish, embarrassing names may sound funny to your friends, but it may already be gently stripping away his self-respect and confidence.

In more serious cases, abuse comes in two colors – black and blue. While abusive men already show signs of vehemence at the onset of a relationship, some women ignore the "early warnings" and wait 'til they become black and blue before they make the painful exit.

Another form of abuse is financial extortion. While it's okay to occasionally borrow from your guy when you get stripped of cash, constant unpaid "loans" may already translate to coercion. When he does the math and realizes that a quarter of his paycheck already pays for your rent or your sister's tuition fee, then don't be surprised if he'll be initiating a breakup months before your next anniversary date. Conversely, when women get back to their senses and fathom the fact that they've been buying way too pricey gifts just to get your undivided attention, then it won't be long before she calls it quits too.

## **Inhibited Growth**

Passion and ambition are strong driving factors. Too much or too little of both can send promising relationships into ruins. In an online survey, 18% of respondents have mentioned that their partner's lack of ambition was a turn off that triggered them to pull the romantic plug instantaneously. For women, a man with a sense of direction signifies security in case they raise their own family in the future. For men, women who have a strong drive to succeed signals individuality and confidence – and confidence is always sexy. Determination is contagious, but so is indolence. Sluggish partners can most probably affect your work habits and maybe cost you precious deadlines.

When a relationship feels stagnant with zero growth and barely noticeable progress, then you're sure that your relationship is heading down south. Individual growth is an imperative as it establishes a firm foundation of independence. You can't let your world revolve on your partner alone. Being clingy is an absolute break up junction. Give room to let him have boys' night outs, and spend time with your girlfriends too. Let each other outgrow the childish habits without sounding like each other's mom. Let them grow in their own world, and then discover new things together. This way, your relationship will be a seamless integration of each other's success stories. If you want your relationship to last, growth and maturity will need to form your fundamentals. Otherwise, your story will just be another untold fairy tale that never had an ever after.







# How to break into the Modelling Industry

There are literally thousands of young guys and girls (just like you) wanting to break into the modelling world. But it ain't all that easy at the end of the day. Of course for some people you can just tell-WOW they're just born to be a model (damn them!). But for most of us who are lacking in perfect, model-esque genes then it can be a bit harder to get there. With the following tips, you're sure to be one step ahead of all other model wannabes.

So you've made the decision that you want to be a model. Ok, that means you've got to start eating, exercising and thinking like one. No more late night trips to Max Brenner (awwww). Make sure you start hitting the gym, yoga or any other exercise which will firm up those pesky tuckshop lady arms. Even if you want to get into plus size modelling - you've gotta be firm people! Most importantly BE CONFIDENT, believe in your ability. Don't tell people you're 'trying' to become a model, tell them you ARE a model.

Fit and healthy - check! Now its time to really get into the fun stuff!

First things first - whenever you are going to approach ANYONE in the industry, the first thing they'll ask you for is your look-book or portfolio. And I'll tell you what, those happy snaps taken last Christmas just ain't going to cut it! You need to build a professional portfolio, which can usually cost upwards of \$600! But don't fret

-websites like Starnow and Model Mayhem are fantastic places to get into contact with photographers, makeup artists, stylists, the list could go on. Like you, they're working on expanding or building their portfolio too so usually the artists on these kinds of platforms work on a TFP (time for photos) basis. Basically, all parties give up their time and everyone gets a free copy of all images taken and usually some touched up photos. TFP shoots are also a great way to network and get advice from people who may be more experienced than you. Always try to make friends with the people you work with. You never know what doors they could open for you.

Now that you are a model with an amazing look-book, it's time to start approaching agents. Send a concise, friendly and professional email to all the agents you're interested in, along with six killer photos. Always ask for other people's advice on the photos you send. Usually, the photos you like of yourself aren't the best choices. Email your dream agents first and always ask for their advice on your look. If none of those are interested, don't give up. Remember, Tyra Banks was rejected from seven agencies before she was signed! It's incredibly competitive out there, so don't be disheartened by a few rejections.

I guess the questions at the end of all that is; is it all worth it? There is no doubt modelling is a tough and sometimes nasty industry, however, when you're in - its a whole lot of fun!



# THE STEP BY STEP GUIDE TO CONQUERING *Pre-audition Nerves!*

By: Holly Phillips

EEEE! You've just received a call from your agent telling you in four days you've got an audition. After you sprint around the house twenty times, eat a Mars Bar in 3 seconds flat and tweet #omgsoexcitedicoulddie.... The dreaded thought kicks in - WHAT AM I GOING TO DO NOW!!? Don't panic! This step by step guide can ease all those pre-audition nerves.

## Step 1

Read the whole script first. I know what you're thinking - DERRRR! However, you'd be amazed how many actors just jump straight into trying to analyse as they read a script for the first time!

## Step 2

Break it down now! And I don't mean in that cool, hipopotomas kind of way. Breaking down your script is so important. Otherwise, how are you supposed to know who you are as the character!? It may seem time consuming - but trust me, it really does work!

## Step 3

Don't follow the leader! Greg Apps from Greg Apps Casting recently posted on Facebook how great actors don't simply follow the directions given to them. Think of the staging directions as more of a basis to improvise. Do what you think the character would do. After all, that's what makes it YOUR character.

## Step 4

Lights, Camera, Action! Practice (but not to the point of regurgitation) and film yourself so you can see exactly what the Casting Director is going to see. This is great to see any little habits you never knew you had. There is no excuse not to do this, even if you don't have a smartphone (which I very much doubt!), you'll surely have a mirror to look into!

