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Cover

Kahli Morrison

Find out more about our 2013 Covergirl Winner!



### OPENING REMARKS



It has been nearly 9 years now since we released the first ever issue of StarCentral Magazine and I want to both share a couple of thoughts as well as wish you all the best for 2014. Firstly, I want to thank the great people behind StarCentral Magazine who are tirelessly working behind the scenes to ensure that our magazine and website is in tip top shape. You should all be proud of the significant contribution you make to the overall StarCentral business. Like any business there are, of course, ways we could improve. Working together, I am confident that we can elevate StarCentral Magazine to an even higher level this year. I'm definitely looking forward to working with you all again this 2014, and for those of you who just came back from a break, I hope you enjoyed some much needed quality time with family and friends. God bless.

Mike Ilagan Associate Editor





Anjelica Whitelaw

Get to know StarCentral Magazine's first runner up.



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### editor's notes

A wise man once told me that New Year resolutions are just wishes if they're not paired with a plan of action. It's no use saying 'I'll get healthier this year' without detailing exactly how you'll do it. Successful people, whether they're a performer or an entrepreneur, apply this little piece of wisdom every day. They put together timetables, action plans, take classes to hone their skills, take advantage of any marketing avenue to make themselves and/or their brand known to the public. And what will all this hard work result in? They get to see their dreams coming true. The poet, Henry David Thoreau said: "Most men lead lives of quiet desperation and go to the grave with the song still in them." So, don't let 2014 go by without you taking that chance to make your dreams a reality. Create a second column next to your New Year resolutions. Make sure it's entitled: "ACTION." Happy New Year, everyone!

> Jenny Alunina editor in chief

affect the accuracy of the copy, for which StarCentral holds no responsibility. The opinion of contributors are not necessarily those of StarCentral staff. StarCentral disclaims liability for those impressions.



While every effort is made to ensure the information in this magazine is correct, changes may occur that THREE SIMPLE HABITS THAT CAN

Ask any entrepreneurship expert and they would tell you that the core principle that dictates a bankruptcy is poor cash flow. Even if a business is in a lot of debt but follows a solid system of positive cash flow, and a close monitoring of returns and payables, bankruptcy is less likely to happen. If you are a rookie entrepreneur, you may want to watch out for seemingly simple things that can potentially hurt your business, and lead to its insolvency.

Small, Unnecessary Purchases

So you've just opened your business and you start buying all these interior design accent pieces that can't really promise an influx of customers. In some cases, some owners get too obsessed with "cheap" buys not realizing that these small amounts pile up too. Think of the few hundred dollars spent on décor and a nice coffee table that could have been used to pay your power bills. Remember, the goal is to have a fast return on your investment, so you may want to stop spending on unnecessary, inexpensive buys because those "discounted" prices add up too.

Hiring too Many Staff too soon

The success of your business is directly proportionate to the amount of work that you put into it. At the onset of your venture, try to minimize your expenses, including employee salary. If you can do away with just one or two helpers, then by all means, hire less. Most successful startups have owners who went through sleepless nights, survived on home-cooked meals, and some even had to be their own store's painter, janitor, and handyman. Salaries are part of overhead expenses and if you can cut cost on overhead, you can direct your funds on better channels such as marketing and lead creation. The last thing you want is to overlay your employees because you can't afford to pay their wages any longer.

**Poor Accounting** 

There is a misconception that small businesses do not need painstaking accounting work. You raise a capi tal, earn, and that's about it... Wrong! The fact is, small businesses need more accounting work in tracking how the money spent on rent, stocks, supplies, and contingencies compared to big, stable corporations who already have a system in place. Other miscellaneous expenses should also be listed and itemized so you can check if you're spending too much on minor things. This will also help you decide on expenses where you can cut down and save. Ideally, your operational expenses should not exceed your average daily or monthly income. If you lose sight of where your money is going, it may be too late for you to realize that your business is slowly losing money, and everything can be gone at your own expense.

If you're frugal and prudent enough, you'll know the things that deserve a chunk of your startup capital, and those that can wait for later. Maintaining healthy cash flow can be tricky, and there WILL always be lean months where you're almost just break even. Regardless of these challenges, resilience and the ability to adapt and redesign your business strategies can draw the line between bankruptcy and brand endurance.



## MEASURING UP THE WEIGHT DEBATE SINGLE STATE MEASURING UP THE WEIGHT DEBATE SINGLE STATE MEASURING UP THE WEIGHT DEBATE

By: Patricia Higgins

For women being svette, slim or even skinny has been a perpetual ideal. It's about those last kilos that won't budge and about counting and denying an excess of calories – feeling guilty about that bar of chocolate or envying that impossibly thin editorial model. And, in the battle for weight loss the scales are the barometer of self-esteem.

Lately though, attitudes do appear to be shifting – in a very general way. While long lithe limbs and jutting hipbones will always be the paradigm of beauty on the catwalk and in editorial, it is becoming fashionable to be fit. Chances are if you take a look at your Facebook news feed that at some point you'll find memes such as "do you even lift" and "she squats" on there.

But what if it wasn't about what you lost, but what you gained?

Not so much in weight... but in strength, health and muscle tone.

What if fitness was the primary objective and not a specific, perfect number on a scale?

In and absurd physical standards such as "thigh gap".

However, the biggest difference in both approaches (an aspiration to have a fit body) is in

For a lot of people a fit body is becoming the ideal over a skinny body. It's all about working out and willpower. It's about nutritious food to fuel the body. Mostly, it centres on the idea that looking fit, toned and muscular, as a woman is desirable. Fitness models are becoming more and more in demand and "Fitspo" (or fitness inspiration) is a trending topic throughout social media. Photos of ripped, lean and taut bodies and healthy, low calorie meals are posted as aspirational fodder for followers on Facebook, Twitter, Instagram, Pinterest etc.

This fairly recent explosion of "Fitspo" is in direct contrast to web epidemics promoting anorexia that have been in existence for some time. The very scary "Pro Ana" or "Thinspiration" agenda is an online sisterhood of food avoiders and fat haters that post advice such as "40 reasons to starve today." The top tip to be

found on a "Pro Ana" website? "Wear nail polish to cover up the bluish tinge that starvation gives you so others don't suspect it as much."

"Pro Ana" is, undeniably a very alarming example of an over reaching, incredibly unhealthy and sometimes deadly need for women to be thin – to subscribe to a body image ideal. The archetype for the "Fitspo" devotee manifests in the lifestyle, behaviour and attitude of the fitness model. And, there certainly is a strict criterion for someone with a fitness model physique: numerous hours in the gym, avoidance of alcohol and the strict consumption of healthy low calorie food. Following the fitness trend can/does require specific expectations and pressures – for example the use of protein shakes, supplements, very low body fat and absurd physical standards such as "thigh gap".

However, the biggest difference in both approaches (an aspiration to have a thin body or an aspiration to have a fit body) is in their application to the extremes. While it is possible to be addicted to exercising, being strong requires energy and nutrition as a prerequisite. Gaining muscle boosts metabolism and cardio vascular training improves the heart, circulation and overall health. This is in stark contrast to strict diets/fasting and starvation – often resulting in poor health or even death.

To weigh it all up, it is important to note there is more to the body image debate than Fit vs. Skinny. There are many different body types and lifestyles. However, where once the mantra of "nothing tastes as good as skinny feels" (courtesy of a pre-pubescent looking Kate Moss) was bandied about amongst the era of heroin chic, in today's digital age "strong is the new skinny". Perhaps the public's ability to engage in dialogue and preferences on the topic are influencing a shift in attitude that is beginning to filter through to the media – as opposed to the other way around.

While there's no denying that there's always a prescription to follow when it comes to body image alternatives (whether fit or skinny) the increasing representation of strong, fit and toned women as desirable commodities is a welcome and refreshing phenomenon.

# THE TRIPLE THREAT TO YOUR ACTING CARFER

The Trunchbull's deadly triple threat was shot-put, discus and hammer throw...
much to the dismay of her students, no less. As an actor or model your triple
threat isn't quite as brutal but equally important to your career; your hair, skin
and nails!

As we all know, most of the decisions are made about our fate within the first thirty seconds of meeting with a new agent, casting director or client. With that said, it is important that you make yourself truly shine from the very first instant. That is to say, before you say a word, you need to be protruding a seriously sexy vibe!

### HAIR

Your hair is probably the most memorable thing about your look. Whether you like it or not, your hair is your signature. It is one of the first things people will use to describe you. Think about it... I bet all StarCentral readers would've described someone like that 'short, brown hair...' You want to make your hair popt How? Easy - all hair is different but if you follow these basic steps you'll have luscious and memorable hair in no time. Always shampoo twice! It's so important and people rarely do it, shame on you all Leave your conditioner in for about 5 minutes and wet comb it through your hair whilst you're still in the shower (always use a wide tooth comb). If you can avoid it, try not to use the hair dryer. When your hair is dry, rub some oil (I love Moroccan Oil) into it, focussing on the ends. Try and use a protein treatment at least once every two weeks too, especially for all you blondies. Of course, brush everyday and make sure you really massage your scalp when you brush! Voilá, beautiful hair!

skin and nails!

By Holly Phillips

The Trunchbull's

deadly triple threat

was shot-put, discus

and hammer-throw... much to the dismay of

her students, no less.

As an actor or model

equally important to

your career; your hair,

quite as brutal but

your triple threat isn't

Moisture, moisture, moisture! It's all about the moisturiser! Both J.Lo and I swear by full body moisturiser. I moisturise every night just after my shower, while my pores are still open from the warm water. Believe me, It makes a huge difference to your overall appearance. Before you pop into the shower, it's a good idea to use a dry brush and give your skin a gentle exfoliate to increase blood flow, and ladies, this also helps to reduce cellulite. Yippee! Of course, wear sunscreen when you go outside too. There is nothing worse than premature wrinkles or sunspots on young actors or models!

### NAILS

SKIN

As small as they may be, your nails are very prominent when entering a room. You'd be amazed how much your hands help you communicate. Usually there's going to be a hawk-eye agent in the room who can spot a broken cuticle quicker than Kim Kardashian's first marriage. I'm not saying you need to go all out and get a French Manicure, but it definitely won't hurt! Either take the time to give yourself a manicure or treat yourself and get one professionally. Whatever you do, don't go into a casting with broken or chipped nails! Trust me, the panel will notice, and they won't like it!



## TOP 10 CLUBS FROM AROUND THE VOICE TOP 10 CLUBS FROM AROUND

Whether you want to dance the night away or simply sit and sip a martini, there is the perfect place just around the corner, or alternatively, the perfect spot across the globe!

### 1. Cielo, New York City, US

Known as the city that never sleeps, New York is home to Cielo - a timeless club with an intimate atmosphere and state-of-the-art interior. Specialising in electronic music, Cielo is the perfect hub for a more mature crowd, sans the snobbery of other upscale bars. With the best DJs, impeccable service and striking decor the space is perfect for dancing and mingling the night away.

### 2. lvy, Sydney, Australia

Sophisticated and stylish, try in Sydney has been described as "an urban playground for grown ups". Designed to entertain, this lavish multi-level venue spoils its patrons with eight bars (including the only rooftop pool bar in Sydney), a huge dance floor and three award-winning restaurants armed with mouth-watering menus and impeccable service. Trendy, fun and often a little wild, Ivy is a glamorous oasis in the heart of the city.

### 3. Nightjar, London, UK

Described by bar co-owner Edmund Weil as, "old school glamour, surprising cocktails, live music, top service and a very special atmosphere in a space which is never overcrowded", Nightjar is hidden by it's deceivingly ordinary shop front. However, inside, descending down the stairs lies a hip, jazzy basement with live entertainment from some of the best jazz musicians in London. With its talented bartenders, knowledgeable floor staff and array of delicious cocktails, Nightjar is becoming one of the trendiest bars in London.

### 4. Scorpion Night Club, los, Greece

The island of los is notorious for having the best party scene in Greece and living up to this expectation is Scorpion Night Club. Making a name for itself as the most famous club on the island, Scorpion allows you to forget your inhibitions and get lost in the captivating night laser show and non-stop music.



PHOTO SOURCE BESTCLUBSIN.COM



PHOTO SOURCE: COUPLEOFYUPPIES.COM



PHOTO SOURCE IOSGREECE.COM



### 5. XS Nightclub, Las Vegas, US

An elegant club environment described as an "ethereal palace" with breathtaking decor, its design was inspired by the curves of the human body. Accommodating and attentive staff, XS Nightclub is said to be where all the pretty people party. A huge and expansive venue the club has a fantastic ambiance and boasts a not-to-miss pool party every Sunday night.

### 6. Prive Luxury Club, Taguig City, Philippines

An opulent venue surrounded by beautiful people and world-class entertainment, Prive Luxury Club is an extravagant boutique-style nightclub. Located in The Fort Strip of Bonifacio Global City, Prive has a swanky bar and lounge area furnished with decadent designer interiors set for a night of debauchery.

### 7. Womb, Tokyo, Japan

Home to the largest mirror ball in the world (something you might just have to see to believe) Womb nightclub is comprised of four floors, each fitted with an exceptional sound system pumping out the latest in electro dance, techno, drum and bass. With a more intimate atmosphere, the first floor has an upscale restaurant, while the second is equipped with a large dance floor and bar. Floors three and four both have beautifully decadent lounge areas to relax and and enjoy the night in style.

### 8. LIV, Miami, US

Recommended by locals living in Miami as the place to go for a fun night out, LIV nightclub spans over 18,000 square feet with stunning architectural design and exquisite décor. Said to "fuse the appeal of an ultra exclusive lounge and a high-energy nightclub" LIV attracts celebrities VIPs and some of Miami's most beautiful people. With a strict door policy, ensure you are dressed in your finest to secure entry.

### 9. High Five, Tokyo, Japan

This trendy Tokyo hangout focuses on Classics behind the bar and exceptional customer service. While the interior is drab and dismal, owner Hidetsugu Ueno says this is because "There's no concept," and "guests are free to imagine one for themselves." The bar is based around exquisite drinks made by professional cocktail staff. There's no menu, as staff pride themselves on mixing up the perfect concoction for every customer.

### 10. Pacha, Ibiza, Spain

Developed in Ibiza in 1973 with a reputation for providing clubbing in style, Pacha is known for it's luxury, good music, and special events. With in and out door entertainment you can dance all night to the club's famous 80's and 90's tunes.

### XPLOREOUT.BLOGSPOT.COM.AU



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### PRIVE

ONE OF THE WORLD'S FINEST CLUBS



One night in Manila...

Luxury at its finest with an air of sophisticated glamour is what comes to mind when talking about Prive' Nightclub in Manila's Fort Strip. Also known for its pioneering ways as the very first boutique, private club in the country! StarCentral were lucky enough to be taken on a VIP, All Access Tour to experience the true and relentless luxury Prive' has to offer.

Expectations were mounting when Drop Dead Gorgeous Models' director, Enz Occena, connected StarCentral with KC Santi. Santi and her elite group of 10-15 friends, are known throughout Manila, and specifically The Fort, for their high-end partying behaviour. We arranged to meet with Santi and her horde of playfully nicknamed 'Mean Girls' at Sunshine Kitchen, where the posse promised to deliver the inside scoop for our week in Manila.

Santi, who is coincidentally a co-owner of Prive', and her friends, Ishka, Liz and Tina explained the local nightlife scene to us. Much like Australia and other Asian countries, Friday and Saturday nights are the busiest. Read; jam-packed, sweaty, long queues and strategically timed bathroom breaks. The Mean Girls divulged that they prefer partying on Wednesdays. Not only because stiletto clad ladies drink for free until Midnight at Prive', but because the environment isn't so cut-thoat. It's more relaxed and enjoyable the girls explained.... Perhaps, the six years of practice and unblinking dedication to WhatsApp transformed them into Manila nightlife experts!

After entering Prive', the atmosphere is infectious and palpable! We were soon met by Eric Cua, the founder and brainchild of all major clubs in Manila, as well as restaurants, and a hotel. Cua briefly mentioned the names of some of the clubs he operates in Manila, including Opus, Republiq, Imperial, Draft, Epic and Aracama. When he offered to take us on a club-crawl via Prive's, we couldn't believe our luck. Saturday night was starting to look very interesting, albeit crowded!

Aracama was first on our list! More than just a fine dining experience, Aracama transformed into an elegant lounge bar after the sun goes down. The multi-level, Western-influenced bar boasts multiple beer and liquor varieties. Not to mention, the delicious Filipino cuisine tempts any late night diner's palate.

Draft was next on the list and is sure to quench any European's thirst. With many Euro beers available and decor to rival any man-cave, Draft will satiate anyone in need of a touch of masculinity. Not unlike, Aracama, Draft too boasts a decadent menu, worthy of any family dinner or romantic occasion.

Third stop was Imperial Ice Bar. Apart from the normal temperate zone, the

real interest was in the frozen rear part of the club. The -5 degrees Ice Bar strictly serves Russian Standard Imperial Vodka and is sure to cool down any residual Friday afternoon heat! A cool experience, in more ways than one!

Finally, we had arrived back at Prive'. At 12,000 pesos (AUD\$300) per table, StarCentral felt quite part of the elite when we were upgraded to a 50,000 pesos (AUD\$1200) table by Prive manager, Jason Delos Santos! Talk about star treatment! Everything about Prive' was pure class. From the couches, to the custom made glass panels, Prive' screamed luxury and elegance. The staff too were nothing short of exceptional. Bar tenders were attentive and effort-

lessly able to tailor cocktails to specific taste and desired potency levels. Not to mention the gastronomic feast we were served to fill our bellies.

Prive' can be described as the epitome of a boutique clubbing experience with a dash of intense partying thrown in. The attention to detail is phenomenal, as are all the moving parts that make it worth a payday splurge. The staff and clientele alike, sure know how to make clubbing a comfortable, yet highly enjoyable experience.

Prive' is open from Tuesday to Saturday with Wednesday deemed as Stiletto Night.





Feature

AHLI

MORRISON

By: Jenny Aluning

Kahli Morrison calls herself a "real visionary" but even she didn't envision being named StarCentral Magazine Covergirl for 2013! "...The 2nd runner up and 3rd runner up's names got announced, and I thought, 'Oh, damn I missed my chances'. My heart pounded like an African drumbeat & my name got announced, but I thought that's my mind wanting to believe that. Well, turned out I was wrong, my family and friends stood straight up screaming, and I thought, oh gosh, it is me!" Held on September 29, Kahli also scooped up awards for 'Best In Ramp' and 'Best In Costume'.

It's been an adventurous 2 and a half years since Kahli accepted photographer Peter Steele's offer (in the middle of a shopping centre, no less!) to become one of Alan Coban's (hairdressing guru) hair models. Little did the then 18-year old know where that simple leap of faith would lead her! Since then, she has built quite an impressive portfolio modeling for companies as diverse as SASS Hair Salons, Joico Haircare, online fashion catalogue – The Fashion Ninja, MSC Bikes; strutting her stuff down the catwalk for Avant Garde Nights (a showcase for up and coming fashion designers), ICE Models at Pontoon Nightclub and has played hostess for SOULSTICE – Sydney's first Soul, fashion and live music event. Kahli has even been a State Finalist for Miss World Australia 2013!

But the 21-year old is also a perfect example of that old adage: "Never judge a book by its cover." Away from modeling, Kahli is a poet, a songwriter, enjoys hip-hop music, dabbles in rapping, plays the bongos, has a certificate in Aviation, a diploma in Business Administration and her curiosity about the world around her is fuelled by David Attenborough documentaries and the famous Greek Athenian philosopher, Socrates! The differing aspects to her personality has

led to the Sydney-based beauty's versatility and "chameleon" nature in front of the lens. Modeling has afforded her the chance to indulge her creativity and in turn, be inspired by the creativity of others - most particularly...photographers. "...I think they are incredible artists, if you do not have a connection with the photographer then all else fails..."

Rather than shirk from the challenges of being in the modeling industry, Kahli revels in them. "...I choose to be a model for the unscheduled lifestyle, the consistent change, meeting different people, sharing good experiences..." But no matter how much the craft has captured her heart, she understands perfectly the need to love herself first – "...if you do not know how to get in tune with your body, mind and soul than you are not going to get the results you desire elsewhere in your life."

Some of those results that Kahli is envisioning is "...travelling across the oceans and working with people I could never imagine meeting." She also hopes to use her time as a model as a springboard to do "...volunteer work, counselling, public speaking for women of all ages, I would like to be seen as a role model for those who dare to dream but find it hard to achieve because of the extraordinary struggles that they are faced with."

For Kahli there is no doubt in her mind that there can be no success without the hard work - "...!f you want to be the best than you need to imagine, believe and strive with every inch of your heart and soul (even if it causes a little blood, sweat and tears behind the scenes!)" She also knows that the support of her loving family has been invaluable and will continue to be so. "...They have seen me at my worst, and for them to see me at my best so far, they only see that there are greater things to come, beyond what any of us can think!"



### 4 INGREDIENTS FOR THE PERFECT FIRST DATE

We all romanticise and dream about the perfect first date, but in my experience, it really is an elusive occurrence. However, with these four simple steps, you'll be sure to wow and leave a lasting impression on your date.

The fives senses. I'm talking the five senses in relation to yourself! You need to make sure you put effort into how you present yourself. Look the part, after all you want your first impression to be a memorable one!

Wear an interesting garment of clothing, something interesting that will incline your special girl to want to touch it. You know what they say, touches mean they often want more!

Listen to yourself while you're on the date, make sure you're asking questions about her and not just waffling on about yourself. No one likes a self absorbed guy, not even if he is incredibly handsome.

Order foods that are kissing appropriate. You never know what could happen, the promise of a first date kiss can be ruined by any sings of garlic or onion breath. Choose wisely because you don't want to be known from then on as Stinky!

The final and most important sense is smell! Your cologne and deodorant choices need to be compli-

mentary and definitely not too overpowering. A seriously sexy Eau De Parfum can become strangely toxic when applied with too much zest.

- 2. The Fabio factor. I'm referring to the romance side of the date. Try to be romantic, women generally love it, no matter what they say. We'd all love some more romance in our lives. Now, I'm not saying go and assume you know what they want and order their meals for them. I'm simply saying, one long stemmed rose never goes astray! Which leads me to my next point....
- 3. Gentleman finish first. I'm taking good old fashioned chivalry! Even in this fast paced day and age, women still love having the car door opened and chair pulled out for them. There's no needful rise every time your special lady goes to the bathroom, but things like talking with your mouth full of foods isn't going to win you any prizes.
- 4. The wow factor. Most importantly, always remember to plan ahead for your first date! Don't be too nervous to plan something a bit out of the ordinary. Think about what your date might enjoy, even if you don't know her very well, try to do something that will blow them away. Be specific in your choices. Gone are the days where dinner and a movie will suffice, in this day and age, you need to go above and beyond.



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A valuable lesson learned

Learning from experiences, good or bad, is essential for success in any career. Angelica has learned to trust in her mother's and her mentors' wisdom. She's learned the value of believing in yourself, no matter what and also to stay positive despite the challeng-

### Maintaining a grounded state

Due to the draining and emotionally stressful environment in the modeling industry, it is important to stay grounded. Anjelica sticks with this quote -Never let success get to your head, and never let failure get to your heart. It is a known fact that modeling is not just about the physical aspect, but also showing confidence to let criticism pass and the optimistic mindset to handle all tasks. With the support provided by her family, she was able to achieve success.

### **Future plans**

For now, Angelica is combining modeling with completing her studies in high school and achieving the marks necessary for her to be able to study her preferred course at university. While academia has its value, Angelica will continue to work towards the modeling career she's always dreamed of.

Angelica Whitelaw may still not consider herself as 'discovered' despite being named Best In Swimwear, Miss Photogenic and 1st Runner Up in Charity Queen Australia Beauty Pageant 2012! Not to mention competing in the Miss Philippines-Australia Beauty Pageant 2012. These achievements provided with more opportunities in the modeling and pageant industries. One of which was representing Australia and placing in the Top 10 in the World Final of Supermodel International 2013 that was held in Bangkok, Thailand. Right behind her on that contest was the StarCentral team and she found their skills and advice invaluable.

### How modeling improved her life

For Angelica, modeling has served to boost her self-esteem. It has helped her grow in confidence as she sashays down the runways, poses for photoshoots or when attending interviews. She likes that the different aspects of modeling gives her the chance to express herself and show how one's inner beauty can make one shine.

## FIVE WAYS TO PROFESSIONALLY MODEL YOUR OWN A PART OF THE PROFESSIONALLY A PART OF THE PROFESSIONAL A PART OF THE PART OF THE PROFESSIONAL A PART OF THE PART OF THE

There is no exact requirement for you to become a professional fashion designer. However, you have to have the skill to draw, create new designs and sew. Without these three important aspects in your life then it would become difficult to tackle the pressure in the fashion industry. Furthermore, knowledge about the fashion industry is also important. Here are 5 ways to help you succeed in the fashion industry.

### Knowing your skill, interests and capabilities

Drawing and foreseeing your artwork in a three dimensional aspect is not enough to become a good fashion designer. Instead, you should know your capabilities when it comes to sewing, identifying fabrics and the type of cuts you should do when making your product. If you feel that you lack knowledge about it then going to fashion school is imperative.

Before making any product, be sure to know what you wanted to make. Examples of which are apparel for men, women, formal or casual attire, bridal wear, sports, outdoor and so on. Try to incorporate your personal likes and refrain from copying other artist's deigns. Put your personality in your creation. In that way you are also creating your own trademark and will tell your future consumers how to identify your designs.

### Wear your own creation

If you are a novice in the fashion industry, the one thing that you can do to make people notice your creation is by wearing it. You can also save a lot of money or expenses when hiring models to wear your clothing line.

### Be professional

You should always think of making good impression especially when you are meeting some big names "designers, publishers, event organizers and so on". Being professional at your work informs other people how serious you are. Another aspect of professionalism in the fashion industry is not to be afraid of criticism and accept it wholeheartedly. Do not be discouraged of what other people say about your design because you are being unique instead explain calmly about your design and what you think about it. Also, don't discriminate other designs.

### Dress to Impress

When you want your work to be noticed as soon as you walk in then always make sure that you are wearing your best products. Be ready to tell the media about your design or the story behind it. It will make your customer become curious of your style and products.

### Be confident

When you wear your own product, you are also creating new trends. Walk confidently and positively but not to the extent that you see other designs pitiful. Remember that being shy in the fashion industry does not make you famous. You have to learn how to talk about yourself and your fashion statements.

Creating new trends is not the same as modeling. However, it would be the best way to endorse your product to the public because you will be able to discuss your experience in making the product. It can also help you save a lot of expenses and keeps you unique all the time.





### JEANETWORKING VINAUMO

How to transform yourself into a networking Ulysses in four simple steps!

By: Holly Phillips

Have you ever wondered how to transform yourself from a shy and fimid caterpillar into some kind of networking Ulysses butterfly? Well look no further, because I have the tools for you! By following these simple steps you'll be swooning around industry or social events with more confidence than Miley Cyrus has swinging on a wrecking ball! Although, unlike Miley, people will remember you for the right reasons.

Tip nùmero uno: Always wear comfortable underwear. Although this may not seem like the number one thing to consider - let me tell you, it's going to be playing on your mind all night if you don't wear those embarrassingly kitsch knickers your grandma got you, rather than the cute Victoria Secret thong! You're there to sell yourself as a product, and you don't want that product to be seen as a compulsive wedgie picker! Which leads me to my second point....

Presentation is more important than representation. What do I mean you ask? Well, basically, it's all about looking like a confident and attractive young lady or gentleman. That way, when you politely inject yourself into a conversation with casting agents, directors, fellow actors/models you will make an immediate (hopefully positive) impact on them. Then, when you introduce yourself and hand over your business card they will remember a well put together human being!

Did I hear you say - but I don't have any business cards? Tut tut! This is so important for young and upcoming entertainers! You never know when you will need to hand one over. You need to address this problem immediately, if not sooner! A good business card should be simple, catchy and showcase a professional and large photo of you. Do I need to

state the obvious and say it should have all your industry into on it? No? I didn't think so. Also, on that note - if you interrupt a conversation to introduce yourself, don't outstay your welcome. Introduce yourself, state why you admire/wanted to meet this person and excuse yourself again. Say something like 'anyway, I don't want to keep you for long - it was fantastic meeting you, maybe we could talk more later.'

Next important tool something no one else can teach you. Bravery! You need to be brave and confident enough to show up to these events. It may seem simple, but I know even myself, there have been some industry nights that I have flagged because I 'couldn't be bothered' or was 'too tired'. This attitude isn't going to cut it darlings, do you think Angeling or Johnny got to be in their position by being lazy?! It's all about breaking though self-made barriers and putting on a business front, walking though the door and wowing the people who matter with your shining personality. You need to think of yourself as a complete package! You are on show, as a business, so sell yourself like one. Not in a weird prostitute type way or a stuck-up #comeseehowgreatilook way either. You need to exude confidence, whilst maintaining a humility, you need these people to want to work with vou after all!

Now you've got all the tools, how to practice? Well that's the easy bit! You can work on all of these things at family BBQs, friends parties, at work or anywhere they may be a few people you don't know. Practice talking to people so you feel confident approaching strangers so when it comes to industry networking nights you'll feel right at home. Good luck!

# EMINDSET OSTARDOM DO YOU HAVE IT?

Getting to stardom requires more than just sheer talent. Whether you are in the entertainment, sports, or fashion industry, experts will tell you that there's more to fame than just mind boggling talent. To a certain extent, resilience depends on the dictates of two things – innovation and mindset.

Mindset is the mental framework that stars live by. To some, the right mindset is like the creed that they almost always need to recite in their heads to keep them going. If you are aiming to reach the pinnacle of stardom, then it's about time that you exercise the right kind of mindset that will help you get there.

The Natural "Naturals" are those who think that they were born to excel in something. They seem to have figured what they're good at an early stage. They are the born-for-this superstars. In terms of sports, they are those who play and move like pros at tender formative ages. In entertainment, they are the ones who seem to effortlessly belt high notes even before they can even spell full sentences. Thinking that you're a natural will help you have a solid foundation of self-esteem and confidence because you know that what you have is something innate, something inherent. This kind of mindset, should however, be balanced with modesty and hard work. That sense of musicality or that model figure may have been embedded on your DNA, but all the technical aspects of it are not. Put in some time and effort in improving what you've already got, and learn to accept reproaches while learning from them. Have that 'natural mindset but be open to criticisms that will help you improve in your craft.

The Growth Mindset This, perhaps, is one of the most ideal mindset that beginners should have. This kind of mindset puts a premium on learning the ropes and regards hard work as an absolute imperative. If Naturals seem to have sheer talent embedded in their genes, people with the growth mindset are those who acknowledge that they need a lot of learning to do,

and that they need to start from the basics. Their focus on growth is not undermined by setbacks, and they readily accept that they have talent or trait deficits that need a lot of work. With this mindset, you will become less vulnerable to crashing your self-esteem because you perceive rejection as a channel for growth, not as a losing end. With this mindset, you will develop a strong sense of resilience that can bring you steps closer to your ultimate claim to fame.

The Mirror Mindset Remember the time when you would look at yourself at the mirror and notice just about all the flaws that you have? Well the mirror mindset is just the opposite. Others do this early in the morning, right after they wake up. Face the mirror, with that messy hair, un-brushed teeth, and look at your raw-look. No makeup, nothing. Then tell yourself "I am beautiful" and mean it. Therapists say that having constant and positive affirmation that you are good or beautiful will help you attract positive energy towards you. Think of it as the basic law of attraction. Optimists attract positive energy around them, and so do pessimists. Being too hard on yourself will divert your attention from the good things that can make you a star, Muhammad Ali did not have the built of a boxer, the same way that Tyra Banks did not have the popular color for runway-worthy models. They weren't naturals, but they had the positive mindset that helped them excel in their chosen fields. You need to believe in yourself first, before others can see the potential in you.

Talent may help you get noticed, but mindset will dictate whether or not you'll last under the limelight. If you want to be a star, you'd have to quit having the I-wish syndrome. Stop wishing for those high notes or the hourglass figure. Work hard for it and remind yourself the things that motivated you in the first place. Whether it's a lifelong dream that you want to fulfill, or it's a goal that will change the life of your family, your reasons for working hard should remain anchored in having the right mindset.

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# R E C O R D I N G S

December 16 was a red-letter day for emerging record label, DARE Recordings and for its CEO, Noah 'NoahStradamus' Mrnacaj. Last December 16 we saw the release of the first track bearing the 'DARE Recordings' label. The track, 'Sound Of Your Voice' featuring Canadian singer/songwriter David Arkwright, aka VEGAS. According to Noah, "...This track has such big sounds and with David's powerful voice I feel this track is something that will be people's playlist for a long time!"

DARE Recordings has only been 3 months old and yet it has already made an indelible mark in the electronic dance industry not only in the US, but also around the world. Its founder, NoahStradamus established the label after being frustrated with getting the big industry labels to take a chance on unknown, but incredibly talented artists. "...so I did my research and decided to start DARE Recordings...I love all genres of electronic dance music so with DARE Recordings I'm scouting producers of all genres of "EDM"." Now, DARE "...has a distribution deal with over 190 different digital media outlets. Any track that is released under DARE Recordings you can guarantee anyone in the world (and I mean WORLD) with access to the web can get access to buy music DARE Recordings is releasing." Take that big industry labels!

Noah, a native New Yorker is a premiere DJ and House music producer in his own right. He has been surrounded by music since childhood – his father owned and operated a New York-based radio station from the late 1980's to the early 90's. His passion for the art form developed and was helped along by his uncle and cousins who are also DJ's. For Noah, performing gives him a "rush" as he sees his audience enjoying his music, "...dancing, singing along and having a great time..." The 30-year old finds inspiration for his craft in almost everything around him – from a "...chic lounge with nothing but exotic people drenched in designer clothing or to the extreme at a large music festival where most the crowd is in neon clothing and some are even in costumes...I love music and fashion oh and let's not forget cars!" But his most memorable performance to date was playing at a sold out music festival on Governor's Island in New York City. So immersed was he in his set that it wasn't until he was interrupted by festival staff worried about the stages collapsing that he noticed how packed it was! "...I took a step back, looked into the crowd and I couldn't see one space that was empty all I seen was everyone dancing, singing, cameras and guys holding girls on their shoulders. I picked my hands up and made a heart to the crowd to show them I loved them. Times like that are unforgettable!"

For all of Noah's success, it took a little while to get all of his family onboard with their support — "...half my family has been supportive since day one and the other half couldn't understand exactly what I was doing..." But with a lot of patience and dogged perseverance "...now I have 100% of my family's support. My grandfather's was the hardest to win and now that I have it I feel like I can reach the top!" While he is extremely proud to have his support though, Noah is a little wary about bringing him to an event because there's always the chance of him hogging the limelight — "...everyone loves him!"

There is very little doubt that Noah and his team are on the cusp of something very special with DARE Recordings.











## FISS FINE.













### FASHION

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There are just so many things that we do not know about a person. So many things that we haven't considered that we may have the same likes and dislikes! Let us see Melissa Hanes (StarCentral's Actress of the Month for October 2013) inside and out, not just an actress, but also as a lady. Let's get to know her more.

Melissa Hanes was discovered by Geoff Bennett, director of the television show Cops L.A.C. and Rescue Special Operations where she was cast in both series. This incredible opportunity paved her way to stardom.

Hanes is a person who really loves acting and finds being in the field therapeutic. Developing a character and working with other actors helped her develop her skills. Know what she loves most? Telling a story as an actor and immersing herself in her character. Although she is really indulged in acting, there are still some downsides to it such as waiting for long hours on set and the early mornings. But enduring these is worth it for she has a great time to learning her lines and working on scenes.

There are different factors that can affect or develop one's skills as an actress. Experiences help mold one person's character and attitude. Hanes' most memorable experience was working with legendary British actor, Malcolm McDowell (A Clockwork Orange, Star Trek: Generations, Heroes) on the set of Suing the Devil. She found McDowell an incredibly talented and dedicated actor. With the kind of experience she had, it had made her more confident in everything that she does and to be very patient.

Inspiration is what drives people to do well in their field, to achieve success, to become a better person. Melissa's success has been achieved through the inspiration and support that her family is giving her and encouraging her to go further. Her friends are also there to be with her every time and anytime. With the support that she gets, she is more focused and does not allow any distractions to get in the way. No one is an island as they say, and Melissa's not an exception. We all have other people whom we need so much that we cannot live without them.

Ms. Hanes would like to take her career and life to Los Angeles. She finds the lifestyle there interesting. She would love to travel the world again. And just like an ordinary person, Ms. Hanes wants to settle down and have a family with the man that she really loves.

The last good movie she saw was the Silver Linings Playbook. She defines personality as what makes a person beautiful. For a person whom we thought has nothing to wish for, she still wishes to buy an Aston Martin. If she had no fear, she would jump out of a plane. One thing peculiar to her is that she laughs hysterically during inappropriate situations.



### AIE DOME ACTRESS

The rollercoaster ride of going from audition to audition can be taxing for other actors but not for Kate Michelle Grove, StarCentral's Actress of the Month for November 2013. Preferring to think of every audition as a "free acting lesson", Kate has been able to build up her experience in the performance industry and fuel her passion for the craft.

As an actress, Kate loves being surrounded by creative individuals and being involved in their "visions." Being able to take on a character affords Kate the chance to take a "break from myself." "I love that when it comes to acting, being vulnerable is seen as strength." So consumed is she by the art form and by the thrill of performing, that she has chosen acting above her science degree.

Everything has its downsides and so does being an actress. For Kate, it is the uncertainty of her future in the industry. "...I don't know if I'll be able to support myself financially and I worry that my love of cars and motorsports will be on the back burner indefinitely."

Being in the entertainment industry has given Kate a lot of memorable experiences. Her most memorable to date was when she played the Queen of Hearts (from Alice In Wonderland) for a two-day event. Together with the whole crew, they did a total of 14 hours of improvisation. They had a tea party which she has described as "pure madness." She "...en-joyed several beheadings, interviewed potential executioners and scared the pants off audience members." Her costume was corseted, heavy and very difficult to move in. To sum it all, that was the experience that she will never ever forget.

The 25-year old has learned many things since becoming involved in the entertainment industry. One of them is not to dwell too much on rejection and that every job, every audition is an invaluable chance to learn. To quote, "Nobody can be right for every role, and that performance is only part of the selection process."

Her parents have been integral in not only Kate's success but also in the careers of her brother and sister — "...My mum is particularly pleased that driving us kids around to after-school activities paid off — my brother's an acrobat who tours the world, my sister trains and occasionally performs as a trapeze artist (when she isn't working towards her PhD), and now I'm starting a career as an actress. I'm incredibly lucky to have such a supportive family."

There is no doubting that Kate has found her niche in life and a career that she is passionate about. With such conviction and ambition, the bright lights of stage and screen are well within her reach.



Some people come into this world born to do something. This is exactly the case with Emma Chelsey Barnes (StarCentral Magazine's Actress of the Month for December 2013) – born with not only the talent but with the drive as well.

Immersed in the performing industry since the age of 5, Emma not only involved herself in school plays, she expanded her knowledge of her craft by attending a performing arts school after her normal school hours and on weekends. She also took up dance lessons, music lessons and was involved in a choir where she was able to travel to Hong Kong and China to perform. Her passion for acting has allowed her to train in Los Angeles, New York, Paris and she is now a graduate of the Western Australia Academy of Performing Arts.

For Emma, there are so many aspects to acting that she enjoys. She loves being able to tell stories and "...exploring different parts of yourself to find the character..." and being able to share that character's journey with an audience. Acting is also an avenue where she has been able to explore human behavior and to use it as a form of expression.

While rejection, and the constant challenge of surmounting it, is ever-present in the life of an actor, the positive experiences that come along in a career make it worth it. A recent role is a perfect example of this for Emma. Though the 23-year old is a relative newcomer to the industry, her theatre debut in Melbourne this year (as part of the play, 'Pornography' by Simon Stevens at the Malthouse) might just be "...the best role I will ever get to play... I absolutely loved my character and enjoyed every minute on stage..."

Even though she has met a plethora of interesting and creative individuals in her career so far, it is the directors that hold a special place in Emma's heart. Directors such as David Myles, Craig llott and Amanda Worthington-Browne "...who have given me great roles to play and have trusted me with the material..." Their passion and investment in their work is truly inspiring to her.

The young Australian actress still has a ways to go to build up a sizable portfolio but Emma has already learned some very important lessons that stand her in good stead in ensuring not only a successful career, but also a happy, well-balanced life beyond it. Being able to not take one's self too seriously is of vital importance and "...you also have to be confident, courageous, humble, patient, motivated, proactive, determined, resilient and focused..." "I have also learned that you must also live your life... actors need to be able to draw from personal experience and the more well-rounded you are as a person, the deeper the well for you to draw from for the characters you will play...it is important to have other interests outside of the 'business'..." And for Emma, 'other interests' include nearly being "...qualified as a professional dog trainer/behaviour consultant (studying at the moment) I love animals..."

Emma Chelsey Barnes already possesses the talent, drive, attitude and work ethic guaranteed for her continued success and added to that, a family that's stood by her from the beginning — "...They drove me around to all my classes, rehearsals, workshops, concerts as a kid and to every show I have done so thanks for that guys! Cheers!" There really is nowhere for this young lady to go but up!



"...To be an actor means freedom to me... wouldn't call it work as it's my passion, my life..." But it was not easy for Tom Molnar, StarCentral Magazine's Actor of the Month for December 2013 to begin his journey to fulfilling his dreams. The acting bug bit Tom when he was 15 years old but without an agent and a dearth of acting opportunities, he was unable to fully indulge in his newfound passion. Determined to further his career, Tom went to Hollywood and attended an acting school called 'The Acting Corpse' (run by managing director, Eugine Buica). After moving to Australia, the 30-year old's uphill battle continued. "...I almost gave up when I happened to find Mr. John Claire and his agency Sydney Talent Co. He helps me a lot, was a great coincidence!"

Tom's early struggles definitely served to cement the Slovakia-born actor's belief that he was meant to be in this industry. "...It's an uplifting feeling to transform yourself into a police man, assassin, waiter etc...which isn't that easy as people think. However to become that character is something extraordinary..."

Tom's life in the performance industry has been dotted with many noteworthy events ("...every scene/act is memorable to me...") but attending the 80th Academy Awards in 2008 certainly tops the list. Being able to see Hollywood A-listers such as Tom Hanks and George Clooney ("...they have huge aura and you can feel it from the moment they show up...") is an honour that few could boast.

Lessons abound as well as the former Hungary-resident navigates his way through the entertainment industry. 3 rules/lessons have helped him stay on his path to success – "...Lesson No. 1 trust yourself and don't be afraid to fail; Lesson No. 2. Don't listen to naysayers; Lesson No.3. Work your butt off. He also learned about the Catch-22 nature of the media – "...media is your best friend and your enemy in the same time..."

While all the lessons he's learned are important, none of them are useful without the firm support of his loved ones. Family and friends are firmly behind him – his niece is extremely happy about his uncle being an actor "...as she is a big fan of Hollywood/glamour and fashion!" But the support he counts on the most is that of his fiancé, Hajnalka Nagy who is an up and coming fashion designer herself – "...she taught me how to be always positive and be a happy person, plus that nothing is impossible in this life. She changed me from the moment we met..."

If Tom's grit and determination is anything to go by, Tom's success is assured – Hollywood and New York awaits!



StarCentral Magazine's Actor of the Month for Octo- adjust and understand how the industry works. There ber 2013, Phillip Nashed, is 22 and is currently every girl's talk of the town in Australia. This heartthrob is actually an architect by profession and is currently studying a Masters in Architecture.

Good news for girls out there! This handsome actor is currently single. He has an equally good-looking younger brother, Michael, and is based in Sydney. Phillip fancies playing basketball aside from singing, dancing and guitar playing. He's also the adventurfuture.

While not a fan of movies, he said he has watched the Man of Steel. He treasures honesty as a value and feels that the integrity of a person is what matters. Looks like we've got a sincere guy right here! Even when asked about his weaknesses, he answered that he constantly tries to look on the brighter side of things in everything he does.

Phillip started singing at the age of 12, in his school choir. Their principal had gotten him his first gig, when he was asked to join the production for 'South Pacific.' He was recommended by their principal for the role of a young child who can sing. It was his first ever major audition and he got the part! He said, as early as that, he knew the theatre is his platform. He remembered feeling excited about the opportunity. Eventually, he ended up working on for that musical and for a few more.

When asked about how he values acting, he said that the job is constantly fluid, in the sense that every role asks for a different requirement, a different persona. Experiencing to act like different characters is like conquering different kinds of jobs, in his opinion.

He said it was really hard at first. When he's starting out, Phillip tells his story at how it's hard to keep up,

are a lot of factors that needs to be taken into account depending on the need of the industry. That's why Phillip had to develop his image to secure representation. From there, he was able to establish a solid platform to get hired in his future projects.

His high school individual piece at the Higher School Certificate program is what he referred to be his most memorable moment. His performance for the piece got him commendation to be at the Top 10% of the ous type, saying he's chasing for more action in the state, for a showcase event. According to Phillip, that moment solidified his confidence that he could take on such kind of job.

> For him, casting directors amaze him. They control the very beginnings of anyone's career as an actor. He explains how it was hard to formulate in his mind how the criteria's being set in every audition he's in. When it comes to rejection, he handles it well as he was able to manage such situations at the early stage of his life.

> Even if the business can be so cruel, this boy-next-door had told us, he never holds grudges on anyone. He continued by saying, "...utmost respect for anyone and everyone you work with because it will come back to you 10 fold."

> This guy never fails to impress. When ask about staying humble, he said he always keep his family first. Also, he always ensures he perseveres for everything he wants to achieve. True enough, constant learning means constant appreciation for the people helping him grow.

> According to him, his biggest dream is to star in a feature film and now on he's way, nothing can stop him from achieving his dream. For now, he's trying to garner more experience in the industry. Eventually, he'd climb the ladder for bigger acting opportunities in the future.



A continuing creative journey... this is how Lola (Lauren Little), StarCentral's Beauty Guru of the Month for October 2013, describes her interest in style and make up.

The self-confessed late bloomer has paradoxically professed not having any interest in makeup until she was in college. Those years when high school girls have just about a whole kit in their bags, Lola was just not into the fad... not until a Michelle Phan video tutorial struck her, and the rest as they say, was history.

Her fascination in makeup was rooted in her perception of the whole thing. She considered putting on makeup a unique form of artistry – one that evolves with her and simultaneously reflects her aspirations.

Lola's makeup video tutorials are now being viewed and followed by thousands of ladies across the globe. Her execution, style, speed, and inventiveness have all evolved and have dramatically improved since her first tutorial back in February this year. The professional quality of her videos is now a far cry from that first video tutorial of a girl wearing a casual New York Giants hoodie. Now, even her music, her lighting, the tone of her voice, and all the other small details were incorporated to ensure an engaging and visually educational beauty tutorial.

A strong support group in the form of great friends and a reassuring family made Lola the success she is in such a short span of time. She says being surrounded with positive people has helped bring out the passion and the inspiration that she had for her craft. Her viewers and followers have also helped her develop a unique sense of style collaboration – one that included varied

input from people with different journeys, different tastes, and different characters. Her connection with her viewers sometimes goes beyond makeup, and the depth of her connection with some has gone through the borders of improving self-esteem, feeling beautiful from the inside, and sharing aspirations, even if they were thousands of miles apart.

Her moods, her desires, and her interests dictate Lola's makeup palettes. From earthly neutrals to loud hues, she attests that tones are dependent on these facets. The colour of her hair, her eye shadow, her lipstick, and even the shade of her mascara are like summaries of her current being. The evolution of her strokes changes with time, and her unique ability to blend interesting tones have won her like-minded fans across continents.

Attending the International Makeup Artist Trade Show in New York is one of the highlights of her career. She looks forward to joining more events related to the style and beauty industry. She looks at them as a unique learning experience that will increase her competitiveness and creativity in makeups.

Lola's belief in the inherent beauty of every individual has made it possible for her to connect with her audience beyond makeup. Their stories inspire her to excel in her craft, and she looks at their ideas as learning nuggets that will help her become better in her field. Her empathy and unique talent to connect with different people through the artistry of makeup has made her an icon in her own right. Her character and positive perception of life are two things that will certainly bring her far in this industry. There are very few people who apply makeup with a knack for the arts that's just beyond sheer makeup strokes.



## PARUNGAO

The notion that fashion is the go-to industry for those with beauty sans equally impressive with is far from factual, at least that's the case for our very own Fashionista of the Month.

FASHIONISTA

Joyce holds two medical-related degrees – one in Nursing and another in Dentistry. Her innate predilection for style and fashion is largely credited to her artsy nature. Dressing up has been her way of self-expression, and she considers couture one of the best ways to exude her creativity. Her distinctive style has thousands following her on social networking sites, and even winning her endorsement deals in the process.

Fashion need not be expensive or complicated. This is her style mantra. The self-confessed DIY fashionista proudly admitted a few of her secrets – tweaking accessories, reinventing a few closet pieces, and being on the lookout for a few good fashion finds. Aimee Song and Instagram's "heyitsannabanana" are just two of the fashion icons that inspire Joyce. The chic and simple tones of their wardrobe make up the pillars of her fashion influences.

The road to Fashion Avenue has not been a walk in the park for Joyce. She has admitted into having bashers, getting deleterious criticisms, and not having her mom's support, at least in the beginning. Ironically, her mother has become one of her biggest fans and her family is now her go-to people for honest and unbiased feedback on her photos. The need to please everyone has made an exit from her system. She has learned that

being in a cutthroat industry does not necessitate pleasing everybody. She has learned to figure out whose opinions matter, and to take criticism.

In an industry where the word 'beauty' has become so relative, Joyce found herself trying to stand out beyond aspects that are skin deep. Her artistic inclinations have made her a cut above the rest. From her singing, dancing, and modelling prowess, down to her proclivity in drawing and playing the guitar, she is definitely one face that has more to offer than just a pretty face.

Her future plans have also exuded the entrepreneurial aspect of her persona. She wants to start her own boutique someday. This business venture will serve her well, and will put two of her favourite hobbies into good use – shopping and fashion. Having her own boutique is definitely one notch above being just a fashion inspiration to young women across the globe. This will give her more room to apply her creative juices on wearable pieces that will don fashionable closets of all ages.

With a promising career ahead of her and great plans up her sleeve, Joyce is certainly one fashionista name that everyone should look out for. She is the epitome of the whole package – wits, look, personality, and an amazing Asian feature to boot. All these facets have been synergized in one, and Joyce promises to use them for things that are certainly not just skin deep. Beyond the looks and that model strut, depth and resilience has made Joyce a rare breed.





Caleb Minter, our Male Youtube Artist of the Month for October 2013, began his singing career performing in church when he was 13 years old in Henderson, Tennessee. With this kind of exposure –like most great singers – it is no wonder that his skills and talent has been honed through the years.

feature

How he affects people positively through his performances is his driving force to continue singing. He says, "I enjoy most about performing when I see people in the audience with smiles on their faces from watching me share my gift."

He wishes to use that influence – through his gift – to be a role model for the youth and to set a good example.

He has performed in a lot of venues through the years but the most memorable one was in a place that's close to his heart and among people that he knows. He recalls, "My most memorable performance was when I performed on my campus, Middle Tennessee State University and got a standing ovation from my peers!"

Going through the motions of pursuing a music career, he has learned a lot of things along the way

through the interesting people that he has met – people who have begun as underdogs but succeeded to be the best in the industry. He says, "The most valuable lesson I've learned is to ALWAYS BE YOUR-SELF regardless who's around or watching."

It's a good thing then that his family has been nothing but supportive of his ambitions and are in fact the ones who push him to be the best that he can be – a fact that he has been nothing but ecstatic about.

With the future shining so bright for him, it is no wonder then that he has focused and highly specific plans for his career.

"I'm working on a project at the moment and soon will be releasing my first single entitled "Say It". I graduate from MTSU on December 14, 2013. Then I plan to move to Atlanta to pursue music as a career." Caleb has also just released his first mixtape titled: "I Just Wanna Be Heard" – a combination of covers and original songs. It's available for download on his website.

With his passion, positive attitude and drive for excellence, it wouldn't be surprising if he achieves all of his goals. He is truly an inspiration and example for the youth.



### JESSIE MCPHERSON ARTIST

The sailors who passed by electrical worker, Jessie Mcpherson as he toiled away in the bowels of some of the US Navy's finest ships, would never have guessed that they were in the midst of an emerging country music artist and StarCentral Magazine's Male YouTube Artist of the Month for December 2013!

Jessie made his first foray into the limelight when he was in 5th grade, in front of the entire student body of Holbrook Junior High in Holbrook, Arizona (600-700 people, no less!) where he performed a rendition of 'The Dance' by Garth Brooks. Since then, the singer/songwriter has been captivated by "...being able to take the songs that I've written and have people react to them as if it were their lives...having something so in common that it makes you almost one in the same..." The 36-year old also believes strongly in giving a helping hand. His single, 'True American' is dedicated to military veterans and for 2 weeks until Veterans Day, November 11, 100% of his singles' sales on iTunes went to the VFW (Veterans of Foreign Wars). But one of his most memorable experiences is "...winning a singing contest for 10,000 US dollars singing 'Bed of Roses' by Bon Jovi!"

Definitely another highlight for Jessie and his band (consisting of Jessie Mcpherson – Lead Vocals/Guitar; David Deneau – Rhythm Guitar; Jordan Dedo – Lead Guitar; Ron Johnston – Drums; Jonah Tubessi – Bass/Vocals; Dennis Ketola – Harps/Vocals) is the release of their album, 'Let It Burn' featuring the titular song as well as 'True American'. They have also been able to open shows for country music artists Mark Willis and Clay Walker, and Jessie "...recently shook hands with Jerrod Niemann...", another country music A-lister.

Being able to pursue his career and play the music he loves, the Iron River, Michigan-resident nevertheless recognizes the sacrifices his family has had to make – "...it's never easy being the spouse left behind dealing with everyday life..." But their support for him remains unwavering and "...I always find time for my family and my music..." That support will be invaluable as Jessie and his band heads into a very busy 2014. Still, he hopes that in the midst of the chaos, they'll all be able to take time out for some fishing and camping – "...I mean like a couple weeks for sure...!!!"



Jasur (StarCentral Magazine's Unsigned Male Artist of the Month for October 2013) is one of the biggest voices in the music industry. It's just unfortunate that no record label has been eager to give him the break that he deserves. This talented young guy really wants to take his voice to many places. He's never been on a plane so he wants to travel and promote his music. For someone young, his dreams are yet to become reality but, no one's stopping this promising artist.

Aside from music, Uzbekistan-born Jasur is a family guy. Singing is his passion and his family supports him. When asked about the things he can't live without, along with his family, Jasur admits he'd go crazy if there isn't meat! For him, the secret to combating nerves is to eat a classic, medium-rare steak with a good cognac. He's a real meat lover! He's also a home bud, he sleeps for ten hours! Add to that, he's a cyber dude and goes online most of the time. This crooner also admits he likes pretty girls and easily trusts them.

It was in kindergarten when he first discovered his talent. Jasur played the role of a bunny in a Russian fairytale. But it was a performance at Westminster University's Sports Hall as part of his rock band Flyin' Up that he considers to be the most memorable. It was their first major gig with sponsorship from several local companies. They felt like pros playing classic rock band covers.

While his family is his inspiration, he feels that he needs to perform to get motivated for his next performances. He feels the need to perform all the time. Jasur also wants to follow in the footsteps of successful people such as Mathew Bellamy (Muse) and Sevara Nazarkhan (Uzbekistani superstar).

When it comes to performing, he loves having a deeper connection with his audience. He enjoys people singing the songs along with him. It gives him chills knowing he unified a group of people through his music.

When asked about a valuable lesson he has learned from his life, it's the fact that he values his family so much. He's also the kind of guy who values justice and equality. For him, "Everyone is equal, I'm not saying that to get the Miss Universe title. I really believe in this, from all my life experience."

Aside from music, Jasur's also a Business graduate. Jasur wants to be a professional recording artist, along with Flyin' Up. He said, "...we have plenty of ideas for awesome songs..." But what's clear is he wants a career in music as he is also opening opportunities going solo. He wants to perform duets with amazing artists.

New to the scene, Jasur is hopeful to enter the limelight soon. He said, "...do not give up; good things come to those who keep [their] head up."

The go-getter spirit of this young man, truly inspirational! Who knows? This may be Jasur's ticket to fame. He is hopeful that his time will come to showcase his own brand of music.







Being an artist is both stressful and fun. You get a chance to meet different kinds of people, perform to different audiences, and experience a myriad of situations that can mould you into a better person. Now we get the chance to meet Hana Christine – StarCentral Magazine's Unsigned Female Artist of the Month for October 2013.

Hana loves performing. Performance is a way by which she can connect to the people, let them feel the melody of her song. She particularly enjoys being asked to perform at an open mic night and...to perform with a total stranger! It is here that Hana can feel how free she is.

Her first performance was at her friend's gig whose name is Dani Turner – a singer, drummer, bass player, song writing musical genius from the UK. During this gig, Hanna sang three songs: One Fine Day, Songbird and Black Velvet. After that night, she was asked to perform at The Cavendish Hotel Eastbourne and that started her career.

Singing and performing is the life for Hana. It is like breathing to her. When she had stopped performing for six months, she felt like a huge part of her is missing. It she's not performing, she feels like not living at all. It is no wonder that living with singing is incredibly important for her.

Her first solo gig was particularly memorable for her. It was a performance in front of the entire student body of her whole college and Hana found herself excited and terrified at the same time. The applicate of her audience will stay with her forever. Her career is not just about the gigs and the money, but also the passion she has for her craft.

Her success (Hana has already produced at least 4 original songs and sings with numerous bands) is also because of the support from her family. It was really her mother who has supported her all throughout her career. As she had said, "I wouldn't have a career if it wasn't for her." Her amazing mom has created an online presence for her which helped her book gigs and sent her on her way. Her stepfather taught her about mic technique, how to set up equipment and he also helped her pass her music technology course by going through the practical side with her.

The industry has taught her a lot. She learned to love, to live life. You can ask anyone's advice, but at the end of the day, you will still be the one who will make the decision. Pleasing everyone is impossible, so Hana starts by being happy with herself first.

As an artist, Hana still has something to do. Guess what it is! She likes to tour. Being to different places can add to your experiences. Corfu has been the most memorable place to her. On this island, she started earning a living. Coffee, vocal zones, her car, her voice and her hearing are the things she's identified that she can't live without.

Hanna is just like the other artists but she got it! She got the audience! With her red patent stilettos, she can sing like no one's watching.





feature

Tamsin Ball, our Unsigned Female Artist of the Month for November 2013 sees performing as her passion. She can't explain how it makes her feel especially when everything comes together well, such as the sound, venue, audience and her performance. Music is the reason for her being and she loves to sing as it gives people pleasure to bring out their emotions. Nothing is more rewarding and uplifting than this.

Classically-trained Tamsin started performing in shows, musicals, and pantomimes from the age of four. Her first performance was at a local theatre named The Queen's Theatre at Barnstaple, Devon hosted by her dancing school. Her most memorable experience was when she played the role of Cosette in her favourite musical, Les Misérables. From then on, she decided to focus on her main passion, singing. She turned professional in 2009 at the age of sixteen. She has been described as a 'Classical Crossover' artist, comfortably blending her classical training with folk, jazz, musical theatre and contemporary music.

All performers have their sources of inspiration. Tamsin's is her love for music and singing and to have a
long, successful and fulfilling career in the industry.
Doing what she loves to do keeps her going. The need
to put her voice to good use to help others also
inspires tremendously. She has been involved with
local and national charities, performing in town and
city centres all over the UK to help raise funds. Most
notably, she has been involved with the UK charity,
'Help for Heroes' for which she has helped raise
£31,000. 'Help For Heroes' helps rehabilitate returning
military personnel with terrible injuries from war conflicts. Tamsin's tireless and selfless work has recently
been recognised with the award of "Community

Fundraiser". The recognition has fuelled her desire to do even more.

Another memorable experience was when she performed at the O2 Arena and West End in London, but if she has to pick the most enjoyable one, it would be her performance at "The Barnstaple Christmas Lights Switch On," with about 15,000 people in the crowd.

As for future plans, Tamsin wants to go as far as she possibly can as a solo singer, performing live in prestigious venues to large audiences and to be a recording artist as well. She is very ambitious and she knows that she can make it. She has currently signed with a London-based management company and they are busy promoting her. She has recently released her first album, 'Tides of Time', filled with covers of iconic songs from musical theatre.

Tamsin cannot achieve the place where she is now if not for the support of her family. In fact, her grandfather is her manager and her grandparents and other family members and supporters travel around the UK with her, supporting her in her fund raising.

With this kind of industry, everything is tough. Even though you are very talented there is still a lot of luck involved – to be in the right place at the right time. Tamsin has learned how to toughen up and become more resilient to cope with the rejection and unfulfilled promises that unfortunately come with her chosen career. She has also learned to be wary of whom she trusts. As a result, Tamsin has become a strong and determined woman with definite plans to succeed.



## -IROSHA PRIST

Few embodies the 'never give up' attitude more than Firosha Price (StarCentral Magazine's Unsigned Female Artist of the Month for December 2013). 5 times she has braved the long lines, the judges' scrutiny and the rejection of Australia's various talent competitions such as Idol, Got Talent and X-Factor, Still, she perseveres. But while those competitions have overlooked Firosha's talent, she has nevertheless made amazing strides in her career. Her first single, and music video, 'What You've Done' was just released last month and she has just been chosen to represent Australia in the 2014 World Championship of Performing Arts - the Olympics of the performance industry – held in Hollywood. "...Where before I struggled to represent my state, I will now be representing my country..." She was noticed by a "...WCOPA talent scout. This lovely lady owns her own talent company in Queensland and had me through the audition process in no time, I was one of about seventy five thousand worldwide. As this is an international event with fifty or so countries competing, you can only imagine my excitement to be chosen..."

Firosha's amazing singing voice was first known to the masses in 1998. She had sung Janet Jackson's 'Together Again' at a high school assembly. "...No one knew I could sing. It was so quiet you could hear a pin drop and then everyone got up and cheered, my mum and her best friend were the loudest right at the back of the school gymnasium. I was so freaked out on the inside, I had a few bullies in the crowd but I sure showed them..."

Counting Mariah Carey as one of her greatest sources of inspiration – "...that woman is a legend and has built an empire from nothing. I love everything she is involved in music, movies and fashion..." Firosha mirrors her idol's tenacity. Her strong self-belief and unwavering family support has helped her get through her career's rollercoaster ride. "...My parents have been there for me, watched the rejection, the lost karaoke competitions, the failed auditions and now my father has written 2 of the most meaningful tracks on my album...when my mum watched my music video for the first time a few weeks ago, she rang me crying from joy, she was more excited than me..."

South Africa-born Firosha's time in the performance industry, "...working in hospitality and being a constant concert goer..." has given her the chance to meet some of music's A-listers such as "...Pharrell Williams from NERD, Redman, Method Man, James Brown before he passed and will.i.am and apl.de.ap from the Black Eyed Peas..." But her most memorable experience so far has been performing Celine Dion's 'Power Of Love' at her grandparents' 50th wedding anniversary in South Africa 2 years ago. "...My grandparents and parents were so proud and I felt amazing that I finally performed in front of people I knew. A lot of them didn't know I could sing..."

Despite all the ups and downs, Firosha has been enjoying her time as a music artist. "...I love the entire process. The preparation from getting the music right to doing your makeup and getting all dressed up. I love the applause as a support in you following your dreams... you feel like you're doing it for no one's enjoyment but your own and the only critique you care about is yourself..." It is that steadfast belief in her ability and in her craft that will certainly propel Firosha Price further and further into the limelight.



"I first performed when I was 8 years old in a church Christmas musical in Flower Mound, Texas. The director asked me to sing a solo (I think my parents were nervous) and when I stepped up to the mic something just happened inside me. I felt something I knew I couldn't let go of."

With her passion for singing ignited, she aims to connect with her audience with each performance – the thing she enjoys the most about singing live.

"I love connecting with the audience. It's so great to see the audience sing along and have fun with me. I also love working and performing with my band. It's awe-some to see how we all come together to bring life to a song."

Affecting and influencing people is the core of what motivates her to keep performing. Receiving notes and comments through social media, and letters left outside her dorm room have become the reaffirmation that she needed in order to know that she is doing what she was meant to do. Every performance has been a learning curve for her – something that she never fails to appreciate.

"I have to be myself, and stand for what I believe. I've learned not to be afraid to share my thoughts, especially when writing with other writers. I get better each time I work with someone new."

With a lot of performances under her belt, the most memorable one has been when she held a video release party for her music video "Daddy's Got a .45" at The Palace Theater in Grapevine, Texas. It was especially unforgettable due to the attendance of friends, family and a sprinkling of supporters. She recalls, "I was so humbled that all those people came out to see my performance and music video."

Her family had always been "supportive of her career something she doesn't take for granted. In the future, she plans to continue writing performing and recording music with the intent" of reaching as many people as possible.



## ADELINE MODEL

It's a long-held misconception that while models are blessed in their looks, they're sadly lacking in the brains department. While some, sadly, fit this to a tee, there are others who definitely don't. Take supermodels Cindy Crawford and Iman who studied Chemical Engineering and Political Science respectively. Iman also speaks 5 languages! And peppered among the many gorgeous NBA and NFL cheerleaders are lawyers, financial analysts and multiple degree holders. Joining the ranks of the 'beauty and brains' pantheon is StarCentral's Sexiest Woman of the Month for December 2013, Madeline Cole. Madeline is the holder of a Bachelor's Degree in Anthroplogy with a minor in Biology from the University of Maryland. She is also in the process of completing her Master's Degree.

But there are 2 more things that sets Madeline apart from the rest – Heart and Strength. When her mother lost her fight with breast cancer when she was just 12 years old (her father was non-existent long before that), Madeline developed a deep well of inner courage. That well, and the steadfast support of her big brother, has fuelled her as she established her modeling career and in her intellectual pursuits as well.

Modeling began for the Germany-born beauty when at 15-years old, she was discovered by a local photographer. Hooked from that very first session, Madeline's enjoyment of her career has only grown. She enjoys "...playing new roles with every shoot...",

being able to travel and meet new people. She's learned one downside to being a model though — "...I NEVER want to do my makeup because it doesn't compare to how amazing my makeup artists are..."

Some of her fellow models are her closest friends such as Brit Bliss ("...she's my love for life!") whom she counts as one of the most interesting people she's met so far.

The 22-year old's early lessons on self-reliance shaped the way she approaches her modeling. While many models might have taken the advice of Tyra Banks, host of America's Next Top Model, Madeline "...found most of my work on my own without the help of an agent and I'm still doing fashion after all these years when so many said it wouldn't be possible..." That approach has landed her not just the cover of Maxim and Solis Magazine's November 2013 issue (a fashion magazine highlighting her as a 'Diamond In The Rough'), but the respect of industry professionals she's worked with so far. Madeline was also named as a "#1 Hottie" on G4's (a US cable network) 'Attack of the Show.'

The Dayton, Ohio-based beauty has many plans for her future and those plans cover both her life in front of the camera and behind it. Madeline may very well be dressed in khakis working with primates in a zoo (a dream of hers) or causing car accidents as a model (which she did all those years ago at her first session!) or BOTH!



## SHARMA MODEL

feature

Introducing Sonam – StarCentral Magazine's Sexiest Woman of the Month for November 2013. Sonam's real name is Sonam Sharma although she has been rechristened to "Zaffarah" which means "Sapphire." Sonam, also known as 'Zaffarah' (which means 'Sapphire'), is a 27-year old Indian beauty who is the elder of two sisters. She studied IT and Design from London and Leeds in England respectively. She is currently pursuing a course in English Literature from Delhi, India. She has also had formal training in Photography, Personality Development Coaching as well as Learning Facilitation for the differently abled.

Sonam was first recruited as a model by a local Talent Recruitment. She was asked then if she was looking for a job and she accepted the offer. There is where she landed on her first modelling interview and audition. Her first paid shoot was with a British Magazine for teenage girls.

Modelling is like Sonam's extension of her personality. Through modelling, her self-confidence is boosted as well as her faith in her own abilities and it has helped her express her true self without having to speak a word. To quote, "Obviously, the very core of your natural disposition has to be a likable one for modelling to really help you get the bigger picture. Otherwise it just remains a job that pretty people do for the very reasons people do a job!"

Sonam, unbelievably, grew up feeling hideous about the way she looked. She was actually diagnosed with severe BDD (Body Dysmorphic Disorder) that led to

various other psychological issues very early in life. It was then that she realised that she had to change her own personal perception of 'herself' for it to reflect in the way people perceived her, her environment and her social settings. "With a tight grip on my newfound hope and sense of self confidence, I tiptoed into the world of glamour and slowly it worked in my favour as I started to feel better about myself, more confident and secure as the person I am and I love it now. As an actor and a model, I know I have nothing to hide when I am under the spotlight."

Everything has its downside, modelling is no different. Modelling is a skill and will always require practice. Since Sonam has always enjoyed modelling, it seems like it was already her destiny. Every time that she has a shoot, it adds to her experience and she always learns new things. Her acting roles have been as diverse as playing a gang rape victim in a monologue by Franca Rame, or a controversial woman undergoing sexual metamorphosis, or to a helpless Iraqi woman who has lost her child her in the 'Bombings'. All these have become a part of her.

Throughout her modelling journey, her family has been ever supportive of her and has been there since from the very beginning. She intends to continue her modelling career. Her focus is also shifting towards acting. Since she is a very versatile person, she is also a writer and an artist who wishes to do more theatre, films, and projects internationally. She definitely wants to travel the world and keep feeding her desire for learning.

## ROXANN CARKE MODEL

There's an old saying that persistence pays. Well, it has certainly paid off for StarCentral's Female Model of the Month for November 2013, Roxanna Clarke! She describes an unconventional start to her modeling career — "...I messaged companies every week and I think people got sick of hearing me so hired me instead..." That refusal to accept 'no' started Roxanna's successful run in front of the cameras.

The 23- year old's familiarity with body image and fitness started in her early career as a professional cheerleader where she competed in events run by the British Cheerleading Association. Her model physique is also maintained by her love for dance (as well as snowboarding, gym time, and dead lifting!). She is classically trained in ballet but has since branched out into contemporary, jazz, disco and even salsa. But don't be fooled that Roxanna is only skin-deep. One of her cherished dreams is "...I want my own Science or Discovery Channel programme... or have a job in a lab....I love science!!"

But for now, the UK-based beauty is making a name for herself as a promotional and print model nationally and internationally. She has modeled for some of the biggest brands in the world such as motorcycle giants Ducati and Harley Davidson; high-end clothing labels Diesel and Religion, as well as skincare icon, L'Oreal. And that is only the tip of the iceberg. The variety of her modeling jobs perfectly plays into what Roxanna loves most about modeling — "...I love been in front of the camera and being able to express different characters of my personality..." But her favourite jobs by far are her swimwear shoots "...as I get to wear what I am most comfortable in!" After all, who can hate being able to work by the beach?! It is no surprise then that her favourite job so far was a beach shoot in Marbella, Spain. "...I woke up every day at 5 am just to watch the other girls shoot and run on the beaches when we had finished sunrise shooting. Then we would walk on the rocks and swim in the cool sea...before anyone else was awake...."

The support of her family has been invaluable as Roxanna navigates the demanding, and often difficult, world of modeling. She describes having had to deal with "...fake agencies and fake individuals who claim to be in the industry..." as well as coping with the constant struggle of staying grounded. She always tries to keep in mind that "...everyone is of the same value, from "...a celebrity to a homeless person we are all one person with a heart..." A recent modeling trip to Morocco also brought home to her how lucky she was to be living, and working in England – "...I now truly value everything I have and do in my life from the things I had seen over there. When I flew back to England I actually kissed the ground...never take anything for granted because one day you might not have it anymore..."

Roxanna's stunning beauty, determination, brains and generous heart definitely stand her in good stead in enjoying even more success that she already has.





### MODEL

There is always a side of person that cannot be seen from the outside. We always have this inner "us" which can only be seen by observance and conversation with others. Each person has his or her own personality distinct from others. Each person is different. Each person is unique. Let's take a look at who Clancee Erin Holgate, StarCentral Magazine's Female Model of the Month for October 2013, really is.

Clancee Erin Holgate was first contracted by an agency during her mid-teens. It was also around the time of MySpace's popularity. One of the scouts of the agency came across her profile and from there, her modeling career began. Modeling has been Clancee's interest from a young age. Though she has a history of being extremely shy, every job she undertakes goes into building up her confidence.

With all the glitz and glam of modeling, still there are downsides to it. Popularity comes with its downsides also. "You have to develop thick skin," to quote Clancee. Criticism will always be there. It's a fact that one cannot please everyone. A person's self-esteem and confidence can be greatly affected by how another's opinion, good or bad. Character is formed by how one handles those opinions.

Being a model involves a lot of effort, with many lessons to learn along the way. According to Ms. Holgate, there are two things that she has learned. First is to avoid disappointment. No one can hurt you without your consent, and the best way not to be disappointed is to avoid unfortunate situations. It is much easier for a person to accept that not everything one wants arrives at the time of their choosing. It's more of thinking what can possibly happen and accept it right away. Second, is to always say "I can do it." No matter what other people say but it you know in yourself that you can do it, you can definitely do it.

Having a supportive family and boyfriend makes Clancee the best that she can be. They have been with her all throughout and have been an integral part of her success. They are her never ending supporters and whatever happens, they will be there to back her up. Her boyfriend, who also happens to be a model and a photographer, is always there for her. In times that he is not busy, he would go with Clancee to photo shoots and would sometimes end up being the photographer's assistant!

Clancee is taking the future of her modeling as one-day-at-a-time. Outside modeling, she is currently studying full-time in university taking up a degree in Bachelor of Arts & Pathway to Primary Teaching to become a children's teacher.



# ARRYADIS

### MODEL

Modelling is fast becoming the preferred career of a lot of young adults, and even teens for that matter. For those gifted with stunningly good looks and gorgeous bodies, strutting the runway or being in a commercial shoot seems to be an idyllic profession. But in a world dominated by a very competitive battlefield of figure and looks, one aspiring model stands out by being more than just a hot runway body.

Harry Kaladis (StarCentral Magazine's Sexiest Man of the Month for October 2013) was first discovered in an audition when he was 18, and has been attending castings and runway shows since. The Alcock underwear and the Honda motorcycle clothing shoot may have been the highlights of his modelling career but Harry considers the bigger picture his priority. His degree in Civil Engineering is proof that wits and a belief in the academe make him distinctive from everybody else. In a world where a gorgeous body is considered an advantage, he calls his an 'accessory' – sort of a physical auxiliary that he could use next to his intelligence.

This overty energetic model has included an all-American and European ski adventure to his bucket list, and has confessed that biking is also a dream hobby that he wants to pursue. His love for adventure is certainly an added plus to his already interesting persona. A great body that's complimented by intellect and an outgoing vibe has certainly made a lot of people notice Harry in such a short span of time.

Being enrolled in post-graduate studies (Master of Management Finance) has made Harry focus on the things that will benefit his long-term career. While most see a very promising modelling career ahead of him, he still thinks that getting into the corporate or the professional world as a Civil Engineer will pose greater possibilities. Having a fall back is not exactly part of every model's plan, but Harry knew better because he has acknowledged that eligible bachelor models like him can only be bankable for so long. When age sinks in, there will be new faces, new bodies, and new names that will dominate the runway.

For Harry, he's got his future covered – both as a model and as a professional.

With a man who has disciplined himself enough to have a fit lifestyle while maintaining academic equilibrium, there will certainly be more titles and recognitions that can be received in the future. But for now, he'll settle for the smart guy who was picked as the Sexiest Man of the Month.

feature

# feature OSSIN

# ADE STER MODEL

Having always dreamed of being a model, Male Model of the Month for October 2013, Jade Foster pursued his lifelong dream instead of waiting for it to happen. In fact he paid a total of \$1000 to build a portfolio and used it to promote himself in the industry. His perseverance paid off only after a year when he got his first paying job with EMPV Modelling – a milestone he considers to be the most memorable experience of his career so far.

The cut-throat nature of the modelling industry can be disconcerting for most people but Jade uses his passion and dedication for it to keep himself motivated.

"I love being in front of any camera. It's very rewarding after hitting the gym and watching my diet for
weeks to then spend several hours on set and enjoy
the end result; flicking through all of my shots for the
day and really just being satisfied with how I've
ended up looking, and in so many various poses and
diverse settings as well. It's great! Also don't mind
being the centre of attention every now and then
helps too."

Having worked in the industry for several years already, he is no stranger to how difficult the work can be and how competitive it is just to get a job – so he just focuses on the upsides instead or wallowing in the negatives.

"It's very competitive and therefore, it can be very hard work. A lot of people outside of the industry just think that typically, you go to a studio, walk out in front of a camera, smile and you're done. It's not like that at all. Sometimes I spend hours and hours just trying to

get the right shot and it's really stressful pouring your heart into a specific setting and not getting the look you're trying to achieve; but in the end, when I get the shot I'm super excited."

Of course, modelling is not without its perks. He has met some interesting people like Whitney Port from The Hills whom he met and hung out with at the Mercedes Benz Fashion Week. The industry has also taught him a lot of valuable lessons about work ethics and attitudes.

"The modelling industry is a really cut throat industry in regards to timing and attitude, as well as work ethic. The biggest lesson I have learned, is that if you're not going to be there on time, with a positive attitude and have a positive mind frame about your shooting, then you can torget it."

He gets his positive attitude and determination from the support of his family – especially his mom who has pushed him and motivated him towards success. His family is also the reason why he stays grounded despite the superficiality of the modelling world.

"My family and especially my fiancé have always kicked me off my pedestal after a shoot and bring me back down to reality. I don't look for looks as a characteristic when speaking to people or making new friends. In turn, when people provide criticism, which everyone can be quick to do, I ignore all criticism against me or any model based on their appearances." Looking towards the future, he hopes to continue to work hard and to keep doing what he loves the most: modelling.



Karras Jordan, StarCentral Magazine's Sexiest Man of the Month for November 2013 is 28-year old half-African American and half-Puerto Rican based in Atlanta, Georgia, USA. He loves bowling and watching movies.

Karras got his start in the modelling world when he accompanied his friend to a photo shoot. One of the models cancelled at the very last minute and unexpectedly, he was asked to fill in. Since then, modelling has been Karras' passion and what he likes about this career is that he has the chance to meet other people. He loves interacting with all his fans from all walks of life and loves talk to them about their day to day lives.

However, being a model has also its downside. After all, everything has and this is not an exception. There are dishonest people in this kind of business and it all seems to be just a fallade. Selfishness seems rampant.

But there are the positives to balance out the negatives. Karras has an indelible memory of him being 8 years old, browsing in a store with his grandmother when he declared that he wanted to be on the cover of magazines and books. His grandmother told him that if he really wanted it, then he can do it. As for Karras, so strong was that early memory that he believed in his grandmother's words, and so he made his dream into a reality.

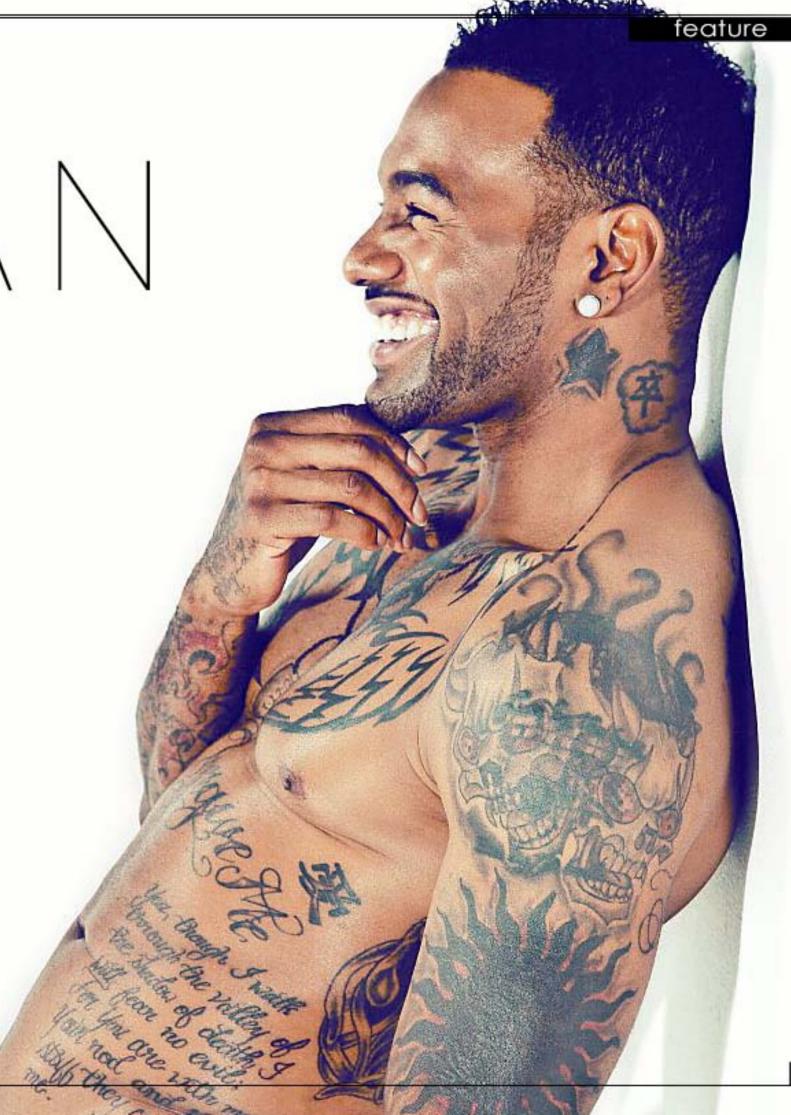
Throughout his career Karras has met a myriad of interesting people. For him, the most interesting individuals were stylists and photographers. They have a unique level of creativity and it continuously amazes him how they've been able to achieve such fantastic results from their extensive imagination and style.

Even though Karras has started only modelling for a little over a year, he had learned in that short period of time not to trust everyone. Following his heart and keeping his integrity intact are very important to him. "What is meant for you, you will have, " he said.

Given the fact that Karras is now incredibly popular, he has always remained grounded by being humble. He always tries not to ruin any type of relationship. He is a very open person and honest but a private one at the same time. Pettiness and nonsensical thoughts have no place in his life.

Karras owes his career to his ever supportive family. His mother has been his biggest supporter and all that her mother wants to do is to tell everyone that Karras is her son. She would always be there no matter what happens.

If one believed that Karras has only his looks to rely on, one would be quite mistaken. He is also an actor, artist, and an author (he released his first book, a compilation of poems called 'Mind of a Maniac' earlier in 2013). He is now beginning to embark in new arenas as a radio host and a motivational speaker. He will be launching his own radio show on December 2nd called KAOTIC Radio. He is also setting up some dates to do some motivational speaking to various groups. His ultimate goal is to have an impact on all aspects of the entertainment industry.



Feature

State

MODEL

Glenn Lee Cowling-Pain is StarCentral Magazine's Male Model of the Month for November 2013. The 24 year-old is an English-Australian and Australian-Hungarian who usually comes home after work to play on his guitar or watch a few movies.

The newly hailed male model of the month has gone through a lot before he reached this pinnacle. His start in the modelling world is an interesting one. He just accompanied his friend who was studying to be a makeup artist but when they needed a male model, Glenn was (reluctantly) pulled into the role! Just like everyone else, the Canberra-based model wants to meet so many amazing people. With his job as a model, he finds it amazing to talk with all kinds of people and through them he has been able to learn a lot and create a connection with his fans.

To be in the entertainment industry however, is totally different thing than just being an ordinary citizen. One loses a certain amount of privacy and is left open to snap judgements and unsolicited criticism. A thick-skin is therefore essential – a fact that Glenn quickly learned. But the negative side of the industry is a necessary price to pay for the privilege of being able to work with, and be amazed by talented professionals. Glenn was inspired by the work of Lorianna Cicchini when he collaborated with her doing the Christ collection by andychrist, It has been one of the most memorable experiences of his fledgling career.

Being a new one to modelling (Glenn has only been in the industry for about a year), one thing that he has had learn is to be as natural as possible in front of the camera – awkwardness and over-posing is glaringly obvious to the camera lens. His family and his girlfriend are unfailingly supportive in his career except for when he is pictured with a cigarette! He jokes that he has no escape from his mother's disapproval when she sees those pictures!

Glenn doesn't know yet what the future holds, but he is planning to sign with an agency and "run with the big dogs". He hopes to one day be modelling for such iconic brands such as Giorgio Armani or Hugo Boss. With his can't-look-away hazel eyes, chiselled build and mischievous smile, Glenn Cowling-Pain may just find himself gracing magazine covers or sizzling down catwalks all over the world!





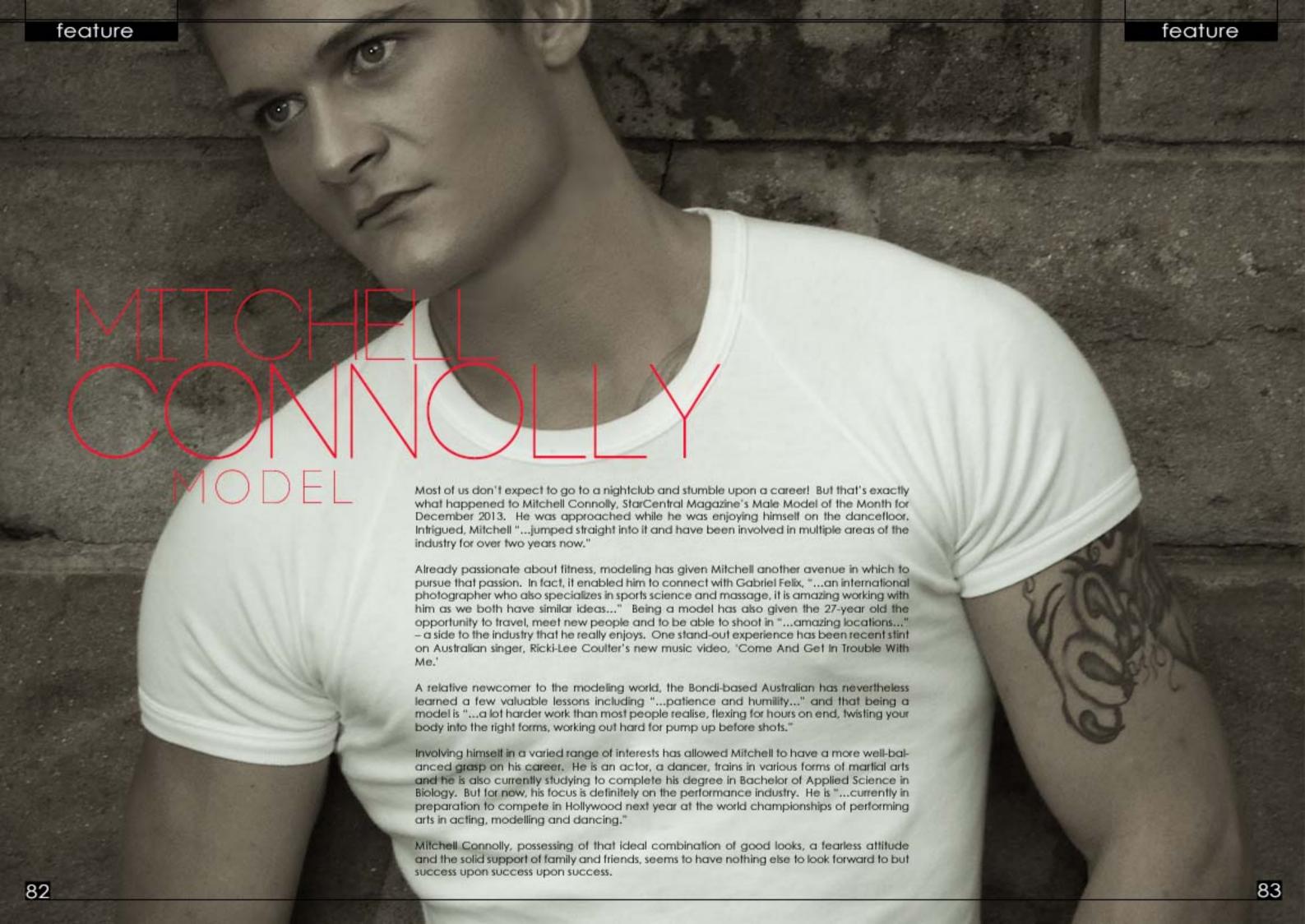
### HRISTOPHER BONER MODEL

"The common misconception that this is all I am. People often look at models as if they're nothing more than a well-made mannequin on display, they forget to consider what lies beyond what they see on stage..." There is certainly a lot more to Christopher Bonner (StarCentral Magazine's Sexiest Man of the Month for December 2013). Outside of modeling, the Houston, Texas-resident works as a radiologist. He also hopes to "...branch out into acting, & become a sophisticated investor & more of a philanthropist..." But still, modeling will be a part of any future plans – "...I think it keeps me focused & helps me remain vigilant physically. Who knows, I like to keep my options open so I may end up surprising myself...stay tuned!"

Modeling found Christopher while he was "...walking through a mall one day & there was a fashion show exhibit & I was approached during that time..." Since then he's enjoyed the 'escape' the modeling world affords him — "...I feel as though I'm someone else when I'm on stage, so it's kind of a retreat for me from the norms of everyday life..." After all, not everyone can meet industry heavy-weights Tyson Beckford and Naomi Campbell!

The focus on the outside characteristics of a model inherent in the industry has taught Christopher "...not to take certain things too seriously & to be sure to slow down enough to consider "precious" areas of my life... like family and living...". "...spending time with people who are wiser than I am, devoting time to projects that keep me focused on what I aim to achieve..." has also helped keep his feet on the ground.

Counting the pride he saw on the faces of his family and friends after his first fashion shoot as the most memorable experience of his career so far, just goes to show that this half African-American/half Native American Adonis really is more than just jaw-dropping good looks and chiseled abs. The modeling world should best prepare itself for Christopher Bonner.



### people







CREATIVES UNCOVERED







DEREN AT SQ2013

MIKA, YASSI AND ALYSSA

The Best & Worst of 2013

By: Jenny Aluning

As we start 2014, let's take a look back at the news stories that captured our attention. Stories that illustrated unity and compassion amidst tragedy; political shenanigans that put the US economy in a holding pattern and made the rest of the world jittery; the loss of a historical icon, and new hope entering the world stage. Here are the 2013's hottest headlines.

### **Boston Marathon Bombings**

When two pressure cookers exploded near the finish line of the Boston Marathon on April 15, the blast killed three people, injured more than 260 others, and put an entire nation on edge. The bombs — a crude mix of nails and shrapnel that fore through the crowd of cheering spectators, volunteers and proud, almost-finished runners instantly transformed a moment of shared joy into one of collective terror. On April 17, the FBI sought the public's help in identifying grainy surveillance images of two young men thought to be the perpetrators. The search took a violent turn just hours later when brothers allegedly shot and killed an MIT police officer and then exchanged fire with police as they tried to escape in a hijacked SUV. Tamerlan, 26, was killed in the fracas; his younger brother, Dzhokhar, 19, managed to escape, As day broke April 18, state officials shut down Boston area public transit and urged residents to "shelter in place" behind locked doors, effectively paralyzing a major American city. Police ultimately found a bloodied and dazed Dzhokhar hiding in a small boat, in which he allegedly wrote pro-Islamist messages with his own blood. He has pleaded "not guilty" to 30 charges related to the bombing, including 17 punishable by death. -Noah Rayman

### **US Government Shutdown**

Unable to reach agreement on federal spending levels, a dysfunctional Congress stumbled into the first government shutdown since the mid-1990s, grinding much of the federal bureaucracy to a halt for more than two weeks in October. The showdown was forced by a cadre of conservative Republicans, who sought to tie

government funding to a bill to gut the Affordable Care Act. The 16-day impasse, which ended with a short-term deal that averted a debt default, torpedoed Republican approval ratings, slowed economic growth and ultimately cost some \$24 billion, according to the credit agency Standard and Poor's. While the political and economic fallout should prevent a repeat when funding deadlines expire in early 2014, the episode may have long-term ramifications. Moderate Republicans and business lobbies aligned with the GOP vowed to take a more aggressive posture against the Tea Party conservatives who spurred the shutdown, setting up a battle for the soul of the party that will define the 2014 midterm elections.—A

### Supertyphoon Haiyan (Yolanda)

The deadliest storm to hit the Philippines since at least Typhoon Tehlma in 1991, Haiyan smashed into the archipelago with wind speeds as high as 170 mph (more than 20 mph faster than Hurricane Katrina's worst gusts) and surging sea levels up to 20 feet. Despite preparations, including the evacuation of nearly 800,000 people, more than 5,000 people were killed as the storm wreaked havoc in central Philippines and leveled entire parts of the coastal city of Tacloban. Nearly 2 million people were left homeless.

Money and supplies streamed in from the international community in a show of goodwill—and diplomacy. The Chinese, on untriendly terms over disputed maritime territories, were criticized for offering, at first, a paltry \$100,000, or one-seventeenth of what New Zealand was giving. Meanwhile the U.S. seized on an opportunity to put its geopolitical Asia "pivot" into action, promising \$37 million in aid over the following days and dispatching an aircraft carrier to support relief efforts.

### Pone Francis

White smoke rose to announce the new pope on March 13—habemus papam!—ending one saga and setting off a new era for the Vatican. A month earlier Pope Benedict XVI resigned from the office due to his old age, becoming the first pontiff in nearly 600 years to cede his post.



The pope has since shaken things up, spearheading financial reform within the Vatican, challenging traditional Church views on homosexuality and women, and denouncing the rapacious nature of Western capitalism.

In his place the papal conclave voted for the Argentine cleric Jorge Bergoglio, who from the outset has fashioned himself a reformer of the Church and an advocate for the poor. He selected his name—the first Francis in the history of the papacy—after the champion of the poor Saint Francis of Assisi, and has since shaken things up, spearheading financial reform within the Vatican, challenging traditional Church views on homosexuality and women, and denouncing the rapacious nature of Western capitalism. Since his naming as the head of the Catholic Church, he has proven that his choice of papal name is more than for show. He has emulated the saint's humility and love for the poor and his obvious philosophy of 'actions speaking louder than words' has resulted in a new spirit within the community and the faithful worldwide.

### The Death Of Nelson Mandela

Rolihlahla Dalibhunga Mandela is born in the tiny village of Mvezo, in the hills of South Africa's Eastern Cape. He was given the name Nelson by a schoolteacher but is also sometimes called Madiba, his traditional clan name, Mandela attends the University of Fort Hare, one of the few higher education facilities for black South Africans at the time. He is expelled after taking part in a boycott with Oliver Tambo, who will become a lifelona friend and fellow anti-apartheid activist. Mandela attends the University of Fort Hare, one of the few higher education facilities for black South Africans at the time. He is expelled after taking part in a boycott with Oliver Tambo, who will become a lifelong friend and fellow anti-apartheid activist. Mandela joins the African National Congress, a South African political party dedicated to opposing apartheid, South Africa's legal system of racial segregation.

Dissatisfied with the ANC and its old-guard politics, Mandela, Tambo and several others formed the Youth League of the African National Congress, hoping to transform the organization into a more radical movement. It was the beginning of Mandela's lifelong commitment to breaking the shackles of segregation in South Africa. On Mar 21, 1960, 69 unarmed black protesters in the township of Sharpeville are shot to death by police as they and thousands of others demonstrate outside a police station. The Sharpeville Massacre, as it comes to be known, is condemned around the world. The South African government outlaws the ANC after the incident, and Mandela will go underground to form a new military wing of the organization.

In 1964, he was sentenced to life in prison where he remained until February 1990 when South African President F.W. De Klerk finally dismantled apartheid and lifted the ban on the ANC. He and Mandela share the Nobel Peace Prize 3 years later. Mandela becomes South Africa's president in 1994. After his term ends he becomes a world advocate for AIDS and for continued peace. Late in 2012, his health takes a turn from which he never fully recovers. He finally passes away on Dec 5, 2013 at the age of 95.

Their romance and wedding have been watched by millions so it comes as no surprise that the birth of their first child will receive the same attention. On July 22, 2013. Prince George Alexander Louis of Cambridge. third in line to the British throne came into the world and London echoed with the sound of cannonades and music to mark the birth. Guardsmen at Buckingham Palace, the queen's residence, played the Cliff Richard song "Congratulations" at the Changing of the Guard. The military ceremony, much beloved by tourists, involves a new guard exchanging duty with the old guard in the palace forecourt. The King's Troop Royal Horse Artillery in Green Park fired 41 shots in tribute to the boy, while the Honorable Artillery Company at the Tower of London fired 62 rounds. At the same time the bells of Westminster Abbev, where William and Catherine were married in April 2011, began to peal, in keeping with royal tradition, and were set to continue for more than three hours.

### NSA Whistleblower Edward Snowden

On June 6, the Guardian and the Washington Post broke the first stories in a series that would expose extraordinary surveillance at home and abroad by the U.S. National Security Agency in arguably the most important leak of classified intelligence ever. The stories initially detailed the NSA's program of bulk data collecfion of Americans' phone and internet records, but soon exposed U.S. spying against allies and other more tradifional espionage targets abroad, NSA-contractor Edward Snowden revealed from Hong Kong that he had handed over hundreds of thousands of documents to reporters, and said he was doing so to prevent the establishment of "turn-key tyranny" in America. The ensuing revelations and Snowden's flight to Russia infuriated the Obama administration, which sought his extradition on criminal charges. They also embarrassed the intelligence community and initiated an international discussion on the boundaries of surveillance in this age of instant communication, —Massimo Calabresi



On the morning of Aug. 21, reports emerged from a Damascus suburb of a sarin gas attack, a grim event in a civil war that had already cost the lives of 100,000 people and spurred the largest refugee crisis in a generation. Chilling videos of women and children, some twitching, others lifeless, brought out the strongest reactions yet from an international community that has sat on the sidelines for much of the country's grinding two-year-long civil war.

Ten days later, after releasing to the public an intelligence report determining that Syrian President Bashar Assad fired the weapons and killed at least 1,429 people, President Barack Obama announced that he was going to ask Congress for authorization to strike Syrian chemical weapons installations. While Assad and his allies dismissed these allegations, the rebels seeking And then it never happened. US public opinion was dead set against another intervention in the Middle East. Russia, one of Assad's closest backers, managed to convince Damascus to cede its chemical weapons stockpile to a UN Security Council mandate. The Assad

stockpile to a UN Security Council mandate. The Assad regime has reportedly been cooperating with UN inspectors as it goes about now eradicating its stockpile.

All the while, the civil war rages, hollowing out cities and scattering communities. The rebels — a loose coalition of militias at the best of times — have grown more fragmented, with rival Islamist and secular-leaning factions even clashing with each other. Peace talks set for Geneva early next year could not come sooner, but few are optimist of what they will achieve.



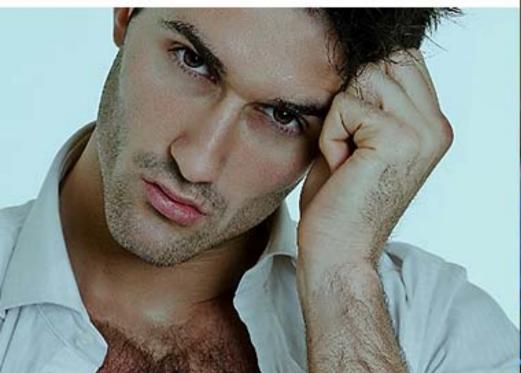
sexiest men





THE OFFICIAL TEN
SEXIEST MEN
IN THE WORLD 2013









9. DANIEL LUKAKIS 10. JOSH PRE

5. FILIP FARKAS



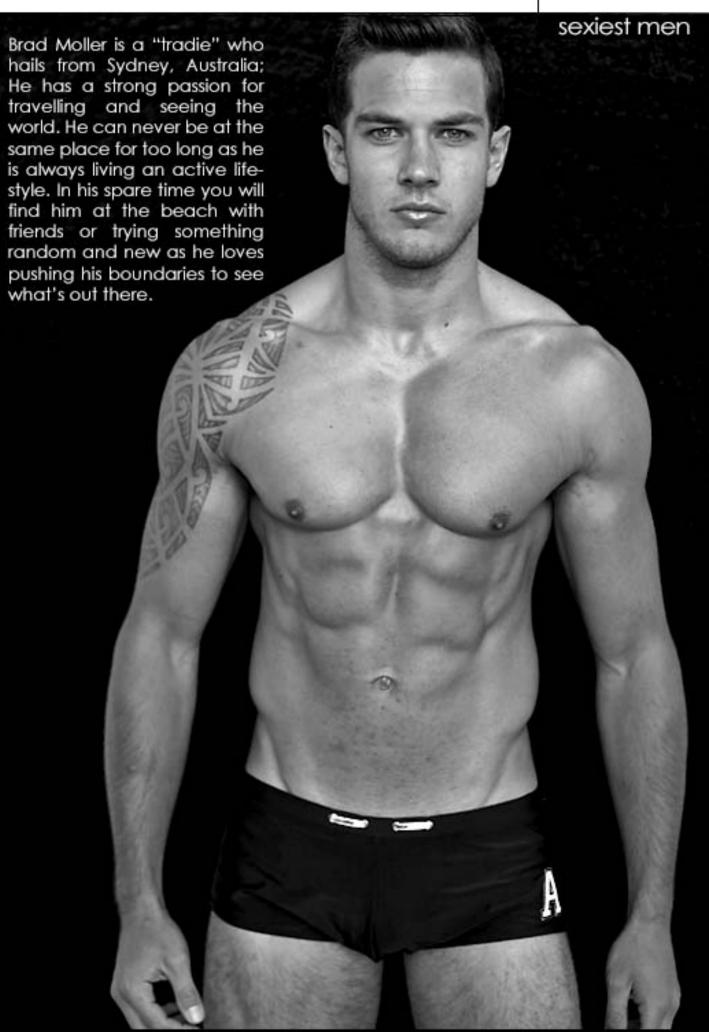
THE OFFICIAL TEN
SEXIEST MEN
IN THE WORLD 2013



3. SHAWN HOKES



2. ANDREW VLAHOS



SEXIEST MAN OF THE YEAR: BRAD MOLLER

92





7. GEORGIA GRAHAM

THE OFFICIAL TEN
SEXIEST WOMEN
IN THE WORLD 2013



sexiest women



8. ANASTACIA



9. NASHPREET SINGH

10. GABBY O'SULLIVAN

5. BROOKE RYAN



THE OFFICIAL TEN
SEXIEST WOMEN

3. JULIE MYCK Kate Adams - StarCentral Magazine's sexiest woman of the year is actually a hairdresser and a make-up artist by trade so she loves being in front and behind the camera. She also does a lot of promotional modelling for big events in Perth where she is currently based and she really enjoys this job because she loves mingling with all the celebrities and guests. She is a dedicated, fun-loving model who is never afraid to take chances and achieve her goals. SEXIEST WOMAN OF THE YEAR: KATE ADAMS

2. ROXANNE CLARKE

sexiest women

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RAMOS 100

MALE ARTIST OF THE YEAR

Ramos Jakob, StarCentral Magazine's Male Artist of the Year for 2013, has been one very busy entertainer. Since being named Male Artist of the Month for March 2013, Ramos has been hard at work with his music, preparing the foundations for his launch into the mainstream music industry. His latest single with The A&R Department (an independent artist development, music services and music distribution company headed by Matt O'Connor, a former executive at Warner Music Australia), 'I Thought I Told Ya' was released on December 2, 2013 "...but only as an underground thing...now we are about to take it and make it mainstream so we have been planning meetings with major radio stations and TV programs to really start pushing the song..." The song, produced by Divy Pota and recorded at Hit City Studio, is described as "...an anthem about the history and evolution of the different phases and cycles of hip-hop..." It has been well received by both critics and music fans alike with the music video rapidly approaching 200,000 views on YouTube!

But that is not the only project that the 26-year old has in the pipeline. 2014 will see him release more tracks and videos, on some of which he has been working with Philippe-Marc Anquetil – a much sought after lyricist, vocal producer, arranger and mixing engineer who has worked with artists such as Tinie Tempah, Jessie J, Little Mix (X-Faxtor UK's 2012 winner), One Direction, David Guetta as well as with creative teams behind some of the industry's biggest names such as Rihanna, Lady Antebellum, Beyoncé, Chris Brown, Usher, Olly Murs and more. Beyond the music, "...I've got two concepts for a couple of web series I would like to work on. I am also working with Vanna Seang, an internationally recognised cinematographer/director on a feature film titled 'The King's Seed.'"

But while the Sydney-based performer is poised to explode onto the music world, for him "...it's never about money...I'm honest and always willing to help and grow the music industry. My main goal is to take the Australian music scene to another level and using my journey as an example. I'm all about networks affiliations and helping out other artists and musicians achieve their goals..." It's an attitude inspired by legendary musician, Bob Marley. He "...definitely made an impact on me because he was not one to let challenges stand in his way, no matter how large they were. I like to think we think the same way; with confidence and optimism. But my biggest inspiration comes from God. He gives me the strength to get up when I fall – and the grace to forgive those who gave me the push..." He is unfailingly generous with his talents, working with the Red Kite Foundation, Relay For Life and the Assyrian Aid Society.

As impressive as his musical credentials are, Ramos is also an extremely talented engineer/industrial designer. He is a successful stage designer and has designed stages for the likes of performers such as Eminem, as well as for some of the biggest music festivals in Australia and New Zealand such as 'The Big Day Out'. Ramos is also the brains behind his exclusive brand of shoes with built-in LED lights called 'D-Artist Kicks' which are already being used by several dance schools in Australia.

There is no denying that being idle is just not in Ramos' DNA. Possessing of that winning combination of incredible talent, innovative imagination, unshakeable conviction and solid dedication, the sky is the limit for Ramos Jakob. "...If you can dream it, then you can achieve it..."





FEMALE ARTIST OF THE YEAR

There really is no question that Frida Roos, StarCentral Magazine's Female Artist of the Year for 2013 is passionate about music – "...It is and has always been the most important part of my everyday life..." Of all the places in the world that she can pick as her favourite, Frida chooses "...the place where my microphone and computer are..." The 21-year old considers music a beautiful art form. A medium that "...can inspire people to try even harder in life, or make a change in their life..." For her to be able to have that opportunity to affect others is a real source of joy. "...I love how my audience and listeners really appreciate my singing and perhaps bringing some happiness in their life..."

The young Swedish-songwriter (also StarCentral's Female Female YouTube Artist of the Month for June 2013) first stepped on stage as a 12-year old. "...I sang with a Swedish singer named Shirley Clamp. It was at a community sing along event (Allsång i Fornbyn)... The way we hit it off with the audience was incredible and writing autographs sure was fun!" Since then, she has filmed numerous music videos and recorded multiple covers but in 2014, she plans to concentrate on creating more original material alongside her sister. "...We have some songs already done, but we need to practice even more before letting my followers see and hear our work! Another plan I have for 2014 is trying to get into the Swedish television show, "Idol". But we never know what the future has in store for us right? So let's hope for the best!"

Throughout her music career, one source of inspiration remains constant – that is Canadian singing powerhouse, Celine Dion. "...She has the most incredible voice, the way she can use it and how amazing this remarkable person is never tails to inspire me. No one else can match up to her, she has her own thing – and that's what I find fascinating!" As she grows in her craft, Frida feels that she needs to travel and "...see more of the world. Not only to just see new places, but to get more inspiration of other peoples life and lifestyles and combine that within my own process of being a greater person, artist and vocalist..."

Completely supported by her family, this talented performer and part-time fashionista ("....! like spending (way too much) time in front of the mirror, trying out new hairstyles and being experimental with my make up! Some times my friends has to wait for me before I'm done. I don't know how many times I've heard "Frida, hurry up already!!") cannot envision a future devoid of music. Wherever this musical journey will take her, Frida knows that success will always be within her reach as long as she stays faithful to herself and to her art.



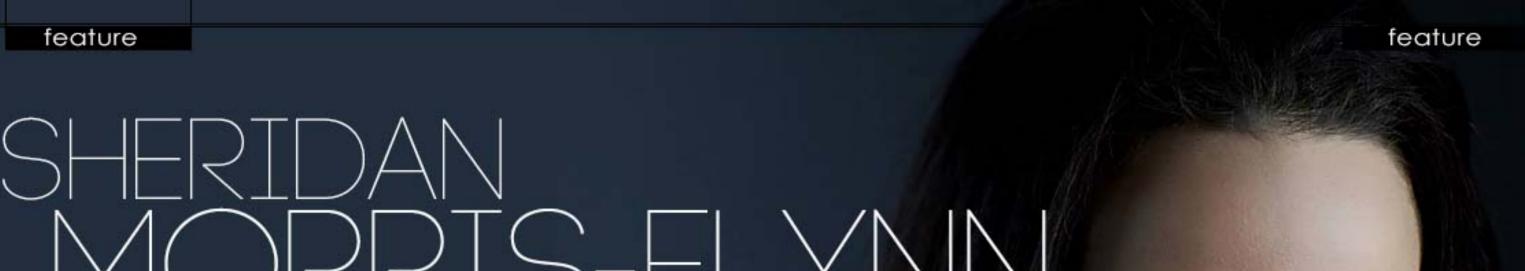
"'Just remember where you started when you're famous, Frank!'" These words are the constant reminder of Frank Fazio's (StarCentral Magazine's Actor of the Year for 2013) first teacher (and close family friend) as he climbs the ladder to success. She has seen Frank from his humble beginnings of playing Joseph in his kindergarten's production of the Nativity story, to this point in his acting journey.

Amazing talent, relentless persistence and sheer hard work has seen Frank so far shape his career into one many other actors would envy. A graduate of the Curtin University in Perth, Australia where he completed a degree in Bachelor of Arts majoring in Performance Theatre, the 24-year old found himself being nominated in the Best Actor category at the Western Australia Screen Awards in 2011 for his lead role in the film 'Restare Uniti' (We Stick Together), "...This was an award winning short film by Tino Films based on true events about the internment of thousands of Italians during WW2 in Australia..." The film has garnered critical acclaim including winning Best Short Film at the Ridgewood Film Festival held in New Jersey, USA as well as being up for Official Selection at the Cannes Film Festival for the category, Short Film Corner. For Frank, working on the film was an experience he will never forget and one that pulled out his most memorable performance to date - "...I was hiding under a table and was suddenly pulled from underneath by a police officer, thrown into a truck and taken away from my mother...this was a very intense scene that still affects me when I see it. I have never felt so connected...the thought of being removed from the ones you love with no reason..."

While the Melbourne-based thespian loves that being an actor gives him the opportunity of "...connecting with people to create magical moments and experiences...", he admits that "...sometimes it can very tough to keep motivated in such a competitive industry." During the more challenging moments, he calls upon memories of some amazing encounters to keep him going. Being originally from Perth, Frank was always an admirer of the late Australian (and Perth-native) actor, Heath Ledger so it was a rare pleasure for him to have had the chance to connect with Kim Ledger, Heath's father, "...It was an honour and Kim is such a gentleman..." So substantial was that meeting that Kim even attended a screening of 'Restare Uniti' when it debuted in Perth. Another memory is of well-respected Australian actor, Vince Colosimo being a special guest at the Melbourne premiere of the film. Colosimo's presence took "...months of work and networking, but I never stopped believing and got there in the end..." Even bittersweet memories can inspire Frank like the 2009 death of his childhood idol, Michael Jackson, one day before Frank was going to attend the opening of his 'This Is It' concert in London - "...I will never forget that day..." But last year, when The Jacksons toured Australia, "...I was so fortunate to meet the brothers backstage, have photos and Tito Jackson also gave me his guitar pick. To be in the company of such legends was a dream come true and they were so humble..."

3 years ago, this actor of Italian descent made the decision to relocate to Melbourne to further his career – "...It was very hard moving away from home...but when you love what you do and are passionate, you have to trust your gut and follow your dreams!" He plans to continue to build up his portfolio in Australia while also increasing his versatility by learning the ropes behind the scenes. Hollywood, of course, is his ultimate goal but this emerging talent knows that getting there will take patience and perseverance –"... I always say this but it's true, 'One step at a time, great things take time.'"





ACTRESS OF THE YEAR

When Sheridan Morris-Flynn (StarCentral Magazine's Actress of the Year for 2013) was asked this question: "When did you first perform and where?", she answered: "If you were to ask my Nan this question, my first performance was when I was about 4 years old, in the middle of the supermarket. I threw a fake tantrum because I couldn't get a lolly or something ridiculous...she wrote it in her diary as 'Oscar winning'. She said from that day on, she knew I'd act." Well, Sheridan's Nan was right. 3 years later, at only 7 years old, her granddaughter will already be enrolled in their hometown's theatre company.

Since that fledgling beginning, acting has captivated this young Melbourne-based performer. She enjoys delving into the backstory of her characters, "...I love the discovery process, working out why this character does what they do, how they walk, talk...all that stuff. But what I love most is that moment when it all comes together. When the circumstance is real and you're alive as character; there's no better feeling than that..." She also loves the opportunity "...to be able to give life and a voice to other peoples' stories, and then share it with the audience..."

Drawing inspiration from the careers of highly respected, legendary actresses Meryl Streep and Cate Blanchett ("...both of these actresses inspire me beyond words...), Sheridan keeps "...an image in my head of what I know I can be..." It drives her to work hard and to take every opportunity that comes her way. One such opportunity was being granted a full scholarship to the prestigious Stella Adler Academy of Acting in Los Angeles which she completed in May 2013. Though the 23-year old has garnered commendations for her performances ("Best Actress" for 2 years in a row at the "Shootout" Film Festival for the films "Hallucinate" and "Seven Dead") and starred in multiple film, TV and theatre productions, it was a performance during her schooling in LA that has made a defining impact on her – "...I hit a level of connection with character that I didn't know was possible. It was a scary but an elated feeling and once I had touched it, I knew what I had to find with other characters that I'd play in the future. It changed my acting completely..."

Any unconventional choice in a career will inevitably result in a few raised eyebrows. It was certainly no different in Sheridan's family. "...Some were absolutely more supportive than the others; but now that they see just how passionate I am about it, they push me forward in every way...when I moved to Los Angeles, I think they understood the dedication I had with my career...I was only 18 when I moved but there was no way I wasn't going..."

Armed with an unrelenting passion for her craft, this emerging talent plans in taking her burgeoning career overseas. She hopes to be able to work internationally and at home in Australia, playing "...meaty, raw roles that push me..." and perhaps applying her skills to cinematography as well. But whatever path this young lady chooses, her journey will no doubt see her surrounded by accomplished dreams and her name up in lights.



feature







# TINA DAFEON TY GURU OF THE YEAR

Most adults underestimate the impact they have on children. For Tina Daffon, StarCentral Magazine's Beauty Guru of the Year for 2013, it was the example displayed by 2 incredible women that set her feet upon the path of her future. "...Growing up, I always watched my mom & aunt get dolled up for parties, family get-togethers & even just a regular old shopping day...I loved seeing the different types of makeup they would use & how they would apply it on themselves. I always remembered them looking so classy at every event!"

After years of dabbling in makeup, Tina first realized that her interest could become more when a friend asked her to do the makeup for her wedding. "...I was SUPER nervous & we would have trial-run after trial-run, but on the actual day, I remember being so relaxed! I just had so much fun doing it! It just clicked!" Her career finally got its start when Indulgera, an online boutique was updating their lookbook and asked the 29-year old to do the makeup for their model. "...I was so grateful to be given the chance & til this day, the owner & I are good friends..."

The fashion and makeup world has highlighted for the Bay Area resident that "...everyone is unique in their own way!" But while her time in the industry has been peppered with successes (including being asked to participate in the Encompass Showcase hosted by RAW:natural born artists Sacramento – an international independent arts organization), the challenges have served to teach her some valuable lessons. One of which is to carefully look through a photographer's work before agreeing to be their makeup artist, "...because in the end, it will determine the quality of your work. When looking at their pictures, ask yourself 'Would I add this to my portfolio?" That savvy approach has seen this Filipina become a Freelance Makeup Artist for makeup giant, MAC Cosmetics.

For Tina, it is very easy to attribute her success to the people she loves, "...they continue to help me grow not only as a person but as an artist as well..." But most instrumental in her career has been the support of her boyfriend, Weldon. His gender obviously renders him less than knowledgeable about makeup, so he shows his support through his enthusiasm for her art as well as giving her sound business advice. "...But the most important thing about Weldon is that he keeps it real. No matter if it's good OR bad! I can always count on him to be honest when it comes to my work..."

Big plans abound for Tina Daffon. "...I plan on opening my own makeup boutique, getting published on the cover of Vogue, & eventually starting my own makeup line! I know these are big plans, but it gives me momentum to never give up. Besides, no one can ever tell you how big your plans can or can't be!"



DAVE PEKINS MALE MODEL OF THE YEAR

Sometimes, all it takes is a simple 'Yes' for amazing things to happen in life. For Dave Perkins, saying 'Yes' to the photographer who offered to do some shots of him when he had tagged along to a friend's photoshoot not only led to Dave being named StarCentral's Sexiest Man for April 2013, but also as Sexiest Man of the Year for 2013!

Stunningly handsome as he is, the 27-year old also has another skill. He is also a very talented singer with not one, but 2 tribute acts! One is dedicated to popular crooner, Michael Bublé called 'Forever Bublé and "...brand new for 2014 I have started a Gary Barlow Tribute act called 'Dave Perkins Being Barlow' featuring the best hits of Gary Barlow and Take That, so I'm now even busier than before running two separate shows!" He has also been asked "...to front a great Take That Tribute Band so I'm looking forward to working with them."

The best piece of advice he's ever received is 'Follow your dreams.' It's a piece of advice he has earnestly adhered to as he straddles the two worlds of the modelling and entertainment industries. Unexpectedly fascinated by modeling (being able to meet new people and travelling to new places), the British native has been involved in numerous photoshoots since his April 2013 win. He's seen the positive side of the industry as well as its challenges — "...long days for maybe just 1 shot..." and that unscrupulous 'professionals' lurk to prey on the less experienced.

The multi-talented Chesterfield-based hunk is truly a 'Jack-of-all-trades' (with size 11 feet!). Dave is also a semi-professional boxer, Thai boxer and personal trainer. But through all his differing careers weaves his passion for music. The stage and spotlight has been a second home for the father-of-two. His most memorable performance has been "...supporting 'The Voices of Abba' at Lydney Hall in Gloucestershire. This was an event where I first gathered a small following of fans..." It is to his grandfather that he credits that love for music – "...one of my biggest inspirations and supporters is my Grandfather who has encouraged me since I was a young boy, playing me records of artists such as Frank Sinatra, Dean Martin & Sammy Davis Jr... he's always worked hard and even now at 87, still thinks nothing of throwing bales of hay around his farm..."

It's a given that music and modelling will be in Dave's future. Settling into his new home with "...my amazing girlfriend...", this rising star is full of plans for his multiple careers but he hopes to fit in another dream which is to go on a safari. He loves animals "...and all wildlife and seeing them in their natural habitat..." Well, whatever he sets his mind on, Dave's exceptional talent, focus and ambition will see that dream fulfilled.



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## CASSIDY LA CRÈME FEMALE MODEL OF THE YEAR

It is often said that modelling is an avenue through which one can create another version of one's self. Nowhere is that more true than in the case of Cassidy Anderson, aka 'Cassidy La Crème', StarCentral Magazine's Female Model of the Year for 2013. Cassidy dons the vintage glamour look reminiscent of the 1920's to 1950's, emulating the pin up photographic style of the era. Her most incredible transformation is of her as Hollywood legend, Marilyn Monroe — a likeness so uncanny that it secured her as the 'official' Marilyn Monroe impersonator for Universal Studios Singapore for 3 years, has her invited all over the world for photoshoots and appearances as well as gaining her the cover of Australia's Pin Up Kittens Annual Magazine for 2013 and 2014.

For Melbourne-based Cassidy (also StarCentral's Female Model of the Month for June 2013), modelling is so much more than just posing for a camera. "...I love all aspects of modelling. It is definitely not a job, it's a passion of mine...I love every minute of behind the scenes preparation for the shoot, sewing costumes, designing hairstyles and hunting down props and then when it comes to shoot day, although sometimes a little stressful, to me it is heavenly!" So immersed is she in the work that "...I completely lose track of time...I always have to be reminded to stop and take a break... one day when I did an amazing photo shoot with the very talented Felicia Quah, we slammed out 6 themes in one 10-hour marathon shoot, barely stopping to drink or eat as we were just so engaged in what we were doing!"

The 25-year old's road to her current success had a challenging beginning. Initially very self-conscious about her curvy figure and stung by criticisms of her not having a 'model's body', Cassidy often found herself depressed. "...but once I started doing things my own way and not conforming to the 'norm', I found a whole new love and respect for myself and my body...It has become my mission to continue promoting a healthy body image through my shoots

and to make the most of the body I have been given..." Now that voluptuous silhouette has captured the attention of the modelling world and gaining her a global fan base. One of the many upsides of her career is that it allows her to indulge in one of her guilty pleasures. "...Shopping!! ...to me one of the best feelings is walking around with an arm full of shopping bags after a day hunting through stores for newfound treasures....the whole time I shop, I am picturing the possible photo shoots and performance costumes they could be incorporated into..."

Just when you think you know Cassidy (previously based in Singapore), she reveals that there's a lot more to her than you think. The Australian-born beauty is also a talented singer! Her Malay-based music YouTube channel not only received praise from Malaysia's top artists, but also earned her a nomination in the 'New Media Nova' category at the 2012 Anugerah Planet Muzik awards held in Singapore, recognizing singers from the allied countries of Indonesia, Malaysia and Singapore.

Drawing inspiration especially from her incredibly creatively talented family (her father is a former stuntman, her mother is a singer/sculptor and her brother is a bass player), Cassidy continues to envision bigger and better dreams. 2014 "...is going to be a very exciting year for me. I am working on some fantastic projects, including the release of my very own line of eyelashes, 'PinUp Lashes' by Cassidy La Crème, in a few months' time. This will be a dream come true for me..." Another goal is to travel to the USA to make her mark on the pinup industry there. "...It would be an incredible experience to team up with some like-minded professionals in a new environment and to take on some new challenges..."

Cassidy Anderson's unique look, intense passion for her craft and her family's unstinting support will all no doubt combine to launch this multi-talented performer to even higher levels of accomplishment.

