

STAR CENTRAL

DO
RELATIONSHIPS
**NEED
LIES**
TO ACTUALLY
SURVIVE?

**TEN
FASHION
MYTHS**

**THAT YOU
MAY BE
HOLDING ON TO
AND THAT
NEEDS
RE-EXAMINATION**

FIND OUT
MORE ABOUT
**ANDY
MAGRO**

ARE YOU GETTING
EXPOSURE OR
ARE YOU
**GETTING
EXPLOITED?**

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Andy Magro

Find out more about this upcoming actor!



OPENING REMARKS



We've got a great selection of stories lined up for our second issue of the year. In this issue, we open with a confession from an avid reader; it's actually a revelation that resonates quite deeply with most of us. This issue we've made sure that we take a fashionable glimpse at some of the most popular fashion myths that we might be holding on to for years. We also introduce Andy Magro - an actor who has been making waves in the entertainment industry and don't fret if you gained some extra weight during the holidays because we have the instant solution for you! I would like to encourage our readers to please give us feedback. We would definitely love to hear your thoughts or what you would like to see in our future issues so please send your feedback to jenny@starcentralmag.com. I hope you enjoy the rest of August and God bless everyone.

Mike Ilagan
Associate Editor

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Fashion
10 Fashion Myths that you may be holding on to!



editorial

Editor-in-chief
Jennifer Aluning

Managing Director
Mike Ilagan

Photographic & Art
Archie K.FIN Photography, Ash Narayan, Tiffany Ma, Brooke B, Christian Pedrosa, Expert Photography, Gary Abella, John Mungcal, David Moore, Lisa Chan, Raf Flores, Thang

Marketing
Alex Abella, Krissy Anderson, Eileen Maynigo, Barnes Luz, Jason Harris, Stephanie Macabenta, Charles Chan, Albie P, Joanna Cubelo, Annabel Gottfried, Rebecca Lachlan, Michelle Palmer, Cam, Mary Blanco, Hollie Azzopardi, Mel Mckoy, Jennifer McMillan, Melinda R, Louise, Kirra Wilden

Writers & Contributors
Jade Middleton, Shiwani G, Renae Smith, Holly Phillips, Natalie King, Charles Chan, Jess Champion, Scott Murray, Vanessa Jensen, Leanne Harrison, Patricia Higgins, Judy Flynn, Angie, Katrina R, Joerisa, Rommel P, Christian Q, Christine Claire dela Pena, Dasein Catedrilla

editor's notes

Unbelievably, we're already into the second half of 2014! Hitting the halfway mark in anything – a race, an assignment, the school year, a book, a fitness plan, even a meal – is usually the impetus to keep going. Thoughts of: "I'm halfway there, I can't stop now!" start going through your mind. It's a heady sensation and is great motivation to finish your goals. But what if you didn't start in the first place? What if those New Year plans and resolutions never got off the ground? Well, get started now! There is nothing worse than looking back in frustration at those dreams that never came true just because of the simple reason where you NEVER TRIED. The journey to fulfilled hopes may be hard, but REGRET is a harder burden to carry every day. So go ahead and emulate the artists and entrepreneurs StarCentral has had the privilege of meeting over the years. I guarantee that not one of them will tell you they begrudge the blood, sweat and tears it took to get them to where they are now. Don't wait, START, and get going!

Jenny Aluning
editor in chief

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TRUE CONFESSIONS: I PRETENDED
**TO BE A
CHEATER**
TO BREAK UP WITH MY BOYFRIEND

I met John two years ago at a posh night club in the city. He actually approached me with the lamest pick-up line ever but then it got us both talking and laughing all night. We both had an instant attraction to one another that night and it didn't take long until we were hanging out every weekend. John had the most amazing eyes and he had a great smile too. After a month we officially became a couple.

Ten months into our relationship, he started talking about marriage. Being only 18 years old, the topic overwhelmed me! I wasn't ready for marriage at all!

John became more and more emotional and needy that I eventually lost interest in him. Even my friends started noticing that I wasn't as keen about John as I once was, yet he remained oblivious to how I felt. I tried breaking up with him once but it didn't pan out the way I wanted to because I still had feelings for him, I just wasn't sure I was actually in love with him anymore.

One night my friend came over to my house and I confided to her about my situation with John. Me and my friend knew that John felt I was pretty much perfect, that I could not make a single mistake. My friend suggested that I pretend that I had cheated on him. It was a dumb idea, but we were out of ideas that night and that suggestion seemed okay at the time.

I initially felt bad because the thought of hurting John hurt me too, but I felt that this was the only way so that both of us could be truly happy. So I called John and decided to meet with him the following day and pretend that I had cheated on him.

So the next day we went to a restaurant to eat and as soon as I finished my meal it was time. I decided to

make my excuse seem realistic so I wept as I blurted out "I'm sorry John, but I cheated on you last week. I'm so sorry I didn't mean it... I got drunk last week and I ended up making out with someone at the club."

Those words were the hardest words I ever had to say in my life because I have never actually cheated on anyone. John walked out on me that very night without saying a word and the next two weeks went by like a blur. He told me to never contact him again.

I didn't regret my decision for the first few months, I just wished I didn't have to use such a terrible fib. I have seen some of his friends after the breakup and they were all giving me the dirty look which I totally understand.

I know this is going to sound strange but lately I find myself missing John quite a lot. It's too bad that I only realised how much he really means to me after he was gone. Now it's just too late...



TOP TEN famous

FASHION MYTHS

Is your wardrobe ready for 2014? In case you haven't heard yet, flattering our body through the trendiest and stylish clothes is a full time job. It requires a sophisticated sense and a smart discernment to know what fits our style otherwise, you'd be a full-fledged fashion disaster trapped in an awkward and highly-outdated collection!

Inexplicably, fashion has been a reflection of women empowerment and equality. We have Tory Burch, Donatella Versace and Coco Chanel whose names are all hailed in the glittery world of fashion. The truth is, as much as it holds a glamorous and powerful impression, dressing up in trends can sometimes be daunting especially if you are haunted by the enormity of misconceptions that might salvage your way towards dreamy couture and elegance.

As the mid year kicks in, let's take a fashionable glimpse at the most popular fashion statements that we might be holding on to for years.

1. Black makes you look skinny

Is your diet giving you false hope? Well, your pretty black dress won't. A black outfit only works by using illusion. Women appear slimmer because of the colour black's ability to blend into the background - smoothing away flabs and folds.

2. Maxi dresses won't suit petites

This one absolutely holds no truth. Maxi dresses in summer are great and anyone regardless of height and weight can definitely pull this off so long as you know your body frame and shape. You should know your ideal length and wear it!

3. Denim on denim

Well, time changes. What might look unfashionable years ago may appear trendy in the age where anything can be styled and enhanced. Denim on denim may be a brave fashion statement but really it's just a matter of elegantly mixing colours and design.

4. Sequins all day and night

Due to sequins' highly-stylish nature, many deemed that it can only be worn at night but as fashion evolves, sequins are, in fact, a great piece to wear anytime of the day since they give a huge eye-catching factor.

5. Tall women should avoid high heels

Fashion icons know that high heels can make legs look great. Women gifted with height should not shy away from wearing heels as these complete a classy glam-up look.

6. Too many bold colours are too much

Like the comeback of vintage styles, mixing bold colours more than once is considered fashionable. Figure your body like a canvass waiting to be painted on. Combining different hues, either bold or bright can launch a posh take on your wardrobe.

7. Open-toed shoes and stockings do not go well together

Some might still argue on this but wearing stockings with open-toed shoes or sandals may appear really inelegant.

8. Horizontal stripes can make you appear bigger

Stripes are actually one of the famous prints that can turn your fashion look in an impressive direction. Choose stripes that are fitted well to your body and the ones that highlight your assets.

9. Your shoes, purse and belt should match each other

Honestly, who bothers adhering to this fashion rule anymore? The tip is to find these accessories in the same colour family and make them complement your outfit.

10. Wear the real you

This, in fact, is the biggest truth in fashion. While following trends and styles may be fun and exciting, your taste should not be dictated by other's view of it. Dress according to your personality and be proud of it.



KNOW YOUR RIGHTS: AN ACTORS GUIDE TO SAYING NO!

What do you do when you're in an audition and the panel asks you to take off your sh*t and do the scene nude? What happens when a director is calling you at all hours of the night for no good reason? What happens when you're about to get your make-up done and you can physically see a worm squelching around in the bottom of the alleged 'clean' water bottle? As someone who has lived through all of these scenarios, I can tell you exactly what to do - you say NO!

By Holly Phillips

What do you do when you're in an audition and the panel asks you to take off your sh*t and do the scene nude? What happens when a director is calling you at all hours of the night for no good reason? What happens when you're about to get your make-up done and you can physically see a worm squelching around in the bottom of the alleged 'clean' water bottle? As someone who has lived through all of these scenarios, I can tell you exactly what to do - you say NO!

As young actors and actresses we often feel pressured to do exactly as those in charge tell us to do. We feel that we need to be totally flexible and open to whatever creativity they might inflict upon us. This is generally a good thing, no one like a precious little princess on set. However, when your hygiene or personal safety is in danger, you need to speak up!

If you ever feel like you're in a situations where you're lizard brain is telling you that something is really not ok then you have every right to let the 1st AD know that you don't feel comfortable doing what they've asked. Now, I don't mean things like, 'umm excuse me but this seat isn't very comfortable' or, 'Oh I can't wear a yellow shirt because I don't like yellow.' No, these are not even close to uncomfortable situations. Uncomfortable situations are when alarm bells go off in your brain and in your gut telling you that whatever is happening, probably shouldn't be! When approaching TFP jobs you should be especially cautious too, after all anyone can put up an advertisement on StarNow. There are lots of stories of young talent being lured under false pretences to some nut jobs home for an 'audition'.

Food is another issue. Starving on a 8hour shoot without any food is totally not okay, after all you're not a model... You need to eat! Joking aside this is another example of a situation that is not ok. Especially if you're working for free or TFP. Now I'm not saying go Mariah Carey on their ass, but a polite question about whether you can go and get something to eat or if you can make a sandwich is totally fine. You need not feel embarrassed or like a diva for asking about a mere sandwich.

Basically, it's all about remembering that when you're on a film set, whether it be a student film, indie or blockbuster you are still a human being, not just some guinea pig. You have the right to be comfortable and safe, always!



ARE YOU GETTING EXPOSURE
OR ARE YOU

getting exploited?

By: Patricia Higgins

When Kylie Minogue's professional dancers were requested to work for no pay during filming of one of her recent video clips, public outcry and widespread news coverage ensued. However, situations similar to this have, and continue to be, an issue in the creative industries – often passing by unhindered and unreported. Indeed, working for little or no pay under the guise of "exposure" is becoming endemic. Companies that turn profit (and in some cases a whole lot of it) are able to hire talent for free simply because if one person turns down the work there are a whole host of others just waiting for that "special opportunity".

In the case of the Kylie Minogue story the dancers were outsourced, so her spokespeople was able to deflect blame. Had the dancers not reported the situation to the Media and Arts Entertainment Alliance (MEAA) then the issue could have easily slipped the radar. In this case, payment was largely reimbursed and this was no doubt due to the bad press. After all, Kylie is worth millions and she can't even pay professional dancers who have spent their life pursuing rigorous and very costly training? It makes a good news story, and, a massive PR disaster for the singing budgie.

But, what about those other cases that don't make a good news story? And, how about those castings and advertisements that are unspecific or even deceptive. It seems everyone is asking for Time for Print (TFP) work these days. TFP refers to work undertaken whereby creative parties equally devote their time to a project (traditionally print, but could be CD or anything else really) in an exchange of labour whereby the project can be produced. Or, put another way: collaboration.

It goes across all the creative mediums, whether you belong as a model; actor; photographer; writer; makeup artist; hair stylist; video producer (and possibly other job descriptions). If you are one of these things,

regardless of your skill level, I am willing to bet my pathetically unreliable writer's income that you have at some time or another been requested to work TFP, have possibly been misled by a job opportunity that does not in reality exist, or have been disappointed by the sad lack of actual paid work available in the world around you.

The problem is that the TFP method has been skewed in favour of companies and individuals using talent and getting around having to pay for it. Plain and simple, what you have here is exploitation. TFP work is to be undertaken explicitly for non-commercial purposes and model release forms should always be signed before a shoot that state exactly this. This means no party to the project should profit from the finished product – nothing should be "sold" as the project belongs to all who devoted their time in an exchange of expertise. TFP works brilliantly when the model's, photographer's and creative talent's visions and skill levels perfectly align.

TFP functions as great method of refreshing a portfolio at minimal to no cost. It is also clearly a great option when a creative talent is attempting to build up a portfolio. And, under those conditions only does it function beneficially. You see, people can't afford to donate limitless time, equipment and petrol expenditure (along with countless other hidden costs) without getting anything back. Although it may come as a shock to some of those of privilege in the industry, an expectation that someone provide never-ending TFP work is simply absurd.

Yes, there is mutual experience building, but there absolutely comes a point where one gains enough experience to deserve to be paid. You wouldn't expect a plumber to fix your pipes for free, so why should professional creatives be subject to the absolute rip otherwise known as "exposure"? And, the fact that someone with "stars in their eyes" (probably young, supported by their parents or less experienced)

will eagerly take your place means that it's getting harder and harder for anyone to stand their ground against the rising TFP tide.

Even if you avoid TFP for the main part, there are some other cons to watch out for. I'd suggest looking out for those sneaky "deferred payments". You can wonder if you will ever get paid, and I'd say you're wondering that for good reason. And, even if you do get paid, the question remains... how to survive in the meantime? Also, look out for the term "start up". Ask for the company's ABN to first find out if they are indeed legitimate; check their website; Google their name plus the word "scam"; contact ASIC; try to locate or ask for their fiscal report. Keep in mind that having an agent doesn't necessarily keep you safe from scams and the like. In fact, agencies often provide primo examples of scamming operations. Always do your research!

Just to divert a little from the main point of this article (but it would be irresponsible not to include this issue) – it's possibly even more dangerous when dealing with illegitimate individuals than it is with shady or exploitative companies, especially on a personal level. The term "Guy with Camera" or GWC refers to a creep/criminal who is out to exploit people (yes, mainly young women). We don't really need to go into what this kind of person would do with the images...one can surely imagine. Always trust your gut and employ commonsense safety measures – just as you would do when meeting any stranger or anyone that you barely know in any situation where you could potentially feel exposed.

What to do if a company that makes a profit didn't pay you or deceived you out of pay? You can join the union (The MEAA as mentioned previously) and make a report – just like Kylie Minogue's back up dancers did. You can contact The Australian Competition and Consumer Commission (ACCC). You lodge a scam report form online. You can find information on the SCAMwatch website on how to contact your local Consumer Affairs or Fair Trading authority. You can also report a dodgy company or individual to the site on which it was advertised – "Star Now" for example (who has recently somewhat improved their awareness and action on this front!).

Remember to watch out for that little term "exposure". Ensure that in your case (should you pursue the opportunity it relates to) that it doesn't in fact mean "exploitation". The entertainment and arts industries face enough hefty battles (funding cuts etc.) without having to wage a civil war on top of it. Employ some integrity and common sense and as a creative person protect your craft and show it the recognition and respect that it deserves. Use TFP properly or not at all. Otherwise, you risk exploiting your passion, ambition and talent and eroding the very industry that you endeavour to thrive within.



M^{ANDY} Magro

By: Jenny Aluning

Time and time again, it is when things are at their darkest that a miracle happens. This is just the case with multi-talented performer, Andy Magro – "I was almost quitting my career, but thanks to the amazing David Cronenberg who believed in me and hired me for a little supporting role in his feature film 'A Dangerous Method' starring Keira Knightley, Viggo Mortensen and Michael Fassbender, I said to myself: Don't quit and give yourself another chance to shine."

Coming from a small town in Germany to being surrounded by some of Hollywood's finest actors was a life-changing event for Andy. Being chosen for the role of 'Jean Martin Freud' in the film has served to provide him with a constant source of inspiration and motivation. To have his talent recognized and singled out by one of the industry's most impressive directors pushes him to keep him improving in his craft, "you have to study all the time, because you are never too old to learn and you always learn new things." As part of his ongoing drive to excel, he has completed a five-month acting course at TAFTA (The Australian Film and TV Academy).

Andy got his start in the world of acting when at 13 years old he established his own drama/film class at his school. Since then, he has spread his wings to encompass many aspects of the entertainment industry. In addition to acting, this Germany-born Italian-American performer is also a singer (four new singles are available on iTunes and on CD as an EP-Edition this year) as well as a model. As a model, he is the face of three German jewelry brands – "Binder-FBM, Acredo and egl-wedding rings", as well as Frankfurt-based eye-laser-surgery company, "Care Vision Germany GmbH" and the Testimonial of a Swiss smartphone product called "Celltack".

And since moving to Rome, he has become an official supporter of the WWF (World Wildlife Fund) global campaign, 'Save Tigers Now' along with Oscar-nominated actor, Leonardo DiCaprio and is planning to raise more than 60,000 US\$ within 60 days together with other celebrities in order to protect these wonderful and endangered animals. Besides that he will donate 50% of his earnings from his debut-album (EP) to SOS-Kinderdorf to give as many kids as possible "... a lovely and adorable family and a place they can call home. I think every artist who creates public awareness thanks to his fame and even those who aren't famous or not famous yet should donate something to save as many lives as possible!"

For Andy, acting has afforded him to explore as much of the performing world as he can. He said he enjoys "being as creative as you want, setting you free and creating and exploring new characters for every different role." He loves making people laugh or cry or scream or to scare them when he's playing a character because then he knows that he did a good job, "... if the audience get involved in the feelings and characters an actor plays and they really get an emotion because of that actor, then you are not an actor but an incredible amazing person with deep and real emotions". He further said that "the set, the cast and crew become your second family and after a while you just don't want to miss that special and unique feeling." Acting has also allowed him the opportunity of "travelling around the globe and seeing different kinds of nature, cultures and people. That's fantastic and I feel honored."

Andy's entertainment career has certainly been an impressive one. Mostly based in Europe, he has appeared in numerous German feature films, TV shows and series, short films, commercials and print ads. In Italy, he has done a short film playing next to Italian celebrity actor, Tony Sperandeo and the international acclaimed Italian music producer and pianist Maurizio Mastrini from Maurizio Mastrini Records (MPC International) has shown interest in distributing his debut-CD (EP) and singles in Summer 2014 on CD and iTunes.

He also said that he is currently working on his first album which will contain Italian, Spanish and English pop/RnB songs. His next song will be called "No Turning Back" and his first music video will be shot in June 2014. There is also an international feature film in pre-production "Kid in the Box – The Last House in the Woods 2" directed by Gabriele Albanesi. It is the sequel of the 2006-released movie which received international attention thanks to Minerva.

Andy bounces back and forth between Europe, Australia and Los Angeles in pursuit of his dreams. But he knows that he would have no chance of furthering his career without the help and support of not only his family and friends, but that of his acting coaches and business partners – "without them I wouldn't be that person, artist and talent that I am now." This multi-lingual (he speaks Italian, English, German and Spanish) and multi-talented artist has Hollywood in his sights. Big plans are under way to make Los Angeles his base, and to once again find himself alongside some of Tinseltown's finest.



Photography by Julie Gaston Photography

THE BIG REASON WHY the mirror IS A MODEL'S BESTFRIEND

No, I'm not talking about Snow White and the Wicked Queen. I am talking about the mirror being your new best friend! Now, I'm not saying that I am a fan of Narcissus, however, he did have something right... Loving his reflection! In this article, I'm going to teach you the art of utilising the mirror to its and your full potential.

The first thing you need to do is find a full length mirror and pop it somewhere where you feel comfortable and have enough room to move around it. Ok, now you've got the mirror, all you need is yourself and hey pronto you're ready.

What I'm about to say may not come as a shock at all, but I swear the logic behind it is solid! Are you ready to have your mind cakes blown.... When you look into the mirror, you see what other people see when they look at you! CRAZY I KNOW! But here is where you get your monies worth - by practicing everything in front of the mirror you will be one step ahead in auditions, castings, networking events, meetings, the list is endless! By knowing exactly what kind of body language and facials you subconsciously express is a tool so powerful, you could take over the world! Okay, well maybe not that far but let me explain....

You're so comfortable in your own skin that you do things your don't realise. Everyone on the planet does it! So what I'm saying is, that by watching yourself walk, sit, bend or move in front of the mirror you will pick up certain traits that look dorky, or awkward, or just plain clumsy. This is especially pertinent to models who have to have a range of steadfast 'looks' on hand all the time. It is very easy to think you're doing something that looks really sexy, when in reality it looks like you've just smelt some bad cheese! It may sound funny, but I swear I can't count the amount of times I've heard people say 'OMG is that what I look like?!' It could've been simply fixed by just practicing in the mirror!

I suggest you set up your mirror when there's no one else at home so you don't risk your little brother or roomie filming you and putting it up on YouTube! Set everything up and watch yourself doing all the things you'd do in a casting or audition. Walking into the room, sitting on a chair, standing front on and sideways, holding a script, walking down the catwalk, jumping, running - literally anything you can think of that might happen in a casting! Watch your face as you do all of these things, notice if you flare your nostrils involuntarily when you jump. If you do, practice it until you still look good and bankable whilst jumping. After all, this is what the casting agents are looking at. Practice as much as you can, until you can feel your habits changing to your new and improved expressions.

When you're an up and comer in this industry you need to be the best you can be, because let's face it you're up against a myriad of other talented girls and guys. Knowing exactly how you move will give you more confidence in an audition and make you seem more desirable.

FAT CAVITATION

THE INSTANT WAY TO BURN BELLY FAT FAST

By: Patricia Higgins

Have you ever found yourself in this scenario? One day you are dressing and you reach for your favourite pair of skinny jeans or that slinky dress. You don't remember the jeans being so tight around your waist. Suddenly you have a muffin top that wasn't there yesterday. And, in that dress you now feel a lot more conscious of your mid-region? How did it happen so quickly? More importantly – what can you do about to reverse this, as soon as you possibly can?

Well, diet is the obvious answer and you would need to have a good hard look at what you have been eating and drinking of late. Sometimes when weight gain is so sudden you need to have a look at lifestyle. It's harder to say no around Christmas and Easter time, at social events and while travelling. Sometimes relaxing and having a bit more fun than usual can tip you over the edge – from your normal size to something you are less comfortable with.

It's amazing how rapidly it all happens, and while it might start to be felt in other areas, abdominal fat is one of the first areas to which lifestyle factors manifest. We are talking here about bloat. Too much alcohol; too much sodium; being airborne: all sorts of reasons can contribute to the bloated feeling. And, there are many options to pursue in an effort at damage control.

So, should you reach for your Spanx? Or, should you try a detox diet, plan or package? Well, if you haven't heard of the revolutionary new technique called Fat Cavitation then it might be time to get with the program. It's an ultrasound treatment performed at low frequency on localised areas of the body that acts to "melt" the fatty (adipose) tissue. You may well ask how does such a thing work? And, most importantly, you would also like to know... does it provide results? Well, I embarked on a trial to find out:

The trial

I had seen the term "Fat Cavitation" bandied about and while I wasn't entirely sure what the procedure entailed I was very curious. When I have indulged a little too much I often find that just "getting back on the bandwagon" (thinking about being fit and taking the initial step to get back there) is the kick I need.

And, didn't I choose just the right time? On Easter Saturday I visited a local beauty clinic to begin my trial. I had to largely say goodbye to the chocolate eggs. I was rather sad (and a little anxious) to say the least. Arriving at The Beauty Spot (Burleigh Heads, Queensland), I was educated by the owner of the salon Deb Labes on the procedure and provided with links to YouTube and other media and forms of information. So, what did I learn?

Actually, I found myself quite fascinated with the science behind the procedure. You see, the treatment breaks down fat cells via an ultrasound (this being comprised of acoustic waves.) Applied to the selected area the waves target only the fatty cells (or Triglycerides) and are unable to damage skin, tissue, nerves, blood vessels or anything other than the fat. A combination of heat and vibrations prove too intense for the membranes of these fat cells and they are broken down and released into the intestinal fluid. This process is otherwise known as "lipolysis". Or, as I'd like to think of it – "melting the fat".

From here, you have a separation of what used to be fat into glycerol and fatty acids. Glycerol (water soluble) is passed through the intestinal fluids, is excreted as waste and is also metabolised by the liver. The fatty acids go by way of the liver. So, what you have here is an elimination of toxins.

What are the caveats of the treatment? You must be in good health so that your body can dispose of these toxins quickly and efficiently, you must be prepared to eat healthily and you should be prepared to drink 8 glasses of water per day. Hydration is key: the glycerol and fatty acids need to be dispelled or they will once again be used to create Triglycerides (or, as we learnt earlier) the fat that you so badly want gone.

So, what about the procedure itself... well, put aside an hour for a session. It does get a little hot and there is a slight ringing sensation in the ears. But, altogether it's very easy, and there's a nice slice of time to spend in the sauna afterward. Discomfort is slight. My tummy was a little red afterward, however, this is to be expected. Fat Cavitation is non-invasive, non-surgical and requires nil recovery time. If you were considering Liposuction I would certainly give this a try first. And why? Well here are my results:

The results

So, I followed the instructions. I drank my water and I somehow managed not to bite into too many chocolate eggs over the Easter holiday period. My reward was a startling loss of 5 cms from my bellybutton area, 1 cm from my waist and 2 cm from my general tummy region. This was over a period of just 5 days.

Detractors of the treatment often note that actual weight is not lost in this time frame. But, then I never expected it to be. Fat Cavitation is about reducing body size on targeted areas. It's great for stubborn areas of fat like "love handles" and "tuck shop lady arms". It's especially good for cellulite and especially great for little "Buddha bellies" – just like mine.

Give yourself a week and you can expect 2 to 10 cm of circumference reduction after just a single session. It's a cumulative effort, so if you keep going there's even more reason to expect the area/s to shrink. I found the procedure to be a great alternative to any diet supplement or plan, as the results were so satisfyingly immediate. Results do range according to age, metabolism, tissue structures, medications and hormones but a proper diet and adequate exercise is all you need to improve and maintain the results.

The reason why I'd say the trial was a success? Well, because of the measurements – clearly. But, it's more than this. The reduced size around my mid-section was enough of a confident boost to set me on the right path. Having invested in my body and my well being, I continued with a healthy diet and a raised consciousness about my hydration levels. I view the treatment as a relatively, quick, easy and painless tool to assist a successful weight loss or fitness journey.

It means a lot to feel that bit less bloated or flabby or whatever the case may be. There's a lot to be said for mindset and the relief of being able to refrain from having to buy clothing in that next size cannot be underestimated. In essence, Fat Cavitation allows you to feel more comfortable in your body (and, in your clothing) once again.

For more information about Fat Cavitation and the treatment outlined in this article visit: <http://thebeautyspot.net.au>



DO RELATIONSHIPS Need Lies

TO ACTUALLY SURVIVE?

Let's face it - there are some things you just need to lie about in relationships. Whether it's executing a surprise picnic or, if you did actually manage to source that almost out of print edition of Jamie at Home that your partner NEEDED for their birthday. These little white lies help to keep the passion and excitement levels at an electric level in relationships. But what about more serious stuff? What happens when the lies become your assumed truth? Why lie at all?

As adults it should be a case of being able to discuss anything with your lucky lady or gentleman shouldn't it? Not a matter of having to hide certain truths about yourself in order to keep their attention. Aren't we all over the high school drama of trying to be 'cool'? When did it suddenly become more of a lie-ability to be yourself?

First date nerves can be a bit of a grey area. I mean it's understandable on a first date that you're nervous and assure your date you would never usually order dessert; that a salad is more than enough to fill you up! Yes, I'm mainly talking to the ladies - all of whom will know that feeling. But the more you get to know someone, the more you're supposed to let them in to see the real you! Well that's what I was under the impression of. Apparently not. After talking to a single girl friend of mine, about this very topic she assured me that a lie is sometimes the best thing for a relationship. Shocked by this confession, I asked her to go into more detail.

What I gleaned from our conversation is that sometimes a lie can be the difference between a happy partner and a cranky one. My friend in no way condoned lying about game-changers (cheating, sickness or emotional milestones). But simply said that by not letting her boyfriend be privy to some of the little decisions she made, she felt more independent and strong. She explained that so often in relationships the two parties almost become one. Always making decisions together, even small ones. She explained that she didn't want this. She wanted to keep her own identity and not become just another 'we'. After listening to her rant on about other couples who couldn't decide what type of sandwich to order without consulting the other, I could totally understand and agree with her.

Let me end this little ditty by saying that I am in no way giving permission for every reader to immediately run out and start bs-ing their way through every relationship! No way buddy! However, sometimes a little white lie can be the difference between a explosively horrendous evening and a perfect romantic serenade.



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TOP • FOUR Business Ideas

AND OPPORTUNITIES FOR 2014

Businesses are everywhere. With every second that we spend living, business is there and it is there at any place and at any time. Is business really that important? Yes of course. Imagine life without business. Will you ever survive? Business provides products of all kinds to its customers. It also makes the best possible use of scarce resources with the aim of gaining profit from a specific kind of business or just a simple buying and selling transaction.

Engaging into business need not to have a lot of capital. Some may be of low cost and some may require high investment depending on the kind of business you would like to engage in. The kind of business you embark on will depend on the inputs that you have. Some may require hard capital, but for some, if you have the talent, you can already dive into your specialized business. Below are some options for you.

Event Planning

If you want to start a small business, event planning is a sure activity. But, event planning is a highly specialized business area so having the right skill set is essential. You can go into catering services or as a wedding planner. If you have experience in successfully and smoothly planning a wedding, then this is area is a surefire win for you. Being a sociable person is also essential in this industry. After all, you will be dealing with a myriad of personalities, cultures and society levels. Event planning is a fast growing, and increasingly popular industry as most people now call on professionals to help plan their special occasions.

Dining Business in a Food Cart

Heard about fast-casual dining? This is not a fast food and not a full-service, sit down restaurant. This kind of business is believed to be a low-cost one and is the "in" now. Food carts profitability has been proven in major city areas. You can always start there. Franchising food carts are now available all around and you can grab one and start your own business right away.

Affiliate Marketing

Marketing products have now gone online. If you have the skills in blogging and writing, this business is the best one for you. Affiliate marketing is earning a commission by selling other products on your website. One good thing about this one is that you need not to develop your product. All you have to do is to promote the product that you are selling and let orders come in their way.

Candy Maker

Do you have the skills to make a candy? Then you can start your own business right there in your kitchen. You can always make one and have your friends taste it and once they love it, you can already start your little business.

Success in a business is indicated by how much you love your work. If it is your passion, go and let the world know that your business is the best.

FIVE DO'S AND DON'T'S
FOR ACHIEVING
true success
AND STARDOM



Stardom defines a superstar's level of popularity and glamour. It can be put in the same terms as popularity, fame, spotlight, success and a lot more. Why is it that there are really some artists whose fame can be said as innate to them? Wherever they go, people know them, people follow them, people are aware of his or her style and personality. Why is that so?

Be yourself

This has always been the first rule of everything. You need to act yourself and not because of the someone else's dictates. Being yourself is also a way of 'branding' the kind of person you are. Establishing, and sticking, to your own unique personality will garner respect and admiration from those around you.

Be humble

Being humble while being on top is a character attribute that can never be taught. Humility is a trait also difficult to genuinely radiate - only an earnest heart can attain it. Although you are on top, make sure that your feet stay firmly on the ground. Never forget the people that helped you get to those lofty heights.

Have an Inspiration

Inspirations are what drive most to be a better person, to be a better artist. Inspiration need not be a person but it can also be an event that can trigger that eagerness in you to do your utmost best.

Have 'real' friends"

Hold on to genuine friendships. These are the friends who love you despite the success, the money and the fame. They are the ones who will give you the honest, and if needed, brutal opinion. Pandering is rampant in the entertainment industry so treasure those 'real' friends when you've found them.

Eat well

Most artists tend to forget to eat nutritious foods because of pressure and that workaholic attitude. Some may even develop eating disorders. Food is very important for us to function well and it is no different for artists. They need energy to perform at their best and be the best that they can. Energy foods may give you the energy to dance, to sing, to act, and to perform. Choices on food should also be considered. Although you need to eat a lot of energy-giving foods, still you have to consider not being overweight.

Nothing in this world is permanent. Stardom truly is a fleeting situation. You may find yourself the centre of attention for a time, but it won't be long until another steals that limelight. So, enjoy that time while you can. But enjoy it in way that once that spotlight is off you, you can still look at your life with a smile.



MEET STARCENTRAL'S
HOT LIST
OF THE MONTH



KRISTIAN BOULTER

MODEL

Modelling has been the best opportunity for Kristian Boulter who was StarCentral Magazine's Male Model of the Month for January 2014. He was not really formally discovered. It all started because he couldn't find a change room. New to Sydney, he went on a shopping spree for new clothes. Pressed for time, he decided to forego one! While struggling to remove his shirt, Kristian realised he had an audience and in that audience were talent scouts! This is quite a strange way to be discovered but this has been the way by which a lot of doors for modelling have been opened to Kristian.

Kristian was at first apprehensive about any type of modelling work. But the more experience that he got, the more he became appreciative of this art form. He likes being able to use his acting skills to bring new life and layers to modelling. For him, modelling is a very engaging art form and is a reflection of the artists' emotion. As an art, he found that modelling can be related to other professions. But while modelling has captured his fascination, Kristian defines himself as an 'actor' first.

Kristian finds himself on the cusp of watching his dreams turning into reality. After much hard work, the past year has seen him achieve success after success and he is constantly pinching himself to check "that I'm not dreaming." To call him 'excited' about future opportunities is an understatement! He has also had the privilege of meeting legendary Australian actress, Cate Blanchett, while attending the opening night of a play at the Sydney Theatre Company. "She is everything I expected and more; beautiful, articulate, and she has this energy which really draws you in and makes it impossible not to fall in love with her."

To be in the creative industry, a lot of experiences can teach a lesson. The most valuable lesson that he has learnt in this industry is that he should be himself. "Don't try and fool anyone by pretending to be someone you're not. Both film and stills will show your deception as it has no depth or colour." He wants his audience to see someone who is real. While the entertainment world places a heavy emphasis on the outside characteristics of a person, Kristian keeps himself grounded by having a "healthy ego." As he says, "Not in an 'up yourself' kind of way, but more of an 'I believe in who I am.'" We all have flaws and no one is perfect. To him, these should be embraced and this has made him a unique individual. As he says, "if you are comfortable with this, with yourself, no one can stop you."

RENI SPASENOVSKA

MODEL

StarCentral Magazine's Female Model of the Month for January 2014 was Reni Spasenovska. Modeling has been a part of Reni's life since she was a child. Her parents channelled their young daughter's love for attention, boundless energy and look (she had these "big, blue eyes") into child modelling competitions. The young girl developed a love for the art form and has been in the limelight ever since. She has always loved the experience of working with different kinds of people and projects. She has been involved in numerous fashion shows, runway, photoshoots, even music videos. As she says, "When I am doing it (modelling), I feel it was something I was meant to do."

Being in the entertainment industry also has its downside. For Reni, the amount of competition and pressure inherent in the industry is quite challenging. But because of her unique look and passion for modelling, sure, there is no one who can stop her. She has been surrounded by the best designers, artists, and models and for her, they are all fun to be with. Also, being in this industry, Reni strongly believes that there is no need to take off her clothes just to be noticed. By being herself, by making people see the real her, those are the most important things.

Even with all her garnered fame, Reni has managed to stay grounded. She largely credits her family and her own desire to stay true to who she is for this. Modelling is very "on the go" sort of job and her supportive family is always there for her whether during rehearsals or just practicing her 'walk' up and down the hallway. One can truly be successful through the support and help of all the people who love her.

When asked about her future plans, she said that she is just taking everything one day at a time. Definitely, no one knows what tomorrow brings, but as she sees her future, she dreams of being able to travel and being recognised not only as an international model but as a business woman as well. "I really want to help others in need so volunteering is definitely on my "to do list" and maybe even designing my own clothing, we'll see what happens..."



JOANA LEITE FASHIONISTA

Introducing Joana Leite, StarCentral Magazine's Fashionista of the Month for January 2014. Her full name is Joana Gonçalves Leite. Portuguese-born and raised, the 30-year old loves to sing, dance, and play the guitar. She also loves photography. For Joana, fashion is a way to define one's style. Joana's story to stardom started when she began her own fashion blog. Without intending it "I was treating fashion and my style as a priority turning it into a work, beginning a career."

People say that being creative runs in the blood. As for Joana, she had always enjoyed the creativity in using different colours and patterns and kinds of fabrics. There are indeed people who were born artists and Joana is one of them. She has excelled in the art of fashion and her heart is fully invested in the craft. To have a healthy and blooming success, Joana has been inspired by all that surrounds her. From the colors that we see every day, the outdoors, nature, decor, the streets...everything is her inspiration. She sees the beauty in everything she sees.

One of the most memorable experiences in her

career so far was when she was invited to participate in a promotional video. It was her first time to do it and this had marked her career. She always loves to meet Portuguese designers – chatting and conversing with them on their designs, techniques, and creations.

The fashion industry is a tough one and to be involved in it, Joana has always been staying strong and never to let others fool her dreams. As she says, "We should fight for our dreams!" We all have our own dreams and aspirations and we should not let anyone be a hindrance to what we want to achieve in life. Joining Joana in her fight for her dreams is her family who has always been there supporting her all the way. They have been there in her ups and downs.

For now, Joana doesn't have concrete future plans but what she is doing is making her happy – expanding her blog and continuing to pursue her dreams. She is a woman who loves the art of fashion and she sees this as a reflection of her own self, of her own being. Fashion is a big part of her life and no one can ever detach her from it. There's more of Joana that we need to look for!

CHAD FELLOWS

MODEL

Chad Fellows definitely deserves to be our StarCentral Magazine's Sexiest Man of the Month for January 2014 with his penetrating gaze and his godly body.

Modeling is a profession of discipline and glamour. Some would spend years of training just to get that spotlight. But with Chad Fellows, everything was different. His Instagram photos paved the way for his entry into the modeling world. Because of his innately good looks, he was invited to do a photo shoot and he stayed for good. He excelled at it and that was how everything started for him in the industry.

For Chad Fellows, it was not about the money and fame. He loved modeling because of the camera and how he was able to showcase himself and travel to different locations. The final product and the results of his hard work also inspired him to do more.

Like any other career, modeling would have its cloudy days too. Chad Fellows truly is a remarkable man. For him, the downside of modeling is that it can change one's personality. He often encounters models who think too highly of themselves just because they are paid for their looks. For him, that was a downside of this career.

So far, he is still waiting for that moment in his career, the moment that he will never forget for the rest of his life. He believes that something much greater and grander is about to come.

In his line of work, Fellows have definitely met a lot of people. Karim Konrad was one of these people. Konrad produced really great photos for Fellows and

he constantly helped the model in the shoot. Aside from that, all photographers he has worked with have been wonderful.

Since modeling is such a glamorous industry, it's easy to lose yourself in the crowd. Fellows learned that one should always be humble in a very social industry like modeling. "Never forget where you come from and always stay humble and succeed quietly", he said.

Having been in the modeling industry for a while now, Chad believes that having the right people around you will keep you grounded. It's nice to have good company so that you keep yourself in check. He believes no one would be happy to be around someone who is bigheaded.

Chad Fellows also receives wonderful support from his family. They are very proud of him and would like to go further. And both he and his family did agree on that. Chad Fellows is a man of greatness and he definitely wants to make it big. He would even like to have a shot at acting too.

For a man that's used to the spotlight, Fellows definitely has not lost his soul to the spotlight. He looks more into the heart and the soul of the person. More than anything else, he believes that what's on the inside of a person matters more than anything else.

Surely, a man like Chad Fellows, who simply loves the African safari and works as a model while keeping his feet in the ground, is more than just our Sexiest Man of the Month, he is one in a million.





SOPHIE Crabb

MODEL

Sophie Crabb's alluring look, sumptuous lips and sexy body were her main weapons as she grabbed the spot as StarCentral Magazine's Sexiest Woman of the Month for January 2014.

It was Crabb's perseverance and her luck that paved her way through the modeling world. Her career was set in motion when she applied to be a model for the "Model Experience Day". She was of course accepted and so she then had her photos taken. This event helped her build her portfolio. After the session, she chose the photos she wanted to buy and later called TUSH Management. Because of her wonderful consultant she was quick to find an employer looking for someone with her specific looks – two days later she was signing her first full-time contract!

Sophie considers modeling to be quite a rigorous job but then she loves the way she is pampered during a shoot and how wonderfully her hair and make-up gets done. She loves the change that she undergoes every time they work on her. It gives her such a nostalgic feeling watching the photos after the shoot and how glamorous they look – she also gets really useful tips about makeup too.

She may love the pampering and perks of being a model but modeling does have its downside. One of the biggest downsides in modeling is being rejected. She feels disheartened every time she is rejected because of either being too skinny or too short. It also hurts her the way people perceive that a modeling career is just all about glitz and glamour, and that models don't do any 'real' work.

Despite these negative aspects to modeling, Sophie is glad she became a model. She considers a bridal

shoot in the Bingham Hotel as one of the most memorable days of her career. She wore an amazing white gown and she had her photos taken all over the hotel. There were a lot of people at the shoot: florists, caterers, make-up artists and photographers. The busy atmosphere made her feel even more excited. Such was her enjoyment of the experience that she was unfazed when the shoot moved outdoors into the freezing weather!

Aside from travelling, it was also meeting a lot of famous people that made Sophie love the craft even more. Meeting Pixiwoo, Tanya Burr, Zoella and Jip Champan while on a video shoot for a Kim Kardashian Makeup tutorial in DailyMixTV was definitely unforgettable. She also got to meet Lily Keys in a Smokey Crystal Eye makeup tutorial.

Being in such an unpredictable industry, Sophie has learned that you should never expect too much. She was told that she'd have to face a lot of rejections and she has definitely experienced that. She was able to persevere by encouraging herself with this line: "Never give up on your dreams, no matter how big they are."

Despite the many temptations to gloat about herself in a glamorous career such as modeling, it was her family that kept her grounded. They were very supportive and were very particular with her photo shoots. She was even very proud to say that her grandfather had been able to join her in one of the shoots.

With her humility and the support of her family, fame and success should be just around the corner for this gorgeous lass!

JOSEFINA ECHENIQUE

FEMALE ARTIST

With her originality and music, Josefina Echenique has been chosen as StarCentral Magazine's Unsigned Female Artist of the Month for January 2014.

Music was in Josefina's heart. Ever since she was a child, she already had a great inclination in singing. When she was 8 years old, she was chosen by their school chorus director as a soloist. This was her first performance. From that, it can be seen that she was already a musician at heart.

Even with the challenges she's faced, Josefina is determined to pursue her career. She loves the excitement, the flow of adrenaline, and the freedom she feels every time she performs.

Her most memorable performance would be when she performed for over 4,000 people in Vence, France. She felt so nostalgic. She never thought that it was going to be such a big audience. She was panicking, she wanted to go home. But she didn't. It was the job she chose and it was time for her to throw away the scared little girl act.

Like any other career, one has to plan. Josefina Echenique plans to finish her album. She has recorded three albums with her former band, Cantaro, and two EP's with "Los Josefinas". A solo album is harder to finish because it requires your effort and determination. Echenique will have to meditate and find her way. She would love to meet the Dalai Lama and maybe she can get some enlightenment from him!

Families are the best supporters and Echenique's

family is definitely the reason why her life has been easier. Without her family, everything would definitely be different. Her love for music can be credited to her mom. Her mom was listening to contemporary music when she was pregnant with her. Her sisters were her guardian angels while her brother was her first music teacher. Even her wee sister is the one who is helping her design the posters for her gigs. Truly, her family is very supportive.

Aside from her family, she is inspired by the long list of memorable people that she has met because of her career. She has met actors like Oscar Castro and Sylvie Miqueu. She has also met Angel Parra, the son of Violeta Parra, a musician from Inti Illimani and Quilapayan. You'd be envious because she has met the best scat singer in the world, Deborah Taguy. The list is definitely long. Josefina Echenique has definitely met some significant people through her career.

In this industry, you'd have to be prepared for anything that might happen. For Josefina, it is important to take it slow but just be in time. "It is better that to try to play fast as you risk playing off heat", she said. This goes so much for her music.

This woman is simply a musician by heart. She would never be able to live without love, breathing, music, books and people. She is a sucker for people. She loves to socialize and just love meeting new people.

Josefina Echenique is truly a contemporary woman who breathes music and thus, she grabs the title: Unsigned Female Singer of the Month.

RYAN MORGAN

MALE ARTIST

Ryan Morgan (StarCentral Magazine's Unsigned Male Artist of the Month for January 2014) is a born performer when at the tender age of 5, he already played either the guitar or keyboard and in front of his family. Morgan's maternal roots have music running through their veins; thus, it is not surprising that this unsigned artist is packed with talent.

When he was still starting his career, he did not encounter any problems with his mom because she was all out supportive of him; luckily, his old fashioned dad was eventually able to understand his chosen profession after witnessing how determined and passionate he was with his music career. Also, his younger sister, Liya, is not only extremely supportive but also acts as Ryan's business partner.

Not all people are born artists, but, anyone can become one. As with Morgan's case, music is innate in him. He loves the entire process of getting on stage, performing in front of the audience, and having the urge to do the performance all over again. Needless to say, he really enjoys expressing himself to the public.

This foreign-accent lover looks up to Aaliyah as his role model because he sees her as someone who had the whole package as an artist—having a strong vision and personal direction with music. And when it comes to writing, creating and producing his own music, his driving force would be his motivation to express himself and communicate with his audience through his musical creations.

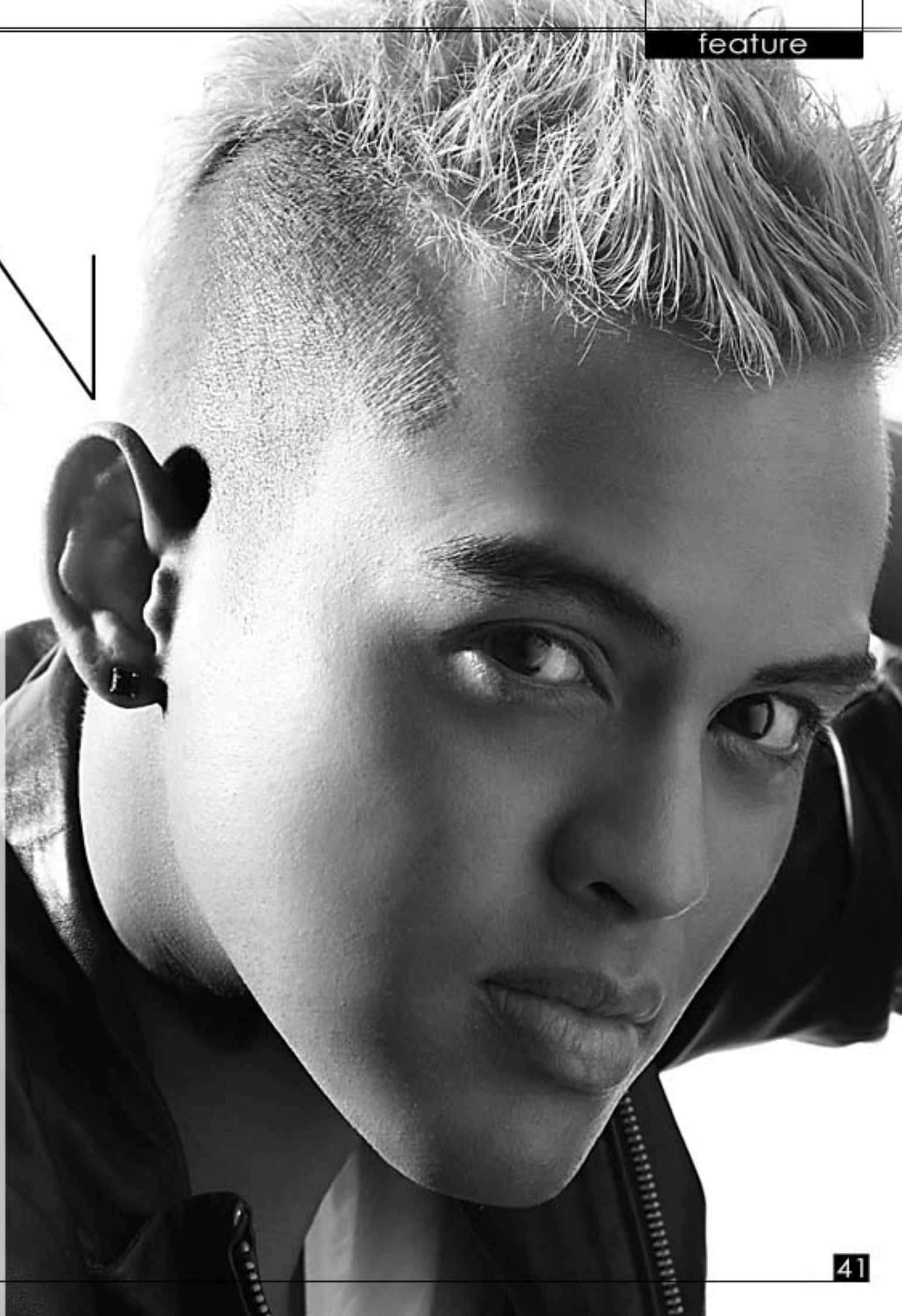
One of the most memorable experiences that

Morgan has had in the music industry was the time when he filmed the music video for "Surrender" – "I remember how great the location was, with the sunrise, the water and the blue skies, it was a million dollar set." Although he almost lost his voice at the end of the day, everything still worked well to his advantage. Overall, he was able to deliver a more authentic performance that translated well on the camera.

There is no stopping Ryan Morgan at this stage of his career because he is currently recording his debut EP and after which, "I plan to focus on the next singles, in particular the music video and concept for the 2nd single "Time Machine" which I think will be really interesting to explore." After his first single debuts in March 17 2014, he will be focusing on a publishing deal and on relocating overseas.

One of the inspirations that Morgan has in striving to do his best in his career (aside from his family) are the people he spontaneously meets in his gigs—either at a bar or in a restaurant. He takes pleasure in listening to their inspiring stories and he considers them some of the most interesting people he has ever met.

If there is one lesson that Morgan has learned in the music industry; that is to pursue the things that will make you happy and to focus on chasing and doing these things because they will definitely lead you somewhere. Also, you must figure out who you really are so you will learn to trust and depend on your own instincts and not get easily affected by the expectations and judgements that society has on you.



JOSHUA PERRAULT

PROMISING ACTOR

Joshua Perrault, an American actor in Sydney (and was StarCentral Magazine's Actor of the Month for January 2014), finished a degree in Bachelor of Arts in Psychology and Business Marketing before he immediately jumped over to a career in acting. Nevertheless, this 24-year old young man is backed up by his parents in any kind of profession he wants to pursue. Needless to say, his mom and dad are his biggest fans and they have been his inspiration in always striving hard to do well in his chosen field.

Perrault's acting career took off in a rather entertaining way. He was on his way to a job interview when a closed-off street caught his attention. Intrigued, he snuck into the vicinity (tearing a hole in his pants in the process!) only to find out that it was a movie set wherein a major scene with some A-listers is being shot. Apparently, he was mistaken by some crew members as one of the extras and the rest was history.

This natural-born entertainer loves every attention that is being given to him; thus, he could not imagine doing another job apart from acting. In all actuality, this guy is obsessed to play character roles that include an assassin, a pirate and a pilot, among others. And, one of the things he likes being in the entertainment industry is being able to meet other awe-inspiring people. Another would be the on-site catering services that serve deli meat platters with hummus dip!

One of the most memorable scenes that Perrault has done was a fighting scene in a martial arts film. Apparently, he had no prior training in karate and he had to be one of the bad guys fighting the heroes in a private plane scene. He had to dramatically fall

over after being flip kicked by one of the lead characters. At that time, he felt like "...Jackie Chan's ugly brother who just stinks at fighting!"

Perrault likes meeting people who have a fantastic personality and a good sense of humour; and, that is what he likes about his job—having the opportunity to rub elbows with unique and fascinating people who are true to him and are able to entertain him at the same time.

If there is one lesson that Perrault has learned in the entertainment industry, that is to depend only on yourself when it comes to your career because he eventually realized that nobody cares about your career but yourself. It is true that agents help you in booking jobs, but the real work for this young man is the work he does himself.

Perrault prefers to stay grounded at all times; thus, he always wants to be surrounded by close friends who can help him check his ego once in a while. Another technique he has in keeping himself grounded is to always reflect back the reason why he started a career in show business. Lastly, he wants to do smaller projects because they are the ones that he puts more effort into.

The 24-year old has definite ideas about the future of his career – "By next year I will have moved to LA and have settled in. I am going to be the next Will Ferrell or Adam Sandler, whereas we are all really funny but attractive/odd looking at the same time. I have a ton of projects I would like to do and am just about to finish a feature film I'm writing." Also, he wants to own his own home in America, learn to surf and be able to meet more amazing people in the business.



PIÉRA FORDE

ACTRESS

Piéra Shannon Forde is an Australian-Italian actress and StarCentral Magazine's Actress of the Month for January 2014, started taking acting classes when she was seven or eight years old. This 20-year old lass fortunately landed the lead role of Juliet in a remake of Romeo and Juliet. From then on, her acting career had a steady move from plays to short films and eventually to features.

It can be said that Forde is taken into a whole new world every time she walks onto the set because "...I love telling stories and changing skins." Needless to say, that for her it is one of the most incredible feelings she has ever felt. The good thing about Forde is that she can be as creative and as free as she wants to be with the wide range of roles she plays.

One of the achievements that Forde has been truly proud of is the creation of her web series "Maximum Ride" which are based on the young adult novel series of the same name written by James Patterson. The series is about the lives of six mutant teenagers called 'The Flock' after escaping the lab where they were held. Forde's adaptation has gained overwhelming worldwide support from her fans. The series (aired on YouTube), features Piéra in the lead role of Max, has also been recognized, and highly praised, by Patterson's online media team.

Being able to play different character roles is just one thing for Ms. Forde. The other thing is being able to meet other people in the industry who are as passionate, driven, supportive, humorous and generous as she is. It is to be noted that these kinds of people are rare in show business, thus, being able to connect with them inspires her to do well in her craft.

Having been in the entertainment business for quite some time already, Forde has already learned the art of adapting to the demanding culture of her career. She has learned to not to take too seriously the negative comments thrown at her. She holds on to the belief that she cannot please everybody so there will always be detractors. Moreover, she has also learned to be proactive during downtimes in order to be productive at other things. She also realized that taking considerable amounts of risk and having a thick skin would really help people like her succeed in the industry. Lastly, not taking herself too seriously so as to stay grounded is one of her cornerstones in her chosen field.

Aside from her fans, her family and friends are amongst her biggest supporters. And she considers this as one of the huge blessings she has received. She is confident that she will succeed in the entertainment industry because she knows her loved ones are always there to support her.

At the moment, this Hollywood-aspiring actress is also finishing her web series, "Maximum Ride". And once done, she is planning to travel abroad, open up a book shop or library, and head to Los Angeles and try her luck there someday.



KALEI LAGUNERO

BEAUTY GURU

"There are no limits to creating the perfect look", Kalei Lagunero, StarCentral Magazine's Beauty Guru of the Month for March 2014, said.

For Kalei Lagunero, nothing is right or wrong in beauty. Trends change all the time and she enjoys learning new ways to recreate looks from famous makeup artists and stylists.

Her goal in the beginning was just to help out girls. It's more fulfilling to share your knowledge with people who might need it. YouTube gave that platform to Kalei. With it, she was able to freely share what she knows to all the girls out there. Plus, she's able to learn a lot from other amazing women too.

Her career officially started in 2012, when she launched her YouTube channel "Kalei Lagunero". It took a lot of hard work, determination and motivation. She is also proud that she gets to share her designs on the internet and to have the opportunity to relate to her viewers especially since she is multi-cultural.

It's the versatility of the career that makes Kalei Lagunero love it more. You can look anyway you like. With Kalei, she can be edgy at one time and chic during other times. It's the limitless possibilities and combinations which make it more exciting. There are no specific rules to follow. As long as she likes it, that's all that really matters.

With Kalei, it's her family and friends that keep her

inspired despite all the trials and obstacles along the way. For her, they are her best cheerleaders. They keep her grounded and focused on what matters most. Because of them, she is always reminded to be a blessing to others. She considers herself nothing without them. Without the love and support they'd given her, her dreams would have remained dreams only.

Along with the people who support her in her career, memorable moments keep her engaged in the field. It's the experience that makes every trial, every heart-ache worthwhile. For people to notice her work, telling her she'll go far, is very inspiring to her. She is always honored to hear praises. These are what make her excited for the future of her career.

Aside from all the experiences, getting to meet people is also one of the best things about her career. She takes pride in all her subscribers. For her, they were very supportive and always try to make constructive comments if she's being out of character. They guided her and kept her challenged all the time.

Not only that, the lessons Kalei learned in her career kept her moving forward. She believes that positivity is the answer to all the problems in life. It's how you see things that matters. When she made the decision to be positive, everything began to click. Her thoughts and attitude changed for the better.

With her perseverance and passion to share and inspire, no wonder Kalei Lagunero is our Beauty Guru of the Month.





GEORGIA CLARKE

MODEL

She had no plans of entering the fabulous world of modeling, but she managed to come out on top. "I was discovered, by my mom applying for me to be part of Miss Manchester as a joke, and to my surprise I was placed in Top 4", the 24-year old Georgia Clarke (StarCentral Magazine's Sexiest Woman of the Month for March 2014) explained when asked about how her modeling career had started. I guess mothers do know best because after her unplanned success in the Miss Manchester's pageant, Ms. Clarke's door opened to a number of modeling opportunities.

Before becoming a sought after model, Georgia Clarke was a simple English girl who does what most girls her age do. On her downtime, she goes to the gym, which is obviously the reason for her voluptuous and sexy bod. She describes herself as a down-to-earth and crazy kind of gal. She is the eldest of the Clarke siblings. She has a 21-year old younger sister, and a brother who is now 18 years old.

According to an interview with this English hottie, her family has constantly been a big influence in her career. Aside from her mother, who had inadvertently propelled her to the glitz and glamour of the modeling circle, the rest of her family have supported all her endeavors. Georgia declared that she would never find herself on the spot where her career is now, without the undying motivation of her family.

Moreover, modeling was not really Georgia's first choice for a career, and she had her mind set on a degree in Child Care and Health and Social. However, when she had break, she took a chance, and is now known as one of the sexiest cover girls in the industry.

Though she did not come first in the Miss Manchester Pageant, she managed to direct her career in the

right direction. Many companies have taken notice of her unrivaled beauty, and have offered her a range of opportunities. She received a number of photo shoots and modeling jobs which had led to bigger projects.

Little by little, a name was built, and her career grew to newer heights. Georgia got projects that sent her to model in London, and later on, to Ibiza, which she admits was one of the most unforgettable parts of her career. A race car company had also asked the beauty to model for them, which was quite a ride for Georgia because she had always been fascinated with incredibly fast cars (who wouldn't be, right?).

But modeling is not at all, permanently, fun and excitement. It is a tough business to be in, where most people, if not all, will only recognize you based on how slender your curves are, how beautiful your smile is, and how perfect you look on and off the camera. It is a world where kind people become ruthless in order to become successful.

Nonetheless, Georgia Clarke plans on staying the beautiful person she is. "I would not let it change me if I had all the money and fame in the world", says Clarke. She seems to understand the nature of the industry, and tries to stay positive about it. She confesses that she experienced a number of rejections in her career, but she does not plan on giving up any time soon. She wants to travel to Australia and continue growing as a model.

I guess when you're passionate about something, you can only keep doing your best, and success will eventually follow. Georgia Clarke unintentionally found her passion, she took a risk, and now, she is on the road to having her dreams come true.

BUSTER TINDALE

MODEL

It was fate that led Buster Tindale to become Star Central Magazine's Sexiest Man of the Month for March 2014.

Buster was already on the industry's radar from quite a young age. An agency had already seen his potential and had approached him and his family about the possibility of a career in front of the lens. However, at that time, he was not interested. He was quite busy trying to grow up! He was still anxious about what people thought and if he has the confidence to make it through that path.

He travelled a lot – backpacking around the USA and Canada. But when he came back, he decided that it was time to start a new stage in his life. It was the right time to find an avenue where he can support his dreams and goals. Now that he was much surer of who he was and what he was capable of, Buster Tindale finally decided to go down the path he said no to years ago – modeling.

What he loves about modeling is its versatility. It opens several opportunities for him. For example, he gets to meet new friends; he gets to learn something new during casting. It helps him in building his self-confidence. For him, it can be scary walking on the catwalk or staring in a camera. But for him, modelling only gets better.

Of course, like any other career, rejections were commonplace. There is so much competition today and you'd have to go through tons of casting before succeeding. Patience is a must. Not just with getting selected but with the people around too. He unfortunately meets too many individuals who simply do not have respect. But, with Buster's maturity, he just doesn't care. He just does what he has to do.

Despite all the trials, his photo-shoot for Gandy's flip flops has been his most memorable experience. Rob

and Paul, owners of Gandy, were very funny and down to earth despite the tragedy that led them to creating their brand. The brothers were orphaned in the 2004 Boxing Day Tsunami, a catastrophe they narrowly escaped themselves. Sales from their company go to their initiative, 'Orphans for Orphans' which was established to help give a brighter future for kids in struggling countries. To mark the 10th Anniversary of the tragedy, the brothers are on track to open an orphanage in their parents' memory. For him, the company is great and expanding quickly so he was very lucky to be with such great people. He was even invited back for a beer and a game of table tennis.

"You must be patient and be prepared for a lot of rejection", Buster said. That was the most valuable lesson he has learned in the industry. Plus, casting directors don't really give much attention so it's quite hard to plan.

With his success, Buster stays grounded in the industry with the help of his friends and his family, especially his Mum. He has learned to tolerate others better. Plus, his work in the Hydrotherapy section of the hospital he is employed at teaches him to be more humble. He often deals with grumpy patients who have had knee replacements, shoulders fractures. It was through this constant exposure that he learned to better understand others and tolerate them.

But of course, everything he does, he does for his Mum. Her happiness matters to him a lot. In fact, she was very supportive that he pursues his career in Hydrotherapy while pursuing modeling. Of course, he understands that modelling is not a very stable career.

He is contented, grounded, loving. These traits are definitely a big plus for Star Central's Sexiest Man of the Month.

You have probably seen her on YouTube, or heard one of her songs on iTunes, and I am sure we can all agree that Rachel Wong (StarCentral Magazine's Female Artist of the Month for March 2014) is definitely an amazing artist. It could be because of her songs, which are very much relatable, or probably, her soulful voice that confirms she has one heck of a talent. But whatever makes us want to listen to her hits, it is no doubt that Rachel Wong is on the road to stardom.

The young singer/songwriter (who secretly wishes Mad Mike from MTV's Pimp My Ride would fit her car trunk with a super Nintendo) started gathering admiration from people in her church when she hummed gospel songs for regular Sunday mass. She says it's a place where she can sing her heart out without worrying about hitting the right notes or forgetting the lyrics.

It was during a talent show in middle school that she first sang in front of a large audience. Her entry was a song she wrote about how she felt towards her boyfriend. "It was a nerve-racking, fun, and quite embarrassing experience", she confesses.

But, Rachel is pretty far from a sentimental teenager now. She has evolved into one of the most promising artists in her generation. Her songs which include Center Stage and Letters to You are among the songs that receive the highest views on YouTube, which add to the increasing number of Rachel fans and followers that believe in her ability to make good music.

Moreover, she was one of the finalists in Ford's Gimme The Gig Contest, which she concludes to be on the top of her list of most memorable performances. She has also released a CD album that she performed around her closest family and friends, which includes a song featuring her brother playing the bass.

She is currently working on her third album, and plans to tour outside of Seattle with some of her fellow musicians who, according to the brand-new star, were some of the most interesting people she met in her entire life. Also, performing live to a large and interactive crowd is one of the things she enjoys about her craft.

With all that has been going on with her career, she still maintains a close relationship with her family, especially with her dad, who had been very encouraging since the beginning. She shares that her dad emails everyone on his address book whenever Rachel has gigs, or even when she has a new YouTube video.

I think that her continuous success can be accounted to her drive in making music, which is to express what she feels. She justified that her goal at this point of her life is to find happiness, and music is one of the paths in discovering and appreciating life better. Music is her way of communicating with herself, and perhaps to the world as well.

"So I guess you could say that for me, writing, and expressing myself through music is what inspires me to keep going", she tells us when asked about her motivation.

Furthermore, Rachel reveals that being a musician is not about selling records and making money, but rather being able to follow her heart. She had always loved music, and being able to pursue it is what makes it all the more fulfilling.

RACHEL WONG

FEMALE ARTIST





THOMAS ARMSTRONG-ROBLEY

PROMISING ACTOR

Thomas Armstrong-Robley (StarCentral Magazine's Actor of the Month for March 2014) proved just how talented he is by portraying the gallant Viscount de Chagny, Raoul, as well as an alternate for the iconic role of the Phantom at the age of 19! The young and talented actor outshined other thespians in his performance as the Phantom of the Opera which earned him a spot as one of the grand finalists in the Redcliffe Musical Theatre's Search for the Phantom. He performed in four productions of the theatre company which not only gained him recognition in the entertainment industry, but also gave him an opportunity to become even better in his craft.

Before his success in the Phantom of the Opera, Thomas had been participating in theater plays around his community. However, it was his admittance in his high school's musical that paved the way to a promising career.

He didn't really plan on trying out for a role, and was only there to accompany his friends who wanted to audition. He was persuaded by his friends to audition on the last minute with an impromptu piece which was Australia's national anthem. But I guess, when you are really meant to do something doors will open for you, which is what exactly happened to the Brisbane-based actor. After a series of follow up auditions, he was named as one of the lead characters.

When asked what he loved about acting, he answered "it is constantly changing and driven by pure unadulterated passion, I love that." This is probably the secret behind this star, his enthusiasm for life and pure devotion to the characters he's playing. He admits he enjoys what he is doing especially when he is able to make people feel affection for his character – may it be a pirate, the Phantom or a role that had him singing in a fishnet and corset.

Another aspect to his career he appreciates is that he is able to meet and work with people he respects and looks up to in the industry he has chosen. A few of them were Adam Thompson (of Chocolate Starfish fame) with whom he has participated in a workshop, the fellows from the Ten Tenors like Nathan Kneen and Roger Davy, and Jason Ward Kennedy who directed one of the musicals he has been in.

But in spite of all his achievements, according to Thomas there are still a few drawbacks to being actor. He explained that though their world may seem all amazing, most artists, especially those who were not fortunate enough to get a break, have given up a lot in their life to pursue acting. The thought that majority of the world thinks what they do is a breeze, is truly a tragedy, he expresses.

Fortunately, Thomas has his family by his side who he said has been more than supportive. His family had been very positive and helpful in all his efforts, and even encouraged him to pursue his goals.

Currently, the English actor is studying Bachelor of Musical Theatre at the Queensland Conservatorium which would keep him occupied and growing as an artist. He aspires to go back to England and perform in the Queen's Royal Theatre.



DIANE HOANG FASHIONISTA

The amalgamation of comfort and style is the heart of Diane Hoang's (StarCentral Magazine's Fashionista of the Month for March 2014) fashion statement. The certified-fashionista shared that in her whole fashion career she learned that the best way to dress is how you dress. Diane explained that you do not have to sacrifice comfort in order to be fashionable. Your lifestyle should be the basis of your fashion.

This self-proclaimed bookworm, who reads the likes of Jo Nesbo and George R. R. Martin, began her career by posting her chic and quirky outfits on Instagram, which was at first mocked and laughed at because some people thought it was ridiculous. However, Diane's creativity inspired other fashionistas, and encouraged her to continue posting more of her distinctively-posh ensembles.

She began posting on her Instagram account @dianeehoang when she was still in her senior year. Her comfortable yet stylish selections gained many followers, which led her to blogging under the name Modernistic Phoenix in her first year in college. Her popularity in the social media site increased which caught the attention of the American-based specialty retail store Charlotte Russe.

Diane admitted that she was shocked and very much excited when the company had emailed her in October. She was completely astonished when she found out that the clothing store wanted to do a collaboration with her, and recalls screaming and running to her mom to tell her about the news.

In addition, Diane tells us that her family (and her relatives) has played a big role in her love in fashion. The people around her have always been very supportive in all her efforts, and would often give her their honest opinion on how she looked. Her official photographer

is her brother who was always ready to take her pictures so she can post them on Instagram.

I think that surrounding yourself with the right kind of people, those that motivate you to become what you want to be, rather than put you down and remind you of your limitations, can make a huge difference on one's life. Diane is lucky to have a reassuring, and an understanding family.

Moreover, she does not know exactly how she got into styling and fashion, but she remembers finding a few pictures of girls who looked effortlessly cute and fashionable in a simple skirt and a sequined top. I thought how incredible it was that you could make so many different looks using the color, pattern, and texture of just one piece of clothing. Diane describes what got her interested in fashion.

Trusting her artistic instinct, she established her own style which was gradually recognized by her fellow fashionistas, and even those who are a name in the fashion and clothing business. I guess what makes her fashion sense lovable is that it is sensible. She understands the importance of comfort and self-expression when wearing clothes, and draws a one-off style out of it. It is ingenious!

Diane declares that she thought of fashion and blogging as just a hobby, and never really expected to get to where she is now. It only goes to show that when you pour fire onto something you love, you can achieve many great things.

And, apart from her hobbies, she has her mind focused on realizing her dream on becoming a Character Modeler for the renowned Pixar Animation Studios. And I think with her passion, and exceptional imagination, she can be where she wants to be.



JENNIFER MONK

ACTRESS

In the up and down world of acting, career-changing opportunities are sometimes few and far between. So one can definitely understand Jennifer Monk's (StarCentral Magazine's Most Promising Actress of the Month for March 2014) reaction when she learned that she had just been accepted to the prestigious London School of Dramatic Arts – "...I danced and screamed around the house, I couldn't believe it, I was one of eighteen people in the world to be chosen to train at this school!"

Trepidation, caution and disbelief are the usual responses when one announces the decision to enter into the entertainment industry. But that was certainly not the case with Jennifer and her family. "...When I told my Mum I wanted to be an actress, she came to the local theatre company auditions with me, because I was too scared, and auditioned with me. My first production was Jesus Christ Superstar, and my Mum was right by my side on stage playing a townsperson for the whole season while I played a temptress. I was 16..." That family support has remained steadfast throughout Jennifer's career. Her brother interviewed her on his radio show, Coast FM to help garner votes for the StarCentral poll, her parents attend every one of her shows and distance proves no deterrent for her siblings and their families as they travel from country Victoria (Australia) to attend her plays.

For the 31-year old, the major draw card to acting is the total immersion in such a creative environment. "...I love being able to dress up and play different characters... getting to feel something else, someone else's emotions and experiences, it's almost like going to another world..." And through that immersion, she finds that "...I have the power to bring the

words and characters to life. I get to tell this person's story...when you are really in that moment it's like nothing anything I've felt outside of acting, and that feeling transfers to the audience. I get to take them on a journey..."

Life as an actor alternates between periods of frenetic activity and a waiting game. For Jennifer, handling both times effectively is essential to success. She uses her rare downtime to not only catch up with family and friends ("...there have been times that I have missed friend's weddings and celebrations because I am performing or rehearsing..."), but also honing her craft – "...most of the time I am learning lines, researching scripts and developing characters..." She goes through voice coaching every day, and when she has multiple auditions lined up on top of shows she is already performing in, one can see another ingredient essential to the actress' success – passion. "...You have to be very dedicated to your craft, 100% in it!"

That 100% dedication has proved incredibly fruitful for the Melbourne-based thespian. She has written, directed and performed in four one-woman shows in the last 10 years. "...When one reviewer wrote 'Monk is a real talent' for my show 'Whose Memory?' it was pretty amazing!" She also co-founded Driving Monks Productions with writer/director Tim Driver. "...I will also be performing at the Malthouse Theatre (in the 'Vagina Monologues') in a few weeks, so that is going to be a big highlight for me! Another show that I have been working on, Missfits, has just been picked up by La Mama Theatre Company, that will be a great honour!"

"...A teacher at LSDA once told me that the most important thing you need to do as an actor is 'to get a life'..." Jennifer works at that balance between her life and career with yoga, meditation, traveling and more, as she understands that it will not only help to maintain sanity in the at-times crazy world of entertainment, but it will give her experiences to draw on to enrich her performances.

The multi-talented actress (she also sings, dances, is a photographer, children's entertainer, drama teacher and fire twirler!) has the long-term goal of moving to Los Angeles and settling in Beverly Hills. Until then, "...I would like to continue making ground-breaking and inspiring theatre and film with my company Driving Monks Productions and keep working with other inspiring directors, writers and independent companies. I would also like to get a regular role in a television series and be cast in a season at the Melbourne Theatre Company (MTC)..." With all that she has achieved so far, it is not hard to imagine Jennifer Monk achieving every one of her dreams!



JILL CAVNOR

MODEL

Modelling is not for the weak-willed. Say hello to Jill Cavnor, a model, StarCentral Magazine's Sexiest Woman of the Month for April 2014!

Jill is not just any ordinary model. She is a mother of a wonderful 2-year old boy. She loves to cook, read and exercise just like the rest of us in the everyday world.

It may not be what she planned, but her career in modelling began to take off when she landed a part in mega-band One Direction's music video of their song, Live While We're Young. It was the first step in Jill's journey into the modeling world. Not only was the experience very helpful for her curriculum vitae, shooting with the guys was so much fun too, describing them as "great guys."

Modelling is no easy career. It's not just about wearing clothes and walking the right way. It requires discipline and passion. For Jill, she loves modeling because it allows her to showcase her creative side. It became a way for her to show the world her own style as a model. Aside from that, she loves working with photographers who have really great ideas. She is amazed at what they would do just to get her the best image possible.

Because of her love for her career, Jill considers every person she has met a memorable one. Every

new face had its own identity. The people she met, they were unique and special in their own way which made it impossible for her to name just one memorable person. For her, it was all of them.

The British-beauty attributes her forward momentum in her career to her family who have been nothing but supportive. "No matter what I do, they are always happy for me", she said. They are the people who remind her who she really is.

In a career where one is perpetually donning different looks and characters, it's easy to get lost in its ever changing nature. That is why Jill believes that being herself is the most important lesson she could ever learn. And in a career where pressure and rejection is common, Jill has learned to simply enjoy what she is doing.

Hampshire-based Jill plans to do more modelling shoots and music videos (music is also another passion of hers) in the future. Aside from that, she has also started her own line of glamorous female clothing which she plans to put up on social websites in the future. More importantly, Jill plans to become a good mother to her child.

Modelling may be tough. But for Jill Cavnor, our Sexiest Woman of the Month, her strong heart and personality will be her means of achieving her dreams.



RICKI ENGHOFF

MODEL

It does not take a second look to know that this Dane is hotter than the hottest days in summer. This guy has adorable blue eyes, sexy pouting lips, and a charming face that would melt any girl's heart. And I have not even gotten to his fit bod of perfectly-sculpted abs and biceps. Ricki Enghoff certainly deserves being named StarCentral Magazine's Sexiest Man of the Month for April 2014.

The 23-year old has only started his modeling career, and has been met with favorable circumstances so far. Though lacking in experience, he took his chances, sent a few photos to modeling agencies and was eventually signed with Model-Union in London.

Aside from modeling, Ricki has also ventured into film, and is on an independent film titled Boys on 8 Tape by Wade Radford. As stripped-down a movie as it can get, Boys is filmed on a Hi8 camcorder with only 2 actors (Radford and Enghoff) and that raw quality translates perfectly to the story. The film is about two male agoraphobes (agoraphobia is the fear of open spaces) who, because of their condition, cannot overcome their fears to take their love to the outside world. Trapped in their bedsit, the two men explore their views on life, their deepest thoughts and of course, their love for one another.

This London-based hottie's skills aren't just in front of the camera. He was also a professional handball player in his native Denmark. He considers himself a sporty lad, and says he can take on any sport as long

as he puts his mind into it. The modeling world is a far cry from his sporting one but he admits he has been enjoying the attention he is getting from the media and from the people around him. He's been fascinated being surrounded by so many fashionable people.

But beneath all the glitz and glamour that the world Ricki Enghoff has chosen, he remains a down-to-earth dude who simply wants to make the most out of his life. When asked how he stays grounded in an industry where everyone is assessed based on physical feature, he gives us a simple answer. "There would be no reason for me not to stay grounded", he firmly answers.

Apart from his work in modeling, he is also currently completing his masters in English literature. His college degree is Bachelor of Arts in English with Scandinavian Language and Literature as his minor. He had always loved beautifully-written poetry, and novels that depict the pains of the society. Able to recite Shakespeare's sonnets, he also speaks four languages, which are English, German, Spanish, and, of course, Danish. Language is said to be dynamic, which reflects Ricki's personality. He's a model, actor, a handball player, sports enthusiast, a writer, a poet, and whichever he wants to be.

As for now, Ricki just wants to take in any great opportunity that comes his way, enjoy every minute of his life, complete his master degree in English Literature, and see where it all takes him.



JULIA CHENG

FASHIONISTA

Inspired by her mom, StarCentral Magazine's Fashionista of the Month for April 2014, Julia Cheng, has the heart and spirit of a true stylist.

Exposed to books since she was a child, Julia found herself especially fascinated by those relating to Japanese fashion and makeup. Being a visual learner, she focused on the pictures and how everything was put together. This became the foundation of her interest in fashion.

Her first attempt at applying makeup was after watching Michelle Phan's YouTube tutorial on the perfect "prom look." Looking back, she laughed at how silly she looked and how poor her skills were. Still, she is thankful that she did not give up on the craft. Those early pictures reminded her that you can never improve on something unless you keep trying and learn from those mistakes.

Although she has not fully indulged in fashion as a career, Julia does make it clear that her future is planned for the industry. For now, she simply likes being a girl who enjoys sharing her style and personal thoughts.

Started in 2013, Julia's blog is her avenue for sharing her art form. She gained experience handling an Instagram account for a fashion brand during an internship in a social media company in Los Angeles. Her time in the company gave her the confidence to launch her own blog and Instagram account. Maintaining her presence in the social media world has led Julia to meet like-minded girls from all over the world and understandably, finds this incredibly fulfilling.

Fashion is freedom. Julia loves the fun of being able to put different pieces together and then seeing how others would put their own spin on the ensemble. She is reminded of what her mother would tell her, "Dress without caring what people will think of you". It's an art without rules. It doesn't only allow you to express yourself; it allows you to disguise yourself too. Her favourite quote is one by celebrity fashion stylist, Rachel Zoe – "Style is a way to say who you are without speaking".

Despite the unpredictability of a career in fashion, Julia remains steadfast in her dreams. Her mom is her greatest inspiration and describes her as one of the most open-minded people she has ever met. It is also her mom who always tells her to never be afraid. It was through her encouragement that Julia has become the woman she is now.

Julia strives to make every photoshoot a memorable experience. For her, it's a great feeling to see the results of your hard work. Putting each outfit together takes time and effort so there is always that feeling of accomplishment every time she sees the pictures.

Julia's eyes are firmly set on a future in the fashion industry. After college, she hopes to enter into a digital marketing career for a fashion brand and ultimately, become a buyer.

Such a youthful glow Julia Cheng has! Her dreams, her hopes and her plans will never be lost in the wind. With her drive and personality, our Fashionista of the Month, Julia Cheng, definitely has a long, successful road in front of her.

GILAD ALON

MALE ARTIST

When you want something in life, you have to chase it. And Gilad Alon, who is proclaimed artist of the month, certainly did not waste any time in going after the things he craves most in life. "I always had two dreams. One is to become a pilot, and the other is to sing and share my music throughout the world. And so far, one has come true", he shared with us.

The singer and songwriter believes that in order to make your dreams a reality, you should summon every fiber of courage in your body and follow a path leading to it. And, he continues to motivate people through his songs like I Can't Believe and Thank You, which are not only moving but also easy to listen to. His musical genre is categorized as pop rock, rock, and alternative rock.

This talented lad started singing at the age of four, and expressed how he would always grab every opportunity to sing in front of a crowd. His first performance, which involved a large audience, was in high school during a talent show. It was an unforgettable moment for Gilad because it was the same day that his grandfather passed away. With his family's support, he continued with the performance, which shaped the artist that he is now.

Another memorable moment of his musical career was when he performed during national rock festival in Israel. He remembers that it was an exhilarating experience for him and his band. However, the concert ended in a tragedy with one of the stages in the area collapsing and injuring some of the audiences.

Before his solo career as a musician, he was a part

of two bands, which he took on an electric guitar for one, and the lead singer for the other. They were asked to play on small and big set of audiences, which has helped hone his singing and his stage presence.

He had always loved music, which is his sole motivation, aside from his loved ones, in becoming a musician. The adrenalin when performing that overpowers me is something indescribable. I feel like I'm on the top of the world when I am singing", Gilad enthusiastically shared. And I guess, when you have a talent and a passion like his, I am sure it is the best feeling in the world.

Moreover, family had always been a great inspiration for most artists, which is the case with the Israeli singer as well. He tells us that his lovely wife, whom he professes his love to in his songs, has always supported his passion for music. His adorable kids also help him with his songs, which are his critique. He says, "When I hear my kid humming a song of mine after he heard it once, I know it will be a hit."

This passionate pilot/singer is currently working on his first album, which he hopes would launch his career as an international artist. He also has a Hebrew album that is presently being worked on.

And when you have faith and put your heart in every endeavour in life, the result would always be positive. I am sure we can all expect a lot of great things from this very promising artist. He has definitely showed all of us that anything is possible when you do not give up.





CRISTINA VENTRESCA

ACTRESS

Cristina Ventresca, StarCentral Magazine's Actress of the Month for April 2014, offers more than just a pretty face, but also an admirable amount of determination and a genuine flair for acting. In our interview with her, she gave us a detailed picture of the ordeal an actress like her goes through for the sake of their craft.

She explained that it is not an easy road to trudge. It requires every ounce of optimism and willpower in order to pursue a life of an actress or actor. "It is so hard to stay positive and driven", says Cristina.

Contrary to what most people think, acting is not as prestigious as it seems, unless you are one of the chosen few who had already made a name for yourself. There are times when you would feel frustrated because of too many rejections. Also, aside from it being emotionally and physically stressful, you have to spend a huge chunk of your money for acting classes and workshops to continually improve on your craft. It is a really tough world to be in, unless you have a strong resolve and willing to make the necessary sacrifices, you will not succeed, shares this beautiful and strong lady.

This sexy and funny lass, who also happens to have one heck of a singing voice, has endured a lot, and accomplished a number of things as well. From failed auditions, promised callbacks, and unpleasant moments in her career, she learned that first impressions are very important. How you smile, what you wear, and simply everything else affects whether you get a role or not.

But like any great story, there is always a happy ending. All her hard work and perseverance has paid off, and is now one of the most promising actress in her generation. Though it is just the start of her

career, we believe that she could go a long way with her indefatigable spirit.

Family also plays a big part in her life, and they continue to encourage Cristina to follow her heart no matter what the odds are. She has two brothers whom she adores, and parents who mean the world to her. "My parents were always the type that would say... 'Just do your best and most importantly, have fun', she recounts.

One of the most amazing experiences she had as an actress was performing in an English black-comedy in her home country. Held in Milan, Italy, for week after week their performances were a sellout. I guess that was expected from someone who has a lot of dedication and passion in what she does.

What the aspiring comedian likes most about her craft is that she can take on any character. One day she portrays a sexy dumb lady, then the next she plays the opposite. It is pretty challenging if you think about it, but it is exactly why Cristina enjoys acting.

Moreover, comedy has always been a favorite of the bride-to-be (who is set to be married to her high school sweetheart months from now). She believes that there ought to be more female comedians (which I completely agree with). Currently, she is gearing on securing a role, preferably something in the lines of comedy, on one of the Australian productions.

Paulo Coelho quoted the possibility of a dream coming true is what makes life interesting. And it is true, when you keep holding on to your dream, like Cristina Ventresca did, life will certainly present interesting surprises.

BRODIE MASINI

ACTOR

They say you've got to take a risk if you really want to be happy. They say you have to take that jump to land into what you really want. That is definitely true for StarCentral Magazine's Actor of the Month for April 2014, Brodie Masini.

The career that Brodie had envisioned for himself was quite removed from acting – it was in the field of Civil Engineering. He spent two years of his college life in Curtin University in Perth, Australia, in devotion to this field. On a whim, he auditioned for a local community theater production and the experience awakened his true desire – acting. Brodie withdrew from his course and the small part he won in that first production became the first of many. Within the first six months of his new career, he was able to be a part in two theatre productions and six film projects.

It was not the glamour that drew Brodie in. He knew what an unpredictable career acting is. He is not blind to the fact that only 5% of the actors in Australia are actually working full time. For him, acting is a "passion-based" career. You need to love it to stick to it. And what he loves most about acting is that he is able to invoke an emotional reaction during his performances. Acting gives him the power to take his audience on a journey.

Brodie's career switch has proven to be an inspired choice. Last year, he was nominated for Best Supporting Actor at the 2013 Independent Theatre Association's Robert Finley Awards for his role as Mick Williams in David Williamson's *A Conversation*. He was also especially proud of his part in the short film called 'Revive' in which he played an unhappy

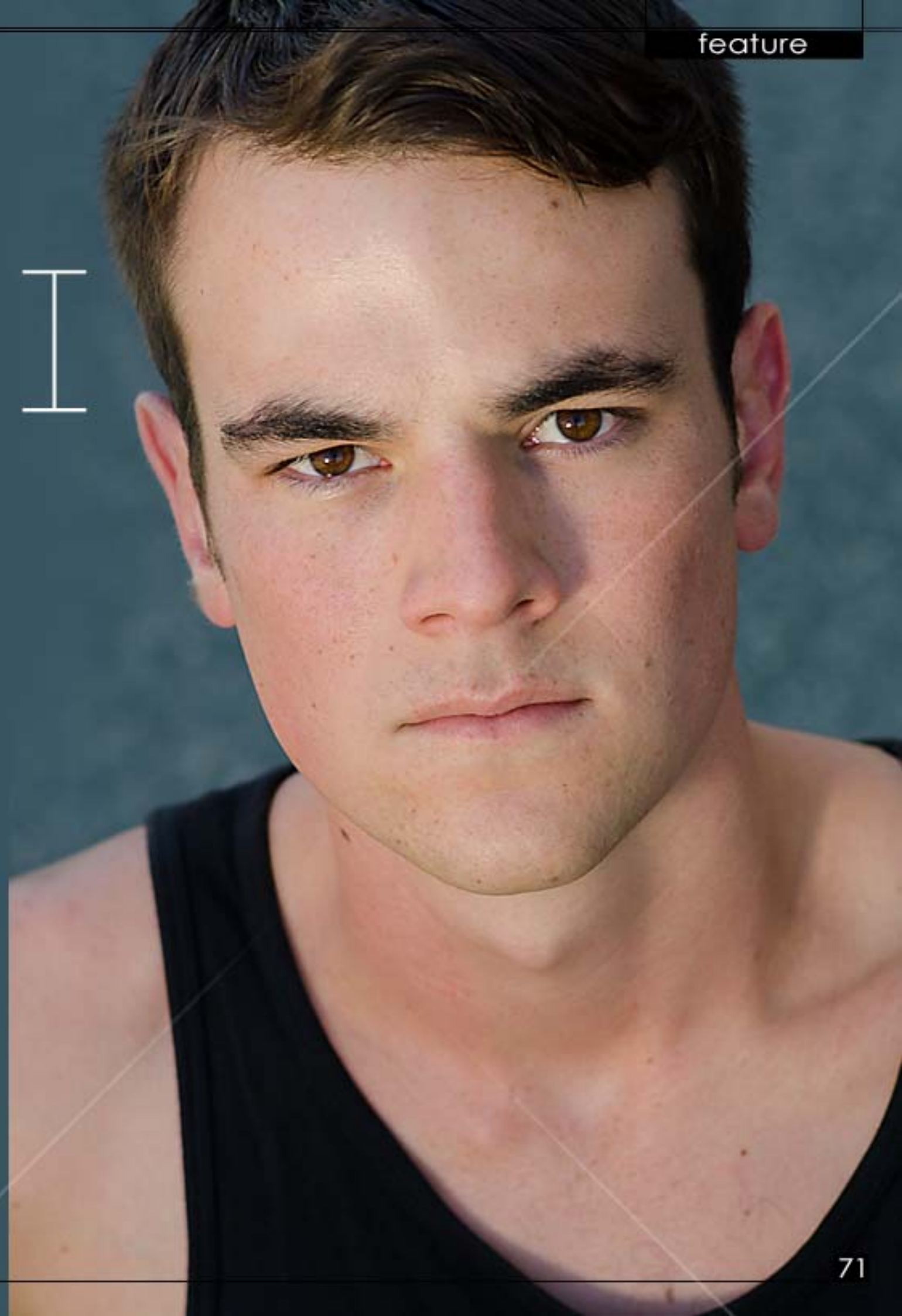
young businessman who saw the chance to inject meaning back into his life by helping cheer up a sick little boy. While on his daily commute, he had spotted the little boy sitting at a window, so every day the young man began to dress up in increasingly zanier costumes to make the boy smile. The film struck a chord with audiences at the 2013 Tropfest Short Film Festival where it was awarded the People's Choice Award.

While Brodie is exhilarated by the creative nature of his career, the 21-year old is also inspired by the people that he met along his acting journey, especially his fellow actors in Perth. It has amazed him how he can meet different people from all walks of life. It was through these people that he was able to grasp the power of friendship. In an industry where rejection is common, it's nice to have people you can trust and rely on.

More than his friends, it is his family who has given him much inspiration. Understandably, they were quite reluctant at first when he wanted to withdraw from Engineering. But after seeing how passionate he was and after the successes he has had, they are now with him 100%.

In the future, Brodie hopes to be able to travel around Europe and America. Career-wise, his ultimate goal is to be able to work in Los Angeles.

Despite the decisions he has to make, we are confident that our Actor of the Month, Brodie Masini, will be able to take the right leap of faith to fulfill not just his dreams in acting, but also in life.



ADRIANA BRAJE

BEAUTY GURU

StarCentral Magazine's Beauty Guru of the Month for April 2014 is not from the US, Canada, UK, or even Australia, but from the lovely country of Croatia. She only started posting videos on YouTube two and a half years ago, but she has already been recognized as an authority in fashion and beauty. In a very short span of time, her viewers have grown from hundreds to thousands because her approach for looking good suits almost everyone.

Adriana Braje sees beauty as a celebration of the uniqueness of every individual. "What I love most about beauty and fashion is that it never looks the same on anyone," she explains. Her style is aimed on showcasing the beautiful differences of each person regardless of skin color, body shape, or anything that sets us all apart.

The 18-year old beauty expert was not really a fan of makeup or cosmetics. She was a serious student and most of her time was spent studying and improving her academic rank in her class. However, one day, she stumbled on a nail art video on YouTube and found it quite interesting. After she finished watching the video, she searched for more of the same content, and Adriana was hooked by the end of the day.

Currently, Adriana, who reveals she cannot live without a blush, is juggling school work and making daily YouTube videos. She does not really consider what she does as a career but more of a hobby, and a way to relax from an exhausting day at school. Also, she enjoys reading a lot of beauty books, especially the ones from her favorite makeup artist Bobbi Brown, and browsing the internet for more amazing ideas for her blog.

Moreover, she feels being in junior high is quite an advantage. "High school gives me the opportunity to see makeup looks that haven't been retouched and I think that's also a really important part of the makeup world to see," she clarified. "If you want to be a good makeup artist you shouldn't start from the perfect looks, but from the common mistakes to learn how to correct them in your work."

Aside from acquiring more knowledge about which lipstick color to use, or how to put on mascara, she has also gained a better understanding of herself, and life in general from her experiences. The most valuable lesson in this point of her life is the realization that you just cannot please everyone. She expresses, "if you are constantly trying to please everyone you'll never know who you truly are. The moment you stop doing that everything starts falling in its place and people who really matter are still going to be there for you."

And certainly, those that really matter in her life have always been there for Adrianna. Her parents and the rest of her family, who have supported all of her effort, are very proud of her. She considers them a blessing and feels extremely lucky to have her parents.

Undoubtedly, Adrianna is one focused and intelligent young girl. And as for her future, she imagines to still be posting more and more videos for her site, and continue to help and provide beauty tips to her viewers. She also plans to work in the beauty industry someday, after completing a degree in Pharmacy or in Business, which she hopes to study in another country.



TARA FAVELL

FEMALE ARTIST

If you enjoy listening to Taylor Swift's lovely youthful voice, then you will definitely love the equally young and talented Tara Favell, StarCentral Magazine's Female YouTube Artist of the Month for April 2014. The Aussie singer explains that her songs are based on her life experiences, including the unpleasant moments. Music, according to Tara, is an effective channel to let go of the things that make her sad, and celebrate the moments that bring her joy.

She believes that music should be honest, true to what you are feeling. This raw, unguarded approach to music has attracted a multitude of fans who continues to support the YouTube sensation since day one of her journey as a musician.

Aside from her fans, the acoustic princess' family has been nothing but encouraging in every step she takes towards her passion. She added that her mom is her biggest fan. And when you have the people you care the most backing you up, nothing is impossible. No wonder Tara writes brave and sincere compositions that speaks to her listeners.

Tara's sweet voice was first heard when she was 11 years old while performing with her friends in primary school. Later on, she found a mentor who motivated her to learn more about music, and develop her talent in singing. It was during high school when she realized her undying love for making music, and taught herself to play an instrument. The then 14-year old Tara mastered playing a guitar and it

gave her the confidence to do more performances.

The aspiring country music artist bares that being a musician has its moments, and she is enjoying it all so far. One of her fondest memories was when she was performing at a friend's single launch while cruising on a boat around Sydney Harbour.

Even though Tara Favell is already a star, this down-to-earth gal (who is a certified McFly fan), admits that she was quite star struck when she walked on the red carpet together with TV personalities and some of her favorite musicians during the ARIA Music Awards in 2012. Being an artist certainly has its perks.

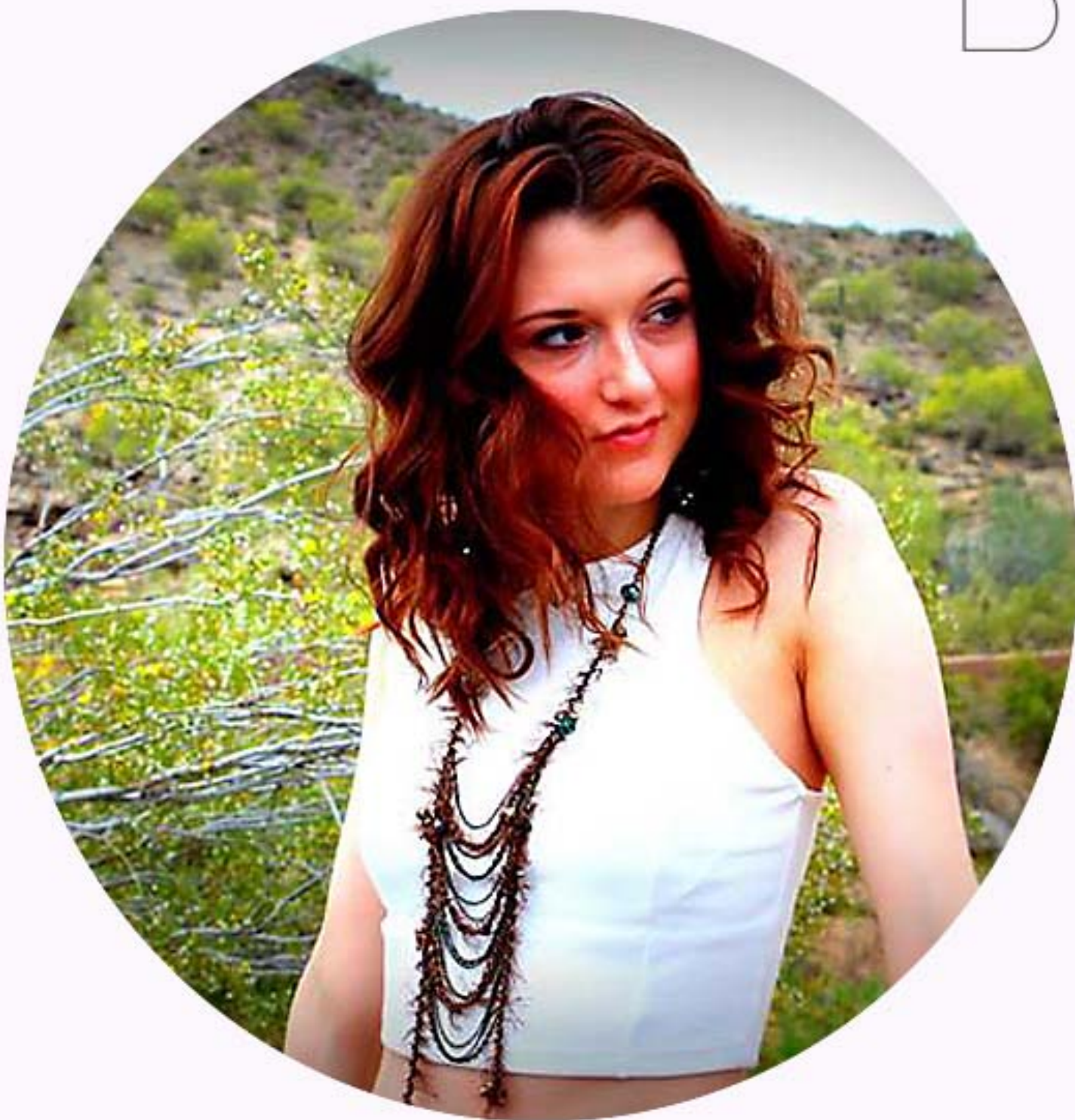
Tara has made a number of YouTube covers that garnered thousands of views like Smile (by Avril Lavigne), Live While We Are Young (by One Direction), and Back to December (by Taylor Swift). She also uploaded a number of her originals, which was overwhelmingly welcomed by her fans. Tara's music is all about connecting with people, and sharing the same feeling. "If I see a young girl singing my lyrics back to me, it just gives me the best feeling knowing they understand", says Tara.

When asked about where she sees herself in the future, she revealed her desire to record an album or two in one of the distinguished studios in Nashville, Tennessee. Tara is definitely serious about pursuing her career as an artist, and wants to share her music to the rest of the world.



BRITTNEY HUGHES

BEAUTY GURU



Brittney Hughes, StarCentral's Beauty Guru of the Month for May 2014, sees the human face as a canvas, and her makeup set is her paint. She may not have the ability to draw breathtaking pictures, but working with makeup does it for her. "The creativity is what draws me to it", says Brittney. She enjoys how she can be flexible with different palette colours, patterns and accessories, and be able to create any look she wants!

Being able to express her artistic side is what drew Brittney to the world of makeup. The beauty guru loves the way that she could use it to highlight someone's best features, or transform them into someone even more amazing. Whether it is dressing up for a party or any special occasion, makeup gives you the opportunity to be flexible with your look, which the expert found very fascinating.

She began experimenting with makeup and all of its potential when she was in high school. It was then that Brittney discovered that the beauty industry was something that she truly loved. It became a hobby, and later on, a full blown passion, which pushed her to learn more about it.

The 20-year old cosmetic enthusiast's concept and goal in what she does is to encourage women to live their dream, and create a life based on that dream. "I want them to feel beautiful, and believe with all of their heart and soul that they are", she shares.

How did this girl with a keen eye for beauty start her career? "I often got questions from friends, as well as total strangers, about my makeup, hair or other things", she narrates. She stumbled on YouTube one day, and was mesmerized on how many beauty

aficionados there are. She then put up her own channel, and started filming makeup tutorials and fabulous DIY beauty regimens in June 2010.

She did not realize it would be a hit, and would grow into what it is now. The success of her channel brought a number of opportunities for the young lady from Arizona. She reveals that what mostly drives her to be better with her work are her subscribers, who tirelessly support and encourage her to do more. The American gal appreciates all the comments she receives from them, and find it more than rewarding to know that she was able to make things better for them with her beauty tips.

She was able to meet some of her fans through video chat, and she always loves listening to their life stories. One of the most important lessons she learned through all her experiences is that one can achieve whatever she wants in life if he or she truly works for it. Her main motivator in her journey is the quote by entrepreneur, Kobi Yamada – "She Turned Her Can'ts Into Cans, And Her Dreams Into Plans".

Also, her family has supported her from the very beginning, including her husband, a Marine Corps Corporal who stands by her even as his own career takes him away. She tells us that her husband urges her constantly to follow her heart, and when she feels down, he lifts her up.

This dedicated wife, beauty expert and certified personal trainer plans to continue to grow her YouTube channel, work with other companies in the beauty/fashion industry, and inspire women everywhere to never give up on their dreams.

Mahatma Gandhi quoted, "Man often becomes what he believes himself to be." How you perceive yourself and your views towards life can impact how successful you will be in every path you take. As they say, it is all about confidence. And that is exactly, Farzana Nisha Khan, StarCentral Magazine's Female Model of the Month for May 2014, is all about.

The 20-year old model has only started a career in the fashion industry, and is incessant in her will to succeed. She believes that confidence can take you anywhere you want to be. She admits to being shy, and feeling awkward in photo shoots in the beginning but after a few more projects, she has learned to really enjoy what she is doing.

Farzana shares, "the thing I like most about modeling is being able to find myself doing things that I didn't know I was capable of." Sometimes, we are unaware of our capacity, until we are challenged to do something we thought we cannot do. Fortunately, this young independent gal did not just give up in the face of adversity, but pushed her way through every challenge and pursued her passion.

It is no secret that the fashion world can be ruthless, and your competition can be really tough. However, this little lady does not mind that at all. Taking the baby steps towards her goal of becoming a sought-after model does not worry her. As they say, it is not about where you are headed, but it is about the journey, which according to Farzana, has been nothing but spectacular so far.

Fizz (her stage name), keeps herself motivated and grounded through a loving and understanding

support system of friends and colleagues, who never fail to provide their honest opinion or advice whenever she needs it (or even when she thinks she doesn't!).

This cool and strong-willed lady, who has four brothers, and three sisters, has not revealed her plans of working as a model fulltime with her family yet. She wants to reserve the announcement when she gets a big break in her career, which is definitely not far in her future.

The whole experience has been truly empowering to the Aussie girl, who is also half Fiji Indian, which has taught her so many things about how to excel in her chosen field, and in life. She considers every photoshoot or project memorable because it has given her an opportunity to behold how every perfect photo is made. To her, watching how it all comes together (and being part of it) which includes the lighting, the timing, and everything that happens behind the camera, is like witnessing how Picasso makes a masterpiece: educational and astounding.

Moreover, one important lesson that other models can benefit from is to not to do anything you will regret in the end. "Never do something you're slightly uncomfortable with, and always leave room for open discussions with whatever team you're working with", says Farzana. The blossoming model believes that the right opportunity will come to everyone, and once it does, seize it. However, patience is required until then.

Presently, she is juggling being a manager, modeling, being part of an Oz Tag team, pole dancing, and completing her Diploma in Hospitality. She hopes to travel more, enrol in a university, make it in whichever path she takes, and have her own family in the future.

FARZANA KHAN

MODEL

JESSICA MCCATHIE

MODEL

It may be her provocative eyes, or the allure in her smiles that makes Jessica Jean Mccathie (StarCentral Magazine's Sexiest Woman of the Month for May 2014) stand out from the rest of the beautiful models in her generation. She is determined and down to earth, and knows exactly how to turn on the heat in front of the camera.

Jessie was 13 when she entered a modelling competition in Newcastle, Australia that paved the way to her career today. She managed to outshine other contestants and catch the attention of a fashion agent. It was then that the lovely and fearless girl found one of her passions.

A few years had passed, and the young stunning lady has bloomed into one of the sexiest cover girls in her industry. She has travelled through Europe, and to some parts of Asia as part of her career. One of her latest projects involves being the lead actress for the famous singer Merv Mac's music video "Party Hard". She shares that it was one of her most memorable experiences in her career since she got to know a lot of interesting people. Being able to meet amazingly-talented and determined folks in her field with inspiring life stories makes her career extra exciting, according to Jessie.

When asked about what she enjoys most about fashion, she says that it is the creativity. She explains that fashion allows you to express yourself in the most creative way. You can look differently, get dressed up (which she admits she loves), and just be your fabulous self.

Speaking of being yourself, the model/actress deeply believes in the necessity of loving oneself.

The modelling industry can be quite tough for those who are not confident with who they are. People will judge you about how look, and will ask you to be someone else, which is why, it is crucial to never lose sight of yourself. "Love yourself. Do not let anyone make you feel like you don't deserve something", she advises.

And as quoted by the fabulously-brilliant Oscar Wilde "Life is too short to take yourself too seriously", Jessie does her best to make every bit of her life count.

Modelling is just one aspect of her life, and she makes sure that the other more important parts of her life are well taken care of. She maintains a close relationship with her family, who have been very supportive of her since day one. Also, she has a fun loving Italian beau that makes her life extra special.

Moreover, she is also currently completing her degree in Primary Education, which she hopes to accomplish by next year. And though she loves modelling, she understands that a lot of things can happen in her life. She has just recently turned 29, and she is looking forward to more adventures and opportunities to come.

She admits she cannot wait to start teaching, and to be able to apply everything she has learned over the years. Well, we are certain her students will definitely love to have a gorgeous and bright teacher like her.

In some ways modelling and teaching are the same – it allows a person to positively or negatively influence another individual. Both careers hold a rather big responsibility, which Jessie can surely handle. She has been sensational as a model, and will no doubt be absolutely be great as a teacher.



ALESSANDRO GREGORI

MODEL

Italy is not only the home of the most scrumptious pizza on earth, and incredibly delectable pasta recipes, but also the birthplace of the indisputably appealing Star Central Magazine's Sexiest Man of the Month for May 2014, Alessandro Gregori.

The 28-year old hottie began his modeling career when he was 20. Though the water had been quite still for this gorgeous fella, he continued to build his portfolio and worked hard to establish as many connections as possible. After a few years, he brought his ruggedly-handsome Italian charm to Australia, and was immediately spotted by a talent scout. He was invited to join a modelling agency, and he's been running the catwalk since then.

Alessandro was not camera shy and felt at home in front of its prying lenses. He enjoys meeting new people, and creating a connection with them. And even though he was away from his country, he felt really comfortable in the kind of environment he is in. "I love doing the catwalks, photo shoots, and shooting music videos, which are a whole of fun", he admits.

Moreover, the Sydney-based model loves every bit of the career he has chosen, and does not consider the hard work and the competition a downside. Consistent and stable work may not always present itself, but it is all part of the decision he made in becoming a model.

One of his memorable experiences was when he entered the renowned Italian pageant, Mr. Belli D'Italia. He recalls that it was an amazing and exciting event for him, which helped him make more connections. Another defining moment of his modeling career was the photo shoot for 'Suit Me Up Australia', which

would most likely put his name on the list of the most sought after models in Australia.

In order to come up with the perfect photo, there has to be a synergy between the model and their photographer, which is why Alex, his stage name, has formed a bond with the photographers he has met throughout his career. Also, he found them really interesting, and is absorbed with their skill of creating a story in a single shot. He hangs out with some of them outside work to talk about modeling, and other non-work related stuff.

In a tough and highly competitive world of modeling, it is important to have a few friends around whom you can share a laugh with or two, especially since his family is not by his side. Alessandro admits he misses his parents dearly, but he knows that they support him in the path he has taken. He feels that he owes them who he is today, and that he should always give it his best in everything he does.

Giving up is not an option for Alessandro, who is familiar with all the toils and trials that models have to go through to stay in the business. He believes that in order to succeed in modeling, and in other areas of your life, you have to focus, persevere and, most importantly, stay humble. Every individual in the society is created special, and that one should not think he is better than the other. "I learned that being a model is not about appearing in a video or looking good, but it should be about providing good example to others", says Alex.

This simple yet beautiful Italian man has certainly captured all our hearts with his endearing smile, happy attitude, and his honesty. Well, what can be sexier than a man who has depth and a kind heart, right?





MELANY PASCAL

FEMALE ARTIST

Melany 'Lani' Pascal (StarCentral Magazine's Unsigned Female Artist of the Month for May 2014) grew up with music all around her. It is an important part of her life, and now, she shares her love for music with everyone. She almost gave up on her ability to make amazing tunes, but fortunately, this girl is here to stay and serenade us all with her compositions.

Music has always been in Lani's blood and has played a crucial role in making her who she is now. Before her exposure on The X Factor, Australia last year, she had her first taste of performing live when she was 10 years old with her father's band at a Mauritian dance. She remembers that while it was a nerve-wracking experience, it was also an amazing one and she loved every moment of it.

However much she loved music, Lani shelved her dreams of becoming a singer when she was in high school and became interested in another artistic craft – film. She pursued that art form, completed a degree in screen production, and has been involved in film industry before she singing again caught her attention.

The film maker and singer shares that one of her major sources of inspiration is Welsh singer/songwriter, Marina & the Diamonds. She explains that the talented musician has helped her realize just how much she adores music, and helped her believe in herself.

Her family has played a crucial part in her decision to pursue her musical career. Seeing her father happy and contented, and still playing with his band at 65, convinced her to follow her heart's yearning. She shares that her family supports whichever path she takes, and Lani knows she can always count on them whenever she needs encouragement.

The aspiring musician, who is also a skilled Sega dancer and choreographer, is married to her husband Jarryd. She reveals that Jarryd has been there for her every step of her career, and has never missed a show. "His love and support really gets me through tough times", she expresses.

Her choice to trudge the path of music has brought her so many great memories, and allowed her to meet a lot of interesting people. The experience with The X Factor for one, has led her to a bunch of cool and talented young musicians like her, which includes the show's judges, Ronan Keating, Natalie Bassingthwaite, Dannii Minogue and LMFAO frontman, Redfoo.

All throughout her journey as an artist, she learned that nothing comes to those who wait. She tells us that she kept waiting for the right moment, and told herself 'if it's meant to be it'll happen'. However, after a very long time, nothing came to pass, and she finally decided to take the first step to her dreams. She shook off her fears, and focused on what mattered most: her happiness and her passion. She thought, "I need to be my number one fan and truly believe in myself if I want to be in the music industry because it's a harsh and intimidating world."

And with a determined heart, she pushed against adversity and competition, and found that it is not so bad after all. Currently, Lani is prepping for the release of her first EP on June 17, 2014, which includes four of her original songs. She is also heading to Canada and America to distribute her EP to labels. She plans to do an EP launch party when she gets back, and invite a few industry professionals. She is taking charge of her destiny, and great things in the future are waiting for Lani.

BRETT DAME

MALE ARTIST

Brett Dame's (StarCentral Magazine's Unsigned Male Artist of the Month for May 2014) very first performance that involved a large crowd was when he was in middle school. It was a talent show during his sixth grade, and he belonged to a band. They performed a cover of Green Day's hit, When I Come Around. Unfortunately, their band did not come out first, not even second, but it was still a night of triumph for Brett. Why? Because that was the moment he realized making music is what he wanted to do.

After many years, the amateur band singer evolved into one of the most promising artists in his generation. His voice is no longer heard just in the corridors of his middle school, but all over the world. Truly, when you chase something you love, everything falls into place.

The brilliant singer shares that he feels extremely blessed to have the opportunity to travel and perform on an international level when he became a volunteer for a non-profit organization called The Young American. Some of his favorite performances were his performances in Cape Town, South Africa and Tohoku, Japan. He recalls that in Mannenberg, South Africa, the entire school of about 1,000 kids all danced and sang with them. Japan was also quite unforgettable for him and he claims that it has changed his views about life. The performance took place in a town devastated by the tsunami of March 2011. "Seeing how music could bring so much joy to the people I met in that area has forever changed how I perform" Brett shares.

What the singer/composer enjoys most about making music is the amazing bond that ties the musician and their audience. He says it does not matter what language a person speaks, the lyrics allows him to communicate with them. The ability to talk to people on a personal level, and let them know that you somehow have an understanding of what they are going through, is what makes Brett's performances powerful. Indeed, music has no language barrier.

Being able to make that connection to his audience and fans is what inspires the aspiring artist, who constantly receives positive encouragement from the people around him. He would often hear a 'nice job!' after singing a piece, or a fan letter expressing how his songs have touched them or motivated them to write their own song. Aside from his fans, his family supports Brett's musical journey, and does whatever they can to help him pursue his love for creating catchy and beautiful melodies.

He promises to make music for the sake of music. He loves what he is doing, and that should matter most. And I think that is the reason why more and more people are going to support Brett's path to stardom, because of his raw passion.

Moreover, he plans to continue what he has started and write more songs. He hopes to sing on a cruise ship or maybe for a hotel or a resort, and maybe get signed to a label one day.



MARA MCOLDFIELD

FEMALE ARTIST

She knows what she wants in life, and she is determined to stay on course. Mara McOldfield, StarCentral Magazine's Female YouTube of the Artist of the Month for May 2014, remained true to her dreams, and did not let material things poison her love for music. She enjoys being on stage, and be the person that she is, and that was all she could ever ask for.

Indeed, this YouTube artist is a true performer. She doesn't hold back whenever she is on stage, and gives it all she's got. She feels that she has the responsibility to always to do her best for the people who trust and believe in her. She enjoys singing because it gives her freedom to express herself. Singing live leaves her excited, nervous, insecure, confident, scared, and brave all at the same time. "It is like madness", she elatedly shares. Her enthusiasm and fire for music is what draws all her subscribers and her avid fans to keep listening to Mara's music.

Before the talented singer left us all breathless with her voice, she rocked in high school together with her friends. It was during a talent night at a summer trip to Edinburgh when she had the chance to first perform in front of a huge crowd. The audience was composed of participants from all parts of Europe like Italy, Russia, Greece, Spain, and Germany. It was her first time to sing in front of so many people, and she was understandably nervous. But regardless of all that, she gave an unsurpassed performance, and won the competition.

She did not really take music seriously then, and thought of it as a hobby. She performed because it amuses her. She slowly evolved into making music and started to set goals and challenges. She learned from

the struggles of iconic names in music like John Lennon and Kurt Cobain, who became her music idols. She was inspired by how they fought to be heard, and make a name for themselves in their chosen field.

Her amazing talent did not come unnoticed by media moguls in Madrid, who had her working on a record label for a year. However, she did not like the environment that focused on money and fame. Working in that atmosphere stole the fire and soul out of Mara's music.

Realizing how she wants to run her musical career, she rejected two proposals from big recording companies. She did not care for recognition or wealth if it meant she had to live a life of pretence. It was a hard decision to make because it was a big opportunity, which could do a lot of things for her career as a musician. "And I learned that we must believe and trust in oneself and be clear about our principles", she closes.

And yes, Mara continued to have faith in her talent, and it got her to where she is now, a remarkable singer with myriad of possibilities waiting for her. Her dreams are slowly coming true, which included collaborations with two of her favourite YouTube artists Ricardo Munoz and brothers, James & Fj.

It takes a lot of courage to follow what you want in life. And she remains brave in her decisions because she has a family who is there for her every step of the way. Mara's parents never doubted her for second, and reminded her to approach her dream with conviction and humility.



CARLI NOBLE

ACTRESS

Carli Noble, StarCentral Magazine's Actress of the Month wasn't looking to enter the acting world, but the acting world found her. The doors to her new-found love, that is, acting, opened to her when she least expected it, but since then, they have been inseparable.

It may have been fate at work when the promising actress, who was then oblivious to the film industry, was cast as an extra in a feature film made in the area where she lived. The makers of the movie immediately recognized her potential and offered her a speaking role, which was more than Carli had ever expected. That first break led to another big break which placed her in another feature film with yet another speaking role, which opened up more opportunities for the newbie. From then, Carli realized she was meant to conquer the stage with her effortless and very natural performing style.

However, it was not an easy decision to make for Carli. She had already completed a degree in Psychology, and there was a great expectation from the people around her that she pursue a career in the same field. However, she followed the yearnings of her heart, and found herself wowing people with her undeniable talent. I guess the heart wants what the heart wants.

And, through her journey in finding what made her happy, the Noble family have never been short of encouraging words for Carli whenever she needed them. She considers herself lucky to have such supportive family and friends, who also serves as the rock that keeps her grounded all the time.

The Australian actress is the kind of person who does not stay on the sidelines. She is not afraid to leave her

comfort zone, and try things that to some may seem scary, which is why she loves performing. "Acting is always a challenge", she quotes Robert Downey Jr. who also happens to be one of her favorite artists. She explains that she had always been fascinated by the endless possibility of roles she can take on, and how it gives her freedom which is incomparable to anything that life has to offer.

Also, she enjoys the thrill whenever she's playing a rather gritty and difficult role, which then fuels her desire to work harder and excel. She admits to being a perfectionist, which she considers to be one of her flaws. But she does not plan on giving it up because it is the core of who she is: a determined, hardworking actress who would go miles for her craft.

The rising actress has also starred on the feature film titled *Almost There*, which to her was a most memorable experience. She found the scenes powerful, and it was warmly welcomed by its audience, which was an affirmation of all her endeavors. She is also currently working on her first stage performance where she snatched the lead role, and allowed her to work with a number of interesting and multi-talented folks in the industry like Brady Kitchingham. *The Gathering 2*

Being able to take criticism, whether they are constructive or a little disheartening, and overcoming rejections are some of the most important lessons she has learned in her career. "I think one of the most valuable lessons I have learned about myself over the years is that you can't take yourself too seriously," she adds. The only thing we could all do, according to Carli, is do our best, and grow from every learning experience.



SCOTT DANIEL YOUNG

PROMISING ACTOR

When he was asked what keeps him grounded, he answered, "force of gravity." And this is exactly why Scott Daniel Young is StarCentral Magazine's Actor of the Month for May 2014. He is quirky, a little bit crazy, and downright talented.

He sings, dances, and can rock the drums and a ukulele. He also writes here and there, does impressions, and is an amazing actor. He has won a number of awards, which includes the Best Supporting Award in 2013 for playing Brian in the musical *Billy Bucket: A Rock and Roll Love Story*.

This young Aussie lad from South Brisbane (who also has a little bit of Irish in him), made his debut as a stage actor in 2004, which was a course changing moment of his life. It only took the first act for Scott to realize that theatre acting was what he wanted to do. "The first performance on stage in 2004 and immediately knowing, this is what I do, this is who I am – essentially the catalyst of my life", he shares.

From that point forward, he took every chance he got to act and express himself through his craft. Unlike other actors, who were discovered, this funny guy did not let chance do the work for him, but worked his way through every small opportunity, until he got his big break.

Choosing to become an actor takes a lot of determination as the road is not easy. The roles are only a few, and there are a lot of actors competing for it. Scott has experienced this difficult life of being an actor, and has even admitted that there were times when he did not know when his next meal would be. However, this has not stopped the young actor from pursuing his passion, and continued to answer the call of the theatre.

The 21-year old emotionally-independent thespian revealed that he enjoys entertaining the continuously-growing audience of the theater industry. He feels rather honored to be able to put a character to life made by the creative geniuses who wrote the play or musical. Playing the role allows him to have a better understanding of the complexities of human psychology, and why a person behaves in a certain way.

Also, this rising star finds most of the people he has worked with quite interesting. He explained that for the past few years he has worked in the Beenleigh theater company, the community he has been exposed to were, as he would put it, not quite normal. And by that, I think he meant they are exceptional. He believes that no person is alike, and that is something that has to be celebrated. Every person is beautiful in his own strange way.

"Always act in accordance with the dictation of your conscience and chance the consequences!", he quotes a line from *Pirates of Penzance* when we inquired about the most important lesson he learned throughout his journey as an artist. If you do listen to the beating of your heart and do what is right, I am sure everything will most likely fall into place.

Aside from his burning passion, his family is the mechanism that drives him to do even better, or take on something impossible. He admits his family had been truly supportive that it allows him to succeed beyond measure. He is currently 6 months away from finishing his two-year Advanced Diploma of Film and Television, and Theatre Acting at the Actors Workshop in Woolloongabba. He plans to broaden his knowledge of the film industry, and become an actor, director, or anything he sets heart to.



MALLORY GAYO FASHIONISTA

Instagram has been one of the most influential social media sites today, and it became a stepping stone for StarCentral Magazine's Fashionista of the Month for May 2014, Mallory Gayo. The Filipino stylist belongs to the list of the most followed fashion enthusiasts on the social media site, and has been making a name for herself through it.

Ever since she was eight years old, Mallory has always had a liking for fashion. She remembers she would draw dresses on her school notebook, and put a few outfits here and there. Her interest later on turned into a hobby, which continues until now.

While currently working as a nurse, she started blogging on Instagram, and incorporated her fondness for style and fashion. She was fascinated by the myriad of possibilities that clothes can be styled, and how one person can look different with a variety of outfits.

So what keeps this artistic nurse inspired? Aside from her keen eye for anything chic, she finds her fellow fashionistas on Instagram motivating. Being around people with a kindred spirit can definitely give you the strength to try something that may seem impossible for others.

Mallory does not really consider what she does as a career. She enjoys it a lot, but it is more of a hobby for her right now. However, she is open to the idea of making it a serious deal in the future and maybe, gets a job in the fashion industry. And, I think that nothing can be more fulfilling than being able to do something that you truly love.

The fashionista did not only turn heads on Instagram but also on the runway when she was invited as to attend the House of Roxie Boutique Fashion show. She admits it was quite an exhilarating experience, and definitely, one of the most memorable.

She has also had the chance to meet a lot of interesting people in the industry like Desean Mills, CEO for OOTN Magazine, an online community dedicated to highlighting real-life fashion from real-life people around the world. She narrates that she met him on Instagram and later on had the chance to work with him. During her time with OOTN Magazine, she had witnessed how her boss had worked so hard to achieve where he is now. Mills recently opened his first OOTN Magazine storefront in Minnesota. To her, it is quite admirable to see people overcome struggles, and come out triumphant in the end.

Moreover, the fashionista has a soft heart for older people. She reveals that when she lost her grandfather five years ago, she regrets that she never got to tell him how much she cared for him. It taught her to value the people she loves, and never take them for granted. Whenever she would get the chance to nurse a senior, she would be reminded about her grandfather. Being their caregiver gives her the opportunity to show how much she loves him even if he is no longer with her.

Family is very important to Mallory, who she informs us have been very supportive of her. She maintains a very close relationship with her parents, siblings, and even with her cousins. She recounts how her brother would always take the time to take her pictures for her Instagram account, which she greatly appreciates. Her parents have been nothing but motivating in her hobby, and would sometimes joke around with her to make her feel that they got her back.

Currently, Mallory is only a few months away in getting her vocational nursing license. She is thankful that she is able to do things she enjoys the most, which is helping people. Nursing allows her to heal people while fashion gives her the chance to help people appreciate who they are.



DIANNE KAYE ALDE

Dianne Kaye Alde is a female artist who trods the boards of the musical theatre stage. She is an innate interpreter, naturally relating to her audience. She sees them as active participants, not passive observers, in an artistic communion in the living story of a musical play on stage. As a musician and performer, she generously shares the emotional experience of her characters until the boundary between her and her audience blurs.

At the ripe age of 14, she sang Mariah Carey's "Fantasy" in her first performance. It was in a Vocal Eisteddfod – she prefers not to look back on that first taste of her craft (it makes her cringe, she says). Dianne, being a true achiever, is sensitive about what she does in the right way. She is inspired to simply keep using and honing her gifts. High school graduation found her at a crossroads in her career. Was she going to follow her mind by concentrating on her education or was she going to follow her heart and stay active in the theatre? She decided to take a gap year figuring it out – but that year brought her a teacher who has had a significant influence in her development. This teacher had a strict approach, had a blunt way of giving feedback, and rarely gave compliments. Dianne struggled to understand her intentions at first, but she eventually sort of let go and put her nose on the grindstone. Later, she would realize how the discipline her mentor taught her would play a huge role in shaping her work ethic and sense of drive. That time taught her to never take her talents for granted and enabled her to find the life balance between art, work and education – to continue doing the things that she loved doing.

Currently, she has a dual career as an educator and performer and, while at times it can be tough, she's vowed never to abandon her passions because she knows that these are vital parts of her person. Both careers co-exist: she's found to her advantage that she can access her artistic career and inspire creativity and self-expression through her teaching.

Among her most memorable performances was the first preview night of a local production of Hairspray. During this time, life was a huge rush; she was juggling several priorities since it was also her final year of University, and just a few weeks prior to the show, her grandmother passed away. Her grandmother played a very important role in her life, a person whom she admired and emulated to a certain degree. So it was a very difficult time. She remembers standing by the stage curtains, getting ready to go on, but instead of feeling anxious, she shifted her focus to making her grandmother proud if she had been watching, dedicating every performance to her. She went through her performances with a sense of overwhelming

peace, playing the difficult role of a "Dynamite Judine" with such professional ease. In a sense, her grandmother was with her, helping put the final, glittering touches on her extraordinary talent.

For the tireless theatre worker, there are still a lot of genres of musical theatre to experience or perform on the national and international stage. She also plans on writing her own music, to someday direct/produce shows, and opening up her own singing/performing arts academy. All the while, her extended family is incredibly supportive of her career, and they see her shows whenever they can. She sees support from her immediate family as a strong grounding on reality. Knowing how competitive her industry is, they are her team mates, picking her up when she is down, and keeping her focused on the bottom line – that the performance arts is a lot of hard work and has very little to do with grandiose expectations. They have instilled in her a tough resilience that takes her through any kind of criticism with easy grace – it is an awesome thing for her.

She's met many interesting people, and this is the result of putting herself in really unusual situations. She's worked in short films, theatre shows, print and TV commercials, and has even done a flash mob in one of the busiest parts of the city. The interesting, quirky personalities she meets in this career are one of the big reasons which make it worthwhile. But the honest, rural people in a small school 3-4 hours outside of Phuket, Thailand reside in her heart for giving her one of her most cherished experiences. She was there in 2012, in her final year of university, teaching English. She treasures her time there with the most generous, considerate and warm people who broke through the language barrier to make her feel truly appreciated as a person and teacher.

The most valuable lesson she's learnt is that if you're not willing to put 100% of yourself into your work, it's not worth doing. On the stage, Dianne feels that shyness is a selfish attribute because you're not giving your audience enough to respond to, and are therefore depriving them of having a full response. There is a Spanish term called "duende", which she loves. This word is refers to the "soul" in something, or the "amount of soul" put into a certain task. Billie Holiday is a singer she looks up to as you can really hear the "duende" in her voice; she experienced a lot of adversity in her life, and sang because it was a necessity and her livelihood, and not just any pastime or hobby. Dianne has made it her mission to continually seek and have duende in all aspects of her work. In terms of life in general, she abides by the saying, "Be kind to everyone you meet, for everyone is fighting their own battle". Everyone has a unique story, and there is so much hidden under face value. For her, kindness is a universal language that she can help re-teach people who have gotten out of touch of the most important of human values.