

SUNDAY, DECEMBER 17 2017 (4PM - 11:30PM)



CHRISTMAS FASHION SPECTACULAR

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The ultimate guide to the hottest talents from all over the world

November 2017

STAR CENTRAL

THREE FASHION STYLES

THAT ARE ACTUALLY LASTING, CLASSIC AND ENDURING

PACIFIC INTERNATIONAL RUNWAY

HIGHLIGHTS FROM THE 2017 FASHION EXTRAVAGANZA

MEET GABBY KEATON

MISS MULTIVERSE AUSTRALIA 2017



MISS EARTH AUSTRALIA

MEET THE NEW WINNER AND HER ELEMENTAL COURT

MAKE WAY FOR

LYNDY KEATON

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Cover

Lyndl Kean

Get to know this stunning international model and budding life coach

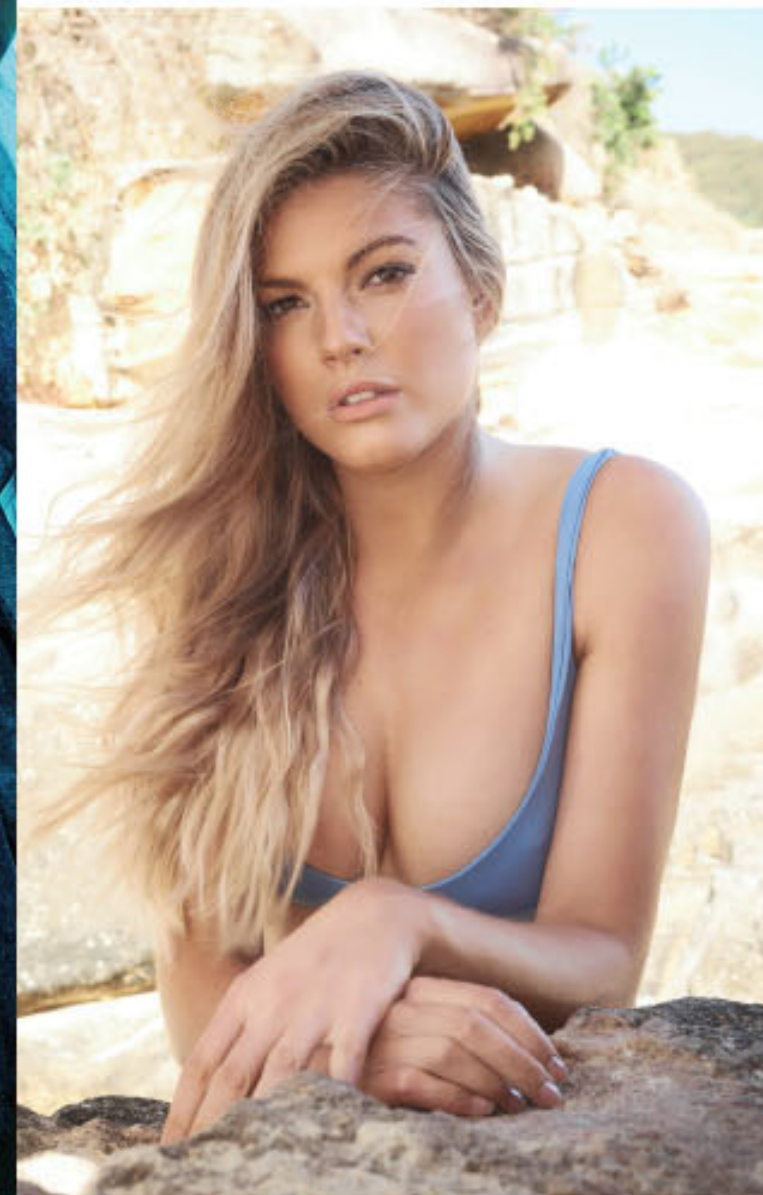


OPENING REMARKS



It has been a challenging yet exciting year thus far for StarCentral Magazine. So far we've had the pleasure of featuring some of the most talented, upcoming actors, models and artists from all over the globe. Next up we are also involved with a number of local events in Sydney, Australia and we are launching something exciting very soon so this is not to be missed! Right now we are focusing all of our energy and resources towards the Christmas Fashion Spectacular so we hope to see most of you there. I would like to thank everyone for your continued support and commitment to our publication. We are doing our very best to always deliver excellent editorials for our readers across all our channels.

Mike Ilagan
Associate Editor



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Gabrielle Keaton

Find out more about the newly crowned Miss Multiverse Australia

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Photo by Raymond Bartholomeusz

EDITOR'S NOTES

I had a strange start to my 2017. Several things happened in quick succession that had me just scratching my head but at the same time, it filled with the conviction that it meant something. So call me nuts, crazy or just plain idiotic, but I'm going with my gut and I've vowed that my 2017 will be unlike any year I've had so far. Have you felt that way too? Have you been in that moment where logic is screaming at you: "NO!" but intuition, in a persistent whisper, is telling you: "Go for it!" I believe we all have. But it's our reaction to it that sets apart the DOERS from the DREAMERS. So, maybe following your gut might not work out, but at least you'll KNOW. There is no worse torture than regret, than asking "What if?" over and over again. So, I'll leave you with one of my favourite quotes, written by a young writer named Erin Hanson - "What if I fall? Oh my darling, what if you fly?"

Jenny Aluning
editor in chief

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EMMY

JUNIOR MISS AUSTRALIA CONTINENTS 2017



Emmelia Gelardi-Bunyi (or Emmy for short) was the winner of this year's Junior Miss Australia Continents Pageant. Emmy is a nine-year-old dancer who hails from Mount Annan, NSW - she puts her success down to supportive parents, hard work, and determination..

At only nine years old, Emmy is already making waves everywhere she goes. As a dedicated Jive dancer, she has already made tremendous progress in her field. So much so that in 2016 she was invited to Singapore to open the Modern Jive Dance Championships- where she was also a guest judge! Emmy is also a model and pageant girl who supports many charities. The charity closest to her heart is 'Teal Wings of Hope,' which is an Ovarian Cancer Awareness Charity dedicated to promoting early detection of symptoms to help save lives. This charity is particularly dear to Emmy since she lost her Grandmother to Ovarian Cancer three years ago.

Emmy is a confident and active young lady who loves the pageant world and wants nothing more than to create the kind of memories that will last her a lifetime. She has made lots

of friends through the Miss Australia Continents pageant and has a bright and busy future to look forward to. Despite her early success and a glittering career ahead of her, Emmy remains humble, maintaining that her achievements make her no better than anyone else. The person who has made the most significant impression on her was her local MP (Greg Warren) who invited her to his office personally because he was immensely proud of all the charity work she does for her community.

What's next for Emmy? Well, this is a young lady not likely to quit soon. Emmy will continue on her path towards becoming a world-famous dancer and performer, and she will remain in the pageant world since she believes it is a way to give back to the community. Pageantry allows her the flexibility to support local causes and make a difference- and that is how she sees her future. She will continue to attend pageants and hopes wistfully to represent her country on an international level one day. Emmy Gelardi-Bunyi is a name we can all watch out for in the future- whether it be through dance, modeling or as a future beauty Queen.

BRITTNEE

MISS TEEN AUSTRALIA CONTINENTS 2018



It all began with the talent directory website, Starnow.com. It was here that the greater modeling world discovered StarCentral Magazine's Ultimate Female Model Winner, Brittnee Sheath. But the StarCentral event was not Brittnee's first foray into the spotlight.

Like most little girls, playing dress-up was a part of childhood. She remembers that she's "always had a passion for fashion/stilettos/makeup..." and for being in front of the camera. But for Brittnee, that early imaginary play went up a whole new level when she began entering beauty pageants when she was 13 years old. She's become a finalist at multiple Miss Teen Galaxy Australia pageants, and she is currently a National Finalist for Miss Teen Continents Australia.

But she confesses that her most memorable experience so far has been gracing the cover of "the very first 'Model And Mode' magazine..." (published by StarCentral Magazine) and of course, being named StarCentral's Ultimate Female Model.

From beauty pageantry it was an obvious transition into the

modeling world where, the 18-year old confesses, she fell in love with all its ins and outs. It has also given her the chance to meet, she reveals, "so many interesting people nationally and internationally from America, Philippines, Indonesia, Russia and Africa just to name a few."

As with the world of beauty pageants, the modeling industry is not an easy one. There is the constant pressure of competition as well as looking your utmost best. Part of achieving that balance has been her philanthropic work. The Australian beauty shares that "I have spent the past few years volunteering and fundraising for multiple charities and seeing how such simple deeds can be so vital and also just putting a smile on faces, it keeps me humble and enables me to give back to the community in a different but positive way."

It's clear that beauty and heart mesh wonderfully in Brittnee Sheath. Add to that, the continuous support of her family, and success seems assured for the Sydney-based stunner. Brittnee hold firm to her belief where if one continues to definitely "believe in yourself that you can do anything you put your mind too and most of all just be yourself."

GEMMA

MISS AUSTRALIA CONTINENTS 2018



This year Gemma White was voted Miss Australia Continents 2018 after a riveting competition. Miss White is an Australian born 26-year-old with a passion for pageantry and a love of her craft. A keen outdoors-woman, Gemma's other hobbies include mountain climbing and jet skiing- on top of her regular day job, her pageant work and all the philanthropic and charity work that she does. Gemma White is the embodiment of all the hard work it takes to lead the way in the pageant world!

Miss White is a bit of a double-barrelled threat since her chosen career is actually in Real Estate and not Pageantry. She hopes that one day she will be able to buy a few of her own properties and become an investor- all of this when she could have a successful career as a model and public figure in the world of the arts! As well as being all of the above, Miss White is a keen enthusiast of family and family values, and spends any free time she has partaking in 'family time'. She credits most of her success not only to her own hard work, but also to the support and love she receives from her family, whom she also loves to scrapbook with. With a diploma in Project management and property

services, Gemma is truly breaking the mould and proving that women across Australia have beauty as well as brains!

Gemma (who describes standing on stage to be crowned as one of the best experiences of her life so far) works closely with charity ICANIWILL, who's aiming to wipe out bullying and to bridge social differences. Gemma is a keen anti-bullying advocate. She says that we all come from different backgrounds and social situations - but that doesn't mean that we aren't all beautiful. You are your own kind of beautiful, she says, a message well received during Miss Australia Continents 2018.

So what does the future hold for wholesome family girl Gemma White? The ultimate life goal for her is to achieve her Property Investment dreams, continue with her charity and philanthropic work as a way of giving back to her community and to ultimately enjoying life. She also has a dream that she will one day represent Australia on an international level, a dream that she has spent many years trying to achieve and to which Miss Australia Continents 2018 is only the start.

JASMINE

MS AUSTRALIA CONTINENTS 2018



Ms. Jasmine Nicole has the proud achievement of not only being the first ever Ms. Australia Continents- but also of being the first ever Miss Australia Continents. One could say that the competition starts and ends with her! At age 28 Jasmine describes herself as 'a gypsy at heart' and likes to spend her free time at the movies, walking (or sunbathing) on the beach or spending time with her partner. She is also very family orientated, and describes one of her favourite experiences so far to be that she got to do all of this with her family behind her- the folks she describes as 'incredibly supportive' and her favourite people in the whole world. She is also a keen surfer and enthusiastic dancer, counting these as some of her many talents.

Jasmine (whose stage name is Jasmine Farlow) loves pageants because she sees them as an empowering journey for all the young men and women that take part. She treasures the people she has met through the competitions and has loved the whole experience of being involved. She thinks there will be a huge future in Australian pageants once popularity soars as it has done in other countries, and she is proud to be one of the trendsetters behind it all. Jasmine also offers inspiring advice to youngsters hoping to follow in her footsteps.

She says young girls must stay respectful to everyone in the field, if you apply yourself to your dreams they will eventually come true.

As well as being a keen dancer, pageant winner, and surfer, Jasmine also wants to promote the social aspect of pageantry over the more superficial elements. She believes that the community and charity work are the key benefits that arise from pageantry- as opposed to physical beauty. As such, she will continue to work towards those ends, making an equal pageant world for everyone.

So what does the future hold for Miss Farlow? The well educated MS Australia Continents has various qualifications wants to represent the competition as best as she can throughout the year. After that, Miss Farlow wants to expand into creating her system, so that she can bring the joy of the pageantry experience to others! Jasmine certainly has a bright future ahead of her regarding performances, speeches and modeling work. Miss Farlow's other lifelong goal is to marry and start a family, but at only 28 she still has plenty of time for that!

JESS

MRS AUSTRALIA CONTINENTS 2018



Jess Turunen was this year's Mrs. Australia Continents and is a wife and mother to two boys, ages five and three- but describes herself as the 'life and soul of the party.' Incredibly, Mrs. Turunen admits that this was her first ever pageant! Rather than get daunted, Jess has relished the experience, finding the competition to be warm and welcoming as opposed to the 'catty' environment she had been expecting due to the stigma surrounding the pageant industry.

At age 26 Mrs. Turunen is very family orientated, devoting much of her time to her two beautiful boys- three boys if you include her devoted husband! Jess says that her family has been one hundred percent supportive of her decisions- even although to begin with they questioned her time management. As a pageant Queen and model they no longer question anything and help in any way they can. She gave an especial shout out to her husband, who has been behind her from the start, Jess Turunen is an inspiration to women everywhere, smashing apart the myth that a woman's career ends with childbirth. By raising two boys and wearing her title, she is proving that it is possible for the modern woman to indeed have it all!

Jess Turunen is a known philanthropist and generously donates her time and money to community charities. She believes this work keeps her grounded and allows her to give back to the community while simultaneously keeping her humble. She is also an active advocate on the 'community spirit' of the pageant world, saying that what she found there was a group of genuinely kind women who all wanted to help each other, smashing the stigma surrounding competitions.

What does the future hold for Mrs. Australia Continents 2018? Jess fully intends to spend as much time as possible with her beloved family while also pursuing her dreams of a modeling career. As a trained and certified Hairdresser, it might be time for her to hang up the curlers and get in front of the camera! She has also expressed a love of travel and wants to do so. Whatever happens, Jess Turunen will be a name to look out for in the coming years; whether it be in representing Mrs. Australia Continents or in her capacity as a model. This woman breaks the boundaries of what is and is not possible and is leading the way by example, showing young women everywhere that their dreams are not only within reach, but also achievable.

Miss Continents

PAGEANT AUSTRALIA



By Jenny Hu

Diversity was imminent and thriving at the Continents Australia beauty pageant on 4th November 2017 at the St Mary's Leagues Club. The young, the middle-aged, the married, the divorced, and the plus-sized were all competing for the national titleholder of their divisions; Junior Miss, Miss Teen, Miss, Ms, and Mrs. It's an all-encompassing pageantry system which prides itself in defying against your average beauty pageant. Each of the national titleholders will fly off to the show-studded Las Vegas to win the international title of Miss/Miss Teen/Mrs. Continents.

There was a soaring yet upbeat energy that radiated around St Mary's Leagues Club—it was quivering with excitement which harboured most of the patrons and contestants alike. The girls were happily taking gorgeous model shots, with confident poses and were all smiles, while their supporters engaged in banter, awaiting the official commencement.

Once the clock struck seven, the show opened with Jennifer Hunt, the current Miss Continents Australia 2017 and Miss Teen Continents Australia 2017, Jasmine, welcoming everyone to the event and thanking everyone for supporting their contestants. They remind the audience of their three charity delegates; Children Cancer Centre, the Heart Foundation and Teal Wings of Hope Women Ovarian Cancer—which are all important causes to women.

For the next three hours and a half, the audience was mesmerized by the beauty pageants contestants, who showcased the flattery swimwear, the glittery evening haute couture and twirled around en vogue fashionwear, which mindblown the audience.

After all the glitz and glam, it was judgment time for all the hard-working contestants. Junior Teen was up first—as Kim was holding out the suspense; she announced most of the honorary awards; Best in Swimwear, Best in Eveningwear, Best in Fashion, Charity award which went to Emmy Gelardi-Buryni - when it came to the national title, it was no surprise that Emmy won the crown. There was a definite rule of thumb that night when it came to crowning the queens. Whoever had the most substantial amount of honorary sashes eventually held the national titles for their respective divisions. Miss Teen, Miss, Ms, and Mrs were Britnee Shealth, Gemma White, Jasmine Nicole and Jess Turnen, respectively. Also a special mention to Natasha Selkrig who has won the title for Miss South Pacific Continents - the title is somewhat unique in its right as she will be representing the APAC region.

All in all, it was a magnificent night filled with the joy of a girl's dream coming true. The three winners will be going to Las Vegas soon, and StarCentral magazine wishes them the best of luck in their beauty pageant endeavours.



"Miss Multiverse describes itself as a challenging personality competition, and an epic multi-destination travel adventure for all finalists."



MISS MULTIVERSE AUSTRALIA 2017

by Jill Antonio

Set against the deep-blue backdrop of Sydney's stunning Sealife Aquarium, the Miss Multiverse Australia competition hosted its phenomenal finals.

Miss Multiverse is both an International Pageant and successful reality TV show, featuring women who fit the description of all-rounded individuals. This includes contestants who are not only breathtakingly beautiful and talented, but also smart, ambitious, and adventurous.

Miss Multiverse describes itself as a challenging personality competition, and an epic multi-destination travel adventure for all finalists. The program gives (TV show) viewers the chance to follow the personal growth journeys of each female contestant, and an inside view of some of the most extraordinarily amazing tourist destinations around the world.

Hosted and directed by National Producer Yolanda Franken in Australia, the evening event held at Sealife showcased the 8 remaining finalists vying for the Miss Multiverse Australia crown.

Starting with canapés in the aquarium-come-runway by night - staff served champagne and beverages to limited anticipating and supporting sponsors and guests, as they admired the beauty surrounding them.

The 8 women each had their turn at sauntering down the

red carpet runway, showcasing their couture evening gowns, made to custom fit each contestant.

Miss Multiverse Australia contestant names are as follows:

- Ashton Hayden
- Gabrielle Keaton (Miss Multiverse Australia)
- Stephanie Bridger
- Carli McGunigle
- Sheralyn Hill (Runner Up)
- Shanelle Chase
- Joie Serrano (2nd Runner Up)
- Grace Hann

The final event was interspersed with both a Hip-Hop and an interpretive dance number by one of the contestants herself Stephanie Bridger, and the evening's overall excitement kept guests on their toes before Miss Multiverse Australia's crowning moment.

Gabrielle Keaton, a stunning young woman from Newcastle took home the crown. With many talents beyond the catwalk, she won the admiration of both the judges and audience, and was recognised for her business-mindedness, congeniality, and beauty.

The crowned beauty queen will represent her country among 30 international models and abroad, where she'll go on to join the epic multi-destination travel adventure that will take place in Punta Cana, Dominican Republic this year.



Photos By: MishMish Photography





GABRIELLE KEATON

Gabrielle Keaton, a country girl from New Lambton, has recently won the Miss Multiverse Australia contest.

The contestant, aged 21, who hails from a Bulahdelah based property, won due to her excellent business skills, fitness, and beauty. These qualities allowed her to stand out from her competition, which is a reality TV show that aims to be a mixture of Australia's Next Top Model, Survivor and Apprentice. The show will be filmed in Punta Cana, Dominican Republic, in November and Keaton will be one of the ten finalists featured.

Keaton graduated from the University of New England with a degree in zoology but soon realized that entering a modeling contest could be a rewarding experience. Unlike other modeling shows, Miss Multiverse asked for an array of talents beyond the catwalk. Keaton still plans to take a post-graduate course in zoology although is still enjoying her year off from her studies.

The Miss Multiverse auditions included IQ testing and a ten pin bowling event before the top ten finalists were sent to Punta Cana. The competition started with 700 applicants, which were narrowed down to 50 who contested the regional and then state finals. The competition looked for someone with social skills, leadership and teamwork skills as well as sportsmanship. Keaton was especially keen on the sporting challenges as she has been playing soccer she was five and has competed in cross country for several years. The Miss Multiverse contest is part of the TV Series "I Am Multiverse", which follows models on their journey at the contest as they execute physical, mental and business challenges.

Despite the fact that there was no cash prize, Gabrielle was happy to have just experienced the moment. Although this exposure could provide opportunities in the media, Keaton would only use it if she could bring her passion for zoology into it, she hopes to make documentaries or to start a foundation but just after her post-grad studies. Her true life-long passion are reptiles, having spent her childhood picking up snakes from the side of country roads and letting them loose safely in the bush. She hopes to research reptile embryos and climate change and combine this research with documentary making, all with a focused environmental message.

If Keaton had any advice for anyone, it would be to work hard but never change yourself to please anyone else. She is someone you will always cherish the experience no matter what the outcome is and she encourages others to live with this view. Keaton believes she won because she worked hard to get there and never felt the need to put anyone else down to make herself feel superior.

Gabrielle Keaton's sponsors were Vida Cruz, Carla Swimwear, Planet Fitness Lambton, Diamond Smile International, Laine's Hair & Beauty, Genesis Skin Health and Austin College.

Photos by Peter Collie
Makeup by Julia Theodosis



GET TO KNOW

LYNN

KEANI



Photo by Chris Parker

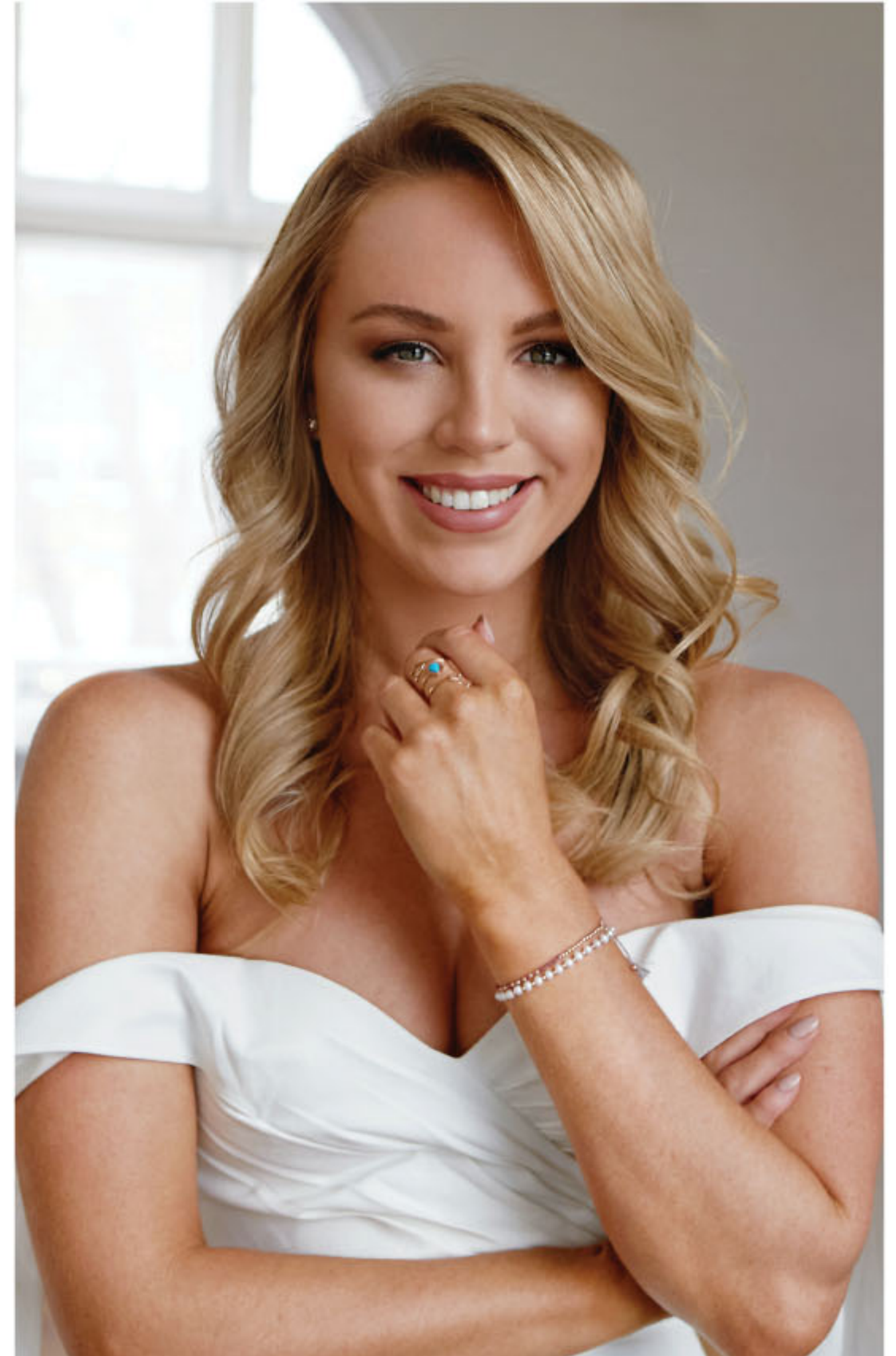
Finding one's purpose and passion in life is in no doubt, invaluable. For Lyndl Kean, Miss Earth Australia 2016, this has been the most valuable lesson since she joined the Miss Earth Australia beauty pageant – "The most valuable thing during my pageant career has been the self-development. I've come so far as a person and wouldn't be the person I am today without the pageant industry. I would recommend doing this to anyone who may be lacking motivation or feeling a little lost." Describing herself as "very down-to-earth, caring with a good sense of humour," Lyndl first became involved with beauty pageants when she saw how it opened doors to opportunities. She then began to see "it as a way to set a new and exciting challenge for myself."

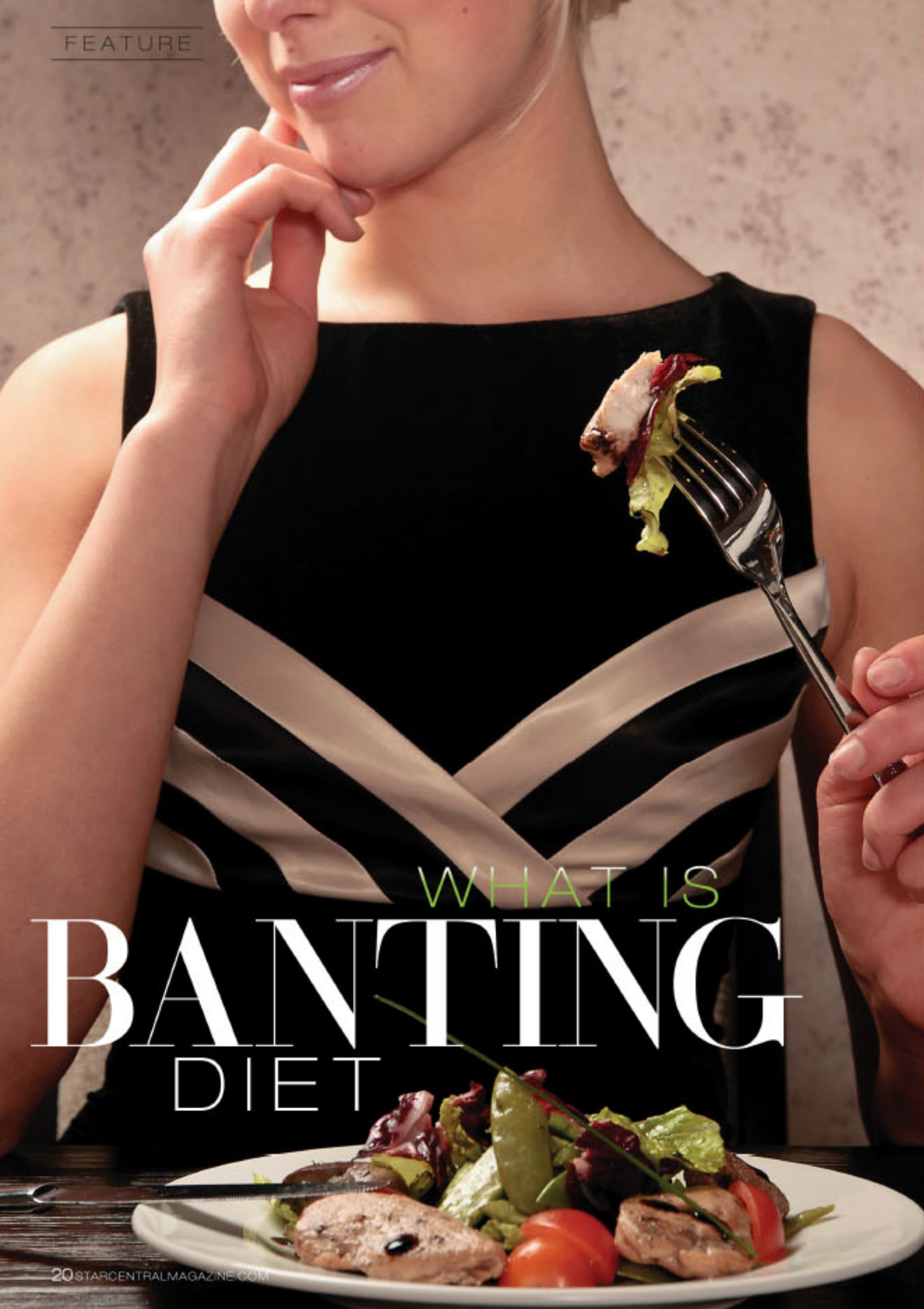
Being part of the Miss Earth Australia beauty pageant was quite a memorable experience for the Aussie beauty. She especially loved "the bond formed with my fellow winners and seeing what we can achieve as a team has really made me proud and left me inspired me to do more." That awakened passion for environmental advocacy received resounding validation when she entered the Miss World Australia beauty pageant back in 2014. Lyndl was awarded the title: 'Beauty With A Purpose.' High praise indeed after raising over \$30,000 for sick and disadvantaged children.

Outside her life as a beauty queen, Lyndl is a very busy international model having worked in The USA, Sri Lanka, Philippines, New Zealand, Hawaii, Italy and China. She has graced catwalks at Mercedes Benz Fashion Week, modelled for big brands such as MAC Makeup, Pastiche Jewellery and Mavi Jeans, and has been featured on print ads and commercials for athletic wear, jewellery, fashion and swimwear. She's recently become a qualified TV presenter and plans to work more in this field.

A self-proclaimed "big traveler" and budding life coach ("I love to motivate and inspire others to believe in themselves and chase their dreams no matter how wild they are!"), Lyndl has nothing holding her back from all she wants to achieve.

Photos by Chris Parker





WHAT IS BANTING DIET

By: Patricia Higgins

You would have heard of the Atkins Diet, and you've probably heard of Paleo by now – but, what of the newest buzz word in dietary regimes – Banting? It's increasingly on the radar of late, but what you might not know is that Banting is actually a revival of a fairly old idea. But, what on earth is it? Can it help you lose weight? And, more importantly, is it any good for your health?

Banting refers to a no/low carb, high fat diet. The aim of this approach is to convert the body's metabolic response. This means shifting from burning carbohydrate to burning fat instead. Banting is still a bit of an obscure name in nutritional trends (especially compared to its well-known 'cousins' Atkins and Paleo). However, it has actually been around for a whole while longer.

Banting has a long and colourful history. The dietary regime is named after Mr William Banting, a prominent undertaker and coffin maker hailing from London. He embarked upon his Banting diet in as far back as the dusty old days of the mid 1800's. It seems he was trendy without even knowing it.

He had good reason to find a diet plan. For although he was very rich, Mr Banting didn't have it all. He was morbidly obese (which is a bit ironic considering his occupation). A successful business man, he was one of the lucky ones amongst the population at the time to be privileged enough to

very well-fed. Too much indulging in the finer things in life had Mr Banting seeking a way to undo the damage on his waistline and wellbeing.

He was responsible for popularising Banting as the first formalised diet of our times aimed at restricting the intake of carbohydrates (particularly starches and sugars). The diet was formulated by Soho Square physician Dr. William Harvey, who had gained insight (in the context of diabetes management) from the lectures of the French 'Father of Modern Physiology' Claude Bernard.

"Banting refers to a no/low carb, high fat diet. The aim of this approach is to convert the body's metabolic response. This means shifting from burning carbohydrate to burning fat instead."

The diet of canting (as prescribed in the book) propounds the benefits of eating only those foods that are very high in fat. That means those often fat-laden goodies that you drool over but generally do your best to hide from; butter and bacon, for example. And while this sounds great in theory, you do have to be completely steadfast in avoiding certain food groups to no exception.

Banting is about consuming only three square meals a day that are high in fat and medium in protein content, with as little carbohydrate going into your system as possible. The intention is that you always feel full. You are meant to eat only when you are hungry. The idea is that there is no snacking, so no extra consumption of calories.

So what exactly can you eat when you are 'Banting'? It's not all bad news. On the 'green light,' list are cheese and eggs, all meats and seafood. Plus you can have mayo, butter, avocado and full fat cream if you wish – so there's not too much compromise on taste in this diet. You can also have leafy green vegetables. Unlike Paleo you can consume dairy – so that's a bit of a plus.

What do you have to say goodbye to? You can't eat potatoes of any kind, no rice or soy products, or any grains at all. It's also a no to legumes, couscous etc. Of course, you can't have any sugar or any foods naturally high in sugar – so that includes all varieties of fruit and fruit juices etc. You have to be brutal with your resolve to avoid all these foods so that the diet can be effective.

Is the diet healthy? It's questionable as to whether no/low carb, high fat diets promote health or whether they produce side-effects of the long-term. If you have a medical issue you should always consult your doctor before beginning any dietary regime..

Proponents of banting say that its biggest benefit is that it allows you control the amount that you eat minus the cravings. You don't feel like you are starving and you don't feel as though you are entirely missing out on tasty food. Which makes sustaining your diet all that much more likely. Losing weight is, after all, about sticking to a plan in the long-term. Whatever your thoughts on Banting, its fast becoming the new buzzword in the diet fad and foodie world.



FROM Trending TO TIMELESS



"While 'timeless fashion' might seem like a paradox, the term simply means that there are certain elements of style that truly stand the test of time."

By Jill Antonio

It's time to trade fickle fashion "trends" for 'timeless' fashion. As fun as following trends can be, it's easy to lose yourself trying to keep up.

While 'timeless fashion' might seem like a paradox, the term simply means that there are certain elements of style that truly stand the test of time. For instance, it's hard to imagine a world in which well-cut jeans and a classic white tee is considered a fashion faux pas.

With that in mind, let's unfold 3 fashion styles that are lasting, classic, and enduring.



Minimalist

Ever met one of those women or men who always appear perfectly put together? I daresay that this has little to do with how much money they've spent on their outfit, or even how creative they are as a person. It's the fact that it's very difficult to miss the mark by keeping your look simple.

Renowned artist Leonardo Da Vinci said, 'simplicity is the ultimate sophistication'.

You can create a look of smart sophistication, just by owning key minimalist pieces to prepare you for any occasion. You can work trending items in to your accessories (using headwear, scarves, and belts) – but your main pieces should be strong, and preferably high-quality investments. Think monochrome colours, clean lines, and angular silhouettes.

Ladylike

Embracing the sacred feminine isn't necessarily what you think it is. You don't need to be draped head to toe in pink to dress like a lady, but by all means, wear floral prints and pastel shades. Know when to wrap yourself in lovable tones that exude warmth and sex-appeal. There is nothing like the feeling of silk or chiffon against freshly moisturised skin. A set of pearl earrings, and polished patent leather pumps will make you feel like a woman, ready to take on the world. Elegance never goes out of style.

Bohemian

You know what they say about history? It repeats itself. The boho-chic fashion style is timeless because it nods to the 70s when free spirits reigned, and virtually everything went. If you're the type that likes to express yourself in every way, don't succumb to trends. Stick to what makes you feel free, and most happy. Embrace your eccentricity, because fashion is an art, and this world is your runway.

You will learn what works for you. Don't be afraid to reject trends, and stick to a timeless style that speaks for itself.

The bottom line is, if it doesn't make you feel good, don't wear it. Allow what you wear to empower you. There is nothing sexy about discomfort, and conversely – there's nothing sexier than confidence and the right attitude to go along with that suit or dress. Find the right fit.

Some final tips:

- Always buy the best quality you can afford, when it comes to everything from lingerie to leather goods. Key items can be a little pricier, but remember that classic pieces will serve you for a very, very long time.
- Stay true to you. Never wear anything you're not comfortable in. It'll affect your confidence.
- Don't play it too safe. Timeless doesn't have to mean boring. Modernise a staple piece in a re-worked but versatile colour, like grey or navy.
- You're never fully dressed without a smile.





By Jenny Hu

"Witness the Movement," is Pacific International Runway's tagline. These compelling yet straightforward three words encapsulate the importance of diversity, in the name of fashion. On the 21st October 2017, the movement has indeed sprung up again, bigger than ever, as it was held at the prestigious venue, the Star.

PACIFIC INTERNATIONAL RUNWAY

"PIR had its humble beginnings in 2015 by the esteemed fashion designer, Failepou Peni who is known for her label, Grace on Lepou and Lepou. Her label's mission was to embrace voluptuous women and bring forth a movement that empowers all women with different body types and cultural backgrounds."

Amongst the many attendees that came to the event were notable Pacific Islander VIP's which include; Selena Short, CEO of Crunch Fitness, Caleb Jarvis of Trade Commissioner for Pacific Trade InvestAus and Her Excellency Hinauri Petana (High Commissioner of Samoa to Australia.), etc.

PIR had its humble beginnings in 2015 by the esteemed fashion designer, Failepou Peni who is known for her label, Grace on Lepou and Lepou. The labels encompass Pacific Islander-inspired clothing lines of dresses and garment that were best suited for plus-size women. Her label's mission was to embrace voluptuous women and bring forth a movement that empowers all women with different body types and cultural backgrounds. On the same note, PIR has taken it further to promote Pacific Islander trade and export and is now a platform for upcoming and established Pacific Islander designers.

As people started reeling into the immaculate doors of the Star, a warm and welcoming atmosphere unfolded amongst the mellifluous murmurs that filled the room. When the clock struck 7, PIR opened up with a prayer which was preached by Reverend Roy Saipa and then the night transitioned into a breakout performance by the musical trio, the Papaliis singing, "Every Praise." There was a raw soul in their voices which was hard to replicate which left the audience in awe. MCs Maddison Clare Sloane and Junior Tia-Kilifi, with their charismatic charm and positive energy, welcomed everyone and anticipate for the fantastic fashion show yet to come.

The audiences were greeted by the High Commission of Samoa to Australia, Hinauri Petana opened up her speech with "Talofa lava. Thalo le soifue laukki," which briefly translates into "I'm happy that you are in good form."



model casting—mesmerizingly beautiful female and male models of different shades and sizes. The diversity was somewhat refreshing to see as it is one of these anomalies that one might experience once in the fashion shows. Each model confidently bee-lined their way to the blinding camera lights of the paparazzi, serving the designers' creations with immense justice while posing, and then they U-turned gracefully backstage.

There was an onslaught of exceptionally bold colour choices, intricate ruffle detailing on evening gowns which mesmerised the audience's attention. A noticeable trend throughout show was there was a lot of geometrical patterns, tropical earth tones paired with floral fabrics and two-toned crocheted wearables, which were obviously proved to be very fashionable. A

true testament to the skillset of the designers!

The fashion extraordinaire and director of PIR herself, Fai Lepou presented herself and gave everyone the final word, "When you guys come and support us it makes a difference to us. It let us know that we can continue to come forward and continue and break the European market. Two of our designer just came back from New York and met a star Calvin Klein. That's huge for us. Not just taking our brand but the rest of our culture."

As the magic of PIR continues to linger towards the end of the night, it is without a doubt an event that sets a precedent for cultural diversity. Star Central Magazine congratulates Fai Lepou and her dream team for putting together a phenomenal event and hopes next year would be just as monumental!



Her Excellency addressed that an event such as PIR opened doors in promoting Pacific Islander trade, especially in the fashion industry. It is a stepping stone into creating more opportunities for young designers to gain industry recognition. She ended her speech with an important note for the audience should enjoy the beautiful fashion which will shortly commence after.

There is a total of nineteen designers who are either established or emerging, including, Island TKM, Florence Jaukae Kamel, Karen Abdul, Dane Mulinu'u Fabricious, etc. For the next three hours, the runaway graced with a plethora of beautiful garments which encapsulates the fusion of tradition and modern. Each fashion label was routinely showcased for five minutes at the time by an incredibly diverse



Miss Earth

AUSTRALIA 2017

Set against the luscious backdrop of The Crowne Plaza in Terrigal, Miss Earth Australia hosted its spectacular finals on Saturday, September 2 2017.

Miss Earth Australia is a national beauty pageant that promotes awareness of environmental issues. The pageant is part of Miss Earth International, which has organisations in 120 countries and is now one of the world's top three international beauty pageants. The winner, Miss Earth Australia 2017, gets sent to the international pageant to compete against candidates from around the world.

Eighteen women overall each had their turn at sauntering down the red carpet runway, showcasing their couture evening gowns, made to custom fit each contestant. In the end Nina Robertson, a gorgeous young woman from Melbourne took home the crown and her Elemental court were Riley Aston (Miss Earth Australia Water), Brittany Dickson (Miss Earth Australia Air) and Kelsey McAlpine (Miss Earth Australia Fire). Congratulations to all the winners and StarCentral magazine is proud to be a media partner of this event.



CHARITY Runway SHOW

By Jenny Hu

It was a bustling Friday night on the 20th October at the Hotel CBD on King Street, Wynyard. An event which went by the name "Charity Runway Show," was brewing in the midst of it. Hosted by Natasha Keely Jewel and Louise Broeng who serve as each other's partner in crime in organizing this event, it was bound to be a fantastic night. The charities that the event was raising for were the Children Cancer Centre, the Heart Foundation and Teal Wings of Hope Women Ovarian Cancer. Both girls are competing for the esteemed title of Miss Continents Australia, which happens to be part of the all-encompassing Continents Pageants Australia, which has existing categories in Teen/Miss/Mrs.



Hosted by Natasha Keely Jewel and Louise Broeng, the "Charity Runway Show" was bound to be a fantastic night.

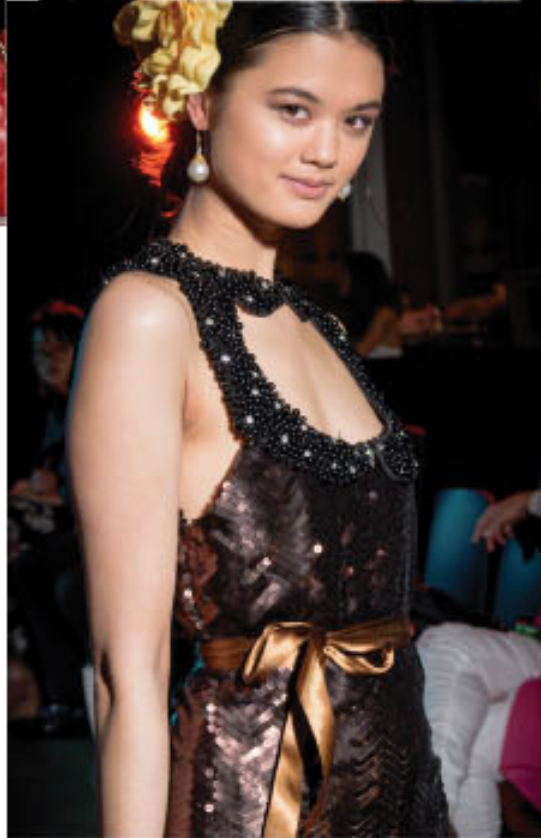


The slogan, "Be Your Own Kind Of Beautiful," encapsulates an element of diversity, and translates to embracing every kind of woman—any shape, any size, any age can compete in the beauty pageants. Talk about something progressive!

After a few drinks and an abundance of gourmet appetizers, the charity runway show opened with the brand Leatheron by Tommy Ge, which encompassed premium leather goods. The models had long leather skirts and beige tied vests which contributed to the simplistic leather attire aesthetic. The line-up of models strutted with a magnitude of poise, which was a forced to be reckoned with by the crowd.

With the first catwalk done and dusted and another five to go, a special guest who happened to be the current Mrs. Worldwide Samoa, Cyprian Fruean-Posesione addressed the audience sharing her personal tragedy which left the audience in tears.

After Cyprian's speech, Rochelle Moore Design, Tansey and Coco by Charlie Wood were next, and within minutes there were a plethora of floral, flannel, crop tops and unique embellishments gracing the runway. The models synchronized their walk to the music yet again, letting the designers' collections shine in all its glory.



The Spirit of Islander Dance Company entertained us with their sultry dance moves which got the crowd in an uproar. The show must go on, and the next line-up of designers was BellaTrixa by Bella Rose—which was a collection comprised of a series of Victoria Secret-esque lingerie pieces—lace tassels, gemstones, and all-around sparkle. Primarily, this brand was made to empower women to feel good about their bodies. Ethereal Eveningwear by Bek Zamroz mainly consisted of long flowing dresses with floral patterns, silk, and tie-dyed pieces.

Lastly, Luvashe Couture by Tito who was serving Pacific Islander goodness, drawing inspiration from his love of life, art, and the environment. His fashion line consists motifs of palm leaves and coy fish which was radiated in a blissful yet calming vibe, as they walked down the runway. Side note: Tito happen to raise over 200 dollars with a simple act of taking his hate off and passing it around!

All in all, it was a terrific night at the Charity Runway as the show was a magnificent success. Thank you to Natasha and Louise for the beautiful evening.

SIX AWESOME TIPS ON Working FOR YOURSELF



By: Patricia Higgins

If you're someone who works freelance or has a small business, you would know that there's a fair bit of work involved in "keeping the dream alive". There are unique challenges that come with this approach to creating a living.

It's a lot like building your own empire. Rome wasn't built in a day and neither is your freelance or small business success. If you are working on your dream there is no off button and no downtime. It takes a lot of dedication, and most importantly, it's about keeping your motivation levels replenished.

It's possible that you conceptualised the idea to 'break out on your own' with stars in your eyes - with the idea that working for yourself would mean an easy lifestyle. This

couldn't be further from the truth.

Working on your own business often becomes a harsh reality. When everyone is leaving the office to have after work drinks or chilling on the weekend with family and friends, you are often stuck fielding phone calls, catching up on invoicing and trying to ramp up your marketing efforts to get you through the lean patches.

It's often the case that you end up far too busy than you can comfortably handle, just to make sure you have enough momentum to keep you going during the quieter periods (they are inevitable). It's about sacrifice.

However, that's not to say that it's all not worth the steep incline that you tread. But, the goal is always 'to stay the course' - with a dogged determination that is stronger

than any of the tough times that you might encounter.

Warning: when you are forging your own path you will find that some unintentional side-effects can arise. When you are subject to the unyielding and time-consuming commercial realities that are unavoidable factors in the pursuit of success it is somewhat likely that those who are only around for the fun times will drop out of your life. It's often a practical reality and one of the bitter-sweet indicators that you are, if fact, on the right path.

Set a daily reminder deep within your psyche to stay true to your goals. You may have heard the idiom: surround yourself with those on the same mission as you. This rings true. Also, you might find this quote from Will Smith increasingly pertinent - "you're absent during my struggle, don't expect to be present during my success."

Another tip for sustaining self-motivation is to look back on the road that you have already travelled and at what you have invested. Sure, this means coin, but never forget the blood, sweat and tears. Realising how far you have come is the key to moving forward.

Keeping yourself motivated is also about making consistent progress. It doesn't always matter if this is just a small win each day, or even each week. It's about moving forward. What if you could generate even just an extra 50 dollars a week profit? Always think about pushing the envelope just that little bit more - what more can you squeeze out? Could you be doing more on social media to attract leads and conversions? Is there scope in your budget to cut back on expenditure? These are just a couple of the questions that you could ask yourself.

Always think about your next move. It's very easy to get caught up in the daily grind, in the operations of your tasks - to forget about the bigger picture. That's an easy trap to fall into. Remember that it's crucial to keep evolving and expanding. And yes, sometimes this might get a little overwhelming. Do you sometimes feel like there are periods where you flounder? What can you do to overcome this phenomenon?

Sit back and refocus. Review your business plan. A lack of structure is enemy number one when it comes to productivity. Also, think about your daily routine. You need to create a schedule and stick to it. Wake up early and set a start time. You will be more motivated to work harder and to finish tasks quicker when you have the luxury of more time set aside to do so. This produces a more manageable (and less stressful) workload.

Sure, being regimented can be a challenge. It's a brutal fact that when you work for yourself, the only one who will keep you accountable is you. Without a boss to keep tabs on you, and without rigid working hours you are responsible for managing yourself and your business. You are ultimately responsible for its success or failure.

Be mindful of the challenging aspects of working from home/running your own business. It can be a very isolating experience and there are some things that you do have to compensate for. Sure, it's great that you can work in your PJs if you want to - but, you don't necessarily get the benefit of bouncing ideas off people and the support of a team environment.

Sometimes it helps to take your work to a place where people congregate with some purpose- like a café or library. The effect of having people nearby might just trick your brain into a more productive gear. Take a small break when you are feeling stymied. Go for a walk. Fresh air often goes hand in hand with a fresh perspective. Then, begin your task anew.

Keeping the dream alive when it comes to working freelance or in your own business is often about your internal thought process. Also, it's got quite a bit to do with your heart and soul. More than anything - it's about refreshing your point of view on a regular basis. Building your 'business empire' is a day-by-day task and every single brick in the wall counts. I'll leave you with one last quote on the topic to consider... "people often say that motivation doesn't last. Well, neither does bathing, that's why we recommend it daily" - Zig Ziglar.

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