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STAR CENTRAL

DECEMBER 2020

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INTRODUCING THE EXECUTIVE LIFESTYLE

THE METAPHYSICS LUXURY FASHION FROM AMSTERDAM



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Cover

Executive Lifestyle

Designed for the highly educated, masculine, extravagant, and forceful gentleman.



MS ENTREPRENEUR

BE YOUR OWN KIND OF POWERFUL



COMING SOON



MS ENTREPRENEUR



OPENING REMARKS



It has been a challenging yet exciting year thus far for StarCentral Magazine. So far we've had the pleasure of featuring some of the most talented, upcoming actors, models and entrepreneurs from all over the globe. Next up we are also involved with a number of local events in Sydney, Australia and we are launching something exciting very soon so this is not to be missed! Right now we are focussing all of our energy and resources towards AMFA so we hope to see most of you there. I would like to thank everyone for your continued support and commitment to our publication. We are doing our very best to always deliver excellent editorials for our readers across all our channels.

Mike Ilagan
Managing Director

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Roxette Arisa

Meet one of the stunning influencers to watch out for in 2020.



EDITORIAL

Editor-in-chief
Jennifer Aluning

Managing Director
Mike Ilagan

Photographic & Art

Kevin Gomez, FIN Photography, Ash Narayan, James Mao, Brooke B, Raymond Bartholomeusz, Gary Abella, Dave Choo, George Azmy, Eric Fonacier, Raf Flores, Thang

Marketing

Alex Abella, Krissy Anderson, Eileen Maynigo, Barnes Luz, Jason Harris, Lovely Washington, Charles Chan, Albie Pri, Jenny Hu, Annabel Garcia, John Esquerro, Michelle Palmer, Cameron Wright, Angelica Whitelaw, Joanne Azz, Tricia Richardson, Zenaida Patterson, Gerry Samaniego

Writers & Contributors

Anjelica Whitelaw, Shiwani Gurpah, Renae Smith, Holly Phillips, Jenny Hu, Charles Chan, Jill Antonio, Scott Murray, Vanessa Jensen, Leanne Harrison, Patricia Higgins, Judy Flynn, Angie, Katrina R, Joerisa, Rommel P, Christian Q, Christine Claire dela Pena, Dasein Catedrala

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Kayleigh-Paige Rees Pg. 12

EDITOR'S NOTES

Unbelievably, we're already into the second half of 2020! Hitting the halfway mark in anything – a race, an assignment, the school year, a book, a fitness plan, even a meal – is usually the impetus to keep going. Thoughts of: "I'm halfway there, I can't stop now!" start going through your mind. It's a heady sensation and is great motivation to finish your goals. But what if you didn't start in the first place? What if those New Year plans and resolutions never got off the ground? Well, get started now! There is nothing worse than looking back in frustration at those dreams that never came true just because of the simple reason where you NEVER TRIED. The journey to fulfilled hopes may be hard, but REGRET is a harder burden to carry every day. So go ahead and emulate the artists and entrepreneurs StarCentral Magazine has had the privilege of meeting over the years. I guarantee that not one of them will tell you they begrudge the blood, sweat and tears it took to get them to where they are now. Don't wait, START, and get going!

Jenny Aluning
editor in chief

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EQUAL IMAGE SALON

Equal Image Salon Balmain is a welcoming salon located in the heart of Balmain. We are a small Boutique Salon that's able to offer the ultimate one on one experience. Equal Image Salon specialises in the latest trends from colouring, precision cutting, and various balayage techniques.

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ROXETTE

STATEMENT MAKER

aris



Beauty and fashion expert, wildly successful Japanese American YouTube / Social Media guru Roxette Arisa is making a name for herself in the skincare, beauty, and fashion space with over 75 MILLION views and 1.2 MILLION subs on YouTube alone. Whether she is giving tips on how to perfect your makeup for mask-wearing, providing how-to-tips for taking that lust-worthy passport photo, comparing designer and drugstore brands with a split face tutorial, or giving how-to-style basics by using clothes you already have in your closet, Arisa is a quickly rising star who is highly respected for her expertise in the beauty and fashion world.

Arisa's rise in the beauty and fashion world is quite different from her contemporaries. Growing up in Culver City, California she always knew from a young age what she wanted to be: an Olympic figure skating medalist. She began skating at the age of 4, training and practicing to perfection. By the age of 15, she moved to Detroit where she was selected for the Jr. National Team as part of a duo ice dancing partnership. Arisa then moved to Canada, where she was being groomed to compete internationally for Canada, and in 2016, at 17 years old, she and her partner placed Silver at sectionals solidifying her stance as a competitor. But soon after, her world was rocked when her partner suddenly retired, and in 2017 she found her dreams of competing in the 2018 Olympics in Pyeong Chang all but a fleeting dream. The reality was that it would be near impossible to find a new skilled partner in time. But Arisa had found another passion.

Since a young age, she had worn makeup for skating competitions and as she got older, she realized that she had found an appreciation for applying and learning new makeup techniques. She often trained in skating for 8+ hours a day, but at night she would spend her time watching makeup tutorials online and she decided to create a YouTube page herself. To her, makeup was something that always gave her confidence and she wanted to share her advice with others. Before long, her following and views began skyrocketing and she realized that when one door closes another one opens. She decided to retire from skating and instead focus on her new passion - the beauty and fashion world. She packed up her bags and moved back home to Los Angeles. Around this time, brands began to take notice. In only a couple of years, Arisa has quickly become a favorite for beauty and fashion brands alike, and has become a beauty ambassador to Smashbox, e.l.f., partnered with brands like Revolve, Olay, Murad, NARS, Maybelline, MAC, Instagram, Clarisonic, Neutrogena, Kate Somerville, CeraVe, IPSY, L'Oréal, Lorac and created her own collections for Milani and Sigma to name a few. StarCentral Magazine recently caught up with Arisa to discuss her journey in the industry and here's what went down:

How did you get started in the industry?

Growing up I was a competitive figure skater for 20 years and was always doing my makeup and hair for competitions to match the competition dresses I would wear. The confidence I felt when I put on a red lip or a smokey eye was a little bit addicting and I just fell in love with the world of beauty which led me to find the beauty community on YouTube and to eventually start a channel of my own. For my first couple of videos, I remember filming on my floor with my laptop webcam and a lamp turned sideways to give me some "light," which is so funny to look back on. It's been an amazing journey getting from those lamp and laptop days to now when I'm able to combine my two passions - beauty and fashion.

How did you develop an interest in fashion and what drove you to pursue that passion onto social media?

I've always loved fashion. I think fashion and beauty go hand in hand. Fashion is a form of self-expression and at the end of the day, I'm an artist - whether that be in makeup or in putting together an outfit in my head that I know is going to make me feel and look bomb. To me, fashion is a feeling - I want to feel confident and I want to inspire my followers to be confident.

In what way has social media changed your life?

I think at this point social media has really changed the world. I mean it's the fastest-growing form of advertisement/marketing, it's a way to connect with anyone and everyone around the world, and it's a place to share what means the most to you. I know I definitely would not have had half of the experiences and opportunities that I have had without social media. It's still surreal to me that I have built my career from the ground up by sharing what I'm truly passionate about. I'm forever grateful to my fans and followers because I really would not have the life I have today without their support.

What are some of the difficulties of being in the industry?

I think the biggest difficulty is comparison. It's so easy to compare yourself to others online but you have to realize that everyone has their own journey and their own path. My dad always says "Everything that is happening to you, is happening at the right place and at the right time for YOU, because that's just the way it was meant to happen." That's something I like to think about when I feel myself falling into that deep hole of comparison.

How does your thought process differ when creating content for Instagram versus content for YouTube?

Instagram and YouTube are totally different platforms. Instagram is all about the aesthetic and when I'm creating content for IG, I'm looking for something that will catch the viewers' eye while scrolling. On YouTube - I feel like I get to share every part of me. I really get to connect with my followers on YouTube so my content is more laid back and truly a piece of me.

What are your long-term goals for your social media accounts?

I really do think of my social media accounts as an art form. I want to continue expressing my creativity and growing and learning with my followers. I love photography and cinematography so I would love to expand on those art forms and implement it into my work on social media!

When choosing whether or not to work with a brand who wants to work with you, how do you decide?

It's actually really easy for me to decide what brands to work with because I never work with a brand or promote products that I don't genuinely use. That's something I've always stood by ever since I started making videos. I think of my followers as friends so I would never want to break their trust by promoting a product that doesn't work for me. I'm super proud of the work I've done with Maybelline New York. They are a brand that I have been using since I was a teenager so it's just so surreal to be able to work with them now. I also did a really cool AR video with MAC Cosmetics where my subscribers could actually try on different shades of lipstick in the video. That was a fun project! Smashbox Cosmetics and Dior Makeup stand out to me as well when I think of projects that I'm super proud of and grateful that I got to be a part of.

If someone is going to make your life into a movie, who would play you?

Miley Cyrus! I love her and everything she stands for. A lot of people say we look alike!

What are your future plans? Inside your career or out of it.

I have lots of plans and aspirations when it comes to my career, some of which I can't talk about yet "wink wink", but one of the things I would love to do is get into more traditional media - super interested in hosting and acting! On a personal level - I'm trying to give my apartment a little makeover right now and finally start decorating it. I've only lived here for 3 years - wish me luck!

A woman with long brown hair, wearing a white wide-brimmed hat, a white short-sleeved dress with puffed sleeves and a ruffled waist, and brown leather boots, is sitting on a sand dune. She is holding a brown leather crossbody bag and sunglasses. The background shows a blue ocean with white waves and a clear blue sky with light clouds. Two wooden posts are visible in the sand dune area.

studio49

photography

49 Johnston St, Annandale NSW 2038
Phone: 0416 095 875

INTRODUCING KAYLEIGH-PAIGE REES

Breakout actress Kayleigh-Paige Rees stars in the upcoming coming-of-age drama "Faulty Roots." The plot of the movie revolves around two teens with different genetic conditions who are forced to form a friendship. Rees is set to play the lead character of Lola, a teen diagnosed with depression. If she looks familiar you're right, she recently played the role of Julia Beaufort in the ITV/PBS primetime period drama "Sanditon", adapted from an unfinished manuscript by Jane Austen, and as Ann in the indie feature 'Ann Rolls Green'. Kayleigh-Paige also has her own popular podcast 'Real Talk with Kayleigh' and she has over 10,000 followers on Instagram.

StarCentral Magazine recently caught up with Kayleigh-Paige to discuss her journey in the entertainment industry and here's what went down:

Can you tell us more about yourself? How did you get started in the entertainment industry?

Absolutely, my name is Kayleigh-Paige Rees. I am an actress and producer. I loved dancing from a very young age and always found myself creating stories and different worlds which led to me having a lightbulb moment at the age of 17 whilst training in musical theatre that I wanted to act.

What do you like most about acting?

Escaping reality and all the limitations I impose on myself.

Can you tell us about your role in Faulty Roots?

Of course, in Faulty Roots, I am playing a teenager called Lola who suffers from depression. She's struggling to know who she is and her place in the world and this really impacts her relationships whether that be family or friends.

What sort of person is going to relate to this character?

Everyone, we've all been teenagers and struggled. Whether it was with grades, friends, family, self-image, we all had those moments where we thought who are we?

How is this character like you? Different?

I was quite different from Lola at that age. I struggled more with anxious tendencies and an eating disorder than depression however I feel that as an adult I can relate more to Lola and what she's going through which I found really interesting.

Besides yourself, what celebrity would you like to see tackle this character?

Florence Pugh- what an incredible actress!

Besides yourself, which actor/s in this movie is going to blow people away?

Melanie Walters.

What's the biggest challenge to taking on this role?

Giving the characters and always those people feeling the same justice on screen, it's a big ask and I hope I do Lola proud.

If you could play any other character in a series, who would it be?

Estella from Great Expectations.

What has been the most memorable experience of your career so far?

There are so many, however, my first ever job which was for a Samsung advert and led to me flying for the first time on my own to Switzerland.

Who have been the most interesting people you've met so far?

I find all creatives incredibly interesting.

How active are you on social media?

Annoyingly very, I find it can be very negative for my mental health and can make me envious of others so I'm trying to stay off my phone as much as possible.

What are your future plans? Inside your career or out of it.

I really want to keep working and attempting to produce as many films as possible to tell as many stories as possible.

The 'LIGHTNING FAST' Round:

1. Last good movie I've seen: Tenet - so good!

2. What do you consider beautiful and why?

I think beauty can be found in all things, I find beauty in happiness, without happiness can anything really be beautiful?

3. What haven't you done yet that you wish you could?

Skydive.

4. Complete this sentence: "If I had no fear, I'd..."

Go into forefront politics.

5. What is the one "flaw" you wouldn't change about yourself?

My birthmark.



ENTREPRENEUR SPOTLIGHT: GET TO KNOW

KYLE KLAUS

Kyle Klaus is a successful businessman and actor. He opened his first business back in 2012 called Prestige Properties, a real estate firm with multiple offices throughout New Jersey and New York City. In 2019 the firm reached Platinum Status as a result of the huge sales. Klaus is also the owner/founder of The North Pole, a company that provides unique kitchen and bar tools and gift ideas, and he also owns a restaurant in Hoboken, New Jersey. While running successful businesses, Klaus can also be seen on TV in shows like *The Blacklist*, *Billions*, *Homeland*, *Happy!* and *The Last O.G.* to name a few.

StarCentral Magazine recently caught up with Kyle to discuss his journey to entrepreneurship and here's what went down:

Could you please tell our readers a brief background about yourself and how you started your business?

I grew up in Pottstown, PA. From as early as I could remember I wanted to be an actor. I just didn't know that you could actually do it as a job. I loved being in other people's shoes and wearing many hats. I think that's what added to my love of being an entrepreneur. I thought long and hard about how I could build a life that would allow me the flexibility to still be able to take an acting job when the opportunity arose. Real estate and entrepreneurship was the best option I could find. I learned early on that I had a knack for it. I always looked out for my clients' best interests and felt that if you just took that as the number 1 rule then everything else would fall into place. When I moved to the New York City area I worked at a real estate company to supplement my acting dream. Then I envisioned the possibility of being a broker/owner and having other agents work under my own umbrella. That is when I was set off on my path of opening my business.

What are you currently doing to maintain/grow your business?

I live by the rule that if it is not in my calendar, it doesn't exist. (It's easier said than done, and I don't always follow it but I try to). Since I'm still an active broker, I maintain an hour or two I call "power hour." This time I do every single day no matter what. This is just digging for new business. There is no mystery to it. It just depends whether you are willing to put in the work or not. The other secret is that I am always trying to get new and improved systems in place. That's part of growing.



What social media platforms do you usually use to increase your brand's awareness?

I use Instagram a lot however, I am getting more into Twitter, LinkedIn, and Facebook to grow my brand.

What form of marketing has worked well for your business throughout the years?

We use constant contact and email campaigns a lot. I think that has worked very well on staying top of mind. That and social media. I think social media sometimes is harder to track unless there is some post that you are tracking and promoting with a call to action.

What is the toughest decision you had to make in the last few months?

At some point, we go to a point like a fork in the road, where we were considering whether or not we were going to expand our real estate company into another location and grow or not. We chose the first option, so we opened a new office, got more agents and it was the best decision.

What is the best advice you have ever been given?

Thoughts become things. That's the best advice I've ever been given in short. You really need to monitor your thoughts and what you think about on a daily basis all day long. Good or bad, positive or negative, your thoughts can and will shape your reality.

If you could go back in a time machine to the time when you were just getting started, what would you do differently?

Definitely buying some properties that I was considering 10 years ago. I would also seek out people to look up to, some people who are doing exactly what I'm doing now, try to learn from them, and streamline the process to get there quicker. However, you can't really think that way. Hindsight is 20/20 of course. I think you have to learn from things and then use that knowledge moving forward to help you make better choices.

What advice would you give to a newbie Entrepreneur setting up their first business?

I would say don't worry too much about HOW you'll do things at first. Envision what you want first, see the big picture, then worry about the process step by step. If you set a goal it's easier to reverse engineer and obtain reachable goals to get there.

De

POWER PLAYER: MEET MICHAEL EVEREST

marco

Michael Everest DeMarco is one of those people one can look up to. He is one who believes that success and fame are not everything in life. Also, one who sincerely believes in giving back to society. And finally, one who acts on his belief.

Michael Everest DeMarco: Life as an Actor

Born and brought up in New Orleans, Michael DeMarco early developed a passion for the performing arts. As a child actor, he acted in a number of plays including Clifford Odets' *The Golden Boy*, Maxwell Anderson's *Winterset*, and Shakespeare's *Richard III*. This early exposure helped him become a familiar face in the New Orleans theater scene. Then quite early in his adolescent, Michael made up his mind to pursue a career as a professional actor.

However, the transition was not easy. The field of professional acting, whether in theater or in film, is a highly competitive one. Fortunately for Michael, he landed some modeling projects early in his career that helped him get acquainted with some important people operating in the show business. Michael was always an energetic, vibrant person and this combined with his good looks and pleasant personality helped him befriend people who cared for and supported Michael during his formative years as a professional actor.

Before long, Michael Everest DeMarco found himself in Los Angeles training under Sal Dano, the legendary acting coach. With Dano, Michael learned the method of acting techniques that Stanislavsky championed. Invaluable as Sal's coaching was, Michael still gratefully recalls how several prominent actors and actresses unselfishly mentored him during his growing years. Some of them also helped him land important roles in major theaters in Los Angeles.

As can be expected, soon enough Michael was trying to make headway into the film industry. Here again his winsome personality

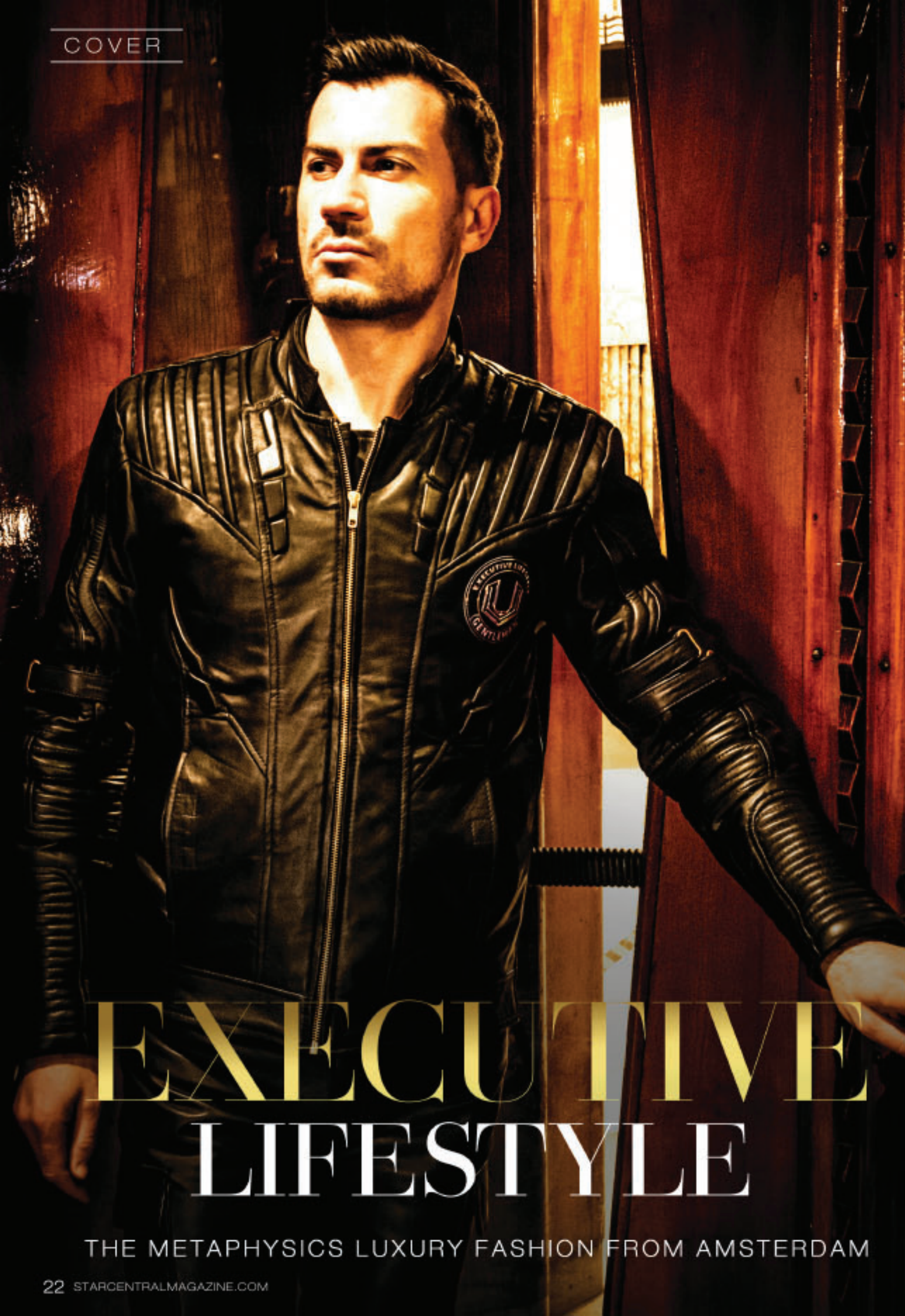
and his grace and poise as an actor helped him land important roles in films like *The Fine Stallion* and *Over the Line*. However, after these initial forays into film acting, Michael soon discovered that his real calling, after all, lay in the theater. Subsequently, Michael Everest DeMarco left the film industry for good and began devoting all his time to becoming an eminent stage actor.

Recent Years

After having established himself as a prominent theater actor in Los Angeles and in other major theater scenes across California, Michael eventually decided to head back to the city of his birth, New Orleans. The decision was prompted by his urge to contribute to the New Orleans theater scene and to help it gain prominence as the major theater destination in the whole southeastern region of the US.

This was in itself a commendable step since few actors can have the courage to sacrifice a successful career and walk out of the spotlight. However, Michael Everest DeMarco did just that and since his return, he has been tirelessly working towards the development of the New Orleans theater scene. He acts as a producer of plays, as director and of course, as an actor. But he also shoulders the responsibility of promoting the plays.

That is a lot to do for a single person, but Michael has been doing just that for the last few years. And if that was not enough, he is also doing his utmost to help young actors find significant roles not only in the New Orleans stage but across all the major theaters in the south of the United States. This endeavor of Michael Everest DeMarco is of course helped by all the useful connections he had made during his long acting career. According to his own words, he almost feels like it's his duty to help out the budding talents since he himself benefitted greatly during his own formative years by the care and support he received from many generous persons.



EXECUTIVE LIFESTYLE

THE METAPHYSICS LUXURY FASHION FROM AMSTERDAM

"THE COLOURS OF OUR CLOTHES & ACCESSORIES HAVE A LOT OF INFLUENCE IN OUR OVERALL MENTAL STATE."

Recently, EXECUTIVE LIFESTYLE launched the Black Collection of 2021 - a revolutionary trend of high-end wearable art. They are designed for the highly educated, masculine, extravagant, and forceful gentleman with a success mindset. The collection is made up of symbols and amulets that are inspired by different cultures, as well as motivational quotes - ingeniously charmed to attract a fulfilling life filled with abundant wealth, luck, and wellbeing.

StarCentral Magazine was interested in getting deeper into the story of the inspirational fashion trend of EXECUTIVE LIFESTYLE and we recently had contact with Eliot Paus, the creative director. Here's what went down:

What is your vision?

For the long term, to develop a complex luxury lifestyle brand for the highly educated, masculine, extravagant, and strong-minded gentleman with a success mindset. Symbols and amulets that are inspired by different cultures, as well as motivational quotes, charmed to attract a fulfilling life with abundant wealth, luck and well-being. From my studies, I've determined that the colours of our clothes and accessories actually have a lot of influence in our overall mental state.

This looks like something more in-depth than your typical fashion brand, is your vision strategy made around the meta-physical powers?

Metaphysics should be incorporated into fashion. My research has shown that no other fashion brand goes deep into the philosophic level on the creation of what we wear. EXECUTIVE LIFESTYLE is the pioneer. For example, the brand identity itself already has a very powerful symbol.

The U diamond pattern symbolises the Cup of Wealth in which you are the centre of all being attractiveness. The diamond inspires creativity, ingenuity, inventiveness, faith, endurance, and helps in manifesting abundance in all areas of life.

EXECUTIVE LIFESTYLE has two collections per year - black for the fall, winter, and early spring, and white for summer.

Black represents people with a strong will, authority, and discipline. It provides comfort, protects your feelings, and hides your weakness. Wealthy and successful men don black as a testament of sophistication and confidence.

White means cleanliness, simplicity, and innocence. It should be worn by honest people who are receptive to new ideas, people who would want to be more aware of their own lives and understand them better. We view it as a blank whiteboard, allowing you to complement it easily with other colours, and put your creativity to the task. It is associated with pleasant thoughts and good luck, things that I would want to grant you.

Gold is the charming colour for EXECUTIVE LIFESTYLE Black Collection of 2021. It symbolises extravagance, wealth, and excess, and is also



associated with illumination, love, compassion, courage, passion, magic, and wisdom. The reflections of red and blue complement the gold.

What clothing items and accessories can we find in this collection?

I have strategically designed a line of masculine and forceful outfits made from genuine leather and other premium fabrics. They include comfort line suits, glamorous leather biker trousers and jackets and golf caps, shirts etc. There are also leather bracelets and genuine crocodile high top sneakers, many are charmed or custom made with authentic diamonds from my partner Amsterdam Diamonds.

Can we have a proper description of this collection?

I am pleased to offer you the comprehensive collection details:

1. Forceful Wealth

A stylish and luxurious jacket is functional for whatever mood and occasion. It features a wealth golden symbol characterised by a V shape and a series of lines intricately placed to attract spiritual development and abundance in both inner and external wealth. The finest quality sheep leather is soft and velvety to the touch. It is a slim fit design based on the Italian size chart. This item can be custom charmed by Amsterdam Diamonds with our authentic diamond set of a wide range of textures.

2. Chill Millionaires

Brilliantly charmed with the bag with the golden coins, this is a jacket that represents the ancient symbol for bringing



Chill Millionaires jacket

fortune and financial luck into the wearer. It is a reminder that your vibe attracts your tribe. The jacket is embossed with a CHILL WITH MILLIONAIRES TO BECOME ONE golden imprint to draw attention to your vibe. You will turn the right heads and get invited to the right parties. This is a real sheepskin shearing that is a slim fit based on the Italian size chart. This item can be custom charmed by Amsterdam Diamonds with our authentic diamond set of a wide range of textures.

3. Sporty Lifestyle

EXECUTIVE LIFESTYLE design inspiration from the boxing ring to develop this smooth, super comfortable, and sporty trouser is ideal for abounding occasions and weather and works to bring the spotlight to you. The pants pair exceptionally well with high top sneakers or boots and the CHILL MILLIONAIRES jacket. It follows the authentic sheep leather from the EXECUTIVE LIFESTYLE statement and is slim fitting tailored on the Italian size chart. This item can be custom charmed by Amsterdam Diamonds with our authentic diamonds set of a wide range of textures.

4. Glamorous Biker

EXECUTIVE LIFESTYLE recreated the biker's denim and revamped it into glamorous leather art trousers. Spotting exposed knee scaled pads that are golden and exquisitely reflective, this trouser offers protection and boost your confidence. It blends well with high top sneakers or boots, and the combination with EXECUTIVE LIFESTYLE jackets is a sure way to look stunning. It is a slim fit design that is made from genuine sheep leather. This item can be custom charmed by Amsterdam Diamonds with our authentic diamonds set of a wide range of textures.



Sporty Lifestyle and Millionaire Mindset cap

5. High Top Sneakers - certified Crocodile or cowhide leather

With these high top sneakers, the world is on your feet! They are made of certified crocodile leather or genuine cowhide and are superbly comfortable fitting. You'll be assured to make a statement with this luxurious appearance that can be custom charmed by Amsterdam Diamonds with our authentic diamonds set of a wide range of textures.

6. Millionaire Mindset

This authentic finest sheep leather golf cap represents the millionaire mindset. The mindset that shows your life's vision and attracts success and the right like-minded individuals. Be confident, stay smart, and classy. The cap can be custom charmed by Amsterdam Diamonds with our authentic diamonds set of a wide range of textures. This accessory is perfect for the modern, stylish man proud of his social status opulent gentleman. It gives a sporty and sophisticated look depending on your outfit.

7. Executive Leisure

From homestay, travelling comfortably, up to jogging and walking in the park, stay classy and enjoy this luxurious suit. This design was created for our distinguished glamorous gentleman, tailored regular fitting, made from premium velour fabric.

Many more products can be found on my store online, including accessories and jewellery charmed with authentic diamonds, customisable for each client's desires.

A message for StarCentral Magazine fans?

Gentlemen, stay classy, focussed on the millionaire mindset, and enjoy the EXECUTIVE LIFESTYLE.

To purchase items from my collection, or retail partnerships, access my store via www.executive-lifestyle.nl

Credentials:

Outfits: EXECUTIVE LIFESTYLE

Model: Eliot Paus

Photographer: Gowan Genis

Hairstyle: Alessandro Molinari

Concierge partner: Wonders of Luxury

Chill Millionaires outfit







Photographed by: GEORGE AZMY



FIVE INSTANT Beauty

HACKS EVERY WOMAN SHOULD KNOW

Being on point with your look and style every day can help you in several ways. Firstly, feeling confident and looking great boosts your motivation and could reap some benefits at work or in your day-to-day encounters. Knowing some handy beauty hacks can save you from beauty emergencies and from having to rush out of your home with a disheveled look. Below are some more quick tips you can add to your arsenal of beauty hacks. These tips will save you from being late to work and from short-notice events that require you to leave the house without much preparation time.

Use Conditioner for Shaving

If you've ever run out of shaving cream and need it urgently, you can use a conditioner. A bottle of conditioner contains hydrating ingredients that'll help give you a smooth shave. Also, did you know that you can use men's shaving cream for your legs? Sometimes it works better, depending on what you use. Men's shaving cream is cheaper and tends to be way foamier.

Get Smokey Eyes in No Time

To give yourself a smokey eye quickly, follow these steps:

1. Dust on the shadow from your eyelids to your crease.
2. Use an eyeliner pencil (better if it's a shade or two darker) to draw a small hashtag symbol on the outer corner of your eyes.
3. Smudge the hashtags inwards with a cotton swab.

This tip will give you a smokey eye with a dramatic flair. Plus, you don't need to use a ton of products to execute this tip.

Use a Blow Dryer to Quickly Dry Skin Products

If you're in a hurry and your moisturizer or tanner is taking too long to dry, you can use a blow dryer to speed up the drying. Set the blow dryer on a cool setting to speed up the process.

Spritz Some Face Mist For a Quick Fix-Up

Do you need to head out and have no time to apply some makeup? Use a face mist. A face mist fights dryness and brightens your complexion. It also revitalizes your skin. Putting on some face mist will leave your skin looking fresh and dewy.

Use Dry Shampoo

Dry shampoo can help save you from having to wash, dry, and style your hair every morning. A little bit of this miraculous product can produce the same results. Dry shampoo is a useful time-saver that leaves your hair grease-free and smelling fresh.

Bonus Tip! Quick Fix For Creased Clothes

If you hate ironing or keep forgetting to do it the night before, this trick will do you wonders. Instead of busting out the ironing board, you can leave your clothes hanging in the bathroom while you're showering. The steam from your shower pulls the creases right out of your clothes.

Conclusion

The more you practice these tips, the quicker you'll be able to do them. There are many more time-efficient tips out there that you could utilize. We're quite certain that you'll eventually discover your own ingenious beauty hacks in no time.

FIVE WAYS TO FEED YOUR Cravings BUT STILL LOSE WEIGHT

Controlling food cravings can be one of the hardest tasks known to mankind. What can make it worse is when people try to deprive themselves by trying to ignore their cravings. But, this is what sometimes ruins the weight loss experience. Instead of having that mindset, you should seek healthier alternatives to feed your cravings. Below are five ways to help you sate your cravings that'll still help you lose weight healthily.

1. Eat Healthier Alternatives to Sugar

Sugar cravings can be hard to deal with. Thankfully there are healthy snack options that make for a delicious alternative to sugary snacks. Here are some nutritious snacks to help you get over sugary foods:

- Fruits
 - Banana Ice Cream
 - Healthy Snack Bars
 - Sugar Protein Bars •
 - Popcorn (Healthy Homemade Options) •
 - Berries •
 - Trail Mix •
- Always have fruit, nuts, and berries ready for when that sugar craving hits.

2. Feed Yourself Plenty of Protein and Vegetables

Sometimes the best way to deal with food cravings is by feeding it. One of the better ways to feed cravings is by planning meals with enough protein. Protein helps you control your blood sugar patterns and helps keep food cravings at bay. Protein-filled foods stimulate the production of cholecystokinin, which helps you feel full for a longer time. So, the fix for hunger is by filling your meals with plenty of protein and vegetables.

Here are a few protein-filled foods you can add to your everyday meals: Chicken, lean beef, eggs, fish, oats, cottage cheese, broccoli and peanuts. Salads don't have to be boring if you add any of these foods.

3. Drink Plenty of Water

Dehydration can lead to food cravings. Simply drinking plenty of water can help your body feel full for a longer period. And it's a healthy way of keeping food off of your mind. Having enough water throughout the day can help you lose weight. So keep yourself accountable and carry a bottle of water or keep one within reach at all times. Stop the cravings before they come by gulping down a good amount of water.

If you are craving sugary sodas, opt to drink healthy iced tea or carbonated water instead. You may also add a slice of lemon for a sweeter refreshing drink.

4. Chewing on Gum & Mints

Though this is an unconventional method of losing weight, chewing gum is actually proven to help people lose weight. Studies show that chewing gum reduces a person's cravings for sugary and sweet snacks. Make sure your gum is sugarless or has almost zero calories.

Mint contains natural appetite suppressants. Studies show that people who often use mint products would lose an average of 5 pounds a month. Aside from eating mints, you may also use a small bottle of mouthwash. Mint-scented candles are also a good option.

5. Engaging in Activities

An efficient way of beating food cravings is by doing activities you enjoy until the cravings disappear. Research suggests that food cravings usually only last for about 10 minutes. So, have a distraction plan ready for this small amount of time. You can play a game, go for a walk, exercise, or read a book.



FOUR HABITS OF HIGHLY SUCCESSFUL people

Do you want to know how to become a successful person? One thing that you need to know is that successful people don't follow the same path towards their success. However, it is easy to decipher their financial success because there are several habits that they have in common. Below are some of the habits of financially successful individuals that you need to emulate if you want to become a successful person one day yourself.

They invest their money wisely

One of the traits that highly successful people have in common is that they employ an efficient financial system. They put their bills on auto-payment to make sure that they are paid on time. They do this to avoid paying late fees.

They also invest their money on a regular basis by deducting a portion from their income, or from their savings and putting that money in an investment because investing your money can allow you to grow it. Most investment vehicles, such as real estate, stocks, certificates of deposit, or bonds, offer returns on your money over the long term period. This return allows your money to build, creating wealth in the long run. Some people prefer to keep their cash in the bank, but what most people don't know is that inflation can deal huge damage to your cash assets. This is because the typical terms and interest rates of your savings or cheque accounts are not designed to keep up with rising inflation rates.

They Pay Close Attention to Details

Financially successful individuals pay close attention to all the details surrounding their financial circumstances. They know the amount of cash that's sitting idly in their savings account and they will invest them so they can get a higher rate of return. They will also notice whenever their phone bill, water bill, electricity bill, or any other bills are higher than usual. They'll figure out why the bills are higher, especially if the consumption or level of service is the same. Another thing that any successful individual does is always look at the terms and conditions before signing any contract. This will ensure that they get what they expect, and won't get any surprise expenses in the future.

They invest in education

More often than not, most successful people have had a good education. Working hard at school and then going on to further education or college has long been encouraged by parents and teachers for generations, as most people still believe that education is the key to success. While there are plenty of high-profile people out there who we now consider being mega-successful didn't actually do too well at school such as Bill Gates and Mark Zuckerberg who dropped out of university to become two of the richest people in the planet, most successful people have a degree in a field that provides a higher chance of earning a lot more. Doctors, attorneys, and engineers definitely earn more compared to laundry and dry-cleaning workers, food preparation and serving workers or dining room and cafeteria attendants.

One can easily see the benefits of education in the workplace. Engineers with four-year degrees often make more money compared to drafters and technicians who only have an associate's degree or a high school diploma.

However, it should be noted that education is not always about making more money. Learning new skills can also save you money in the long run. Some skills that can be helpful include troubleshooting a computer, fixing stuff at home, and managing one's investments, just to name a few.

They Take Calculated Risks

If you ask a highly successful person how to become rich, they will always tell you to take calculated risks. Whether it's the stock market or real estate, there are always some risks involved, but that didn't stop them from investing though. A lot of people fail to become rich because they fear the possibility of losing money. While becoming rich is never a guarantee, exposing yourself to more opportunities can vastly improve your chances of financial success.

FIND OUT MORE ABOUT HADLEY POLLET



Hadley Pollet is a contemporary American designer from the New York City area known for creating classic, timeless designs that inspire kind, powerful women to shine strong. Her line includes handbags, belts, one-of-a-kind jewelry designs, athletic wear, and apparel.

Hadley's original signature belt designs sprung from inspiration while at Rhode Island School of Design. Her unique style caught the eyes of many when she wore a belt made of vintage ribbon and a tortoise buckle to a birthday party in Boston where several people asked where she got her belt. And with the blink of an eye, she started her business and never looked back. Since then, her line has expanded into a lifestyle brand for high-spirited, powerful women.

Her inspiration for not only her business but also her business's purpose came after 9/11. Hadley felt propelled to channel the chaos going on politically, economically, and socially into something positive and uplifting. In January 2002, after several years of working in marketing and public relations for textile and fashion companies, Hadley Pollet launched her own line of belts made with copyrighted textiles that conveyed hope and happiness. Hadley's intent since day one has always been to inspire women to radiate the power of kindness despite the ongoing negativity in our world. The brand represents self-expression, empowerment, and confidence by igniting an emotional desire for women to feel spiritually uplifted when dressing. Each piece in the line is intended to "exude an outfit" while propelling women to express their individuality, wholeheartedly. She hopes that every day, women wake up and dress as their spiritual selves, shining brightly for all the world to enjoy.

Sustainability for Hadley Pollet goes beyond ethical sourcing and green operations. It includes economic empowerment for women and female-owned businesses worldwide; propelling clarity, forging opportunities for women, and giving back. This translates into Hadley visiting every factory and artisan who works with the company, not only to make sure their business practices are ethical and fair but also that the women are paid fairly. It is a fact that if women are empowered economically, then the local society as a whole strengthens. Hadley personally knows every factory the company sources from, who owns it, who partakes in the profits, how they produce products,

and, even more importantly that there are kind, powerful women behind all the hard work who are treated equally to men. StarCentral Magazine recently caught up with Hadley to discuss her journey to entrepreneurship and here's what went down:

What do you like most about being a designer?

I literally FEEL color and texture with my whole being. The process of working with both to create products that give women a way to express themselves authentically is my favorite part of what I do. This goes for both our customers as well as the women who collaborate with us on the products we make.

Who have been the most interesting people you've met so far?

The women and families we work with in the United States and around the world. I love getting to know them personally. I also just love that our collaborative work with them creates a better life for their families and the local societies they live in. When you travel and get to know people from other parts of the world, the interconnectedness of being becomes blatantly obvious.

Is your family supportive of you being a fashion designer?

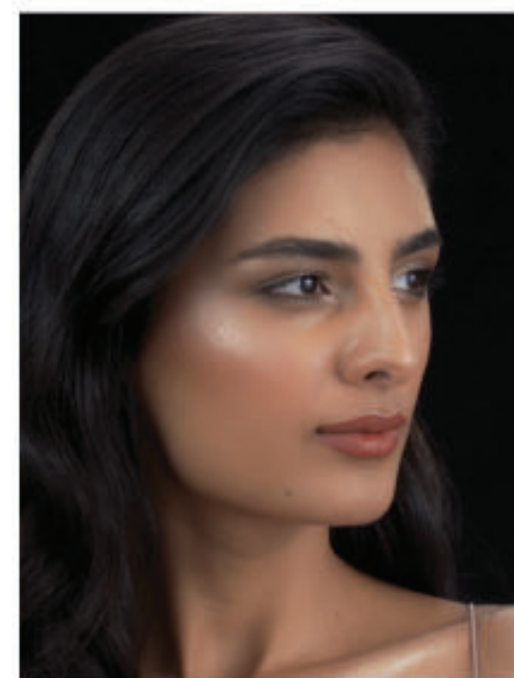
Yes. My husband is my biggest fan, as well as an integral part of the success of the company. My Mom has been behind me all the way. And actually, the textile business is an intricate part of my family lineage so I feel as if my ancestors are with me too.

What is the best advice you have ever been given?

You can never shine too brightly.

What are your future plans? Inside your career or out of it.

My plan has never changed – to raise the voices and businesses of women worldwide. We have a concept brewing at our company to do this in a new way, and I'm beyond thrilled with how it's coming along. Fingers crossed we do it right and many women are elevated on the international stage via our brand.



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