

# MODEL MODE

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OCTOBER 2021



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ELKINS**

SEVEN HOTTEST  
**Trends**  
*and*  
**Styles**

TO EMBRACE  
THIS SUMMER





# SALUBRE ENTERTAINMENT

• NETWORK •

Salubre Entertainment Network is an entertainment company that empowers young people to bring awareness to the less fortunate. Salubre Entertainment Network not only celebrates the beauty of each of its beauty queens, but it also empowers them to help others in need. Established by Maryrose Salubre of Salubre Models International, our projects and publications aim to raise funds for a variety of worthy causes, chief of which is to help Bunga National High School (BNH) in Leyte, the Philippines rebuild.



# m & m MODEL & MODE

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## OPENING REMARKS

I can't believe that there's only a few months left in 2021!

When faced with the end of a year, some could look at that end with sadness or even with frustration. This is especially so when you look back at your year with the view of remembering what you DIDN'T do. But what of the things you did do? Why not remember those? The nights you spend with family or friends, laughs shared with co-workers, moments that made you cry or think. All of these may seem like little things but to others, because of their life's hardships, those moments we take for granted, to them...is priceless. So, look at your 2021 in the right frame of mind and I bet it was amazing! My wish and prayer for all of you is that the rest of your 2021 will continue to be fantastic.

Maryrose Salubre  
Editor-In-Chief

# m & m

MODEL MODE

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# MS ENTREPRENEUR

BE YOUR OWN KIND OF POWERFUL

COMING SOON



MS ENTREPRENEUR



## FASHION DESIGNER SPOTLIGHT: INTRODUCING MAGDALENA NOWAK

Magdalena Nowak is a 19-year-old fashion designer and stylist based in Poland. She actually started her fashion adventure quite early; she sewed her first design at the age of 17 and a few months later, she had her first photoshoot. She initially started by posting photos of her creations on Instagram. After some time, a number of people started sending her messages and inquiries for a potential collaboration. She gradually gained more messages and requests for new collaborations and orders, etc... the rest you can say is history.

Model & Mode magazine recently caught up with Magdalena to discuss her journey in the fashion industry and here's what went down:

### **How did you get into the fashion industry?**

I did not finish any school that prepared me for the profession of a designer. All I have achieved is thanks to hard work and patience. I have collaborated with many celebrity stylists via Instagram, Facebook, etc. One day they saw my projects online and they wanted to collaborate. I was very lucky. I am very happy that I work with so talented people.

### **What do you like most about being a designer?**

I love that each day is different. No one decides about me. I hate my daily routine especially when somebody imposes their ideas on me. I also love that I can finally implement my crazy ideas. The implementation process for the entire project is very long, but it's worth the wait! Imagine seeing a famous singer wearing your creation later or seeing it on the cover of a magazine. Priceless!

### **Downside to being a fashion designer?**

The work of a fashion designer is not perfect, unfortunately, there are also downsides, but I'm trying to limit my complaints. The biggest downside is probably that the music labels don't have the budget to borrow styling from a designer (or they just say so). Several times a week I get questions about borrowing clothes for a music video, of course, for free. Nothing beats commercial advertising without a budget. Recently, I've been offered an advertisement for a transport company, a modeling agency, and a university in Poland ... Of course, all without the slightest remuneration. How would I benefit from this? I have no idea... I do not accept offers of this type and I recommend younger designers to not do it as well.

### **What has been the most memorable experience of being in the fashion industry so far?**

It's hard to choose one experience. I think all "first times" are memorable. I still remember the first publication in a magazine, the first cover, the first music video, the first try-on with the singer, etc. Back then, I was full of joy and a bit of stress. I love that feeling. Getting out of your comfort zone and breaking your barriers is great!

### **Who have been the most interesting people you've met so far?**

Some time ago I started working with Sanah. She is the most popular singer of the young generation in Poland. I must admit that I am very happy about it and I am proud of myself. I am very glad that people from the industry trusted me and entrusted me with this task. Sanah is touring right now and my dresses can be seen during the performances.



DRESS: SUGIYATUNA MOMAK  
SHOES: YENTAGE

**What has been the most valuable lesson you've learned while in the fashion industry. This can be about the industry or about yourself.**

Fortunately, I've never had any unpleasant experiences. However, I will mention the contracts. Over time, I realized that it is worth signing it with everyone. No matter if it's a good friend or a stranger. Stylists often keep things at home for a long time. If you include a return date in your contract, it will be easier to get it back in time. That's a little advice from me.

**If you could go back in a time machine to the time when you were just getting started, what would you do differently?**

Surely my education would be different. I think, if I could go back in a time machine, I would choose another school in a different city. Besides, I don't really regret anything.

**What is the best advice you have ever been given?**

Honestly, I don't think I have ever gotten any advice, because I had no one to get it from. I put everything down to experience and from the slips of the designers, I observe on the Internet.

**What are your future plans? Inside your career or out of it.**

After graduating from high school, I'm planning to start a fashion brand. I already have the first ideas for clothes, even the name. But we have to wait at least a year before my online store can take off. At the moment, I am saving money for this project.

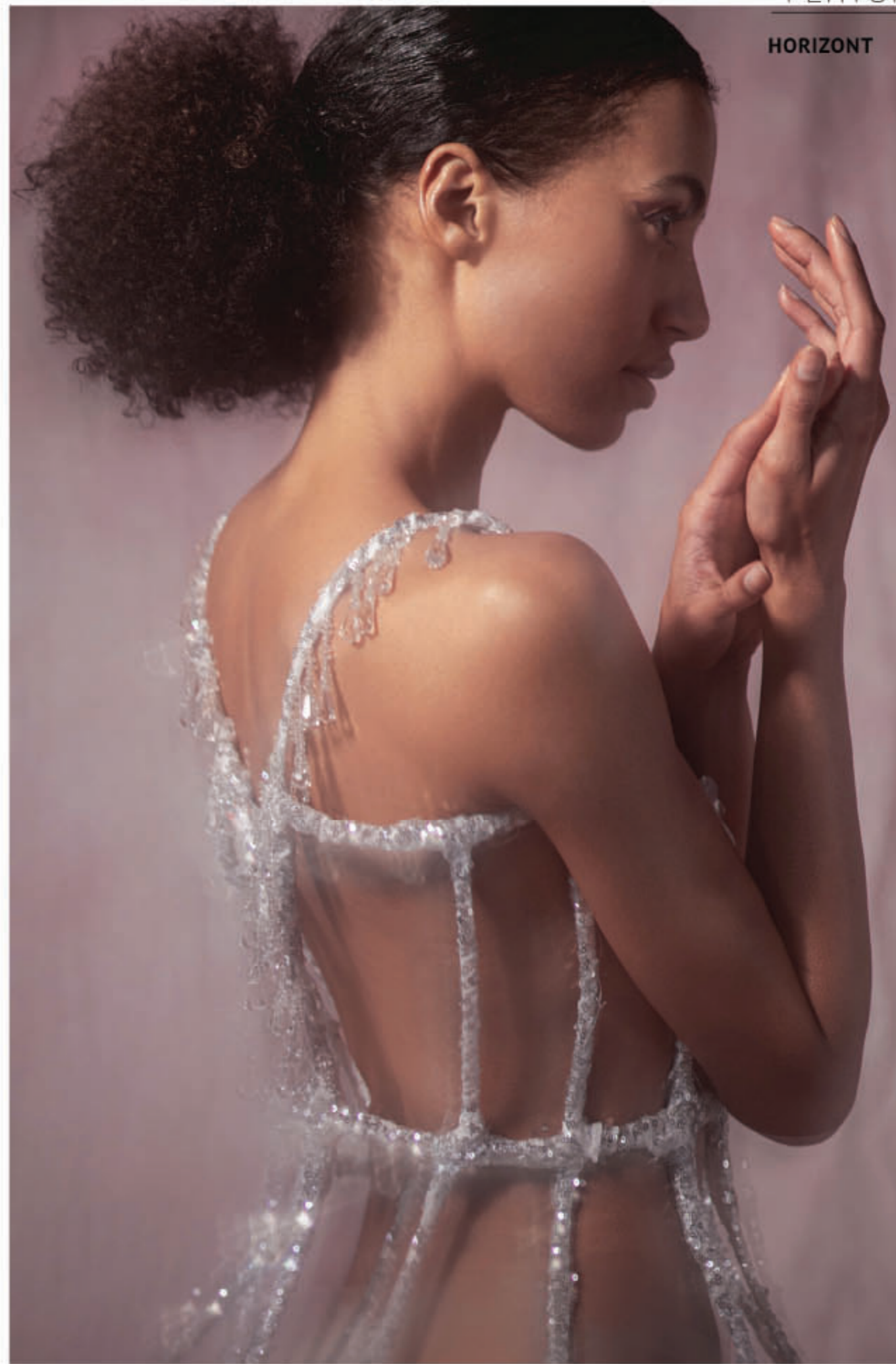
I can tell you that I am working on a new collection that will be coming soon! It will be pink and shiny!



CHandelier credit: Pixley / Shutterstock.com



HORIZONT





MEDUSA HIRE  
ELEGANCE WITH VERSACE



Photographed by GEORGE AZMY  
Models GEORGIA ROPER, CHLOE ZREBIEC, SHERIDAN  
MORTLOCK, and CALI LLOYD  
Location MEDUSA HIRE HQ | Styled by MEDUSA HIRE  
Clothes VERSACE courtesy of MEDUSA HIRE



**MEDUSA HIRE**  
ELEGANCE WITH VERSACE

Medusa Hire is the world's first and ONLY Versace tableware and decor hire company. It adopts the embodiment of Versace's DNA that is defined by the emblematic Medusa head and gold tones, they each truly capture the essence of luxury.

Medusa Hire translates the Versace allure into a Versace experience by servicing the exquisite demands of high-end events and special occasions. It injects a touch of luxury Italian glamour into your event with signature Versace statement pieces.

Photographed by GEORGE AZMY  
Model STEPHANIE MACDOUGALL  
Location MEDUSA HIRE HQ | Styled by MEDUSA HIRE  
Clothes VERSACE courtesy of MEDUSA HIRE



Photographed by PEDRO VIRGIL  
Model SHERIDAN MORTLOCK  
Location MEDUSA HIRE HQ | Styled by MEDUSA HIRE  
Clothes VERSACE courtesy of MEDUSA HIRE



Photographed (below) by GEORGE AZMY  
Models GEORGIA ROPER, CHLOE ZREBIEC, SHERIDAN MORTLOCK, STEPHANIE MACDOUGALL, PAIGE TONKIN, WINTA NICOLE MORALES and CALI LLOYD  
Location MEDUSA HIRE HQ | Styled by MEDUSA HIRE  
Clothes VERSACE courtesy of MEDUSA HIRE

Photographed by GEORGE AZMY  
Models GEORGIA ROPER, STEPHANIE MACDOUGALL and NICOLE MORALES  
Location MEDUSA HIRE HQ | Styled by MEDUSA HIRE  
Clothes VERSACE courtesy of MEDUSA HIRE



A woman with long brown hair, wearing a wide-brimmed white hat, a white short-sleeved dress with ruffles, and brown boots, is sitting on a sand dune. She is holding a brown crossbody bag and sunglasses. The background shows a beach with waves and a blue sky with light clouds. Two wooden posts are visible in the sand.

# studio 49

photography

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FIND OUT MORE ABOUT  
**MISCHAEELA**

# ELKINS

Mischaela has represented the title of "Miss Peru" a total of 3 times. She holds the Miss Elite Beauty Peru and Miss Model Beauty Peru national titles.

Mischaela Elkins was crowned a national delegate in the 15th Anniversary Ms. Universe competition for 2021 after two rounds of qualifications and eliminations. She is a businesswoman, model, author, and masterclass coach. She studied Business Administration in undergraduate and graduate school and holds degrees from Indiana University (B.S.) and IE Business School (MBA) respectively.

Before receiving her MBA from a globally recognized Top 10 School, she also sat for the qualifying exam and was accepted in the Mensa High IQ Society - scoring in the top 1% of IQ scores globally. Between undergrad and MBA she also attended programs with Universite de Geneve in International Banking and Finance, completed her Foundations for the CFA accreditation and exam, and completed a Business Analytics and Economics Pre-MBA Summer Program at Harvard University.

While studying as an undergrad she worked as a professional model, predominantly in couture, evening wear, jewelry, and bridal after attending an Elite Fresh Faces open call in 2009. She completed her model training through the Barcino Modeling Agency in Barcelona, Spain. Barcino's Model Academy taught her everything about the business side of modeling (contracts, terms), model etiquette, casting conventions, and more. Mischaela was runway trained by Mandy Dyonne, a world-renowned top agency runway coach who has trained the Victoria's Secret Angels for the VS Fashion Show and model trained for Chanel, Fendi, Dior, and more. Mandy is also a runway walk trainer for the top agencies Elite, NEXT, and for the Elite Model Look contest.





As a model, she has worked with top-tier brands such as Graff, Paloma Blanca, Van Cleef & Arpels, Cle de Peau, Calvin Klein, Vera Wang, Nicole Miller, and more. Commercially she has worked for Warby Parker, Amazing Cosmetics, and Intercontinental Hotel Group. She has appeared in Vogue Italia, Vanity Fair, Glamour, Lucky, and more. Mischaela has worked with top internationally known photographers including Scott Schuman (Vogue Paris, Vogue Italia, Interview) and Kirsten Miccoli (Vogue, Glamour Italia) among others. As an influencer, she was named to Glamour Mag's Hot 100 in 2016 and was appointed a Flagship Brand Ambassador for Elizabeth Arden and its eponymous luxury salon and spa. She holds influencer deals with NatureLab Tokyo, P. Volve, and other brands in wellness and beauty.

Mischaela competed in the Miss Jetset 2021 competition, placing in the Top 15, Top 10, then finally Top 5. Additionally, she was a delegate in the Miss Vizcaya Swimwear modeling competition hosted by luxury swimwear brand Vizcaya Swimwear - sponsors of Miss Universe USA and Miss United States. She took home the IGM Model of the Year nomination in 2020, as well as received a Victoria's Secret Bombshell nomination in 2021.

Mischaela has represented the title of "Miss Peru" a total of 3 times. She holds the Miss Elite Beauty Peru and Miss Model Beauty Peru national titles. In the Miss Elite Beauty competition, she won 4 subtitles: "Miss Photogenic", "Miss Ideal Model", "Miss Glamorous Beauty", and Best Evening Gown". She was named a Finalist in Top Model Peru Season 14. Finally, she competed in Ms. Universe 2021 on the International stage representing Peru. Mischaela was also selected for Miss Global, representing her heritage as Miss Indigenous Americas for the 2021 edition of the competition in Bali, Indonesia - on the same Miss World stage that Megan Young was crowned. Her ambition is to represent Peru at Mrs. Universe after she is married.

Mischaela was coached by Natalie Glebova, Miss Universe 2005 in soft skills such as interview, public speaking, and winning mindset. She was also trained by The Refinery - a pageant grooming and preparation academy run by Miss Earth 2001 and former Miss India Shamita Singha and the team that has worked with Aishwarya Rai, Sushmita Sen, Lara Dutta, and Manushi Chhillar as well as countless Miss India contestants and supermodels. She was fitness trained as a model and beauty queen by John Benton of John Benton Model Fitness - the trainer for Victoria's Secret models and beauty queens the world over.

She is a published author of 3 self-help books and the creator of a self-help Masterclass that counts thousands of people in 105 countries around the world as students. Mischaela is an Achology Certified Life Coach and the creator of "Angel Academy" a spiritual "flight school" for those looking to get in touch with their inner divinity and gain their wings to transform themselves and their intuition, their wealth abundance, and their romantic relationships and dating life. As a businesswoman, Mischaela won the Porsche 30 under 30 in Business Award and has won the Crain's Chicago Business for best use of Social Media to grow digital presence. She is employed with the #2 globally ranked bank/financial institution.

Leveraging her Ms. Universe Peru platform she is a brand ambassador for LA MER, Swarovski, Mikimoto, Shiseido, Selfridges "Ocean Project" Initiative, and Parley for the Oceans. She has partnered with Oceana, 4 Ocean, Water.org, UN Water, and other nonprofits as Miss Peru. Her key projects during her reign include: Sponsoring and advocating for the Nazca Protected Area's Formal adoption as part of Peru's Bi-Centennial Goals, working with international collaborators on the Lima Water Project, and developing ACQUAVENUS - a consortium of international beauty queens engaging in ocean conservation and water preservation projects, campaigns, and initiatives globally.

Model & Mode Magazine recently caught up with Mischaela to discuss her journey in the modelling world and here's what went down:

**How did you become an international model and beauty queen? What's it like to model internationally?**

I started out going to the 2009 Elite Fresh Faces Model Call alongside 300 plus other models. I was one of three girls to receive a callback to meet with agents for the New Faces division and model development. I worked as a model full time during undergrad and transitioned to part-time or special projects work in my mid-twenties as the career of a fashion model isn't that long. As I have a more international look, being of mixed heritage, I have had success in evening gown, bridal, and swim in my late twenties to thirties after working on fashion, luxury, and beauty campaigns. Working more in swim has led me to get involved with pageantry, as most pageant organizations have age limits set to late twenties through mid-thirties. I wanted to participate before I no longer could, and with international systems and align with international brands. International beauty pageants and winning those global/world titles are an excellent way to move into the international market in modeling. The key challenge with international modeling is to not bend to pressure to morph or change into that market's beauty standard just to be available for any and every campaign. As a person of mixed heritage, the chameleon's ability is naturally there, and its best to stand firm in your look and make that your signature...never look to change drastically to please everyone...instead work on perfecting your walk, your poses, your looks, and your fitness and naturally those who are on your level of professionalism and want your natural look will gravitate to you. It's never a dull moment collaborating with a set of professionals who are speaking 2, 3, 4, or 5 languages on set and you will learn so much about other cultures doing your due diligence as a model and researching the references the team has in mind for the set, garments, influences for the visuals, etc. That's the part I love most about international modeling, the background work that every model should be doing on what the influences for the vision and what we are shooting for has really leveled me up to become a more cultured and worldly person. I am grateful for that polishing I am getting.

**What has been your greatest triumph, to date?**

My greatest triumph to date has been winning the Ms. Universe as Miss Peru the year after Miss Peru. Janick Maceta, was top 3 at Miss Universe. As I'm the first Miss Peru to also be a member of MENSA - it's an honor to be Miss Peru in my own way and bring more than just beauty, modeling prowess, and beautiful gowns to the international stage.

**What has been your greatest lesson, and how have you used that lesson in your life?**

My greatest lesson in life has been that there is truly no competition. We are all equal, we're just all different. The path that is truly meant for me, is and always will be meant for me. Competition comes into play when people take society's conditioning to idealize a specific type of success, notoriety, fame, wealth, etc. from a specific place and in a specific way. When we limit ourselves to only so few ways something can happen for us then we naturally have to compete with others. This is the scarcity mindset. Be it for success, love, money, notoriety, press, you name it.....there is no competition when you're on the path that is divinely created and destined for you. Only you can walk it. We are all, in our highest and best form, just out here driving side by side on our destined paths...completely equal and completely NOT in competition.



I've used this lesson in life to have grace and peace about things not working out so that other things can truly come into my life and really be for me. From every modeling job to my pageant wins, corporate career processes that have gone well, to the books I was destined to write...I found the least resistance and the most flow by being open and only open to what was truly aligned with me. There was then no forcing, there was only focusing...because the right opportunities and right place at the right time type of divine alignment started happening and doors opened and I was able to walk through them in peace, joy, and elation.

**If you could travel back in time and alter one historical event, where would you go and what would you attempt to change?**

My belief system centers around the fact that everything is fated and not an accident. Even negative and dark events have to occur for some reason, even if we cannot accept or process why, to advance us all or create ripple effects to other later events. For that reason there isn't really anywhere I would go and attempt to change what has happened. I trust the bigger plan of the universe and the universal creator.

**What do you think you came into this life to learn, and what do you think you came here to teach?**

I came into this life to learn how to blend the spiritual and the material, I came here to master intellect and rational thinking merged completely with intuition and knowing. I came here to master these and then teach them and this very thought that we are spiritual beings on a physical journey, who must leverage rational thought guided by intuitive exploration and curiosity is at the heart of my books and masterclasses. I really believe we must care for our energy field and spiritual growth in the same way we get haircuts, manis, pedis, and care for our outer self. Both are vital to this reality and this human experience, and they must be held in balance. Overemphasis on either one over the other is the root of all misery.

**What projects are you working on right now?**

Right now I am working on completing the self-help courses that coordinate with each of my books, as well as a very large business endeavor that I can't share right now but I'd like to think it is my "big idea".

In terms of my Ms. Universe and Miss Peru platform, I am working on a number of key projects that I'm really excited about. If I had any advice for someone pursuing pageantry I would advise them to get really clear on their platform and the types of projects they want to work on before ever even choosing a system. As they go they can then etch out exact campaigns - but the guiding principle is still to be very focused and niche.

I have 3 large scale Ms. Universe projects that I'm working on and naturally, these are internationally geared - helping promote the Earthshot Prize by Prince William the Duke of Cambridge and the initiative's focus on cleaner oceans. I'm also working on a few campaigns relating to the Sustainable Markets Initiative by Prince Charles, to promote eco-conscious business and sustainable capitalism. His Terra Carta initiative is part of this. Lastly, I'm working on a Coral Conservation project and the Mr. Goodfish sustainable fishing campaign with the Prince Albert II de Monaco Foundation.

I've also created a petition of my own to personally petition Victoria's Secret to pursue eco-friendly ways of downsizing their brick and mortar footprint, as their key activities have been damaging to local water tables and that will eventually impact the ocean.

For Peru specifically, I have two key projects in works: supporting the Lima Water Project and helping promote international collaboration between Peru and the US and Switzerland to bring clean water to Lima from the Andes, and I'm working to petition and hold the Peruvian government accountable for securing and sustaining the Nazca Marine Protected Area which is an off coast Pacific area home to hundreds of key species that exist only there. This protected area concept exists to protect the feeding, mating, and migratory patterns of these animals so that their biome is secure and the entire ecosystem doesn't fold under and die out due to imbalances in species numbers, behaviors, etc.

Combining the two, and in order to continue my platform for my lifetime, I have created ACQUAVENUS which is a consortium structure for international beauty queens to come together to support, promote, and collaborate with each other on ocean and water conservation projects globally.

Lastly, I've secured a handful of brand partnerships in order to promote and spread awareness for the ocean conservation work being done by major international brands. I will be working with LA MER to spread the word on their Blue Heart Ocean Fund, I'll also be working with Shiseido to share their work and message with the We Are One Ocean initiative which calls for the protection of 30% of the world's oceans by 2030. As Ms. Universe, I've partnered with Swarovski to promote their Waterschool initiative which seeks to inspire and excite children to take action and become informed about ocean conservation and water preservation in their own communities so that we can inspire the next generation of water defenders and warriors. Lastly, I've joined forces with L'Oreal to promote their ocean conservation and preservation efforts as a company as well as specifically highlight the work they've done under the Biotherm research arm to ensure their ingredients are sustainably harvested. As an exclusive, I've signed on as a spokesmodel and face of Leilani Shells, an innovative fine jewelry company that plants corals in Bali, Indonesia with every fine jewelry purchase.

“If I've learned anything it's that the path that is meant for you won't miss you. We ALL have a specific role in life and a divine destiny and that path is ours and ours alone, which means there is no competition on that path.”

**What would you still like to attempt in your career?**

I'd still like to build off of the ocean conservation and water preservation work I've begun as Miss Peru and later Ms. Universe.

My long-term goal is to work for the United Nations on the ground in Peru as a Director for UN Water or for Oceana in the Pacific Ocean of coastal Peru. My long-term ambition after building wealth as a businesswoman and entrepreneur is to pivot to United Nations work with a UN body or as a United Nations ambassador between the US and Peru.

After pageantry, my immediate concern is to focus on entrepreneurship and build out my self-help and spiritual wellness empire. Although it may seem like my endeavors are unrelated, I truly believe when we build a healthier and more healed emotional and spiritual world - we can bring our masculine and feminine energy into balance and stop suppressing our feminine energy. By being more in tune with and healing our inner feminine, we can have more respect for the divine feminine energy that is mother nature and our planet earth.

**What Advice Would You Give To Those Hoping To follow your footsteps?**

The best advice I can give to those hoping to follow in my footsteps is to do the healing work to be able to embrace all that you are without being torn apart by competitive mindsets and thoughts that you aren't good enough. Competition and hierarchy are illusions put in place to control us. If I've learned anything it's that the path that is meant for you won't miss you. We ALL have a specific role in life and a divine destiny and that path is ours and ours alone, which means there is no competition on that path. There is only competition when we get caught up in scarcity mindsets that there are only a few ways to win. When we need the applause, approval, and validation of society we will naturally gravitate towards what society puts on high. That leads us to try to step into occupations and dreams that aren't even ours...they are just what society tells you will bring you the love, adoration, fame, and fortune you think you need to fill up the hole in your heart. That hole can only be filled by YOU, your self-love, and healing.

No occupation, no relationship, and no amount of public adoration is going to make you feel truly loved. Heal your wounds, we all have them, and then pursue the path that was put in your heart. That is the only way to be successful in a way that endures and also feels fulfilling. Overnight success, paying your way to the top, etc. is just ego-driven nonsense that just enriches others and leaves you empty. Please remember this.





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**MISSION:** Our mission is to present the most unique and compelling original Australian content by tapping into the hottest local talents and events.



## FASHIONISTA SPOTLIGHT: ABIODUN DOSU-STAGGERS GILLYARD

Abiodun Dosu – Stagers Gillyard has been a fashion stylist and image consultant for the past 5 years. Even though she got her Fine Arts degree in Theatre from Hunter College New York, her love for costume design lead her to pursue employment in the fashion industry. Furthermore, the education she received from the Fashion Institute of Technology has guided her in a more organized and applicable way.

Living in NYC has allowed her to work closely with hundreds of models, and designers within the past few years. However, assisting others in doing what comes so naturally to her is what makes her feel fulfilled. That is why she created her blog, AbzStylz. She wanted to provide services for women who needed help in enhancing and expressing their individual styles. She usually posts fashion inspiration, shopping guides, reviews on beauty products that I use, and lifestyle content. Model & Mode magazine recently had a one on one interview with the talented Abiodun and here's what happened:

### Where do you usually shop?

I love shopping at ZARA, Nastygal, ASOS, and Farfetch.

### Are there any hidden gems when it comes to snapping up some awesome designer clothes?

I think shopping sustainably has given me the opportunity to get unique pieces without breaking the bank. I would always suggest thrifting or shopping from sustainable brands that sell designer pieces that are reputable such as The RealReal and Farfetch.

### Where do you look for creative inspiration?

I always get creative inspiration from content creators on Instagram and Pinterest. Social media is the easiest way to stay up to date on what is trending.

### How do you walk the line between being unique and having commercial appeal?

When I style models for a magazine or brand website, I like showing how I can subtly transform a look and showing how practical it would be for most people to wear. If it's not a look that most women will feel comfortable in, I know it will not make much of an impact.

### Are there any key trends you've seen for this year?

The key fashion trends I've been seeing this year are: "Hot Pink" which will be the color this year, wide-leg jeans, and hourglass blazers.

### What do you think about the state of fashion today?

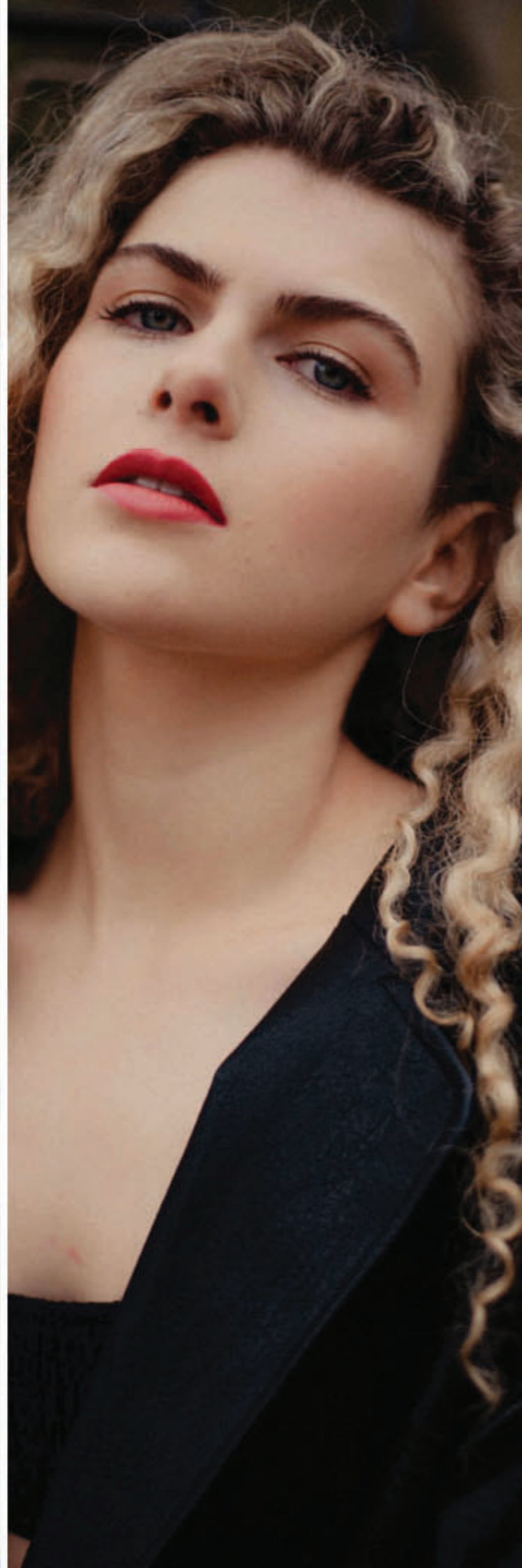
There is a sustainable trend happening, and I think fashion brands are now trying to be more ethical in how they create their products, I see that more brands are moving away from fast fashion, and have started to create eco-friendly clothing and accessories. I love that slow fashion has become more popular, which has slowed down fashion seasons and has increased the longevity of our clothing.

### What fashion advice would you give an emerging fashionista?

Do not feel like you have to spend a lot of money to be stylish. Always research where you can get the best deals for designer pieces. Also, try to work with emerging brands that need more exposure. They usually are willing to give you pieces to promote for free once they see your work.







## EMERGING MODEL SPOTLIGHT: BEBE DYL

Bebe Dyl (handle-bebe\_dyl) has always been in the performing arts industry since a very young age. She has taken part in dance competitions, performances, and acting lessons as well as showcases. When she was 14, she joined an acting agency and after a few years when she was 17, she was asked if she wanted to be a part of the acting agency's modelling section and she has been modelling ever since.

Model & Mode Magazine recently caught up with Bebe to discuss her journey in the modelling world and here's what went down:

### What do you like most about being a model?

I love the fact every time I do a shoot it's always different which excites me as I don't know what to expect. I also love all the team and the people I meet, I have met some of the most amazing and talented people who have taught me so much.

### The downside to being a model?

I would say personally for me the only downside is that I sometimes miss going out with my friends a lot and have to cancel plans last minute. I also think starting with the knockbacks and "not good enough" comments can be very tough on your confidence but you have to get used to it after a while.

### What has been the most memorable experience of being in the modelling industry so far?

I honestly think it was the first-ever shoot I had which was for Pepsi. It was so new to me and exciting and I had the best two days and met the most amazing people.

### Who have been the most interesting people you've met so far?

Honestly, I have met so many I can't choose but it has to be all of the hair and makeup artists. I hear so many funny and interesting stories from their previous shoots.

### If you could go back in a time machine to the time when you were just getting started, what would you do differently?

I would honestly just tell myself to relax, I didn't sleep for the week before my first shoot as I was so nervous but as soon as I got there they all made me feel so welcome.

### What is the best advice you have ever been given?

To relax and be confident and comfortable in your own skin.

### What are your future plans? Inside your career or out of it.

Well, I would love to keep modelling for as long as possible, but I also am very passionate about business and would love to own my own business in the future, maybe even my own modelling agency.

## FIVE FASHION TIPS TO ENSURE YOU ALWAYS LOOK STYLISH

In an ever so fashion-conscious society, it's becoming more important to consider how you look, using fashion and style as a way to express your individuality and uniqueness. In this article, we'll run through five easy ways to reassess or improve your own style- making you feel more confident and prouder about how you express yourself.

These tips are sure to also add some excitement to creating different and interesting outfit combinations for all occasions, making it less of a daily stress or chore.

### 1. Prepare in Advance

Not having enough time to decide on the right outfit before leaving the house or attending an event can cause unnecessary stress and lead to rushed decision-making. It's a great idea to plan a little bit in advance, to avoid last-minute fashion desperation disasters. Deciding on a few 'go-to' outfits for times when there is no time, or plans come up at the last minute. It's always better to be prepared and have a good mental idea of what pieces work well together.

### 2. Look for Inspiration

Everyone needs some new fashion tips and advice, whether from your friend, Pinterest, magazines, or reading fashion blogs. Avoid getting stuck in a fashion routine of circling the same outfits on repeat. This can be dull, boring, and really influence your mood, self-esteem, and the way you present yourself to others. Try to seek ways to mix and match. Following fashion icons, celebrities or friends can provide inspiration for new additions to your wardrobe.

### 3. Try Something New

Experiment! Be bold and don't be afraid to try out new and unique styles- you never know what may work for you! Try mixing up your wardrobe with different color combinations, patterns, or designs. Sometimes you might find what looks great on someone else doesn't work on you, or vice versa. Like with many other things in life, if you never try you'll never know.

### 4. Dress for your Body Shape & Skin Tone

Through experimenting with different styles and seeking advice from others it will become easier to understand what colors, patterns, and shapes suit your body type and complexion. If you're really unsure of what works for you, visiting a stylist can help you to know what looks, designs, and colors compliment who you are and present the best version of yourself.

### 5. Accessorize your Look

More is often better. Adding a simple accessory like a scarf, hat, necklace, or pair of earrings can change the entire look of an outfit. By accessorizing your outfit you can glam up or play down any fashion look. Accessories are a great way to add different colors, textures, and patterns to your outfit. As with accessories, in colder months layering your clothes is another effective way to play with styles and create different looks.

Above everything else, the most important style tip is to feel confident and comfortable in whatever you wear and wherever you are, whether it's a night out, a trip with friends, or just a day at the office.





## INTRODUCING THE NEW BEAUTY TREND TAKING OVER SKINIMALISM

By: Chi De Jesus

To all the beauty and make-up aficionados out there, if there's one word that you'd need to get to know for 2021, it would be "skinimalism." It's a term coined by Pinterest and it's about embracing your natural skin and super-minimal make-up.

The 2020 novel coronavirus pandemic has put most of us inside the house with no reason to glam up with our collection of make-up tricks and paraphernalia. This has given most women time to realize and appreciate what they all look like without make-up. Attention has been given more time to cleanliness and hygiene resulting in a gigantic drop for coloured cosmetics and perfumes because the lockdowns offer little or no need to put on make-up.

This resulted in make-up free trends in 2020 which can be found all over varied social media platforms. The celebrated beauty industry touted to be worth billions of dollars due to everyone's obsession over beauty is now turning its heel towards a more subtle yet very important element of natural beauty – skincare.

A clear rise in online searches on "how to get glowing natural skin," "face yoga exercises" and "natural everyday make-up" ... enter "skinimalism" ... call it a school of thought, a global beauty movement, a beauty technique, or even a beauty trend, social media has created a buzz on this practical and natural way of presenting beauty redefining beauty standards all over the world.

"Skinimalism" is 'effortlessly chic', 'simple and sustainable' and most importantly due to the global financial crisis, more affordable. Experts say that this so-called 'movement' will affect the state of beauty brands for the next 10 years shifting coverage to natural texture, embracing natural colours and who knows, it could even be celebrating your flaws to simply 'keep it real' and natural.

The 'go natural' movement was already existing prior to the pandemic but this world-wide- viral-phenomena just put a stamp of approval to not just focusing on the nudes but to just wearing none at all. The majority of women would just focus on the essentials – cleansing products that are hygienic and are made from natural ingredients that boost the skin's natural glow and vitality. So in the next quarter of 2021, you can probably expect the all-natural and all-essential personal care products containing hints of colour to 'brighten' your skin, or balms containing some kind of a tint, moisturizers containing not just sunscreen but also pigmentation correction features to create an 'all-natural' streamlined look or ... just to push the envelope a little further, a product that is 'all-in-one' – a foundation, a blush, eyeshadow, lipstick, and brow pomade applied like a roll-on deodorant on the face.

Source: The Australian Filipina

## SEVEN HOTTEST TRENDS AND STYLES TO EMBRACE THIS SUMMER

From Paris to Milan Fashion weeks 2021 have unveiled some bold designs to draw serious inspiration from. The cuts, colors and all the ways the models strut those looks were a treat for any lover of fashion and style. Summer is all about being easy, breezy, comfortable, letting the sun kiss our skins as we stroll around parks and beaches. The style trends of past decades have played a huge role in influencing the trends of today that we have fallen in love with.

### 1) Oversized Shirts and T-shirts

This is the trend that is a friend to all body types and looks very cool. Oversized shirts and t-shirts are definitely something to splurge on this season. They are comfy, cool, casual and make you look effortlessly haute. You do not necessarily have to buy a large if you are a small size to rock this look, all the brands got the memo, all sizes are running larger than usual. For oversized items they have it written on their tag so the customers know.

### 2) A Pop Of Color

All dressed up and ready to go out but cannot seem to figure out what it is that's missing? It's colour, babe. Our outfits can often look dull even after all the make-up, hair, accessories, shoes - well, it isn't just you. When it comes to choosing a bag, fun colours are right on-trend. They not only lift your outfit but also create an extra aura of sophistication around you. Red, blue, green, orange, pink, even neon! Pick your colony and amp it up to haute couture.

### 3) Crop-tops

If you aren't feeling the oversized top vibe then do not despair, ladies. Crop-tops, too, are on the racks for you to try. Or you could get both and wear one depending on your fashionable moods. Crop-tops are adorable, have a lot of open space and not worrying about tucking or keeping it untucked. You just wear it and it flatters itself. Crop-tops are a total must-have for this summer. Silk crop-tops, hoodie crop-tops - there is a crop-top for every occasion.

### 4) Puff-Sleeves

I have nothing to say about puff-sleeved clothing items except that they are undoubtedly flattering, gorgeous and should stay for more summers. Puff sleeves tops are now available to flaunt, flying off the racks as we speak. All kinds of different materials are used for the puffed sleeve, in particular, sometimes it is net or tissue and other times it is the extension of the same fabric as the rest of the piece. Nonetheless, it is a trend worth, not just following, but loving.

### 5) Pastel, Cream tones

The eye-pleasing colours of pastels, baby blues, light pinks, heathery greens, sweet lavender and creamy vanilla. All these delicious colours are all on trend this hot summer to keep you as cool and calm as these breathtakingly soothing tones. You can find tops, bottoms, scrunchies - these colours will fill your wardrobe with awe-worthy luxurious attire.

### 6) Political statements

Are you too shy to speak against patriarchy, how it undermines women's voices in our society, limits us under socially constructed rules and does not grant us equal rights? There's a t-shirt for you that will help you and your cause, sweetheart. Statement t-shirts are in fashion and no one minds if they're political. Got something on your mind, I'm sure you will find something that'll take the words right out of your mouth at the t-shirt section.

### 7) Tie And Dye

Remember when the hippies had some sort of unofficial contract that no one but them could wear tie and dye? That has changed, tie and dye are to die for. Funky spiral colours mixed together created beautiful dye patterns. Each one is unique and more beautiful than the next. Tie and dye attire is definitely something to add to the wishlist this summer.

### Concluding Remarks

Embrace the sun, the winds, the colours of the season - soak in the refreshing air of the beginning of a new season. These are the 7 hottest trends and styles you need to embrace this summer, add them to your cart and get dressed for the season just right.



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